

Eyebrow and Lip After Care Directions
(Applies to Initial Procedure, Follow-up and Maintenance Appointments)

Schedule your Followup Appt in 4 to 6 weeks

Directions:

- You will be given 8 small squares of “Block Tonic” wipe and a small container of “Skin Candy” ointment.
- Over the next 24 hours you will be WIPING and APPLYING Skin Candy. (See *Schedule below.*)
- After the initial 24 hours, meaning days 2-7, you will only APPLY Skin Candy.
- **WIPE** the procedure area with a square of the Block Tonic wipe thoroughly to remove all clear, lymph fluid, residual pigment and blood, careful to not stretch the skin open. (Note: *If the wipe is too dry sprinkle with purified drinking water prior to use.*)
- **& APPLY** the *thinnest* layer of Skin Candy. (Note: *The container I gave you should last all 7 days. Clients on blood thinners, aspirin, pain meds, Omegas may have to WIPE & APPLY more often.*)

The 24-Hour WIPE & APPLY process inhibits scab formation. **IF YOU DO NOT FOLLOW THESE DIRECTIONS, then**
1.) I WILL KNOW. 2.) You will get a scab. 3.) Your Tattoo will be lighter or absent. 4.) follow-up will be necessary or
5.) I HAVE THE RIGHT TO RELEASE YOU FROM ANY FUTURE SERVICES.

Schedule: 24 Hours

1. 30 minutes after your procedure: WIPE & APPLY
2. 2 hours later: WIPE & APPLY
3. 4 hours later: WIPE & APPLY
4. 4 hours later: WIPE & APPLY
5. 6 hours later: WIPE & APPLY
6. before bed cover with non-stick substance. (i.e. Press and Seal plastic wrap, nonstick gauze, Tegaderm, etc.)
7. In the morning WIPE & APPLY when you wake up.

Schedule: Days 2-7

1. no more WIPING (Note: you may clean the procedure area with diluted baby shampoo or neutral soap.)
2. APPLY Skin Candy 3-5x a day, or every 3-5 hours, depending on the tightness of your skin. (Note: *your skin will flake, different from scab, as part of the healing process.*)
3. After Day 7, APPLY Skin Candy, Aquifer, or Vaseline when area feels tight.

WARNINGS:

For first 7 DAYS: Avoid SHOWER WATER, POOL, OCEAN, SUN OR SAUNA, NO TANNING & RETINOLS/ANTI-AGING CREAMS; NO ...SWEATING (OF ANY KIND), YOGA, SWIMMING, GYM/EXERSION, no picking the procedure area.

If your Dr. allowed you to stop taking aspirin for your procedure, please obtain approval to resume aspirin 7 days after your procedure. Avoid Omega 3,6,9, fish oil and KRILL oil for 7-day healing period.

During and after your 7-day healing period avoid EXFOLIATING AND ALPHAHYDROXY ACIDS AND BETAHYDROXY ACID, SALICYLIC ACID, and please no scrubbing the procedure area. After 7-day healing period apply sunscreen and only use eye cream on your eyebrows, no facial moisturizers.

Your tattoo was intact when you left your appointment. How your body heals and reacts to your permanent makeup can negatively affect the appearance of your permanent makeup, as well as, how well you remove the lymph fluid, and if you apply tone-correcting topicals on or around your procedure.

If you had the same procedure by another technician this procedure is considered corrective work and the outcome is unpredictable.

Technician: Veronica M. Morris, Rise and Shine Permanent Makeup- Georgetown

For fastest response text 832-544-1486. I tattoo 6 days a week, 930am to 53pm by appointment.

If you call during work hours, please leave a message.

To Book Your 4 – 6 week Follow-up appt www.riseandshinepermanentmakeup.com/service-menu.html