

Hollyi is currently an LMFT-I in the state of South Carolina, graduating with an Ed.S. in Marriage and Family Therapy from Converse College. She has worked in Psychiatric Residential Treatment Facilities with children of various ages, dealing with a variety of mental disorders. Having worked as both a line and lead therapist in Applied Behavioral Analysis gives her a strong background in ABA.

Her therapeutic specialties include: Autism therapy with a combined emphasis on Mindfulness Based Stress Reduction, Dialectical Behavior Therapy, Cognitive Behavioral Therapy and currently rostered in the state of South Carolina through the Project Best program in Trauma Focused-Cognitive Behavioral Therapy with children, adolescents and adults, therapy with children as young as 5, Marriage/Couples therapy, and Individual therapy dealing with a variety of mental health issues.

She will also be providing Social Skills groups for both pre-teens and teens who are living with anxiety depression, High-functioning autism, ADHD and similar challenges.