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SPORTS INJURY CLINICS



A team of sports medicine professionals provide free sports injury evaluation to San Diego County Student Athletes. No appointment necessary. Athletes are seen on a first come first served basis. Fall 2022 Sports Injury Clinics are held Saturday's at Manual Orthopedic Physical Therapy Clinic in Eastlake. See below for dates, directions and contact information. *Signed parent permission form is required and on reverse side.*

*****CONCUSSION injuries will be NOT be seen*****

STARTS AUG 13TH

- ✓ AUG: 13, 20, 27
- ✓ SEPT: 3, 10, 17, 24
- ✓ OCT: 1, 8, 15, 22, 29
- ✓ NOV: 5, 12, 19



WHEN

Saturday's @ 8am
First come first served

COST

FREE for all SD County Student Athletes

LOCATED @MANUAL ORTHOPEDIC PHYSICAL THERAPY

955 Lane Ave Ste 201, Chula Vista CA 91914

SPORTS MEDICINE TEAM

Our team includes Sports Medicine Physicians, Orthopedic Surgeons, Physical Therapists, and Certified Athletic Trainers. The goal is to return the athlete to sports safely and in a timely manner.

Stay Connected



More Information
www.swswf.org

SPORTS INJURY CLINICS

STUDENT ATHLETE REFERRAL FORM

Student-Athlete Name: _____ Date of Birth: _____ Grade: _____

School: _____ Sport: _____ Injury Date: _____ Region: _____

Parent/Guardian Signature

Date

Contact Phone Number

REFERRING MEDICAL PROFESSIONAL

Mechanism of Injury: _____

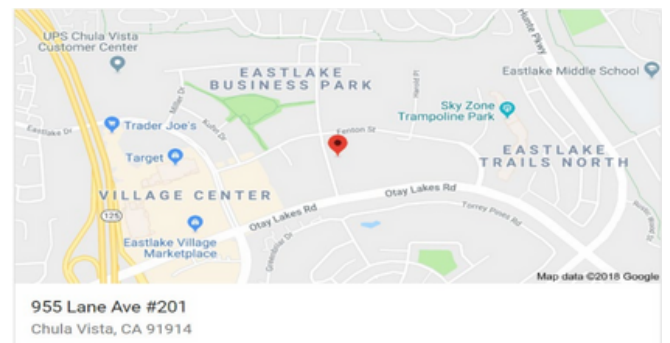
Working Diagnosis: _____

ATC/Coach/AD Name: _____ Contact Number: _____

DRIVING DIRECTIONS

SATURDAY at 8:00 AM:

Manual Orthopedic Physical Therapy's (MOPT) Eastlake facility is located in The Doctor's Park at 955 Lane Avenue, Suite 201.



From 805N or 805S - Exit Telegraph Canyon Rd.

Go East onto Telegraph Canyon Rd.

Telegraph Canyon Rd turns onto Otay Lakes Rd. Turn left onto Lane Ave. Clinic is on the Right.

From 125N or 125S - Exit Otay lakes Rd. Go East on Otay Lakes Rd. Turn Left on Lane Ave. Clinic is on Right.

*The Sports Injury Clinics are underwritten and financed by **SWSWF** and Prebys Foundation. The Southwest Sports Wellness Foundation (**SWSWF**) was established in 2010 to fill a need in the under-served areas of the San Diego community by underwriting high school sports screenings, assessments, and evaluations. These various programs provide free high school sports injury clinics, access to educating physicians, physical therapists and certified athletic trainers, and provide curriculum for students with an interest in sports medicine and field of healthcare. **SWSWF** supports the specialized sports medicine injury assessment. Independent medical service providers assist in the evaluation and treatment plan for the injured student athletes. The goal is to return the athlete to sports safely and in a timely manner. Learn more at: www.swswf.org.*