

BREAKFAST

SERVING
FRESHLY
SQUEEZED
ORANGE
JUICE

LITTLE TEMPTATIONS TO START HOME MADE, BEST IN THE VALLEY

ANY CROISSANT regular | chocolate | almond | cinnamon or raisin snails & more from \$3.00 TO \$6.95

CROISSANT SANDWICH (NO SIDE) \$9.95
WITH COFFEE OR TEA \$12.00

FRESH 1/2 BAGUETTE \$5.95

ORIGINAL FRENCH BUTTER & HOMEMADE JAM
WITH GENUINE CAFE AU LAIT \$8.95

FITNESS BREAKFAST \$13.95

SERVED WITH A SIDE OF TOMATO SLICES & FRESH FRUIT

EGG WHITE OMELETTE #1 with spinach, mushroom

EGG WHITE OMELETTE #2 with smoked salmon & shallots

EGG WHITE OMELETTE #3 smoked salmon, goat cheese & spinach

DIETERS BREAKFAST \$9.95

FRESH FRUIT PLATE with berries & mixed fruit

GRANOLA with yogurt & berries

OATMEAL with fresh fruit OR toasted bread

YOGURT with a bowl of figs or berries

CRÊPES, PANCAKES, OR FRENCH TOAST \$9.95

WITH A SIDE OF FRESH FRUIT \$12.95

STRAWBERRY CREPE \$12.95

STRAWBERRY CHOCOLATE CREPE \$13.95

BANANA CHOCOLATE PANCAKE \$13.95

FULL BREAKFAST SIDE OF POTATOES PROVENÇALES OR FRESH FRUIT

BISCUIT & GRAVY (NO SIDE) with sausage or bacon \$9.95

CORN BEEF HASH (HOME MADE) with eggs your way \$12.95

CREPE FLORENTINE with creamed spinach \$12.95

CREPE MAISON ham, swiss cheese and a fried egg \$12.95

OMELETTE BASQUAISE bell pepper, ham, onion, garlic, tomato, swiss cheese \$14.95

QUICHE (HOME MADE) spinach or ham - with salad or potato \$13.95

SEAFOOD OMELETTE scallop & shrimp in light creamy sauce \$14.95

SEAFOOD ON ENGLISH MUFFINS salmon, shrimp, eggs \$15.95

STEAK & EGGS 2 eggs your way with Black Angus Striploin \$17.95

CROISSANT SANDWICH scrambled eggs, american or swiss cheese, ham or bacon or sausage or turkey \$13.95

MONTE CRISTO SIGNATURE SANDWICH French toast, ham, turkey, touch of mornay sauce & melted swiss cheese \$14.95

EGGS BENEDICT YOUR WAY \$12.95

WITH A SIDE OF POTATOES PROVENÇALES OR FRESH FRUIT

2 eggs poached (or your way), with hollandaise sauce, & Canadian Bacon or Spinach on a CREPE or on an ENGLISH MUFFIN WITH SALMON \$14.95

EGGS & OMELETTES YOUR WAY \$12.95

WITH A SIDE OF POTATOES PROVENÇALES OR FRESH FRUIT

KIDS MENU \$8.95
SELECT 1 ITEM FROM EACH COLUMN BELOW

2 CREPES +	MILK OR JUICE
OR 2 PANCAKES	OR FRESH FRUIT
OR 2 FRENCH TOASTS	OR BACON
	OR 2 EGGS



LUNCH

APPETIZERS \$8.95

RATATOUILLE | SEARED SALMON

GRILLED TOMATO & GOAT CHEESE

FRENCH MINI BAGUETTE WITH BRIE & HAM OR PATÉ

CROQUE MADEMOISELLE | HOUSE SALAD | SALADE MAISON

SOUPES \$6.50 CUP | \$8.50 BOWL

SOUPE GRATINÉE A L' ONION | SOUPE DU JOUR ASK YOUR SERVER

OMELETTES YOUR WAY \$13.95

WITH FRENCH FRIES OR GREEN SALAD OR FOR \$1 EXTRA SWEET POTATO FRIES

YOUR WAY WITH ANY 3 ITEMS add \$3 for chicken breast, smoked salmon, or shrimp

LES CRÊPES WITH FRENCH FRIES OR GREEN SALAD OR FOR \$1 EXTRA SWEET POTATO FRIES

CREPE MAISON Ham & Swiss Cheese topped with Fried Egg \$13.95

SPINACH & MUSHROOM Spinach & Mushroom, Mornay Sauce \$14.95

CHICKEN & MUSHROOM Chicken & Mushroom in Creamed & Mornay Sauce \$14.95

RATATOUILLE Tomato & Medley of Vegetables topped with Tomato Sauce \$14.95

SEAFOOD CREPE Scallop & Shrimp in Creamed Sauce, w/Mornay Sauce \$15.95

STRAWBERRY Whipped Cream - No Side \$12.95

STRAWBERRY & CHOCOLATE CREPE Whipped Cream - No Side \$13.95

BANANA & CHOCOLATE CREPE Whipped Cream - No Side \$13.95

QUICHES WITH FRENCH FRIES OR GREEN SALAD OR FOR \$1 EXTRA SWEET POTATO FRIES \$13.95

LORRAINE Ham | AUX EPINARDS Spinach | QUICHE OF THE DAY ASK YOUR SERVER

LUNCH SPECIAL \$14.95
CUP OF SOUP + SALAD OR FRIES + 1/2 SANDWICH
TUNA | ROAST BEEF | HAM | TURKEY

LES HAMBURGERS WITH FRENCH FRIES OR GREEN SALAD OR FOR \$1 EXTRA SWEET POTATO FRIES

FRENCH CORNER Beef Patty, Swiss Cheese, Onion, Tomato, Lettuce, Mayo \$13.95

SEARED AHI TUNA Eggplant, Lettuce, Tomato, Sesame Seeds, Aioli Garlic Sauce \$14.95

SCALLOP OR SOLE Lettuce, Aioli Garlic Sauce & Tomato Slices \$14.95

BRIE BACON Beef Patty, Brie Cheese, Bacon, Onion, Tomato, Lettuce, Mayo \$16.95

TURKEY Cranberry - Raspberry Relish Sauce, Goat Cheese, Tomato \$13.95

TURKEY & BRIE Sun-dried Tomato, Lettuce, Onion, Cranberry-Raspberry Relish \$14.95

REGULAR VEGGIE Premium Veggie Burger \$13.95

Sun-dried Tomato, Onion, Lettuce, Avocado, & Cranberry-Raspberry Relish Sauce

VEGGIE NATIVE SPECIAL Premium Veggie Burger \$14.95

Sun-dried Tomato, Onion, Goat Cheese, Mushroom, Spinach, Cranberry-Raspberry Relish



KIDS MENU \$8.95

NOODLES tossed in Butter & Cheese w/Ham

GRILLED CHEESE SANDWICH w/French Fries OR Fresh Fruit

BABY BURGER w/Cheese, Lettuce, Tomato, French Fries



PLEASE NOTE:
We serve only Hormone Free Beef & Chicken

ANY ADDITIONAL ITEM - ADD \$2.00
SPLIT ORDER - ADD \$4.00
SIDE OF FRENCH FRIES - \$4.50
OR SWEET POTATO FRIES - \$5.00

LES SALADES

CALF'S LIVER Goat Cheese, Tomato, Baby Greens, Mushroom, Fried Egg \$14.95

CHICKEN CAESAR Romaine Lettuce, Parmesan, Croutons w/Grilled Chicken Breast \$14.95

CHICKEN CITRUS Mixed Lettuce, Orange, Grapefruit, Grapes, Ginger-Lime Dressing \$14.95

CHICKEN SPINACH Mushroom, Spinach, Tomato, Olives & Parmesan \$14.95

CHICKEN GORGONZOLA & WALNUT Mixed Baby Greens, Walnut, Gorgonzola, Tomato \$14.95

ROASTED DUCK MAGRET Duck Slices with Goat Cheese, Walnut, Endives, Lettuce \$16.95

MEDITERRANEAN Feta, Bell Pepper, Cucumber, Tomato, Red Onion, Olives, Lettuce, Herbs \$13.95

MEDITERRANEAN WITH CHICKEN \$15.95

CHICKEN SALADE MONTRACHET Mixed Baby Greens, Endives, Diced Apple, Walnut, Goat Cheese \$14.95

STEAK SALADE Strip Loin Steak*, Lettuce, Tomato, Feta, Potato, Homemade Steak Sauce Mustard Garlic Dressing \$16.95

POACHED OR GRILLED SALMON Cucumber, Tomato, Baby Greens, Chive, Cilantro, Yogurt Dressing \$16.95

SOLE SALAD Mixed Baby Green & Orange in Vinaigrette Lemon Dressing \$16.95

Cucumber, Grapefruit, Bell Pepper w/Basil & Cilantro \$16.95

SALADE NIÇOISE WITH REGULAR TUNA

Tuna, Lettuce, Egg, Olive, Green Bean, Anchovies, Potato, Cherry Tomato \$14.95

SALADE NIÇOISE WITH FRESH AHI TUNA same as above, plus Sesame Seeds \$16.95

THE PEARL OF TAHITI Sautéed Shrimp with Mango, Coconut, Pineapple & Mixed Baby Greens \$16.95

LUNCH SPECIALITES \$22.95

FILET OF SOLE
Lemon & Wine Sauce, French Fries OR Salad
FRENCH PATE & CHEESE PLATTER
with Toasted French Baguette Slices

MOULES MARINIÈRE • MUSSELS
Cream, Shallot & White Wine Sauce, French Fries

STEAK POMMES FRITES
Grilled Black Angus Striploin, French Fries OR Salad

LES SANDWICHES WITH FRENCH FRIES OR GREEN SALAD OR FOR \$1 EXTRA SWEET POTATO FRIES

BLT Bacon, Lettuce, Tomato with Toasted Buttermilk Or Wheat Bread \$12.95 w/Avocado \$14.95

CORDON BLEU Chicken Breast, Ham, Tomato, Mornay Sauce, melted Cheese \$14.95

CROQUE MONSIEUR Grilled Ham & Melted Swiss Cheese, Mornay Sauce \$13.95

CROQUE MADAME - 1 FRIED EGG ON TOP Grilled Ham & Melted Swiss Cheese, Mornay Sauce \$14.95

CROQUE CROISSANT Grilled Ham, Swiss Cheese, Mornay Sauce Melted on a Croissant \$14.95

CROISSANT SANDWICH Ham, Turkey, Tuna, Roast Beef or Bacon w/Lettuce, Tomato & Swiss \$14.95

ROASTED DUCK MAGRET Cranberry - Raspberry Relish Sauce, Goat Cheese, Tomato \$16.95

FRENCH CLUB Turkey, Ham, Bacon, Swiss Cheese, Lettuce, Tomato, Mayo \$14.95

FRENCH DIP SANDWICH Homemade Beef Slices Roasted, Melted Swiss Cheese, Baguette \$14.95

HAM, TUNA, TURKEY OR ROAST BEEF Lettuce, Tomato, Swiss Cheese & Mayo \$13.95

HONEY DIJON CHICKEN Dijon Sauce, Lettuce, Tomato, & Swiss Cheese \$14.95

PHILLY SANDWICH Homemade Roasted Beef, Swiss Cheese, Pepper, Onion \$14.95

STEAK SANDWICH (HORMONE-FREE) Grilled Tomato, Onion, Lettuce & Balsamic Reduction \$16.95

TUNA MELT Mayo, Celery, Onion, Mustard & melted Swiss Cheese \$13.95

SMOKED SALMON CROISSANT

Cucumber, Tomato, Lettuce, Capers, Cilantro, Shallots, & Garlic Yogurt Sauce \$16.95

BEVERAGES

COFFEE | TEA | ESPRESSO | CAPPUCCINO | LATTE |
MOCHA | HOMEMADE HOT COCOA THE FRENCH WAY

ANY SODA | PERRIER | FRUIT JUICE
APPLE CIDER | CHAMPAGNE | KIR | MIMOSA | BEERS

WE ALSO SERVE FINE FRENCH WINES
PLEASE ASK YOUR SERVER