



Marietta Martial Arts at Trickum

| | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|----------------------------------|----------------------------------|----------------------------------|----------------------------------|-------------------|---------------------|
| L' Dragons (4-7) White - Black 45-min | 4:45 | 4:45 -- | 4:45 | 4:45 -- | Special Events | 9:00 am -- |
| Beginner TKD White - Green 45-min | 4:45 or 5:30 or 6:15 | 4:45 or 5:30 or 6:15 | 4:45 or 5:30 or 6:15 | 4:45 or 5:30 or 6:15 | Special Events | -- 9:45 am -- |
| Inter / Adv TKD Purple – Black 45-min | 5:30 or 6:15 | 5:30 or 6:15 | 5:30 or 6:15 | 5:30 or 6:15 | Special Events | -- 9:45 am -- |
| Adult Self-Defense 45-min | 7:00 | -- | 7:00 | -- | -- | -- |
| Gracie Ju Jitsu 45-min | 6:15 WL Only | -- | 6:15 WL Only | -- | -- | 10:30am WL Only |

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| Marietta Martial Arts @ East Lake 2145 Roswell Rd, Ste 200 770-321-1371 | Marietta Martial Arts @ Trickum 2323 Shallowford Rd, Ste 104 404-369-9712 | Marietta Martial Arts @ Woodlawn 1205 Johnson Ferry Rd, Ste 104 770-977-9400 |
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