



Pro Player Indoor Training Facility Rules & Regulations

1. **Pro Player Indoor Training Facility** is not responsible for any injuries while using this facility.
2. All participants and guests must have a signed current annual release form on file with **Pro Player Indoor Training Facility**.
3. Participants under 18 must also have a form signed by a legal guardian or parent. It is the responsibility of the team coach/manager to assure all team participants and accompanying guests have a signed release form on file.
4. **EVERYONE** must wear helmets always while in the batting cages. Adults and/or coaches within the cages must also wear a protective helmet. Participants must remain behind the protective 'L' screens during live pitching, or use of pitching machines.
5. Catchers must wear full protective gear.
6. Only one batter is allowed in a cage at any time.
7. **No practice swings or swinging of bats allowed outside the cages at any time.**
8. **Bats must be carried by the barrel end of the bat when not in the cages.**
9. No "soft toss" outside the nets.
10. Spectators must remain behind the roped area always.
11. Absolutely no horseplay within facility. The cage is for use as an instructional and skill development tool only.
12. Please assure that all baseballs are picked up and placed in their proper containers.
13. Leave cage and area clean for next team or individual.
14. No unauthorized persons shall enter the cage area.
15. Liquids are limited to plastic bottles with caps or lids only, and must remain behind the roped off area. No open mouth containers are allowed. Clean up all spills immediately.
16. Sunflower seeds, gum and tobacco are prohibited in the facility.
17. Immediately notify the **Pro Player Indoor Training Facility** staff regarding any equipment, safety hazards, or unsafe conditions that may exist.
22. **NO** spikes or regular shoes in the turf or practice areas.
23. **ALL PARTICIPANTS, INCLUDING COACHES, MUST CARRY CLEAN TENNIS SHOES (DEVOID OF DIRT/MUD, GRAVEL AND GRASS) INTO THE FACILITY. PARTICIPANTS MUST CHANGE FROM THEIR STREET SHOES TO THEIR CLEAN SHOES INSIDE THE FACILITY CHANGING AREA (NOT THE PARKING LOT) BEFORE ENTERING THE BATTING CAGES AND TRAINING AREAS. Clean shoes will help to eliminate the transfer of abrasive materials into the artificial turf.**
24. Use of alcohol, tobacco, and profanity are prohibited in the facility.

ANY VIOLATION OF THESE RULES WILL RESULT IN THE PARTICIPANTS IMMEDIATE EJECTION FROM THE FACILITY AND MAY ALSO RESULT IN THE LONG-TERM LOSS OF FACILITIES PRIVILEGES.