



FOOD IS MEDICINE



Presenter: Jackie Philbin, RDN, LDN
Director of Nutrition & Lifestyle Program Development

Nutrition plays a critical role in the elderly as most common diseases affect this population. Join us as we learn about seniors, food insecurity and malnutrition and how changing eating habits later in life can benefit your health and potentially add years to your life.



APRIL 13, 2023 ~ 12 PM– 1 PM



You will receive a Zoom link
the morning of the event.

Registration: NASW / AND Members—Free
Non-Members—\$10
To register: www.naswfl.org/events.html

This workshop has been approved for and offers 1 contact hour. BAP-325, Exp. 03/25