Audrey is a Licensed Independent Social Worker in Clinical Practice and is a Social Work Clinical Supervisor. As a Special Education Counselor with the Greenville County School District, Audrey worked with children with autism spectrum disorder, emotional disabilities, learning disabilities, oppositional defiant disorder, attention deficit hyperactivity disorder, conduct disorder, bipolar disorder, anxiety, depression, and disruptive mood dysregulation disorder. She has also worked with children who have experienced trauma.

Audrey received her Bachelor's degree in Economics and French from the University of South Carolina. She received her Master in Social Work degree from the University of South Carolina.

Audrey uses a strengths based, client-centered approach and uses cognitive behavioral techniques to help clients and families achieve their desired goals.