Psalm 46	"Not To Worry"					
Related Scriptur	re Matt 6:25-34					
We should not	w when trouble comes, God sa	ys				
	' How does this Psalm help us not to Worry					
Focus on the P_	of God when in Trouble					
What is pro	omised here to God's people?					
Refuge	e (v. 1)—place in which we can find shelter	•				
	$\operatorname{sth}(v.1)$ —focus is on God not us or problem	ıs.				
H	$_{}$ (v. 1)—proven and very available					
Interve	ention (v. 5, 6, 8, 9) He can stop wars.					
Timing	g (v. 5)—just when n Refug	зe				
	of Control on in Trouble					
	of God when in Trouble.					
1.	Control fear (v. 2). "Therefore" becau					
2	of this. "We will not fear." Not to worry					
	O His greatness (v. 8) His work					
	Be c before Him - (v. 10) Let God I God	be				
	Wait for Him to speak and act.	ho				
	Let Him be g – Let Him I exalted (v. 10b) "I will be exalted"	JE				
	exalted (v. 10b) 1 will be exalted					
What is your b	iggest worry today?					
Are you focusing on God and are you working the plan of						
	God every day?					
Control foor P	Be calm, Think on his greatness, Let God be					
	God, Desire Him to be glorified above all el					

Your notes here					
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