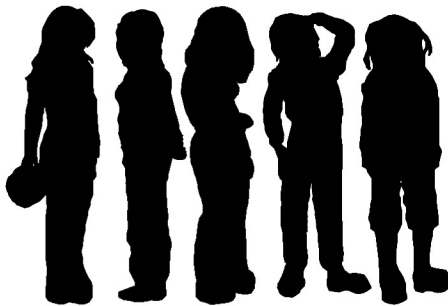


# What If

Ask me and I will show you how,



The future is bright and it begins with our Young People!!!



**Today we have some of the smartest and creative children that has ever been known to mankind. From science and technology to entertainment and literature, our young people have blazed trails that had not been explored before. Unfortunately we are only scratching the surface of such amazing talent. Our goal and purpose is to ask our young people, What If? Then we let their creative juices flow!!!!**

**Brothers Brooks Vision 2 Mission LLC**



Brothers Brooks Vision 2 Mission LLC

<https://www.whatifjustask.com/what-if-i-could-stop-bullying.html>



**BBV2M LLC**

**W.I.?J.A.**

What IF? Just A.S.K.



## The Potential Consequences of Bullying

### LONG TERM EFFECTS OF BULLYING

- Self inflicted harm
- Psychological disorders
- More likely to try drugs
- Continuous and severe depression
- Likely to require psychological help



# W.I.?J.A.—THE POTENTIAL CONSEQUENCES OF BULLYING

## What is Bullying?

Bullying at all levels is the process of stripping someone's dignity and respect from them.

## Students who are bullied are more likely to:

- feel disconnected from school and not like school
- have lower academic outcomes, including lower attendance and completion rates
- lack quality friendships at school
- display high levels of emotion that indicate vulnerability and low levels of resilience
- be less well accepted by peers, avoid conflict and be socially withdrawn
- have low self-esteem
- have depression, anxiety, feelings of loneliness and isolation
- have nightmares
- feel wary or suspicious of others
- have an increased risk of depression and substance abuse

in extreme cases, have a higher risk of suicide, however, the reasons why a person may be at risk of suicide are extremely complicated.

## 11 Facts About Bullying

1. Over 3.2 million students are victims of bullying each year.
2. Approximately 160,000 teens skip school every day because of bullying.
3. 17% of American students report being bullied 2 to 3 times a month or more within a school semester. Take a stand in your community by hosting a Bullying Policy Makeover event customizing your school's anti-bullying policy.
4. 1 in 4 teachers see nothing wrong with bullying and will only intervene 4% of the time.
5. By age 14 less than 30% of boys and 40% of girls will talk to their peers about bullying.
6. Over 67% of students believe that schools respond poorly to bullying, with a high percentage of students believing that adult help is infrequent and ineffective.
7. 71% of students report incidents of bullying as a problem at their school.
8. 90% of 4th through 8th graders report being victims of bullying.
9. 1 in 10 students drop out of school because of repeated bullying.
10. As boys age they are less and less likely to feel sympathy for victims of bullying. In fact they are more likely to add to the problem than solve it.
11. Physical bullying increases in elementary school, peaks in middle school and declines in high school. Verbal abuse, on the other hand, remains constant.

## Now You Can.....

Just A.S.K.

1. **A**sk The Question
2. **S**eeK The Answer within yourself first and then use your resources
3. **K**now and believe in your abilities



Now that

**you have the awareness let's do the following: talk with someone who is being bullied; help them to understand that it is not ok to bully or be bullied. If you are being bullied reach out to your parents, relatives, teacher, counselor, coach, friend or someone in law enforcement. There are people who care and love you and understand your situation. You are not alone - reach out!!!! Please!!**