

The Alzheimer's Questionnaire

How To Score

Pick 1 answer to each of the 21 questions (yes or no). Then add up all the points to arrive at a final score.

1. Does your loved one have memory loss? Y = 1 N = 0
2. If so, is their memory worse than a few years ago? Y = 1 N = 0
3. Do they repeat statements or stories in the same day? Y = 2 N = 0
4. Have you had to take over tracking events or appointments, or does the patient forget appointments? Y = 1 N = 0
5. Do they misplace items more than once a month? Y = 1 N = 0
6. Do they suspect others of hiding, or stealing items when they cannot find them? Y = 1 N = 0
7. Does your loved one frequently have trouble knowing the day, date, month, year, and time; or check the date more than once a day? Y = 2 N = 0
8. Do they become disoriented in unfamiliar places? Y = 1 N = 0
9. Do they become more confused when not at home or when traveling? Y = 1 N = 0
10. Excluding physical limitations, do they have trouble handling money, such as tips or calculating change? Y = 1 N = 0
11. Do they trouble paying bills or doing finances? Y = 2 N = 0
12. Does your loved one have trouble remembering to take medicines or keeping track of medications taken? Y = 1 N = 0
13. Do they difficulty driving; or are you concerned about their driving? Y = 1 N = 0
14. Are they having trouble using appliances, such as the stove, phone, remote control, microwave? Y = 1 N = 0
15. Excluding physical limitations, are they having difficulty completing home repair or housekeeping tasks? Y = 1 N = 0
16. Excluding physical limitations, have they given up or cut down on hobbies such as golf, dancing, exercise or crafts? Y = 1 N = 0
17. Are they getting lost in familiar surroundings, such as their own neighbourhood? Y = 2 N = 0
18. Is their sense of direction failing? Y = 1 N = 0
19. Do they have trouble finding words other than names? Y = 1 N = 0
20. Do they confuse names of family members or friends? Y = 2 N = 0
21. Do they have trouble recognizing familiar people? Y = 2 N = 0

What the score means

- 0 to 4: No cause for concern
- 5 to 14: Memory loss may be an early warning of Alzheimer's
- 15 and above: Alzheimer's may already have developed