



Berean Family Worship Center
One Church In Two Cities
www.bereanfamilyworshipcenter.org

Wednesday, August 12, 2020 - Group Study

Lesson Series: Fruit Of The Spirit

Lesson Series Text: (*Gal. 5:13-26*)

Lesson 5: Faith Meekness Temperance

Lesson 5 Text: (*Gal. 5:22-23*)

All Scriptures are KJV; unless otherwise noted.

Prepared By Dr. Walter Henderson III

- I. Faithfulness is fidelity, to be trusted, reliable, or steadfast.
 - A. Steadfast in affection or allegiance; loyal.
 - B. Firm in adherence to promises or in observance of duty.
 - C. Faithfulness is love hanging on.
 - D. To follow through with a commitment.
 - E. It is love saying that I will not quit.
- II. When we have a spirit of faithfulness; we are faithful in all of our dealings.
 - A. We will be faithful in marriage, service, prayer, ministry, to the Lord, etc.
 - B. Scriptures speak of being faithful in:
 - a. Stewardship. (*I Cor. 4:2*)
 - b. Over little things. (*Luke 19:17*)
 - c. Faithful in another man's vision. (*Luke 16:12*)
 - d. Faithful until death. (*Rev. 2:10*)
 - C. We reveal our faithfulness to God by our obedience.
 - D. "When men cease to be faithful to their God, he who expects to find them so to each other will be much disappointed." *George Horne (1730–1792)*
- III. Meekness is a gentle and mild disposition.
 - A. Enduring injury with patience and without resentment: mild.
 - B. Submissive.
 - C. Not violent or strong: moderate.
 - D. Meekness is not weakness, but rather controlled strength.
 - E. Meekness is the selfless aspect of love; it can only be manifested from strength of character.
 - F. Those with a weak character are always occupied with self and with what others think or say to them.
 - G. When you know who you are in God, what people say to you or think of you, will not move you; you are not self-centered.
 - H. It is the opposite of pride.
 - I. It is not in a person's outward behavior only; nor in his relations to men; but meekness is grace of the soul to please God first.
 - J. It is unselfishness to others and is not occupied with self.

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- IV. Benefits of Meekness.
- A. A meek and quite spirit is valued by God. (*1 Pet. 3:4*)
 - B. Meekness causes God to lift you up. (*Jam. 4:10*)
 - C. Meekness will cause you to receive more grace. (*Jam. 4:6*)
 - D. Meekness places others first. (*Phi. 2:3*)
 - E. Jesus is the perfect example of Meekness. (*Mat. 11:29*)
 - F. “*Because Christ Jesus came to the world clothed in humility, he will always be found among those who are clothed with humility. He will be found among the humble people.*” A. W. Tozer (1897–1963)
- V. Temperance is the power to control the will under the operation of the Holy Spirit; self-control; or strength.
- A. Temperance involves controlling thoughts and actions.
 - B. It involves self-control over desires, passions, speech, and temperament.
 - a. This includes control of eating, drinking of alcohol, taking of drugs—prescription or non-prescription, sexual desires, our tongue, and emotions.
 - C. We must be able to rule our own spirit. (*Pro. 25:28*)
 - D. We must be able to bridle our tongue. (*Jam. 1:26*)
 - E. We must be able to control our fleshly lusts. (*1 Pet. 2:11*)
 - F. Self-control is the ability to keep cool while someone is making it hot for you.

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