



Dolphins in the Desert Itinerary

May 17-21, 2023

Wednesday, May 17, Arrival Day

Arrive in Phoenix by 2 pm

2:30 pm Travel by van to Sedona

4:30 pm Arrive at Dome Home (Approximate, based on drive time)

6:00 pm Dinner at house

7:30 pm Spiritual Swim (Guided Meditation)

Thursday, May 18

8 am Breakfast on your own at house

9:30 am Spirit Walk on land at vortex

12 pm Lunch out at local restaurant

2:30 pm Past Life Regression

3:30 pm Free time

6:00 pm Dinner at house

7:00 pm Group Dolphin Energy Healing

Friday, May 19

8 am Breakfast on your own at house

9:30 am Float tank
12 pm Lunch out at local restaurant
1:30 pm Free time in town for shopping
4 pm Return to house, free time
6 pm Dinner at house
7 pm Dolphins Speak session

Saturday, May 20

8 am Breakfast on your own at house
9:30 am Hike at vortex
12 pm Lunch out at local restaurant
2 pm Return to house
2:30 Sensing Dolphin and Healing training
4 pm Free time
6 pm Dinner at house
7:30 pm Guided Meditation

Sunday, May 21

8 am Breakfast on your own at house
9 am Gratitude Circle
10 am Check out of house and drive back to Phoenix airport

All times approximate and subject to change due to weather and group needs.

Private half day VIP sessions available after the retreat at a different location in town.