

AUTUMN HOOKS

Instructor • Company Choreographer & Coach



Autumn began dancing at the age of 3. She trained in multiple levels of the Checchetti Ballet System. For 10 years Ballet was her first love, and at the age of 13 began to train in other styles of dance such as Hip Hop, Lyrical, Jazz, Modern and Contemporary. She has trained under some of the best including Liz Imperio, Tina Landon, Kayla Kalbfleish, Keone Madrid, KJ Gonzales and many more.

She was a member of Unity Dance Ensemble, directed by Tessandra Chavez, for 6 years performing throughout Southern California. She has danced background to names such as Patti LaBelle and Charice and was an assistant to choreographers on the television series Abby Lee's Ultimate Dance Competition. She has had the opportunity to dance along side the Martha Graham Dance Company in performing the work 'Panarama', choreographed by the late Martha Graham and another new adaption of 'American Document'.

Autumn teaches and choreographs across California and is an adjudicator for various dance competitions. She most recently was invited to Mexico City to adjudicate for ONP México's Nationals. Autumn earned her BA in Apparel Design and Production and now currently combines her passions of design and dance across the United States.

Autumn is returning as a third year instructor at Aspire, and as a second year Aspire Dance Company coach & choreographer.