

2022 CASCADE INVITATIONAL

Cascade, IA
 Fillmore Fairways Golf Course
 Weather: Sunny, Wind S 10-25mph, 53% & 80
 Thursday, September 15, 2022

MEET OFFICIALS

Meet Director:
 Adam Kedley
Meet Referee:
 Terry Fisher
Timing:
 Andrew Kauder - Kauder Racing, LLC



KAUDER RACING

OFFICIAL MEET REPORT

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Race #3
Girls 5K

Final Results**TEAM SCORING SUMMARY**

Final Standings	Score	Scoring Order	Total	Avg.	Spread
1 Monticello	51	4-8-10-13-16(35)(48)	1:48:32	21:43	1:10.6
2 Tipton	69	5-14-15-17-18(25)(30)	1:49:53	21:59	1:17.6
3 Beckman Catholic Dyersvil	107	7-19-22-28-31(57)(67)	1:52:43	22:33	1:55.4
4 Wahlert Dubuque	142	9-26-27-36-44(60)(62)	1:56:50	23:22	3:29.1
5 Marion	149	21-29-32-33-34(40)(41)	1:56:42	23:21	1:17.4
6 Jesup	155	1-2-49-50-53(54)(64)	1:58:20	23:40	5:05.5
7 Benton Community	166	3-23-37-47-56(66)(68)	1:59:47	23:58	5:35.7
8 Regina Iowa City	175	11-24-43-45-52(55)(59)	2:00:44	24:09	3:40.7
9 Cascade Western Dubuque	201	6-39-42-51-63(65)	2:03:40	24:44	6:17.3
10 Anamosa	254	20-46-58-61-69(70)(72)	2:10:06	26:02	6:18.9
11 Maquoketa Valley Delhi	268	12-38-71-73-74	2:21:46	28:22	10:46.7

INDIVIDUAL RESULTS

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
1 WILSON, Mackenzie	SO	Jesup	1	20:40.6	6:40.2	4:08.6
2 WRIGHT, Clare	JR	Jesup	2	20:56.4	6:45.3	4:11.8
3 LYONS, Jaida	JR	Benton Community	3	20:58.7	6:46.0	4:12.2
4 ALTHOFF, Emma	SR	Monticello	4	20:59.0	6:46.1	4:12.3
5 EDENS, Alivia	JR	Tipton	5	21:03.9	6:47.7	4:13.3
6 KELCHEN, Hallie	FR	Cascade Western D	6	21:14.2	6:51.0	4:15.3
7 MERTZ, Julia	JR	Beckman Catholic	7	21:20.9	6:53.2	4:16.7
8 KOEHLER, Leah	SO	Monticello	8	21:25.8	6:54.8	4:17.7
9 MURPHY, Lucy	FR	Wahlert Dubuque	9	21:39.7	6:59.2	4:20.5
10 RECKER, Halle	FR	Monticello	10	21:53.9	7:03.8	4:23.3
11 WHITAKER, Mya	SR	Regina Iowa City	11	21:58.9	7:05.4	4:24.3
12 BURBRIDGE, Tayrn	FR	Maquoketa Valley D	12	22:01.6	7:06.3	4:24.8
13 KEHOE, Marisa	JR	Monticello	13	22:03.6	7:07.0	4:25.2
14 OWEN, Laura	SO	Tipton	14	22:04.7	7:07.3	4:25.5
15 KLABO, Chloe	JR	Tipton	15	22:07.8	7:08.3	4:26.1
16 CAPRON, Ava	SO	Monticello	16	22:09.6	7:08.9	4:26.4
17 NEREM, Addie	JR	Tipton	17	22:14.5	7:10.5	4:27.4
18 MONTGOMERY, Claire	SO	Tipton	18	22:21.5	7:12.7	4:28.8
19 REITER, Madelyn	SO	Beckman Catholic	19	22:24.6	7:13.7	4:29.4
20 COSS, Audra	FR	Wilton	-	22:28.7	7:15.1	4:30.3
21 REMLEY, Ava	FR	Anamosa	20	22:30.7	7:15.7	4:30.7
22 ANDRESEN, Sydney	JR	Marion	21	22:36.4	7:17.5	4:31.8
23 KRUSE, Maria	JR	Beckman Catholic	22	22:38.4	7:18.2	4:32.2
24 JONES, Abbie	SO	Benton Community	23	22:39.9	7:18.7	4:32.5
25 EASTMAN, Ruby	FR	Regina Iowa City	24	22:48.1	7:21.3	4:34.2
26 WALTER, Mack	JR	Tipton	(25)	22:50.6	7:22.1	4:34.7
27 GRAHAM, Lillian	SO	Wahlert Dubuque	26	22:52.3	7:22.7	4:35.0
28 BELLINI, Olivia	FR	Wahlert Dubuque	27	22:54.1	7:23.3	4:35.4
29 DUDZIK, Maria	JR	Beckman Catholic	28	23:02.2	7:25.9	4:37.0
30 MEYER, AudryElla	SO	Marion	29	23:02.9	7:26.1	4:37.1

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**Race #3
Girls 5K****Final Results****INDIVIDUAL RESULTS (cont'd)**

Athlete	YR	Team	Score	Time	Avg. Mile	Avg. km
31 FUSCO, Carlie Jo	SR	Durant	-	23:05.6	7:26.9	4:37.7
32 WALLICK, Coryn	SR	Tipton	(30)	23:08.8	7:28.0	4:38.3
33 KNEPPER, Abby	SR	Beckman Catholic	31	23:16.3	7:30.4	4:39.8
34 OROZCO, Kendall	JR	Marion	32	23:18.5	7:31.1	4:40.3
35 HINDERAKER, Rebecca	JR	Tipton	-	23:28.3	7:34.3	4:42.2
36 THOLEN, Addi	JR	Tipton	-	23:41.0	7:38.4	4:44.8
37 FITCH, Laura	SO	Marion	33	23:50.4	7:41.4	4:46.6
38 BROWN, Charlotte	SR	Wilton	-	23:52.6	7:42.1	4:47.1
39 CORDES, Kyra	SO	Marion	34	23:53.8	7:42.5	4:47.3
40 HENDRICKS, Emily	SR	Monticello	(35)	24:04.9	7:46.1	4:49.6
41 KING, Claire	FR	Wahlert Dubuque	36	24:14.6	7:49.2	4:51.5
42 KING, Gwen	SR	Benton Community	37	24:19.5	7:50.8	4:52.5
43 IMLER, Isabel	JR	Maquoketa Valley D	38	24:22.5	7:51.8	4:53.1
44 SUPPLE, Lilly	FR	Cascade Western D	39	24:24.3	7:52.3	4:53.4
45 BRASE, Hannah	SR	Marion	(40)	24:25.4	7:52.7	4:53.7
46 MOORE, Elise	FR	Marion	(41)	24:33.8	7:55.4	4:55.3
47 HAMILTON, Saidee	SO	Tipton	-	24:42.7	7:58.3	4:57.1
48 FOGG, Koda	SO	Tipton	-	24:46.4	7:59.5	4:57.9
49 CHURCHILL, Maggie	JR	Marion	-	24:47.1	7:59.7	4:58.0
50 BOWER, Grace	SR	Cascade Western D	42	24:59.6	8:03.7	5:00.5
51 HINES, Karli	SO	Tipton	-	25:03.3	8:04.9	5:01.2
52 GREVING, Ruby	FR	Regina Iowa City	43	25:07.8	8:06.4	5:02.2
53 VAN OTTERLOO, Anna	SR	Wahlert Dubuque	44	25:08.7	8:06.7	5:02.3
54 KLITGAARD, Cate	JR	Regina Iowa City	45	25:09.3	8:06.8	5:02.5
55 LEBARGE, Mackensie	FR	Calamus-Wheatlan	-	25:10.6	8:07.3	5:02.7
56 BROWN, Ashlynn	SR	Anamosa	46	25:13.4	8:08.2	5:03.3
57 MOORE, Haiden	SO	Benton Community	47	25:14.0	8:08.4	5:03.4
58 ROHER, Katie	SR	Monticello	(48)	25:15.5	8:08.9	5:03.7
59 DIETZ, Alena	SO	Marion	-	25:26.5	8:12.4	5:05.9
60 ALBERT, Mckenna	JR	Jesup	49	25:27.9	8:12.9	5:06.2
61 WEHRSPANN, Lydia	JR	Jesup	50	25:28.5	8:13.1	5:06.3
62 TRUMM, Annie	FR	Cascade Western D	51	25:29.9	8:13.5	5:06.6
63 REGENNITTER, Rebeckah	SR	Marion	-	25:30.7	8:13.7	5:06.7
64 SICKELS, Keira	JR	Regina Iowa City	52	25:39.6	8:16.6	5:08.5
65 TREBON-BOYD, Amaya	SO	Jesup	53	25:46.1	8:18.7	5:09.8
66 YOUNGBLUT, Peyton	SO	Jesup	(54)	25:54.3	8:21.4	5:11.5
67 BOILEAU, Faith	JR	Regina Iowa City	(55)	25:58.5	8:22.7	5:12.3
68 POSTEL, Mya	SR	Monticello	-	26:02.5	8:24.0	5:13.1
69 HOUGHTON, SeAnn	SR	Wilton	-	26:14.3	8:27.8	5:15.5
70 NEBERGALL, Tatum	SO	Tipton	-	26:18.5	8:29.2	5:16.3
71 SIMMONS, Ali	JR	Maquoketa	-	26:26.4	8:31.7	5:17.9
72 LOHRER, Delaney	SR	Benton Community	56	26:34.4	8:34.3	5:19.5
73 FREESE, Savannah	SR	Monticello	-	26:40.2	8:36.2	5:20.7
74 RECKER, Ellie	SR	Beckman Catholic	(57)	26:42.1	8:36.8	5:21.0
75 FORT, Audrey	FR	Anamosa	58	26:42.3	8:36.8	5:21.1
76 JOHNSON, Ellie	FR	Regina Iowa City	(59)	26:44.7	8:37.6	5:21.6

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77 FAZIO, Drennan	FR	Wahlert Dubuque	(60)	26:45.7	8:38.0	5:21.8
78 SCRANTON, Ava	SR	Anamosa	61	26:50.1	8:39.4	5:22.7
79 SCHEMMEL, Leah	FR	Monticello	-	26:56.2	8:41.3	5:23.9
80 EUSON, Grace	FR	Durant	-	27:02.5	8:43.4	5:25.1
81 STEARNS, Addison	SR	Marion	-	27:09.4	8:45.6	5:26.5
82 KEARNEY, Bri	FR	Monticello	-	27:20.8	8:49.3	5:28.8
83 DEHN, Anna	JR	Wahlert Dubuque	(62)	27:26.6	8:51.1	5:30.0
84 TOPPING, Lilly	SR	Cascade Western D	63	27:31.5	8:52.7	5:30.9
85 MUNSHOWER, Alison	JR	Wahlert Dubuque	-	27:36.0	8:54.2	5:31.9
86 ZELLE, Katelyn	SO	Jesup	(64)	27:44.3	8:56.8	5:33.5
87 TUTHILL, Lilyan	FR	Wahlert Dubuque	-	27:49.1	8:58.4	5:34.5
88 KAUTZ, Greta	SO	Marion	-	27:58.1	9:01.3	5:36.3
89 BOSE, Peyton	SO	Jesup	-	28:08.1	9:04.5	5:38.3
90 SHINDELAR, Delaney	FR	Marion	-	28:09.1	9:04.9	5:38.5
91 HAGEN, Zoey	SO	Tipton	-	28:11.0	9:05.5	5:38.9
92 KREMER, Delaney	SO	Cascade Western D	(65)	28:16.0	9:07.1	5:39.9
93 SCHWAKE, Emma	SR	Benton Community	(66)	28:16.5	9:07.3	5:40.0
94 CEARLOCK, Annebelle	FR	Wahlert Dubuque	-	28:17.9	9:07.7	5:40.3
95 KNIPPER, Libby	SR	Beckman Catholic	(67)	28:31.7	9:12.2	5:43.0
96 THORSON, Camille	JR	Jesup	-	28:32.0	9:12.2	5:43.1
97 DEMOSS, Jessa	JR	Benton Community	(68)	28:40.7	9:15.0	5:44.8
98 STADTMUELLER, Jackie	SR	Monticello	-	28:41.0	9:15.1	5:44.9
99 CUSHMAN, Laura	JR	Wahlert Dubuque	-	28:46.2	9:16.8	5:45.9
100 GENTILE, Isabella	JR	Calamus-Wheatlan	-	28:49.4	9:17.9	5:46.6
101 HERRICK, Mickala	JR	Anamosa	69	28:49.6	9:17.9	5:46.6
102 PURSLEY, Melia	SO	Regina Iowa City	-	28:51.0	9:18.4	5:46.9
103 WOLF, Lizzy	FR	Benton Community	-	28:53.6	9:19.2	5:47.4
104 RIVERA, Ana	JR	Wahlert Dubuque	-	28:56.4	9:20.1	5:48.0
105 CONNELLY, Aubrey	SR	Calamus-Wheatlan	-	29:10.3	9:24.6	5:50.8
106 WELTE, Alex	FR	Benton Community	-	29:46.0	9:36.1	5:57.9
107 BROKAW, Serena	SR	Monticello	-	30:02.4	9:41.4	6:01.2
108 THIER, Jordan	SR	Beckman Catholic	-	30:06.9	9:42.9	6:02.1
109 REGENNITTER, Noelle	SR	Marion	-	30:10.0	9:43.9	6:02.7
110 WHITSON, Emma	JR	Anamosa	(70)	30:14.6	9:45.3	6:03.6
111 BUSH, McKenna	SO	Maquoketa Valley D	71	30:28.1	9:49.7	6:06.3
112 MENSCHING, Cece	FR	Jesup	-	30:38.4	9:53.0	6:08.4
113 WOLF, Madelyn	SR	Benton Community	-	30:47.2	9:55.9	6:10.2
114 SCHUTTE, Karlie	SO	Jesup	-	30:51.9	9:57.4	6:11.1
115 TIERNEY, Abby	FR	Regina Iowa City	-	30:54.8	9:58.3	6:11.7
116 REA, Mallory	JR	Beckman Catholic	-	31:01.8	10:00.6	6:13.1
117 WRIGHT, Sarah	SO	Benton Community	-	31:08.4	10:02.7	6:14.4
118 NELSON, Evelyn	SO	Maquoketa	-	31:19.5	10:06.3	6:16.6
119 BROGHAMMER, Elise	SO	Anamosa	(72)	31:24.6	10:07.9	6:17.7
120 HAGEN, Alana	SR	Benton Community	-	31:29.7	10:09.6	6:18.7
121 THOMPSON, Lauren	SR	Wilton	-	31:31.7	10:10.2	6:19.1
122 BEHN, Sage	SO	Jesup	-	31:49.3	10:15.9	6:22.6

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123 MANTERNACH, Tatum	SR	Wahlert Dubuque	-	31:51.3	10:16.5	6:23.0
124 VIRTUE, Lydia	SO	Wahlert Dubuque	-	31:51.3	10:16.5	6:23.0
125 BRIDGEWATER, Whitney	SR	Benton Community	-	31:57.8	10:18.6	6:24.3
126 HOGAN, Allison	JR	Maquoketa Valley D	73	32:05.8	10:21.2	6:25.9
127 MAHR, Alli	FR	Jesup	-	32:20.3	10:25.9	6:28.8
128 RECKER, Keely	FR	Maquoketa Valley D	74	32:48.3	10:34.9	6:34.4
129 GOEDKEN, Chloe	SO	Beckman Catholic	-	32:53.8	10:36.7	6:35.5
130 GREBNER, Marie	SO	Beckman Catholic	-	32:58.5	10:38.2	6:36.5
131 PORTZEN, Payton	SO	Wahlert Dubuque	-	33:24.1	10:46.5	6:41.6
132 TAKES, Lilah	SR	Wahlert Dubuque	-	33:25.8	10:47.0	6:42.0
133 ZHANG, Grace	JR	Wahlert Dubuque	-	33:47.1	10:53.9	6:46.2
134 SIMS, Carlie	SR	Benton Community	-	35:09.3	11:20.4	7:02.7
135 SCHUG, Kaitlyn	JR	Jesup	-	35:38.0	11:29.7	7:08.5
136 SWEENEY, Cece	FR	Jesup	-	35:42.2	11:31.0	7:09.3
137 GLAWE, Ana	SO	Benton Community	-	35:52.8	11:34.4	7:11.4
138 KOHAGEN, Scout	JR	Jesup	-	37:46.9	12:11.2	7:34.3
139 KANE, Kelley	JR	Jesup	-	39:11.7	12:38.6	7:51.3