

November 2019

Sea Breeze Adult Day Center

618 94th Ave North, St, Petersburg, FL 33702 - 727-623-9092



Special Events

Nov 6 – 10:00 am
A Pampered Morning with
Julie & Lily

Nov 6 – 1:30 pm
Fitness with Eric Allen

Nov 13 – 1:30 pm
Music w/ Bill Montgomery

Nov 15 – 1:30 pm
Birds of Pray Program

Nov 20 – 12:00 noon
Thanksgiving Luncheon

Nov 21 – 1:30 pm
Music with Lisa Noe

Happy Birthday

Martin
Maria

We hope everyone is gathering up energy for the upcoming holiday season as it is approaching fast.

We had a great month of October at our center, with our monthly beauty morning, which has become a member favorite, fitness class with Eric Allen, wonderful musical events by Larry Lewis and Lisa Noe and a great fall performance by the Tapsations. We also celebrated 4 birthdays this month! But the highlight in October is always our Halloween Tea Party. So much fun! We had so many wise and beautiful witches and a few wizards attend.



In addition to our entertainment activities we also worked on a great Halloween art projects this past month.

We look forward to a great November with a little cooler temperatures to get us into the holiday season mood.

Remember to follow us on Facebook for weekly updates on what is going on at the center.



The Tapsations



Music with Lisa Noe

Meet the Staff

Liliana Paredes – Program Assistant



I have been living in St. Petersburg for about 5 years. I was born and raised in Venezuela, where I attended the University Romulo Gallegos and subsequently worked as a registered nurse for 15 years.

Prior to joining the Sea Breeze team, I worked for a home health company providing care and companionship to people living with memory loss. I have always enjoyed working with people and making a positive difference in their lives.

Easy-Baked Success

On November 4, 1963, the Kenner toy company introduced the Easy-Bake Oven, a real baking oven for children that was powered by nothing more than a light bulb. Toy salesman Norman Shapiro was inspired after taking a trip to New York City, where he saw street vendors heating their pretzels with light bulbs. Inventor Ronald Howes was tasked with turning the idea into reality, which he did by using two 100-watt bulbs. Despite a high price tag of \$15.95, which is equivalent to \$127 in today's marketplace, the toy was a hit, selling half-a-million units in its first year alone. Now, over 50 years and 10 different designs later, it remains popular



Zumba with Becky



**Google and Facebook reviews are always greatly appreciated
Thank you!**

Jukebox Heroes



The day before you gather around the turkey for Thanksgiving, gather around the jukebox for Jukebox Day! After all, both are American pastimes, and both offer perfect reasons to gather together and have a party.

The very first jukebox was installed by Louis Glass in San Francisco's Palais Royale Saloon on November 23, 1889. His nickel-in-the-slot machine was little more than an Edison wax cylinder phonograph fitted with Glass's own invention, a coin slot. The machine did not have any speakers or means of amplification, so listeners had to put their ear to one of four listening tubes to hear the music. And listen they did! In the first six months of operation, the single nickel-in-the-slot phonograph machine earned over \$1,000. Glass quickly installed other machines throughout the area, which helped him earn thousands. Before long, other inventors got in on the game, creating coin-operated music players of their own.

In 1918, Hobart Niblack created a device that could automatically change records. This led to the invention of the first machine that could play a wide selection of music from different records, by the Automated Musical Instrument Company in 1927. Then in 1928, Justus Seeberg combined a loudspeaker with a coin-operated player that allowed for multiple records. The modern jukebox was born, and the 1930s became the jukebox's golden era.

So why was the device named the "jukebox"? The term *juke* comes from the Elizabethan English word *jouk*, meaning "to dance or act wildly." Before the jukebox, there were juke bands that played in juke joints. These were rowdy establishments filled with heavy drinking and good times. But with the invention of the automatic, coin-operated playing machine, live juke bands gave way to the far cheaper jukeboxes, which suddenly appeared in every juke joint in America.

Pride of the Pilgrims

In 1620, the pilgrims departed England on the *Mayflower*, looking for religious freedom in the New World. They had contracted with the Virginia Company to establish a colony in Virginia, but storms drove their ship far off course, and they landed instead on what is now Cape Cod. Far from Virginia, the pilgrims aboard the *Mayflower* began to argue that they were no longer bound to the laws of Virginia Company. Pilgrim leader William Bradford knew that without laws the colonists would turn against themselves. And so, on November 11, 1620, the colonists signed the Mayflower Compact, a set of laws establishing order within their new colony. It fell upon Myles Standish, as chief military officer, to enforce the compact. Historians now believe that it was this document that allowed the colonists to work for each other and survive that first, harsh winter. The Mayflower Compact remains the first document that established self-government in the New World and is regarded as the earliest successful example of democracy in the colonies.

Why I love coming to Sea Breeze Adult Day Center....



Hannie w/ friend Rita

I love coming to the center because there is always entertainment and activities. I enjoy socializing with other people. I learn something new every day when I come here and that it is very exciting to me.

The people working here are very nice and they make sure everyone has what they need. I have made good friends at the center as well.

by Hannie S.