

Intro to Dance Program

(4 -7 yrs. Old)

Class Description:

Ballet

- **Intro to Ballet 1 & Intro to Ballet 2:** These classes are designed as an introduction to dance with a primary focus on the fundamentals of Ballet. Beginner techniques and discipline are taught.

Tap & Jazz

- **Tiny Tap/Jazz Combo:** This class combines early basic techniques of jazz and tap. Jazz dance uses a mixture of both Ballet & Modern technique. Tap uses frequent syncopation to create rhythm and sound.

Hip Hop

- **Tiny Hip Hop 1:** These classes are designed as an introduction to Hip Hop with a primary focus on the fundamental of Balance, Rhythm, Level Changes and Trending Dances local and abroad. Beginner techniques and discipline are taught.

Acro/Tumble

- **Tiny Tumble:** This is an acrobatic style class that teaches beginner floor gymnastics. Acro is a class that progresses from forward rolls and cartwheels to beginner tumbling. Building and increasing strength and limber movement. Teachers work with each student on their individual level. This class also focuses on flexibility, agility, and teamwork.