

Rajiv Gandhi University of Health Sciences  
First Year M.Sc. (Nursing) Degree Examination - May 2010

[Max. Marks: 60]

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PSYCHIATRIC NURSING

(Revised Scheme 3)

**Q.P. CODE : 9639**

Your answers should be specific to the questions asked.  
Draw neat labeled diagrams wherever necessary.

**ANSWER THE FOLLOWING**

4 X 15 = 60 Marks

1. Define therapeutic nurse patient relationship. Discuss the dynamics, conditions and the phases through which a therapeutic nurse patient relationship is established
2. Define behavior therapy. Discuss the role of classical conditioning and operant conditioning in behavior therapy. Mention the techniques used in behavior therapy.
3. Define personality. Discuss the relevance of personality development to psychiatric nursing in relation to psychosocial development theory and interpersonal therapy
4. Describe the role of the psychiatric nurse in managing mental health problems affecting women in the reproductive age group

**SHORT NOTES (Answer any TWO)**

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2 X 10 = 20 Marks

5. Neurotransmitters
6. Therapeutic and Non therapeutic communication techniques
7. Antidepressants
8. Factors influencing mental health and mental illness

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