



Fall Veggie Planting

Get a late crop in for fall harvest!

Which Plants to Grow in the Fall:

- Beets
- Carrots
- Cabbage
- Kale
- Lettuce
- Onions
- Rutabaga
- Spinach
- Turnips
- Brussel Sprouts

Advantages to Fall Planting:

Crops grown in the fall are more crisp and sweet due to the cooler temperatures. A decrease in temperature also results in less pests and weeds to compete with. Fall brings more moisture and less heat, so your crops are less likely to dry out.

Fall Vegetable Gardening Tips:

1. Start your seeds approximately 12 to 14 weeks before the first frost for your area.
2. Remove plants that are no longer producing well to make room for your fall crops.
3. Restore nutrients to your soil by applying mulch and fertilizers.
4. Make sure your fall crops are getting adequate water.
5. Extend your growing season by covering your crops with a frost blanket or sheet on cold nights.

All Information gathered from:

<https://www.motherearthnews.com/organic-gardening/fall-garden-vegetables-zmaz09aszraw>
<https://www.bhg.com/gardening/vegetable/vegetables/fall-vegetable-gardening/>
<https://wasatchgardens.org/component/easyblog/planting-fall-crops?Itemid=241>