

# Bella Frutteto Express & Catering To-Go Menu

## Appetizers

### Caprese Risotto Cakes

Breaded Risotto / Fire Roasted  
Tomato / Basil / Fresh  
Mozzarella / Tomato Cream 12

### Apple Ravioli

Cheese Ravioli / Amaretto Granny  
Smith Apple / Golden Raisin /  
Roasted Fig / Sage Butter 12

### Zucchini Planks

Breaded Zucchini / Grated  
Parmesan Marinara /  
Parmesan Ranch 11

### Beans and Greens

Cannellini Bean / Spinach /  
Light Spicy Garlic Sauce 11

Add Italian Sausage 4

### Banana Peppers

Banana Pepper / Italian Sausage /  
Mozzarella Cheese / Marinara 12

Add Baked Mozzarella 2

## Soups

### Italian Wedding Soup

Chicken / Meatballs / Carrot /  
Onion / Spinach / Orzo  
5 cup - 8 bowl - 10 quart

### Soup of the Day

House-Made Soup Changes Daily  
5 cup - 8 bowl - 10 quart

### Lobster Bisque

A rich creamy lobster soup  
7 cup - 10 bowl - 13 quart

## Salads

### Caesar

Romaine / Crouton / Parmesan  
Cheese / Caesar Dressing  
Side Salad 7 Entrée Salad 14

### Mixed Green

Field Greens / Tomato /  
Cucumber / Red Onion / Crouton /  
Feta / Balsamic Vinaigrette  
Side Salad 7 Entrée Salad 14

### Beet Salad

Field Greens / Beet / Candied  
Pecan / Goat Cheese /  
Citrus Vinaigrette  
Side Salad 8 Entrée Salad 17

### Wedge Salad

Iceberg / Tomato / Dried Cranberry  
/ Bacon / Red Onion / Crumbled  
Blue Cheese /  
Blue Cheese Dressing 12

### Prosciutto and Fig

Field Greens / Prosciutto / Roasted  
Fig / Red Onion / Walnut / Goat  
Cheese / Balsamic Vinaigrette  
Side Salad 8 Entrée Salad 17

### Parmesan Ranch Chicken

Grilled Chicken / Field Greens /  
Tomato / Red Onion Cucumber /  
Mozzarella / Ranch 17

### Harvest Salad

Cranberry-Glazed Chicken or  
Salmon / Field Greens /  
Toasted Pumpkin Seed / Cranberry  
/ Sweet Potato Fries Cheddar /  
Balsamic Vinaigrette  
Chicken 18 Salmon 20

### Add a Protein

Grilled Chicken 5 / Blackened  
Chicken 6 / Crispy Chicken 6 /  
Steak Tips 12 / Scallops 14 /  
Sesame Crusted Tuna 12 /  
Jumbo Shrimp 12 / Salmon 13

## Lunch

### Chicken Salad Sandwich

Chicken salad with dried  
cranberries, golden raisins,  
diced apples, and almonds  
Field Greens / Tomato / Brioche  
Bun 14

### Frutteto Burger

Two patties / Choice of American /  
Provolone / Cheddar  
Field Greens / Tomato / Onion /  
Brioche Bun 15

### Chicken Pesto Sandwich

Seared Chicken Breast / Provolone  
/ Fire Roasted Tomatoes  
Field Greens / Tomato / Onion /  
Brioche Bun 15

### Meatball Hoagie

Meatballs / Marinara / Provolone /  
Hoagie Roll 15

### Chicken Parmesan Hoagie

Breaded Chicken / Marinara /  
Provolone / Hoagie Roll 15

### Harvest Chicken Panini

Chicken Salad / Cheddar Cheese /  
Sweet Potato Fries /  
Cranberry Glaze / Grilled Italian  
Bread 15

### BBQ Chicken Sandwich

Seared Chicken Breast/ BBQ  
Sauce/ Cheddar/ Bacon/  
Lettuce/ Tomato/ Onion/  
Brioche Bun 15

### All sandwiches served with choice of side:

House Made Potato Chips /  
French Fries / Sweet Potato Fries

### Substitute the following for an additional \$4

Mixed Green Salad / Caesar  
Salad / Wedding Soup /  
Soup of the Day

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## Entrées

### Cranberry Almond Salmon \*

Almond Breaded Salmon / Dried Cranberry / Herb Butter Glaze / Herb Butter Broccoli / Yukon Mashed Potato 25

### Mediterranean Salmon \*

Grilled Salmon / Fire Roasted Tomato / Roasted Red Pepper / Capers / Artichoke / Sage Butter Sauce / Herb Butter Broccoli / Yukon Mashed Potato 25

### Sesame Crusted Ahi Tuna\*

Sesame Coated Ahi Tuna / Sweet Chili Glaze / Green Onion / Linguine / Spicy Oil & Garlic 25

### Tomato Basil Chicken

Herb Breaded Chicken / Tomato Cream Sauce / Parmesan / Roasted Tomato Basil Risotto 24

### Balsamic Chicken

Grilled Balsamic Chicken / Balsamic Glaze / Herb Butter Broccoli / Yukon Mashed Potato 20

## Classic Entrées

### Zucchini Parmesan

Breaded Zucchini Planks / Mozzarella / Linguine / Tomato Cream 20

### Lasagna

Spicy Italian Sausage / Beef / Mozzarella / Ricotta / Marinara / Alfredo 22

Choose any of the below entrées with

*Veal 24 or Chicken 22*

### Parmesan

Breaded Veal or Chicken / Mozzarella / Linguine / Marinara

### Piccata

Sautéed Veal or Chicken / Capers / Lemon Butter Cream / Spaghetti / Herb Butter Alfredo

### Marsala

Sautéed Veal or Chicken / Sautéed Portabellas / Marsala Sauce / Yukon Mashed Potatoes

## Pastas

### Sausage Stuffed Chicken

Breaded Chicken / Spicy Italian Sausage / Mozzarella / Linguine / Tomato Cream Sauce 23

### Steak Gorgonzola\*

Sautéed Steak Tips / Spinach / Gorgonzola Crumble / Penne / Gorgonzola Cream Sauce / Balsamic Glaze 24

### Spicy Shrimp and Scallop

Jumbo Shrimp / Scallops / Spaghetti / Spicy Lobster Cream Sauce / Spicy Breadcrumbs / Green Onion 30

### Seafood Bake

Crab Meat / Jumbo Shrimp / Scallops / Roma Tomato / Fresh Mozzarella / Penne / Pink Vodka Sauce 32

### Apple Ravioli

Cheese Ravioli / Amaretto Granny Smith Apple / Golden Raisin / Balsamic-Roasted Fig / Sage Butter Sauce 23

### Lobster Ravioli

Lobster and Cheese Ravioli / Pink Vodka Sauce / Goat Cheese 26

### Butternut Squash Ravioli

Sautéed Butternut Squash / Pumpkin Seed / Sage Butter Sauce / Butternut Squash Ravioli 20

### Meatball Bake

Two Meatballs / Spaghetti / Marinara / Baked Mozzarella 20

### Mediterranean Chicken Pasta

Sautéed Chicken / Artichokes / Roasted Red Peppers / Spinach / Fire Roasted Tomatoes / Kalamata Olives / Spaghetti / Feta-Lemon Cream Sauce 24

## Pick Your Pasta

### Choose a Pasta:

Linguine / Penne / Spaghetti 15  
Brown Rice Penne 16  
Cheese Ravioli / Gnocchi 17

### Choose a Sauce:

Marinara / Alfredo / Tomato Cream  
Pink Vodka / Butter  
Spicy Marinara / Oil & Garlic

\*Bolognese Meat Sauce add 4

### Add a Protein:

Grilled Chicken 5 /  
Crumbled Italian Sausage 6 /  
Filet Tips 12 / Salmon 13 /  
Jumbo Shrimp 12 / Scallops 14 /  
Sesame Crusted Tuna 12 /  
Meatball 2

### Add a Vegetable:

Spinach / Portabella Mushroom  
/Banana Pepper / Broccoli /  
Fire Roasted Tomato

### Per Vegetable 2

### MAKE IT A BAKE

Pasta Topped with Baked Shredded Mozzarella Cheese 3

## Desserts

### Mini Chocolate Peanut Butter

#### Bombe

Chocolate cookie crust stuffed with peanut butter.  
mousse on a chocolate peanut butter brownie.  
Topped with peanut butter. 4

### Mini Tiramisu Bombe

Mocha cookie crust stuffed with mascarpone cream.  
mousse on an espresso-soaked lady finger -brownie.  
Topped with a espresso cream. 4

### Bombe of the Month

Seasonal bombe, changes monthly. 4

### Cannoli

Crispy cannoli shells filled with sweet Ricotta and cream cheese capped with chocolate chips. 8

### Colossal Carrot Cake

A giant slice of carrot cake with walnuts layered with cream cheese icing and topped with caramel. 12

### Crème Brûlé

House made rich custard base topped with hardened caramelized sugar. 8

### Chocolate Laver Cake

Chocolate cake layered with white chocolate cream, chocolate cream, and chocolate ganache. 8

\*NOTICE: Consuming raw or undercooked meats, poultry, seafood, shellfish and eggs may increase your risk of food borne illness.