



Rockin'

Choreographed by Anita McNab

Description: 32 count, 4 wall, beginner/intermediate line dance

Music: *Rockin' Pneumonia* by Ronnie McDowell [116 bpm / CD: Line Dance Fever 5 / CD: Country Dances / CD: Country Dances]

Some Beach by Blake Shelton [CD: Barn & Grill]

My Give A Damn's Busted by Jo Dee Messina [104 bpm]

My Give A Damn's Busted by Joe Diffie [107 bpm / CD: In Another World]

WALK FORWARD RIGHT, LEFT, SHUFFLE FORWARD RIGHT, LEFT, RIGHT

1-2 Walk forward right, left
3&4 Shuffle (forward right, left together, forward right)

ROCK LEFT FORWARD, RECOVER RIGHT, SHUFFLE ½ TURN TO THE LEFT

5-6 Rock left forward, recover weight onto right
7&8 Shuffle ½ turn left stepping ¼ left with left, step right together, ¼ turn left onto left (to face back wall)

WALK FORWARD RIGHT, LEFT, SHUFFLE FORWARD RIGHT, LEFT, RIGHT

9-10 Walk forward right, left
11&12 Shuffle (forward right, left together, forward right)

ROCK LEFT FORWARD, RECOVER RIGHT, SHUFFLE ½ TURN TO THE LEFT

13-14 Rock left forward, recover onto right
15&16 Shuffle ½ turn left stepping ¼ left with left, step right together, ¼ turn left onto left (to face front wall)

SLIDE TOUCH, AND SLIDE TOUCH AND, WALK FORWARD RIGHT, WALK FORWARD LEFT

17& Slide and touch right toe forward, slide right back in place while taking weight onto right
18& Slide and touch left toe forward, slide left back in place while taking weight onto left
19-20 Walk forward right, walk forward left
21-24 Repeat steps 17-20

ROCK RIGHT FORWARD, RECOVER ON LEFT, PIVOT ¼ TURN RIGHT - SIDE SHUFFLE RIGHT, LEFT, RIGHT

25-26& Rock right forward across left, recover weight on left -pivoting ¼ turn to the right
27&28 Side shuffle (side right, left together, side right)

CROSS LEFT OVER RIGHT, STEP SIDE RIGHT ON RIGHT, LEFT BACK COASTER STEP

29-30 Cross rock left in front of right, step side right onto right (weight now on right)
31&32 Step back left, step back right beside left, step forward left

REPEAT

Anita McNab | Email: anitamc@unitz.ca | Website: <http://www.thenorthrocks.ca>
Address: P.O. Box 384 Dowling, ON P0M 1R0 Canada
Phone: 705 855-7706
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