

February 2022 – Wellness Center Central – Suggestion Box Comments and Responses

Thank you all for your wonderful suggestions! We, MAB and staff, have tried our best to comment on each suggestion/comment to meet your needs. Please let staff or a MAB member know if your question/comment has not been answered and/or addressed. Thank you!

Suggestions

- “Bring back juicing?”
 - Juicing will start in March on Thursdays from 1:00p – 2:00p. Please join us!
- “I want to suggest Math would be a great idea. Thank you!”
 - Please see Sohail to discuss your idea and to see how this can be developed into a group. Thank you for your suggestion.
- “It would be nice to have Crochet/Knitting class”
 - We will look into bringing back crochet and knitting class, if you have interest in co-facilitating this group please let Sohail know. Thank you!
- “I want a book signing in the near future, in May for Mental Awareness Month?”
 - Please see Sohail for further discussion. Thank you for your suggestion.
- “Change the Women’s Group to another day, please?”
 - We will discuss this in the group and with leadership. Any changes will be announced in community meeting or ice breaker. This change would not happen until the April calendar at the earliest. Thank you for letting us know that you would like to see a change in this group.
- “Please, can the WCC provide a companion that can speak bi-lingual to accompany new/old members that cannot speak English?”
 - We have many bi-lingual peers, who speak various languages. Please let us know when you need help with translation or know someone who needs this assistance. Thank you for your suggestion.
- “We need people in Social Circle one or three people and we need people in Balance and Boundaries in the living room.”
 - We will encourage people to join these groups. Balance and Boundaries no longer takes place in the living room due to the need for confidentiality in the group. Thank you for your suggestion.

Staff Kudos

- Staff Jesse is an asset to the Wellness Center. He is personable, cheerful and easy to approach, if you have a question or concern. He takes the time to listen. Jesse should be commended for his hard work and great attitude. Thank you, Maria Grant.

Please see Sohail if you have any questions or any other concerns.

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