

BODY ESSENCE DAY SPA, SALON & BOUTIQUE SERVICE MENU

MASSAGE & BODYWORK

Chair Massage Chair Massage \$1/minute	1 Per Minute	Ultimate Massage 90 Minute Massage w/Hot Packs & Aromatherapy	135
Massage 30 Minute 30 Minute Massage	60	2 Hour Massage 120 Minute Massage	160
Massage 45 Minute 45 Minute Massage	70	2 Hour Ultimate Massage 120 Minute Massage w/Hot Packs & Aromatherapy	170
Massage 60 Minute 60 Minute Massage	90		
Massage 75 Minute 75 Minute Massage	105		
Massage 90 Minute 90 Minute Massage	125		
<i>Swedish, Therapeutic, Deep Tissue, Neuromuscular Therapy, Myofascial Release, Sports Massage, Reflexology, Prenatal, Aromatherapy, Stretch Integration</i>			
Reflexology 30 Minutes	60	Massage Package 5 Pack 60 Minutes 5-60 Minute Massages	380
Mobile Massage Prices Start at \$125 For Local Nevada City Area & Additional Travel Charges Will Be Applied For Any Distance Traveled More Than 10 Miles <i>Additional Miles Traveled ++ 10</i>	1	Massage Package 5 Pack 90 Minutes 5- 90 Minute Massages	550

INFRARED SAUNA (3 PERSON)

Infrared Sauna Add On 30 Minutes Sauna Add On: \$15 additional charge w/any service \$10 each additional person	20	Infrared Sauna 45 Minutes Sauna Single Use 45 Minutes: \$30/45 Minutes	35
Infrared Sauna 30 Minutes Sauna Single Use 30 Minutes: \$20/30 Minutes	25	30 Minute Infrared Sauna 5 Pack 30 Minute Infrared Sauna 5 Pack	100

45 Minute Infrared Sauna 5 Pack 150
45 Minute Infrared Sauna 5 Pack

FACE

Mini Facial 60
30 Minute Facial: Includes cleansing, toning, extractions & 1 masque

Chemical Peel 20
Addition to a mini or deluxe facial

Deluxe Facial 90
60 Minute Facial: Includes cleansing, toning, extractions, 2 masques, hand/foot massage

WAXING

Lip, Chin, Eyebrow 15
Price is per treatment

Back 60

Bikini 45+
Basic Bikini.... Price will vary for extra wax used

Chest 60

Brazilian 65+
Basic Brazilian.... Price will vary for extra wax used

1/2 Leg 40

Underarm 15

Full Leg 60

Full Arm 40

BODY SCRUBS

Body Scrub 50
30 Minute Scrub & Shower

Herbal Back Treatment 75
45 Minute Back Extractions, Masque & Massage

Body Scrub/Wrap 80
Upgrade any body scrub service to a wrap

ANIMAL SPIRIT READING

Animal Spirit Reading	15	Animal Spirit Reading Extended	25
15 Minute Animal Card Spirit Reading: Basic Card Reading		30 Minute Animal Card Spirit Reading: Includes name & birthday information related & card reading	

HANDS & FEET

Paraffin Treatment	20	Hand or Foot Scrub	20
15 Minute Paraffin Treatment With Massage		15 Minute Paraffin Treatment With Massage	

SPA PACKAGES

Mini Pack	140	Magic Pack	330
60 Minute Massage & a Mini Facial 1.5 Hours		Infrared Sauna, Ultimate Massage, Deluxe Facial, Body Scrub/Wrap 4.5 Hours	
The New You	230		
60 Minute Massage, Deluxe Facial, & Full Body Scrub 2.5 Hours			
Feeling Fabulous	235		
90 Minute Massage, Mini Facial, & Full Body Scrub 3 Hours			

EXTRAS

Biofreeze Treatment	5	Additional Ear Candle Set	30
Biofreeze is a deep cold therapy treatment that can be added on to any service		Additional Ear Candle Set (30 mins)	
Hot Packs	5	Bath	25
Hot packs are clay packs that are very hot & a great add on to massage services		Relax in our clawfoot bathtub. 30 minutes	
Ear Candling	40		
Ear Candling helps relieve pressure & vertigo (1 set of candles)			