

Honeymoon



Tension Building

Actions of Abuser
"I'm sorry", begs for forgiveness, promises to do better, or get help, sends flowers or gifts, gentle and kind, declares love, wants to make love, enlists family support, cries, shows remorse

Survivor can feel pain, fear, confusion and mistakenly responsible. Abusers are convincing and offer hope to save the relationship.



Actions of Abuser
Moody, nitpicking, isolates, withdraws affections, yelling, degrading words, substance use, sullen, criticizing, destruction of property

Survivors can feel like they are walking on eggshells, with no way to predict what the abuser wants. Often emotional and financial abuse is present and the fear of violence is immediate.

Incident

Actions of Abuser
Tries to dominate and control the survivor with attacks and threats (physical, emotional, sexual, financial, humiliation, ignoring, demeaning, imprisoning).