



# September 2017 Paramount Academy BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1  <b>WG Apple Frudel Banana 100% Apple Juice</b>
4  <b>NO MEAL SERVICE</b>	5  <b>WG Wheat Donut Fruit 100% Apple Juice</b>	6  <b>WG Breakfast Sandwich Banana 100% Orange Juice</b>	7  <b>WG Cinnamon Chex Fruit 100% Fruit Punch</b>	8  <b>WG Waffles w/ Syrup Banana 100% Apple Juice</b>
11  <b>WG Bagel w/ Cream Cheese Fruit 100% Orange Pineapple Juice</b>	12  <b>WG Ubr Sunberry Round Fruit 100% Apple Juice</b>	13  <b>WG Breakfast Burrito Banana 100% Orange Juice</b>	14  <b>WG Trix Cereal Fruit 100% Fruit Punch</b>	15  <b>WG Pancakes w/ Syrup OR WG Blueberry Overnight Oats Banana 100% Apple Juice</b>
18  <b>Raspberry -or- Peach Yogurt w/ WG Animal Crackers Fruit 100% Orange Pineapple Juice</b>	19  <b>WG Blueberry Loaf Fruit 100% Apple Juice</b>	20  <b>WG Egg &amp; Cheese Sandwich Banana 100% Orange Juice</b>	21  <b>WG Cinnamon Toast Crunch Cereal Fruit 100% Fruit Punch</b>	22  <b>WG French Toast w/ Syrup Banana 100% Apple Juice</b>
25  <b>WG Ubr Cinnamon Round Fruit 100% Orange Pineapple Juice</b>	26  <b>WG Strawberry PopTart Fruit 100% Apple Juice</b>	27  <b>WG Sausage Pancake Wrap Banana 100% Orange Juice</b>	28  <b>WG Cocoa Puffs Cereal Fruit 100% Fruit Punch</b>	29  <b>WG Apple Frudel Banana 100% Apple Juice</b>

\* This institution is an equal opportunity provider and employer.

\* Menus are subject to change based on product availability.

\* WG = whole grain

All meals come with choice of 8 oz. 1% milk or 8 oz. fat free chocolate milk