Viper Sports Club: Indoor FH Tournaments

COVID-19 Guidelines



Check-in

Check-in Process

- Coach or Team Administrator: Will be the only person who approaches the registration counter to drop off any in-person waivers & roster sheet
 - Tournament must be paid in Full in order to play
 - Coaches & Players are asked to limit their visit to the registration counter as much as possible
 - Anything being dropped off should be placed on the counter to avoid contact
 - Please limit your roster to 10 players and 1 coach

Participants

- All Participants will need to fill out and sign the waiver. Anyone who does not submit a
 waiver will not be able to participate until it's submitted. Anyone who needs a written waiver
 can be completed it at the facility
- All Participants should arrive no more that 15 minutes prior to their first game.
 - Temperatures will be taken at the front door.
 - o Teams will be assigned an area in the facility for the day
 - Water Bottles: Participants are to bring their own water container.
 - Teams will enter the pitch on the right side where the benches are located
 - Teams will exit the pitch on the left side opposite the team benches
 - Participants and Coaches are asked not to leave the building until after their last game.
 - Once their last game is completed they should exit the building as soon as possible
- Coaches & Players MUST have a mask on and keep a 6' distance from another clubs team as much as possible

Fans/Family Members will not be allowed to enter the building.

Games will be live streamed on Facebook so family members can watch on their mobile devices.

@ViperSportsClubLimerickPA

3 Dated: 12/1/2020

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Health & Safety Protocol

Standard Procedures / Reminders

While attending a Viper Sports Club Indoor Tournaments, participants should remember to follow all recommended health and safety actions. Per the CDC, these include things like:

- **Hand Washing:** Participants will need wash their hands with soap and water for at least 20 seconds after using the lavatory and returning to the field
- **Social Distancing:** It is recommended to stay at least 6 feet (about 2 arms' length) from other people, when possible. We will be encouraging social distancing with our spectators by sitting at least 6' from non-family members.
- Cover Coughs and Sneezes: Always remember to cover your mouth and nose with a
 tissue when you cough or sneeze or use the inside of your elbow. Throw used tissues in the
 trash. Immediately wash your hands with soap and water for at least 20 seconds. If soap
 and water are not readily available, clean your hands with a hand sanitizer that contains at
 least 60% alcohol.
- When to Stay Home: We need any participant who is sick, or coming from a household where someone is sick, to stay home.
- Temperature Check:
 - Any participant who arrives showing any symptom of illness will have their temperature taken using a contact-free thermometer
 - Temperature reading <u>above 100.4 degrees</u> will be asked to go home and they will not be permitted back to play in 14 days, unless documentation of a negative test result can be provided and 72 hours has passed.
- **Updates:** Our staff will regularly communicate and monitor developments with local authorities, employees, and families regarding cases, exposures, and we will update policies and procedures when needed.

Exclusionary Criteria

- **Temperature:** Participants who register a temperature above 100.4° will not be permitted to participate for that days tournament or another tournament prior to 14 days, unless documentation of a negative test result can be provided and 72 hours has passed.
- Symptomatic Individuals: Participants will not be able to play if showing symptoms
 and will not be allowed for 14 days, unless documentation of a negative test result
 can be provided and 72 hours has passed. Parents of participants who were
 exposed to symptomatic individuals will be notified by the Viper Sports Club through
 their team coach or representative. It will be the coach/representative responsibility
 to notify the remainder of the team.

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Sanitation

- Hand Sanitizing: Recommend that each athlete has individual hand sanitizer for use.
- Hand Sanitizer Stations are placed throughout the building for teams to use
 - Before entering the pitch, each participant will need to use their hand sanitizer or the hand sanitizer station.
 - There is a hand sanitizer station located on the wall prior to entering the pitch for anyone who needs to use it.
 - **Personal Items:** Recommend the players place personal belongings away from someone else's items.

Masks/Face Coverings

- All Viper Sports Club Staff will wear cloth face coverings
- Participants: Athletes will be required to wear cloth face coverings <u>during game</u> <u>time until further notice.</u>
 - Notification will be sent out if the mask requirement during play is changed
 - Face coverings will be required for ALL players while standing on the sideline
 and at all times
 - Face Covering is required throughout the building at ALL TIMES
 - Face Coverings are still recommended by the CDC, especially for older youth
 & adults, when feasible, particularly in indoor or crowded locations.
- Penalty Corner Mask: We recommend that <u>NO SHARING</u> of penalty corner mask be done.
 - o Teams using penalty corner mask should have each individual have their own mask
 - Sharing a penalty corner mask is done at your own risk

Athlete/Coach: Shared Objects/Equipment

- We discourage sharing of items that are difficult to clean, sanitize, or disinfect.
- We instruct participant to try and keep their belongings separated from others.
- Follow directions for spacing and other outlined social distancing instructions
- No handshakes, high fives and other contact related encouragement done after each game
- Avoid touching your face
- Don't share equipment
- Avoid touching the game ball
 - Game ball should be hit by a stick or kicked back to the center to restart the game after a score or to start or end the game
- Coaches use verbal cues rather than physical contact when instructing athletes
 - Maintain social distancing during chalk talk prior & after the games
- Encourage social distancing on the sideline
- Avoid sharing food, drinks, towels and other personal care items
- Wash hands thoroughly or use a hand sanitizer after your game
- Leave facility as soon as reasonably possible after your last game finishes
- Disinfect all personal equipment when you get home

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Umpire: Procedures/Equipment Use

- Hand Sanitizer stations are located throughout the facility and in the umpires break-room
- · Bring and use own hand sanitizer so you can us it while on the pitch
- Sanitize your hands between each game
- Don't share equipment (whistles, cards, pens, etc.)
- Score will be handled by the registration desk not the umpires
- Don't touch the ball during play
 - Use your feet to place the ball back at the center line during the game
 - Clean and disinfect the ball between games when needed
 - Disinfectant wipes will be made available for the umpires on the pitch
- Keep six feet minimum distance when carding or talking to others (players, coaches, partner)
- Don't shake hands
- Don't handle or carry other's personal property
- · Try to avoid carpooling when possible
- Consider using electronic whistle
- Checks will be mailed to each umpire the Monday following the tournament date to avoid contact
- All umpires will be required to sign a building waiver either On-Line or Written prior to the start of each tournament.
 - The on-line waiver can be found at www.vipersportsclub.com
 - The link is under the Indoor Tournament link
 - If an umpire forgets to do the on-line waiver they can complete a written on at the facility

3 Dated: 12/1/2020