



TEMPLE BETH SHALOM
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August 2018

Civ - Elul 5778

The Window

Welcome Back Edition!



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**Dunk-a-Rabbi
Tank!**

JOIN TBS FOR FUN IN THE SUN!

Fun!

WELCOME BACK PICNIC

TBS | 5pm | Sunday, August 26

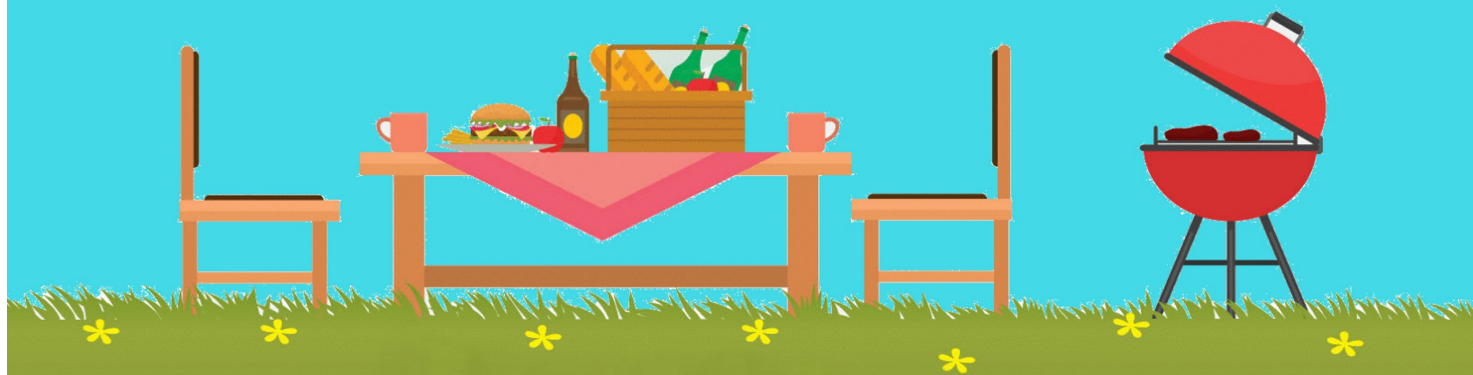
PLEASE BRING A NUT-FREE SIDE OR DESSERT TO SHARE
LOOK FOR A LINK TO SIGN UP YOUR DISH IN THE EWINDOW!

Food!

Music!

Drinks!

RSVP TO RSVP@TBSOHIO.ORG OR CALL 614.855.4882



MUSIC PROVIDED BY ZAHNADU PRODUCTIONS

4 August Events

All Erev Shabbat services during August will begin at 6:30pm

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			I 1pm— Mah Jongg	2	3 6:30pm— Family Friendly Shabbat Ser- vices, Dinner, & Sprinklers	4 10am— First Aliyah of Jarred Roth 4pm— First Aliyah of Olivia Fogelman
5	6	7	8 1pm— Mah Jongg	9	10 6:30pm— Erev Shabbat Services	11 10am— First Aliyah of Stacey Lefton
12 10am— Library Committee Meeting	13	14	15 1pm— Mah Jongg	16	17 6:30pm— Shabbat Chai Musical Erev Shabbat Services w/ the “Sha-band”	18 10am— First Aliyah of Jaden Gilbert
19 3pm— Tzedakah Col- lective 4pm— Temple Board Meeting 7pm— Men’s Club Poker	20	21 12pm— WBS Lunch & Learn	22 1pm— Mah Jongg	23 12pm— Lunch Bunch featuring David Binkovitz (note this month’s date change)	24 6:30pm— Erev Shabbat Services	25 9:30am— Healing Circle Shabbat Service 10am— First Aliyah of Jasmine Zuckerman
26 5pm— Welcome Back Picnic	27	28	29 1pm— Mah Jongg	30	31 6:30pm— Erev Shabbat Services	

FIRST FRIDAY@TBS

SPRINKLER SHABBAT

DON'T FORGET
YOUR BATHING
SUIT!

FAMILY FRIENDLY SERVICE
PIZZA DINNER & SPRINKLER FUN TO FOLLOW!
ENJOY A CASUAL NIGHT ON OUR PATIO!

\$5 PER PERSON,
\$20 MAX PER FAMILY
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AUGUST

3

6:30 PM



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6 The Buzz with Rabbi B



Emerging from the Cave: Hope in a Dark World

Based in part on a sermon I delivered last year

In the barrage of depressing news stories about the state of our country and our world, one recent story caught our attention last month. I remember that feeling in the pit of my stomach when I first heard that there was a team of young boys who was trapped in a cave, seemingly doomed as their rescue seemed difficult if not impossible. In the following days, we witnessed an amazing coming together of rescue efforts; those first videos of the boys in the cave, the efforts to pump in oxygen and drill to find a way out. We mourned the loss of Saman Kunan, the Navy SEAL who lost his life after bringing more supplies to the kids. And then finally, in the midst of such darkness, the first few boys emerged from the water, looking tired and weak, but healthy and brimming with joy as they made it to dry land. And then another group, and finally the rest of the boys and their coach made it to safety. When interviewed later, one of the boys, the only one who spoke English, recalled the moment when one of the divers first found the boys. He simply told the diver “Hello” with confusion. “I didn’t know what to say to him so I just said ‘hello,’” he explained. “I was shocked. ... My brain was very slow, as we had been in the cave for 10 days.” Asked by the diver if he was okay, the player said he was. “Hungry, hungry,” he recalled saying. He continued that “his heart was filled with hope.”

Hope. It is what has sustained the Jewish people for millennia throughout our dark history. It seems to be in our DNA. Rabbi Leora Frankel teaches that another rabbi, Jonathan Sacks goes even further, asserting that in a sense the “Jews invented hope.” For the ancient Greeks, everything was fate; the future pre-determined by the past. But Jews believe in freedom, rejecting determinism in favor of human agency. As Rabbi Sacks powerfully puts it, “The Greeks gave the world the concept of tragedy. Jews gave it the idea of hope. To be a Jew,” Sacks teaches, “is to be an agent of hope in a world serially threatened by despair. Every ritual, every mitzvah, every syllable of the Jewish story, every element of Jewish law, is a protest against escapism, resignation, or the blind acceptance of fate.”

So, how can we do this? How can we begin to build hope for ourselves when we’re living in a broken world? How can stories like the survival of those young boys imbue us with hope?

First, our tradition teaches that a change in perspective, a simple shift in our worldview can enable us to start to build hope. One of my favorite stories from the Torah is in the Book of Numbers. The Israelites have been wandering in the wilderness for almost forty years. Moses, wanting a better lay of the land of Israel, gathers 12 people to be spies and check out the land. It’s very mission-impossible of him. So the 12 spies sneak into the land of Israel to scout it out. Ten of the spies come back with a negative report. “It’s true that the land flows with milk and honey. Its fields are so plentiful that it took two of us to bear the one cluster of giant grapes. But it is also swarming with giants and the cities are fortified – we could never defeat them.” Moses, they say, this is a no-go. Two of the spies though, Joshua and Caleb, are hopeful and optimistic about their chances in the land of Israel. They say, “Let us by all means go up, and we shall gain possession of the land of Israel. We can do it, for we shall surely overcome it.” We can do this. We have the power to make this change. They say *ki yachol nuchal lah* – we can surely do this. All twelve spies saw the same situation, they had the same data, they just processed it differently, had different perspectives.

Arguably the most famous author on this subject is Professor Tal Ben-Sahar, an Israeli-born psychologist based at Harvard. In a book of his, *Choose the Life You Want*, Ben Sahar discusses a time when he was feeling totally burned out. He had been on a speaking tour for months and months, and sat down in his hotel room the night before a three day seminar, and thought to himself, “I cannot imagine how I will get through these next few days.” He was tired, and felt trapped, that he had no choice in the matter. Then, as he was falling asleep that night, it occurred to him that, “No, it’s not true that I just have to suffer through the next few days. I have a choice.” He writes, “In that moment I realized that to a great extent how I would experience the next three days was up to me. I could choose the path of simply suffering through it or I could choose an alternative path – one where I would draw energy from enthusiastic participants, from engaging material I passionately believe in, and from reconnecting to my personal mission to make the world a better place through education. Once I made my choice I changed my focus. And by changing my focus, I changed my feelings. A few minutes earlier I had felt trapped, but now I was actually excited about the next few days. I went on to deliver one of the most passionate performances of my life.”

Later, Ben-Sahar reflected “As soon as I realized what my options were, I made my decision in a split second. But getting to the point where I realized I had options was significantly more difficult. In other words, the choice was made possible – and obvious – only as soon as I became mindful of the fact that I actually had a choice. We are used to thinking of making the decisions as the difficult part. But the truth is that often the more difficult thing is realizing that there is a decision to be made, that we have a choice. In fact, in every moment of our lives, we have a choice. Each small decision we make, adds to the cumulative effect of how we live our lives. If we’re in a bad mood, will we sulk or try to move ourselves to a better place? Someone who decides to focus on the positive can create a positive chain reaction throughout his or her day, that triggers others positive experiences at work and home.” Ben-Sahar suggests daily rituals to “practice positivity” so this becomes our default mode of thinking. As with anything in life, he reminds us, practice makes perfect. The best way to cultivate optimism and hope, Ben-Shahar teaches, is to spend a few minutes every day focusing on gratitude, ideally writing down at least five items for which we are grateful in a journal each night. We will never be able to control the events of the world around us, but we can control our focus, and our reactions to those events.

Along with a change of perspective, perhaps as the new year approaches we can attempt to spend less time focusing what's wrong with our world, and spend more time fixing it, more time focusing on something that's bigger than ourselves. There are so many of us, on both sides of the aisle, who are upset about the state of our city, state, country, and world. We have seen this anger play out during this past month as people yell at each other in restaurants, call one another names, and completely shut out any conversation from people who may think differently. We know that these actions foster the opposite of hope; they keep us low and in the dark. One way to foster hope in our world is to work to make a difference. Pick an issue that's important to you, and start working on it. Rather than complaining, find a candidate who speaks to you and, get out to knock on doors and help elect people who reflect your values and ethics. Even a little bit of progress can help shine the light of hope when we so desperately need it. Reach out a hand. Find someone you can help guide to a better place. We don't have to be perfect people or solve all of the world's issues to get out there and make a difference. When we reach out to someone in need, when we serve food at the YWCA, when we are there to listen to a friend in crisis, when we take care of an aging parent, when we teach a child, when we fight for causes in which we believe, we are linking our daily existence to helping someone else, something bigger than ourselves and through these acts, we can begin to build hope, we can begin to let the light in.

In this, the month of Elul that leads into the High Holy Days, we must begin to look inward. How do we sustain hope in our broken world? How can we begin to rescue ourselves from the caves in which we are trapped? We have to make a choice. Will we see only the team in the cave, or will we see hundreds of people who banded together to help them. Will we see only hate and disgust when someone holds different views, or will we work to see the humanity in each and every person? Will we stand idly by or will we stand up and work to make our world a bit brighter? And when we look at ourselves, will we only see our own brokenness, or will we see our ability to do some good in this world, to change our stories, to find hope and light within the darkness. May we find that light. May we find that hope. In *Nitzavim*, a Torah portion that we will read at the end of the month it says, "HaChayim vHaMavet natati l'fanecha ha'bracha v'ha'klalah u'vaharta bachayim l'ma'an tiyeh atah v'zarecha. I have set before you life or death, blessing or curse, choose life, therefore, that you and your descendants may live..." May we, in this month of Elul and in the year ahead, choose life, choose light, choose hope.

As 5779 approaches, Lauren, Sammie, Jake, Asher, Noah, and I wish you a happy, healthy, and hopeful new year.



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8 CHAI-er Learning with Rabbi Lenette Herzog



Won't You Be My Neighbor?

This past weekend, you would have found me at the movies - a place I always love to go during the year, but especially during the summer. During this film that particular evening, I often went back and forth between fits of laughter and misty eyed nostalgia and emotion. Nope, I wasn't rewatching *Avengers: Infinity War* - but that's a good guess!

Instead of the latest superhero flick, I was deeply affected by *Won't You Be My Neighbor?*, the newest documentary about Fred Rogers and his decades-long children's program, *Mr. Rogers' Neighborhood*. I would imagine many of us - spanning several generations - grew up on Mr. Rogers' show, and vividly recall the opening theme with Mr. Rogers walking into his "home" (a low-budget set), putting on one of his famous sweaters and changing his shoes; puppets like Daniel Tiger and King Friday in the Neighborhood of Make-Believe; and Mr. Rogers' gentle but firm reminders, often in song form, that each of us is special and worthy of love, just as we are.

While watching this moving documentary about this extraordinary man's life, and dedication to children, it struck me that, not only is this documentary well-timed for our country, but also for our Jewish calendar. We are approaching the Hebrew month Elul, the month before the High Holy Days. Elul is a month entirely devoted to preparing for the High Holy Days: turning inward, examining one's self, and taking stock of one's soul - called *chesbon hanefesh*.

Here are some words from Mr. Rogers that can help guide us during this month - and I highly encourage you to see the documentary as well.

"Real revelation comes through silence."

Unlike most of the other loud and flashy television shows of my childhood and today, Mr. Rogers made a point to fill his show with moments of calm routine, intentional silence and quiet reflection. In one clip from the show, Mr. Rogers sets an egg timer for sixty seconds and silently lets it run, to help children understand the length of a full minute. He encouraged us as children to just *be*, and to accept whatever comes from it. This is an essential part of Elul, as we need that solitude to consider what we accomplished and how we missed the mark this year, and ponder more fully where we are in life. This Elul, I invite you to take a few meditative moments of quiet - whether it be here at services, in nature, or in your home - and see what arises.

"There's no 'should' or 'should not' when it comes to having feelings. They're part of who we are and their origins are beyond our control. When we can believe that, we may find it easier to make constructive choices about what to do with those feelings."

In the early years of Mr. Rogers' show, psychologists were also developing the concept that children have deep emotions and feelings, just as much as adults. It was almost revolutionary that Mr. Rogers' show, and the way he worked with children, communicated we should embrace our feelings--even the messy, angry ones--and we are still just as lovable. In its later years, "Mr. Rogers' Neighborhood" tackled difficult topics such as grief, divorce, and even national tragedies. During this month of Elul--and the intense emotions that the High Holy Days can bring for many of us--we can still take Mr. Rogers' advice, and apply it to ourselves, perhaps our inner children, as well as the children and adults in our lives - to gracefully face and accept our and others' feelings with equal parts responsibility to work through them, and compassion.

"You know, I think everybody longs to be loved, and longs to know that he or she is lovable. And, consequently, the greatest thing that we can do is to help somebody know that they're loved and capable of loving."

One of the aspects the documentary focuses on is Daniel Tiger, the main puppet of Mr. Rogers' show, and, according to family and colleagues, a mirror for Fred Rogers himself. The documentary highlights a tragic but beautiful scene in which Daniel asks Lady Aberlin, "Am I a mistake?", asking if something is wrong with him because he looks, talks and acts differently from all other tigers. What a powerful question for kids to hear on television.

Mr. Rogers' colleagues and family members discuss Mr. Rogers' own difficult childhood--rife with illness and bullying-- that might have led to these difficult thoughts within himself. But one colleague also notes that Lady Aberlin actively listens to Daniel, and then sings back that she loves him just the way she is, and it becomes a duet. Aberlin responds with love and understanding, even though her words don't magically heal Daniel, and he repeats his doubts.

In the documentary, Mr. Rogers says the phrase "Won't you be my neighbor?" is not a question, but an invitation to each of us to be in relationship and community with others in a close, caring and vulnerable way. It calls to mind a shared Jewish and Christian teaching, which comes from the heart of the Torah, "Love your neighbor as yourself." This month, may we reach out and seek to really connect with the ones we love - not only in forgiveness, but also in listening and compassion.

"We are all called to be 'Tikkun Olam,' repairers of creation."

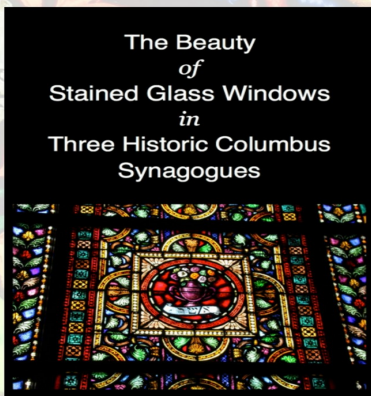
I gasped in the movie theater when I heard Mr. Rogers speak these words from our tradition, which he spoke during one of his rare, post-retirement TV specials, this one in response to September 11th. Even though he was an ordained Presbyterian minister, Mr. Rogers truly embodied the Jewish concept of *tikkun olam*, using the medium of television to provide and advocate for healthy entertainment for children. Through his show, he also advocated for peace during the Vietnam and Lebanon Wars; and for equality, particularly by casting Francois Clemons, a black man, as the neighborhood's police officer, and joining him in a swimming pool in a time when that was unheard of.

On Yom Kippur, we read the words of Isaiah, who proclaims that God doesn't want us to passively experience fasting and the High Holy Days only to return to our old ways, rather to commit to the hard work of social justice and *tikkun olam*. During this time of preparation in Elul, we can take to heart Mr. Rogers' invitation, "Won't you be my neighbor?" and consider how we too can create a more whole world, both within ourselves and in our neighborhoods.

PLEASE JOIN US FOR

Lunch Bunch

THURSDAY, AUG. 23 | 12PM | \$7 LUNCH



Stained glass windows can create a sense of sacred space. The windows can also tell a story about a congregation and a community. Learn about the history of three historic Columbus synagogues - - as told through the beauty of stained glass windows. The windows featured will be from Temple Israel, Agudas Achim, and Tifereth Israel.

David Binkovitz, a Columbus Landmarks Foundation educator and member of the Columbus Jewish Historical Society, will illuminate the story of Columbus' stained glass windows through words and pictures.

***Please note change in date for this session**

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High Holy Days At Temple Beth Shalom

It's August, which means the building will soon be buzzing with activity after a quiet July-copiers going, phones ringing, planning the Back to Beth Shalom picnic-and getting ready for the High Holy Days, which are right around the corner.

Soon you will receive a mailing from us regarding your security and guest passes for Rosh Hashanah and Yom Kippur. We have over 800 people in our building for our Rosh Hashanah and Yom Kippur services, and it's essential for the office to know who is joining us. Please complete the guest pass form if you are bringing extended family to TBS.

All temple families with financial accounts in good standing will receive their passes the week of August 27th. **These passes are personalized with your name, and we ask you to please bring these passes with you to temple on all visits during the holidays.** Not only do these passes provide a security component (since we mailed them to your home), but they also serve as a name tag, which we kindly ask you to wear as you move around the building.

This is the 4th year of wearing name tags. Our ushers will greet you and hand you a lanyard, and ask you to place your "security pass" in the pouch facing out. ***Why do we ask this??*** Firstly-Community is an important concept in Judaism, and especially so at Temple Beth Shalom. One of the many positive things I hear from visitors is how friendly our congregation is, and by having the name tag we encourage each of you to greet fellow congregants by name. Secondly-Safety is a concern for all of us. Bringing your name tag helps everyone enter the building safely, and wearing your name tag helps us quickly identify who should be in our building.

On September 10th, the first day of Rosh Hashanah, directly following services we invite you to our annual luncheon held at the church across the parking lot. We ask for your help by bringing a dairy side or dessert. Look for more details on how to help with the luncheon preparations/sign-up opportunities on our website and e-window, or by calling the temple office. This event is an important part of our TBS history, and new this year we will have sign-up opportunities for our small group initiatives. Monetary donations to help offset the cost of the luncheon are welcomed and appreciated.

Thank you for being a part of the TBS temple community-I look forward to seeing you soon. If you have questions, please do not hesitate to call or email me-I am here to help.



Be A High Holy Day Volunteer!

Ways To Help:

- Be a Rosh Hashanah and/or Yom Kippur Usher
- Help prepare food for the Rosh Hashanah Luncheon
- Volunteer in the Temple Office

Sign up to help out by emailing Bonnie Abramowitz at babramowitz@tbsohio.org or call the Temple Office at 614.855.4882





Sing A New Song

Recently, as I was leaving the sanctuary on Shabbat morning, a man who was a guest of the bar mitzvah family approached me. Warmly shaking my hand and thanking me for a “lovely service,” he asked several questions about the music that was sung during both the morning service and the Kabbalat Shabbat service the night before. “The melodies are different than the ones I am used to,” he said. “They sound more modern, feel happier.”

The guest is an engaged and educated member of a Conservative congregation. He asked me a question that I had never heard before: “Are your musical selections mandated by the Reform movement? Is there a head organization or committee that tells you what music to sing?” I explained that there is no such organization, but that trends in modern Jewish music develop over time in many ways. New music is a significant element of Reform Judaism. Every year Transcontinental Music Publications publish two different volumes of music, *Shabbat Anthology* and *Ruach* (Spirit) *Songbook*. Each musical book contains around 20 selections of printed music.

The selections for the *Shabbat Anthology* are chosen from a committee of Cantors and professional musicians who are involved in Jewish music. All committee members belong to The American Conference of Cantors and/or The Guild for Temple Musicians. Both the ACC and the GTM provide support for the cultivation of excellence among cantors and Temple musicians thus strengthening Reform Jewish life in North America.

The *Ruach Songbook* has a committee of around 8 - 10 people who choose the music for each year’s publication. This committee consists of Cantors, Rabbis, Music Directors and composers. The *Ruach* series is the continuation of the NFTY (North American Federation of Temple Youth) music that were published between 1972 and 1989. These publications are primary sources of participatory music for cantors, cantorial soloists and song leaders. *The Shabbat Anthology* and *The Ruach Songbook* provide a way of preserving our rich musical tradition for future generations.

Our music is influenced by the Tanach (Torah, Prophets and Writings). The phrase *Shiru l’Adonai shir Chadash* appears multiple times in the Tanach. For example, In Psalm 96, we are instructed not only to sing- but more specifically, to sing a new song. This new song is meant to be greater than the song that came before it.

As we enter the New Year of 5779, Temple Beth Shalom will be using the new High Holiday Siddur (prayer book), *Mishkan Hanefesh*. Our new prayer books have accompanying music books, *Shirei Mishkan Hanefesh*. These accompanying music books contain new arrangements of our beloved prayers and are written for both choirs and congregants. I look forward to “singing a new song” (and lots of old ones too) with you during our Days of Awe.

COME SING WITH THE

Sharyonim Choir

SCHEDULE

Tuesday	July 31	6:30 - 9pm	Party and Practice
Tuesday	August 7	7:30 - 9pm	Practice
Tuesday	August 14	7:30 - 9pm	Practice
Tuesday	August 21	7:30 - 9:30pm	Practice
Tuesday	August 28	7:30 - 9:30pm	Practice
Tuesday	September 4	7:30 - 9:30pm	Practice
Monday	September 10	10:15am	Rosh Hashanah
Tuesday	September 11	7:30 - 9:30pm	Practice
Wednesday	September 19	10:15am	Yom Kippur

Requirements: Sing on pitch, attend rehearsals, have fun!
Contact Gail Rose at grose@tbsohio.org

Those who sing, pray twice

12 Simcha Station

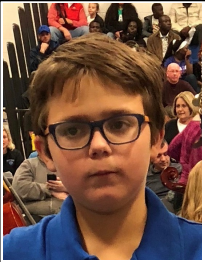
August Birthdays

August 1st — Beverlee Jobrack, Stephen Pinsky, Lisa Singer
August 3rd — Joyce Spiegler
August 4th — Lisa Ballmann, Cheryl Meisterman
August 5th — Crystal Berman, Philip Heit
August 7th — Brady Berg
August 8th — James Bugenstein
August 9th — Nichole Hoch, Steven Lichtblau, Lee Pinsky
August 10th — Barbara Turner
August 11th — Marcio Faerman, Christie Miller, Emma Rose,
Barbara Shifrin
August 12th — Tammie Golden
August 13th — Nevada Smith
August 14th — Daniel Edelsberg, Hilda Glazer
August 15th — Keith Golden
August 16th — Sharon Austin, Judy Radin
August 17th — Jason Dunkle, Dan Rogovin
August 18th — Steve Smith
August 19th — Janyce Katz, David Orensten, Sonja Shuman
August 20th — John Derzon, Joseph Slade, Maddy Weisz,
Laurel Zulliger
August 21st — Dana Potnick
August 22nd — Tony Brown
August 24th — Amber Bloch, Julie Bryant, Todd Emoff,
Edye Slutsky
August 25th — Andrea Alexander-Shnider, Michael Lefkowitz
August 26th — Deborah Lefton, Sam Levi, Rachel Murray,
Marc Rossio, Martin Schuster, Skip Weiler
August 28th — Shawna Garry, Steven Schneir
August 30th — Marc Anderson, Neal Becker, Stephanie Cotell,
Barry Yaillen
August 31st — Jean Eisenman, Cheri Papier



August Anniversaries

August 1st — Connie & David Hirsh, Wendy Singer & David Lynn,
Rachel & Timothy Westrick
August 2nd — Steven & Barbara Lichtblau, Gary & Morna Smith
August 3rd — Lauren Bonfield & Stephen Keyes,
Marcio Faerman & Patricia Pinto,
David Neubauer & Jean Krum
August 5th — Marah & John Derzon
August 6th — Daniel & Rachel Dolsky, Seth & Krista Fliegel,
Neal & Maureen Handler
August 7th — Sanford & Constance Meizlish,
David Stein & Hilda Glazer
August 11th — Amitai & Rebecca Sela, Steven & Arlene Senser
August 12th — Kurt & Davora Beatty,
Keith Golden & Jodie Meizlish,
Amir & Amy Rubin
August 15th — Deborah Costa & Michael Griffaton,
Jerika & Heschel Zuckerman
August 16th — Emily Alonso-Taub & Orlay Alonso
August 17th — Cheryl & Patrick Boyce, Bobbie & Jim Lusignolo
August 18th — Michael & Katie Scheiner
August 19th — Mindy Agin & Eric Naiman
August 20th — Megan & Kevin Ellis, Marc & Arlene Kleiman,
John & Cathe Kobacker,
Stephen & Leslie Lansky,
Susan Oppenheimer & Tony Brown,
Rick & Tirtzah Sandor
August 21st — Elaina & Timothy Mears
August 22nd — Ted & Lauren Bernard, Philip & Sheryl Heit,
Dane & Ann Perelstein, Steve & Karen Ricker,
Betty Sugarman & Dick Miller
August 23rd — Martin & Barbara Schuster
August 24th — Mitchell & Barbara Shifrin
August 25th — Seth Becker & Janet Meltzer, Jim & Babette Feibel,
Michael & Jacqueline Philips, Stephen & Lee
Pinsky, Michael & Lindsay Popa
August 27th — David Orensten & Sommer Sheely, Michael & Paula
Strauss
August 28th — Kriss & Brian Galloway, Michael & Susan Rothstein
August 29th — Leon & Corey Friedberg
August 31st — Shelly Bloom & Kevin Bowen,
I. David & Rita Cohen, Sam & Shayna Levi,
Ronald & Natasha Petroff



On Saturday, August 4, 2018, at 10 o'clock in the morning, Jarred Matthew Roth, son of Scott and Cheryl Roth, brother of Morgan, John, and Jayson and grandson of Paul and Sherrie Roth, Michael and Kimberly Schwantes, and Alan and Annette Kakazu is called to the Torah for his First Aliyah.

Jarred is a seventh grade student at Walnut Springs Middle School in Westerville, Ohio, and attends the Temple Beth Shalom Kehillat Torah Religious School where he is involved in the Madrichim in Training Program. He has been studying with Gail Rose at Temple Beth Shalom to prepare for his Bar Mitzvah.

Jarred has been very much involved in Scouting since first grade. He currently is the Second Class Rank in Troop 192 in Westerville, Ohio. Jarred has also earned his MACCABEE and ALEPH Jewish Emblems while in Cub Scouts and is working towards the Boy Scout Jewish Emblems as well. Jarred is very much involved with many activities at Walnut Springs also. Currently he is taking Orchestra and Band, along with being involved with the Food and Culture Club, and Japanese Pop Club at school. Jarred is leaning to play the String Bass and French Horn, so maybe one day he can join the ShaBand on stage, Nick watch out....

For his mitzvah project, Jarred worked some on his own and also with his Boy Scout Troop. His major project was worked on mostly by himself with the help of those who supported his cause donating items to make the project complete. For this Jarred made activity bags and toiletry bag for those at Nationwide Children's Hospital. Jarred also helped his Troop prepare food baskets for local shelters and pantries for the holidays as many of the local larger food banks close for the holidays.



On Saturday, August 4 at 4 o'clock in the afternoon Olivia Fogelman, daughter of Aimee and Ryan Fogelman, sister of Layla, granddaughter of Shelly Fogelman, Burt Fogelman of blessed memory, Cherri and Armand Garcia is called to the Torah for her First Aliyah.

Olivia is a 7th grader at Hyatts Middle School. She enjoys playing basketball, soccer, drawing, and baking. Recently she has found a love for fashion and also loves to create DIY projects. She hopes to one day become a business consultant, so she can continue to peruse her love for economics.

For her mitzvah project, Olivia has decided to do something that she can continue to complete even after her First Aliyah is over. She has started her own cupcake company called Sugar Bear Cupcakes and hopes to raise money for all sorts of charities.



On Saturday, August 11, 2018, at 10 a.m., Stacey Lefton, daughter of Rabbi Debbie and David Lefton will be called to the Torah for her First Aliyah. Stacey has an older brother Jeremy and an older sister Emily. Stacey is the granddaughter of Sidney and the late Marian Lefton of Columbus, and Penny and Allan Levine of Lancaster, MA.

Stacey is in the 7th grade at New Albany Middle School and attended Temple Beth Shalom Kehillat Torah Religious School. Stacey is an avid tennis player and has participated in Science Olympiad. Stacey loves to read Harry Potter and anything about Greek Mythology. Stacey also likes to read and write about history.

For her Mitzvah Project, Stacey volunteered at Wexner Heritage Village. Stacey played games and Mahjong with the residents, helped them get to events, and assisted with services. In the future, Stacey hopes to enter the medical field.



On Saturday, August 18th at 10:00am, Jaden Benjamin Gilbert, will be called to the Torah for his first Aliyah. He is the son of proud parents Aaron and Tracy Gilbert, and brother to Sasha and Hudson Gilbert. Jaden's loving grandparents are Dr. Karl and Sue Schaeffer and Bruce and Lori Gilbert. He is also fortunate to have his great grandmother Renee Schlosser who he visits often in Florida.

Jaden is a rising 7th grader at Columbus Academy. He enjoys playing basketball and lacrosse as well as boating and all water sports. Jaden is extremely entrepreneurial having created a multitude of businesses since the age of eight. Most recently, he buys and sells rare sneakers. Jaden spends his summers with friends at Camp Wekeela in Hartford, Maine.

For Jaden's mitzvah project, he would like to honor his friend, Louie Becker, who lost his courageous fight with cancer two years ago. He is embracing his love for sneakers by sponsoring a shoe drive and collecting new or gently used shoes for Nashville, Tennessee based non profit Soles4Souls. Soles4Souls mission is to create sustainable jobs and provide relief through the distribution of shoes and clothing around the world. They have distributed 30 million pairs of shoes to 127 countries and all 50 states. The drop off location for donations will be at Temple Beth Shalom.



On Saturday, August 25th 2018 at 10:00 in the morning, Jasmine Stroh, Daughter of Heschel & Jerika Zuckerman, Sister of Ryan, Raphael & Tyler, is called to the Torah for her First Aliyah.

Jasmine is an Honor Society student attending the online Ohio Connections Academy. She is very dedicated to her learning, horse riding, volunteering & baking. In fact Jasmines goal is to one day own and operate her own bakery!

For her Mitzvah Project, Jasmine has chosen to build 3 blessing boxes in her city of Pataskala. This involved hers peaking in front of city council, working with city administrators, interviewing for newspapers, launching a Go-Fund-Me page & raising over \$2000 to build & maintain the boxes full of food! We are extremely proud of all of her accomplishments & her very giving nature.



High Holy Days 2018/5779

Service Schedule

Erev Rosh Hashanah - Sun, Sept. 9th

- 6:15pm - "Twilight" Family Service
- 6:15pm - Brief Traditional Service
- 8pm - Erev Rosh Hashanah Service

Rosh Hashanah - Mon, Sept. 10th

- 8:45am - Family Service
- 10:15am - Traditional Sanctuary Service
- 10:30am - Shir Shirim Music Service
- 12:30pm - Luncheon
- 1:15pm - Tashlikh

Rosh Hashanah (2nd Day) - Tue, Sept. 11th

- 10am - Teaching Service

Erev Yom Kippur - Tue, Sept. 18th

- 6:15pm - "Twilight" Family Service
- 6:15pm - Brief Traditional Service
- 8pm - Kol Nidre Erev Yom Kippur

Yom Kippur - Wed, Sept. 19th

- 8:45am - Family Service
 - 10:15am - Traditional Sanctuary Service
 - 10:30am - Shir Shirim Music Service
 - 12:15pm - Book Group Discussion
 - 1:30pm - Featured Speaker
 - 3pm - Healing Service
 - 3:45pm - Spiritual Sharing
 - 4:45pm - Yizkor
 - 5:30pm - Neilah
 - 6:30pm - Havdalah
- 



Selichot

A Sweet Start to your High Holy Days

Saturday, September 1st | 7pm | TBS

Join us for an informal, brief, meaningful, musical Selichot service in the Sanctuary, or weather permitting, in the Outdoor Sanctuary. We will start to examine our lives from this past year, and prepare for the start of 5779.

Following the service, to start our new year on a sweet note, **we will be sampling different types of apples and honeys**, and voting on which ones we think are the best in Columbus! We'll try a variety of honeys and apples, all local to Columbus and surrounding areas.

Wine, dessert, and coffee will help make the event all the sweeter!

Please RSVP so we can be sure to have enough honey for all!

rsvp@tbsohio.org or 614.855.4882



SAVE THE DATE

Rosh Hashanah Luncheon

September 10 | Immediately Following Services | All Saints Episcopal Church

Please plan to celebrate a sweet new year
with the TBS Family!

During the luncheon you will be able to
explore many new groups we have at TBS
and meet more of our temple community!

Watch for a link to sign up to bring a dairy side or dessert in the eWindow!





2018/5779 Rosh Hashanah Greeting Baskets

Give your friends, loved ones, and colleagues our beautiful Rosh Hashanah baskets (apples, honey, and a mini sweet round challah)! Each basket is \$18. Please send in orders by Sept. 4th.

Send your warm wishes for a sweet new year and support the Women of Beth Shalom!

I am purchasing a basket for:

Name _____

Phone _____

Name _____

Phone _____

Name _____

Phone _____

Name _____

Phone _____

Name _____

Phone _____

Name _____

Phone _____

of baskets _____ x \$18 = Total _____

Please make checks payable to Women of Beth Shalom.

Mail your check and order form to:

Women of Beth Shalom, 5089 Johnstown Road, New Albany, OH 43054

Questions? Contact Rachel Westrick at 216-526-9184 or Lesley Thompson at 479-372-3969.

You can also email womenofbethshalom@gmail.com

Our new High Holy Day Prayer Books will be on display in the mezzanine throughout the month of August until Rosh Hashanah.

Please feel free to come and familiarize yourself with the new text before we use them on Erev Rosh Hashanah!

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משכן הנפש
 MISHKAN HANEFESH
Machzor for the Days of Awe

The New Machzor of the Reform Movement
 Inspiration, Tradition, Innovation

About Mishkan HaNefesh

- Offers meaningful liturgy for both regular service attendees and those new to Jewish spirituality and practice
- Inspires a multifaceted experience of The Days of Awe—from feelings of awe to moments of solace, from the solitude of contemplation to the solidarity of song and worship
- Provides an accessible guide through the journey of *t'shuvah* (repentance) and *cheshbon hanefesh* (self-reflection)
- Bridges the personal and the communal, the ritual and the ethical dimensions of The Days of Awe
- Embraces the rich liturgical voices of the Jewish past and the aspirations of our people today



**Thank you to everyone
 who sponsored a book
 plate in our new machzor!**

CCAR

Fully transliterated for easy participation • Rich commentary drawing from Jewish tradition • Contemporary poetry and inspiring alternative readings • Study texts for background and context • Optional Torah reading and study • Wide range of theological perspectives • New translations that capture the beauty of Hebrew texts • Elevating and engaging traditional and contemporary music • Original woodblock art by acclaimed artist Joel Shapiro



20 WBS & Men's Club

Women of Beth Shalom

The board of the Women of Beth Shalom have been very busy this summer working on a calendar with more ladies night outs, social action events and getting ready for the high holy days by starting our first ever Rosh Hashana apple and honey baskets to wish your family and friends a sweet new year. Please come by and see us at the welcome back picnic on August 26th to renew your membership, order your Rosh Hashanah baskets and pick up a calendar of events page. Hope to see you all soon!

Aug. 26th-Welcome Back picnic

Sept. 26th- Sangria in the Sukkah

Oct. 17th- Dee W. Leye, Your neighborhood Tupperware Lady

Nov 5th- Gobble Mahj

Dec. 16th- White Elephant Chanukah Party

Any questions or feedback don't hesitate to send us an email, www.womenofbethshalom@gmail.com
Lesley Thompson and Rachel Westrick

Men's Club

Poker Night is August 19th at 7pm @ TBS. All are welcome!

We will be building the sukkah in September. If you are interested in helping or getting involved, email tbsohiomensclub@gmail.com.

Keep an eye on the Men's Club page of the website for upcoming programs and events!

**SAVE \$200 OFF
MITZVAH DJ
ENTERTAINMENT**

Take advantage of **\$200 towards
bar or bat mitzvah celebration DJ
entertainment**, simply mention this
offer when scheduling your event!

This coupon is valid on newly scheduled events only, must
be mentioned at the time of scheduling and cannot be
combined with any other offers or discounts.
Must book event before March 31, 2019

MAZEL TOV!

We had a BLAST at your b'nai mitzvah celebration

Alli Scolnick
Josh Berzow
Isabel Goldstein
Aiden Shnider

MattRyanDJ.com

Matt Ryan 
Mobile DJ Entertainment



Epstein
Memorial Chapel

3232 East Main Street
Columbus, OH 43213 614.235.3232

**the
GroundsGuys®**

My name is Lance Shnider. I am a proud resident of New Albany, and recently took on a new venture. I am now a partner in The Grounds Guys, a fantastic lawn care and outdoor space beautification company that serves this area. My involvement brings a new level of commitment to MY community, New Albany, as we work to service a greater population of customers in this area. I live in New Albany, my kids go to New Albany schools, and our friends and neighbors live in New Albany. I'm excited about the opportunity to help my neighbors and community continue to grow outdoor spaces and develop their landscape into their dream properties.

No one cares more about our community and neighbors than someone that has made their home here. Trust your home to us. From landscaping and yard maintenance, aeration, fall and spring color to holiday lighting and snow removal, we do it all.



CONTACT US TODAY FOR MORE INFORMATION.

Lance V. Shnider · Partner / The Grounds Guys · www.groundsguys.com/westerville · 1-614-620-1883

Welcome Back From Your Co-Presidents, Bonnie Cram and David Segal

As summer winds down and you are buying back-to-school supplies and getting excited for the new school year or otherwise transitioning to Fall activities, we too, as your new presidents, feel this newness resonate. We are thrilled to serve as your presidents of Temple Beth Shalom for the next two years. As we start a fresh school year and soon-to-be Jewish New Year, we thought we would introduce ourselves in a little more detail:

David grew up in Portsmouth, Ohio. He and his wife Kathy have 3 daughters and 2 grandchildren between the two of them. David has been a TBS member for more than 20 years. His daughter was one of the first to have a bat mitzvah at our current building in New Albany. David recently retired as Senior Corporate Counsel from Lancaster Colony Corporation (Marzetti dressings, sauces, and other food products) after 40 years with the company. In his spare time, he enjoys playing bridge, traveling, following various sports teams, and hopes to resume playing tennis or at least start playing pickleball.

Bonnie grew up in Minneapolis and moved to New Albany 6 years ago from Bentonville, Arkansas with her husband Jeremy and two children, Lindsey and David. Lindsey is 13 and just celebrated her bat mitzvah. David is 11. Bonnie practiced law until her daughter was born. Bonnie enjoys traveling, cooking, skiing, and walking with her friends and her dog, Oliver.

If you would like to learn more about us or talk with us more about TBS, please join us at the Back to TBS Picnic on Sunday, August 26th. The picnic is a great way to meet new people and get involved in Temple activities and groups. There will sign-ups for TBS groups and activities and we encourage everyone to come for the fun! In addition to the existing various educational and social activities, TBS is in the process of providing new opportunities that you will be hearing about in the next few months. We hope that you will participate in these widely varying opportunities which appeal to you and your family and that these enhance your TBS experience.

By now, we hope that you have received and fulfilled your membership renewal. We look forward to seeing you at the picnic on the 26th and then celebrating the High Holidays with our Temple family beginning on September 9th.

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22 Donations (as of August 20th)

ART FUND

- ◆ Ami & Boris Sherman, in honor of Hannah Sherman's naming ceremony & in memory of Jeannette Gordon
 - ◆ Dick & Denise Kohn, in memory of Sandra Rossio
-

CARING CIRCLE FUND

- ◆ Lynn & Jerry Dobb, in memory of Maxwell Margolis & Rose Estren
-

COHEN-FEIBEL FUND

- ◆ Judi & Mark Koval, on the occasion of Jim Feibel's birthday
-

EDUCATION FUND

- ◆ Joan K. Marks, in honor of Tammie & Dick, my very best wishes on your amazing anniversary
 - ◆ Julie & Dennis Eichelbaum, in memory of Sandy Rossio
-

GENERAL FUND

- ◆ Tom & Marlene Lesko, in memory of Samuel Opperman
 - ◆ Itamar & Batia Cagan, in memory of Aron Abramovitz
 - ◆ Rebecca Haidt, in memory of Elaine Haidt's
 - ◆ Jean & Larry Eisenman, in memory of Emily Goldsmith & Pauline Eisenman
 - ◆ Mark & Elizabeth Epstein, in memory of Bart Epstein
 - ◆ Larry & Carolyn Singer, in memory of Harry Singer
 - ◆ Carol L. Levine, in memory of Emily Goldsmith
 - ◆ Amy Klaben & Jordan Finegold, in memory of Irene and Edward Klaben, IHO Rabbi Apothaker for all his kindness
 - ◆ Leah P. Levinson & Family, in memory of Alvin Katz
 - ◆ Jan & Cindy Cohen, in honor of Mark & Judi Koval's wedding
 - ◆ Larry & Jean Eisenman, in memory of Adolf Goldsmith
 - ◆ Lois D. Kamnitzer and Richard Kallenberg, in memory of Gretta Kamnitzer
 - ◆ Megan R. Ellis, in memory of Tobie Sanders—Our Mom and Gram
 - ◆ Heather & Marty Oppenheimer, in memory of Barry D. Valentine
 - ◆ Betty L. Sugarman, in memory of Charles Sugarman
 - ◆ Jodi Meizlish & Keith Golden, in memory of Arlene B. Golden
 - ◆ Michael & Sandra Roads, in memory of Isadore Birnbaum
 - ◆ Mr. & Mrs. Gene Shuman, in memory of Miriam Shuman
 - ◆ Andrea & Arnold Alpert, in memory of Sandy Rossio
 - ◆ Marsha & Ellery Block, in memory of Leon Seligson
 - ◆ Barbara & Martin Schuster
-

LIBRARY FUND

- ◆ Judith Yaross Lee, For the Rabbis' kindness and support on the death of my mother, Lillian Yaross
 - ◆ Steve & Joy Seeskin, for the recovery of Mark Schuster
 - ◆ Carol L. Levine, in memory of Adolf Goldsmith
-

MARYN SCHWEBEL BEEN CAMPSHIP FUND

- ◆ Roberta Mallon, in honor of Ainsley Freedman
 - ◆ Paul M. Been, in memory of Phil Golding
-

MEN'S CLUB FUND

- ◆ Jim & Babette Feibel, in honor of Judi Mormol & Mark Koval's wedding
-

MUSIC DIRECTOR'S FUND

- ◆ Steven & Victoria Loewengart, in memory of Kurt & Lenore Loewengart
- ◆ Ellery & Marsha Block, in honor of Gail Rose
- ◆ Janyce Katz & Mark Glazman, in honor of Gail Rose, in memory of Pavel Glazman, the younger brother of Mark Glazman
- ◆ Ellen Heyman, in honor of Gail Rose's 10th year anniversary
- ◆ Milton & Arlene Setnar, in memory of Morris Treger, on the occasion of Gail's Service
- ◆ Ellen Heyman, in honor of Gail Rose's 10th year anniversary
- ◆ Sandra & Bruce Wylie, in memory of Evelyn Stone Wernick & Maurice Wernick
- ◆ Bonnie & Jeremy Cram, in honor of Lindsey Cram's Bat Mitzvah
- ◆ James & Penny Levine, in honor of Gail Rose 10th year anniversary at Temple Beth Shalom
- ◆ Dan & Ann Lang, in memory of Sandy Rossio
- ◆ Susie & Marvin Blank, in memory of Sandy Rossio
- ◆ Judy Radin, in memory of Sandy Rossio
- ◆ Mitch & Barbara Shifrin, in memory of Arthur Shifrin
- ◆ Jan & Cynthia Cohen, in memory of Sandy Rossio
- ◆ Eugene Shifrin & Phyllis Rosen, in honor of Gail Rose

ONEG FUND

- ◆ Drs. Leslie and Hesh Green, in memory of Dr. John Mormol and Benjamin Green

PRAYER BOOK FUND

- ◆ Tammie & Dick Golden, in memory of Dr. Barry Friedman
- ◆ Jim & Babette Feibel, on the occasion of donating to the Prayer Book Fund
- ◆ Jane Krosin & Family, in honor of Jim Feibel's special birthday
- ◆ Bonnie & Scott Abramowitz, in honor of Jim Feibel's generosity

RABBI APOTHAKEER DISCRETIONARY FUND

- ◆ The Estate of Arnold W. Sher, of blessed memory, in honor of Rabbi Apothaker's help and guidance
- ◆ Steve & Joy Seeskin, on the occasion of Dick & Tammie's special anniversary

RABBI BAR-LEV'S DISCRETIONARY FUND

- ◆ Steve & Jo Anne Grossman, in honor of Rabbi Benjy
- ◆ Steve & Dawn Schneir, on the occasion of Rabbi Benjy officiating their daughter's wedding
- ◆ Sharon Naiman, in honor of Rabbi Benjy's 10th year anniversary
- ◆ Ann & Dan Lang, in memory of Leah Jacobson
- ◆ Bonnie & Jeremy Cram, in honor of Lindsey Cram's Bat Mitzvah
- ◆ Becca & Jacob Foskuhl, on the occasion of Sadie's Simchat Bat
- ◆ Linda & Moshe Rubin, in honor of Rabbi Benjy & Rabbi Lenette preparing Maya for her Bat Mitzvah
- ◆ Diane L. Axel, in honor of the naming of Juniper Hartman, daughter of Emily & Nathaniel Hartman
- ◆ Timothy, Lisa & Tyler Ballmann, in honor of Rabbi Benjy for helping Tyler prepare for his Bar Mitzvah
- ◆ Judi & Mark Koval, in honor of Rabbi B performing our ceremony
- ◆ Susie & Marvin Blank, in honor of Randi Lewis' special birthday
- ◆ Alan & Cheryl Meisterman, in memory of Morris Meisterman
- ◆ Mark Glazman & Janyce Katz, on the birth of Rabbi and Lauren's twins

RABBI HERZOG'S DISCRETIONARY FUND

- ◆ Linda & Moshe Rubin, in honor of Rabbi Benjy & Rabbi Lenette preparing Maya for her Bat Mitzvah
- ◆ Becca & Jacob Foskuhl, on the occasion of Sadie's Simchat Bat, Thank you for being a part of Sadie's baby naming! We love you!
- ◆ Judi & Mark Koval, in honor of Rabbi Lenette, "thank you for the beautiful ceremony"

RELIGIOUS SCHOOL EDUCATION FUND

- ◆ Lisa & Troy Crawford, in celebration of Allie's confirmation at Temple Beth Shalom

ROLF KAUFMAN FUND

- ◆ Barbara & Marty Schuster, in honor of Jimmy Feibel's special birthday

SOCIAL ACTION/B.R.E.A.D.

- ◆ Sheri Benson & Family, in memory of Dr. Larry Kun (Julie Alpert's father)

TORAH AURA FUND

- ◆ Michael & Sandra Roads, on the occasion of Robin Leasure's Excellence in Teaching Award
- ◆ Mark Glazman & Janyce Katz, in honor of Jo Anne and Steve Grossman's significant anniversary

TWICE BLESSED FUND

- ◆ Lori Rossio, in honor of Pride month
- ◆ Miriam Siegfried, in honor of Pride month
- ◆ Angelo Dunlap, in honor of Pride month

WILLIAM J. BELFORD SCHOLARSHIP FUND

- ◆ Gloria P. Hoch, in memory of William J. Belford, honoring Barbara Belford's birthday
- ◆ Debbie Belford, in honor of Barbara Belford's birthday

WISH LIST FUND

- ◆ Anonymous Donor, donating two Mah Jongg sets

24 August Yahrzeits

August 3rd

Louis Becker
William Belford
Violet Cohen
Frank Feicht
Betty Fey
Sally Goldberg
Lillian Goldenberg
Joe Gorka
Hilary Harper
David Kanter
Bertha Kapnick
Leah Kool
Fanny Lansky
Vilma Linder
Suzanne Loschin
Milton Mart
Alvin Roth
Fanny Schulte
Cyril Smilack
Precious Smith
Isadore Wise

August 10th

Elizabeth Bernstorff
Ned Brody
Lila Clarren
Mildred Guthoff
Arthur Handler
Milton Handler
Sandra Kent
Annie Lazerwitz
Lillian Levenson
Joel Levy
Rose Papier
Beatrice Rinkov
Robert Rosenblum
Estelle Roth
Ruth Schulte
Sol Schuman
Fannie Singer
Harriet Slein
Russell Snider
Becky Stessel
Jean Terra
Elliott Weisenberg

August 17th

Milton Alpert
Alfred Brody
Edythe Ehrenberg
Harold Eisenstein
Aaron Epstein
Irene Goldman
Mitchell Goodman
Kim Hagan
Carolyn Hersch
Rosa Isserlis
Lee Johnson
Meinhard Kamnitzer
Rolf Kaufman
Harry Kohn, Sr.
Stanley Liebert
Joan Lippy
Ann Minkin
Myron Moss
Minna Rudkevich
Robert Sapadin
Bertha Scheinholtz
Gertrude Setnar
Robert Shamansky
Jene Solomon
Jack Stein
Morris Stetelman
Ada Wilson

August 24th

Samuel Alpert
Sidney Banks
Louie Becker
Robert Benson
Phil Colangelo
Donald Fine
Anna Gershovitz
Arthur Klein
Daniel Lippy
Esta Ludwig
Rachel Meizlish
Hazel Norris
Harry Ostroff
David Ostroff
Dora Raab
Eva Rogovin
Mary Santora
Sylvia Schneider
Leon Siegel
Anna Tannenbaum

August 31st

Laura Agin
Nelsie Atkins
Mildred Berman
Sol Blank
Irene Block
Donald Caine
Rachel Cohen
Sylvia Corwin
Edward Dolin
Benny Eisenberg
Sol Eisenman
Scot Elwood
Gloria Fox
Elizabeth Freund
Gordon Harris
Rosalind Helburn
Akiva Isserlis
Joseph Kushner
Herbert Margolis
Nathan Richeson
Ella Slotin
Steve Smerekanich
Jeanette Snider
Ernestina Tipton
Lena Treger
Betty Tumen
Peter Washer
Celia Weiss
Walter Zanger



Saturday, August 25th at 9:30 am

Meditation & Healing Shabbat

Please join us for a unique healing experience.
The service will feature a guided meditation for
healing and wellness led by TBS congregant,
Tirtzah Sandor and Nick Ciranni.



Some fun ideas to volunteer your time with your family...

- ♦ Visit Sunrise Sanctuary in Marysville, Ohio for their Open Barn Day on Saturday, August 18th from 1-3pm. For more info, visit sunrisesanctuary.org/open-barn-days
- ♦ Sign up to bake or cook a meal with your family at Ronald McDonald House. rmhc-centralohio.org/get-involved/volunteer
- ♦ Volunteer your time at the New Albany Food Pantry newalbanyfoodpantry.org/volunteer
- ♦ Volunteer your time or donate to Gahanna Residents In Need grin4gahanna.org/make-a-difference
- ♦ Help socialize rescued bunnies at the Ohio House Rabbit Rescue ohiohouserabbitrescue.org/support-ohrr
- ♦ Check out <https://foodrescue.us/getinvolved> You're just an app away from joining the food rescue movement. The Food Rescue US app seamlessly connects food donors, volunteer food rescuers, and receiving agencies. Whatever role you play in the movement, getting healthy food to hungry people has never been simpler.

Upcoming Events & Opportunities to Help

Sunday, August 19th 3-5pm @ Temple Beth Shalom:

The Central Ohio Women of Reform Judaism (WRJ) Tzedakah Collective Meeting

Refugee and immigration resettlement in Columbus will be the topic for the Tzedakah Collective meeting on Sunday, August 19th from 3-5 pm at Temple Beth Shalom.

The speaker will be Christine Garcia, Director of Programming for the US Together Columbus office. The Mission Statement for this non-profit group, which is an affiliate of the Hebrew Immigrant Aid Society, is to "coordinate, organize, and initiate services to immigrants and refugees through education, advocacy, support services, information, referrals and networking opportunities...."

Christine Garcia will explain their many programs that strive to achieve their service goals pertaining to basic needs, healthcare access, social integration and self-sufficiency.

The relevant text study will be led by Pamela Feldman-Hill, Tzedakah Collective founder.

One can join the Tzedakah Collective any time before December 2018 when the vote for the grant recipients takes place. Your tax deductible contribution is \$60 per year.

For information, contact Marsha Pond, Coordinator. marshapond@msn.com

DELIVER KOSHER MEALS TO CHILDREN'S HOSPITAL!

Kids can help too, so you can do it as a family over the summer!

Bikur Cholim translates to "visiting the sick," but the newly formed Bikur Cholim Society of Columbus does much more than visit. The society provides kosher meals to observant families who come from around the world to Nationwide Children's Hospital for treatment. We operate solely through donations and volunteers who pick up meals (already prepared) and deliver them to Children's and/or Ronald McDonald House. Signing up is easy—just follow this link to the sign-up Google doc for details. <https://tinyurl.com/yd4ulho2> QUESTIONS? Contact TBS Member Deb Rycus at deb.rycus@gmail.com or 614.561.4346

Serve lunch at the YWCA Family Center

Mitzvah Corps members will be serving lunch at the YWCA Family Center on Monday, October 29, 2018.

The YWCA Family Center provides emergency shelter and critical services to stabilize homeless families in central Ohio.

Contact Laurel Zulliger at 614-323-6419 or Lzulliger@gmail.com if you can help serve lunch or provide food for the meal.

Important dates for the TBS/B.R.E.A.D. Rodef Tzedek Network

October 22 7:00 p.m. Justice ministry Team Assembly: Hear updates on the current issues that BREAD is working on and prepare for the Annual Assembly.

November 12 7:00 p.m. Annual Assembly: Learn about issues that BREAD could work on and vote to select the one issue that BREAD will work on over the next year.

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HOW YOU CAN HELP

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We receive 5% back for each order placed through the judaica.com link on the TBS website!

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KOSHERWINE.COM

We receive 5% back for each order placed through the koshervine.com link on the TBS website!

Go to tbsohio.org/shop-with-tbs.html, click on the link, and shop as usual!



Welcome Hannah Rossio!

HANNAH WILL BE SERVING AS THE NEW SENIOR
YOUTH GROUP DIRECTOR, MADRICHIM
COORDINATOR, AND BAR/BAT MITZVAH TUTOR.

TBS IS THRILLED TO ANNOUNCE THAT HANNAH WILL BE JOINING OUR RELIGIOUS SCHOOL TEAM! SHE RECENTLY GRADUATED FROM OHIO UNIVERSITY IN ATHENS, OH WITH A BS IN COMMUNICATION STUDIES. HER RELATED AREA IS IN DIVERSITY AND WOMEN'S, GENDER, & SEXUALITY STUDIES. SHE ENJOYS READING, SINGING, TRAVELING, AND HER CAT, MILLIE. AS A PREVIOUS MADRICHAH HERSELF, SHE LOOKS FORWARD TO THIS ADVENTURE AND IS EXCITED TO GET STARTED.

Have a question or concern? Get in touch with us!

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Compiled and Edited by Amanda Cohen & Bonnie Abramowitz



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Our Erev Shabbat Service Schedule

Time	Week of the Month	Evening Theme
6:30 pm	First Week (Service & Dinner)	“First Friday” Family oriented service, with music and story!
6:30 pm	Second Week	“Life-Long Learning” Educational presentation, usually with text. Standard TBS music.
6:30 pm	Third Week	“Shabbat Chai” All music service with the “Shabband”!
7:30 pm* *6:30 during summer months	Fourth Week	Classical Shabbat with Sermon. Formal TBS music.
6:30 pm	Fifth Week (when applicable)	Traditional Shabbat with Standard TBS music.

The Window



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