JOYOUS LIGHT

EVENING PRAYER

March 19, 2025 Second Wednesday in Lent Inside Out 2: Enter Anxiety

RAY MAKEEVER

PRELUDE

WELCOME/GREETING

We gather this night in the name of the One who was, who is, and who is to come. Amen.

OPENING DIALOGUE



HYMN OF LIGHT



THANKSGIVING FOR LIGHT

The Lord be with you.

And also with you.

Let us give thanks to the Lord.

It is right to give our thanks and praise.

We praise and thank you, O God, through your Son, Jesus Christ our Lord, through whom you have enlightened us by revealing the light that never fades. Night is falling and day's allotted span draws to a close.

The daylight you created for our pleasure has fully satisfied us, and yet, of your free gift, now the evening lights do not fail us.

We praise you and glorify you through your Son, Jesus Christ our Lord, through whom be glory, honor and power

to you in the Holy Spirit, now and forever.

Amen.

PSALMODY



PRAYER

In the face of an unexpected future, we call on you God more fervently. In you we know that we have your forgiveness and our salvation. Let us hold on to this so that we can use our anxiety as a guide instead of allowing to blind us to your presence.

Amen.

READING: Luke 11:33-36

Meanwhile, when the crowd gathered by the thousands, so that they trampled on one another, he began to speak first to his disciples, "Beware of the yeast of the Pharisees, that is, their hypocrisy. Nothing is covered up that will not be uncovered, and nothing secret that will not become known. Therefore whatever you have said in the dark will be heard in the light, and what you have whispered behind closed doors will be proclaimed from the housetops.

The word is near you, on your lips and in your heart. Everyone who calls on the name of the Lord shall be saved.

MOVIE REFLECTION: Inside Out 2: Enter Anxiety

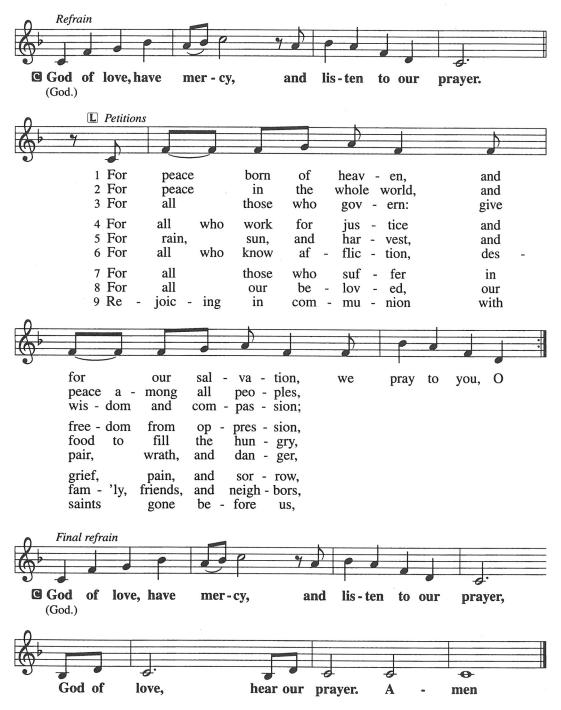
REFLECTION

Remember one time when your anxiety got the best of you. Now think about how you might have calmed your mind to explore what caused that anxiety. Make a list of at least three practices you think you can use in you own life to help you be more present:

GOSPEL CANTICLE: The Magnificat



THE LITANY



CONCLUDING PRAYER

God of love, we thank you that you have kept us under your protecting care in the day that is past. Bring your healing to the wounds of this day, those we have inflicted, those we have felt, those that trouble our world. Cover us this night with the wings of your grace, and raise us to a new day with Christ, our light and our peace.

Amen.

THE LORD'S PRAYER

Gathered into one by the Holy Spirit, let us pray as Jesus taught us. Our Father in heaven. hallowed be your name.

your kingdom come,

your will be done, on earth as in heaven.

Give us today our daily bread.

Forgive us our sins

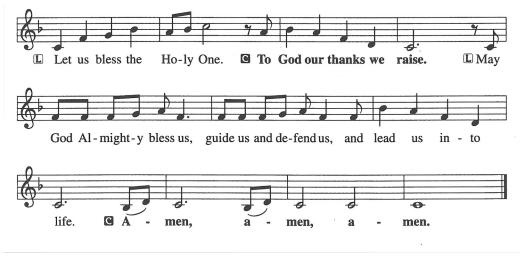
as we forgive those who sin against us.

Save us from the time of trial

and deliver us from evil.

For the kingdom, the power, and the glory are yours, now and forever. Amen.

SENDING BLESSING



DISMISSAL POSTLUDE

Assisting with Tonight's Service:

Presiding Minister: Rev. Tor K. Berg Piano/Music Director: Lucy Kay Osborne Cantor: June Condra

WEDNESDAYS IN LENT



March 12, 19, 26, April 2, 9 6:00pm Soup Supper 7:00pm Vespers

We begin our evenings with a soup supper with bread. We invite you to bring a soup to share. Please sign up on the soup sign-up sheet in the Narthex. We then will gather in the sanctuary for Vespers and a conversation about our theme movie "Inside Out 2."

