

# **Nashville Academy of Reflexology CE Classes on REVISED Evening Schedule Class 2020**

## **CPR/First Aid – Mon. August 31 -- 6:00 – 10:00 pm – Cost \$75**

Debra Martin, a Red Cross CPR and First Aid instructor and a NAR graduate, will provide a 4-hour CE course for \$75. Email your name, phone number, and Mon license number to enroll in advance. Please bring check or cash to pay the instructor directly.

## **20-hour CE class in the Reflexology Essentials -- Cost is \$335**

This CE class introduces you to the essential techniques and a basic routine that you can incorporate with your massage therapy practice during our next Evening Schedule class. **The 20-hour CE class will be on the following schedule:**

Mon. July 13– 6-10 pm  
Tues. July 14 – 6-10 pm  
Mon. July 20 – 6-10 pm  
Tues. July 21 – 6-10 pm  
Mon. July 27 – 6-10 pm

## **36-hour CE class for NCBTMB Specialty Exam-- Cost is \$540**

This CE class introduces you to the essential techniques and then goes beyond that for 16 additional hours to prepare you to take the NCBTMB Reflexology Specialty Exam. **The 36-hour CE class will be on the following schedule:**

Mon. July 13 – 6-10 pm	
Tues. July 14 – 6-10 pm	Tues. July 28 – 6-10 pm
Mon. July 20 – 6-10 pm	Tues. August 4 – 6-10 pm
Tues. July 21 – 6-10 pm	Tues. August 11 – 6-10 pm
Mon. July 27 – 6-10 pm	Tues. August 18 – 6-10 pm

## **Hand Reflexology – 12 CE hours – Cost: \$ 200**

Add hand reflexology to your reflexology techniques in this evening schedule CE class.

Mon. August 24 – 6-10 pm  
Tues. August 25 – 6-10 pm  
Tues. September 1 – 6-10 pm

If you are interested in any of these CE opportunities, please let us know as soon as possible so we can include you in our class. Contact Carol Ann Baily, the director, at 615-934-1034.