

Two Times a Day for Two Weeks

**1) Always cleanse hands
prior to touching your
ears.**

**2) Rotate the earring
twice daily to prevent it
from adhering to the ear**

**3) Use a cleansing swab
to clean the ear. Push the
earring
gently forward and
backward, swabbing
between your ear and
the earring.**

**4) Apply a small amount
of Bacitracin (Neosporin)
to front and back of ear**



Taking Care of Your New Earrings

**After six weeks you can
change earrings but you
must have an earring in your
ear at all times until they are
fully healed (up to 4 months).
They will close in as little as
one hour if left out.**

**Be careful that earrings
don't get caught when
brushing your hair or
pulling clothes over your
head, take extra care when
exercising or playing sports.**