

Rajiv Gandhi University of Health Sciences
 Second Year M. Sc (Nursing) Degree Examination - ~~Nov 2013~~

[Max. Marks: 80]

[Time: 3 Hours]

PSYCHIATRIC (MENTAL HEALTH) NURSING

(RS 3 & RS 4)

Q.P. CODE: 9650

Your answers should be specific to the questions asked.
 Draw neat labeled diagrams wherever necessary.

4 X 15 = 60 Marks

ANSWER THE FOLLOWING

1. Mrs. D is admitted with the complaints of increased speech, increased erratic eating, dancing and singing sleepless during the night and inability to sit in one place for a few minutes also. She is diagnosed as suffering from mania.
 - a) Discuss the clinical manifestations of patient with reference to the diagnostic criteria
 - b) Briefly explain the theoretical application to the care of this client
 - c) Discuss the nursing management of this client
2. Discuss the levels of prevention and the psychiatric nurses role at all the levels
3. Mrs. Z has been brought to the hospital with the complaints having flash backs of the tsunami she endured in 2006. Her daily functioning is affected and she is unable to carry out her role functions
 - a) What is she experiencing?
 - b) What are the symptoms of the condition she is in? Briefly explain.
 - c) Discuss the nursing management of such a client.
4.
 - a) What is substance induced disorder?
 - b) Briefly enumerate and describe the types of substances abused
 - c) Discuss the management of a client with alcohol dependence

SHORT NOTES (Answer any TWO)

2 X 10 = 20 Marks

5. Discuss the psychological problems among the elderly population and its management
6. Discuss the legal considerations in mental health nursing
7. Discuss anger management
8. Discuss aspects and techniques used in counseling terminally ill clients
