

FROM OUR HEARTS & HANDS TO YOURS

Fuller Pants and Culottes - Elastic Waist

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These elastic waist pants and culottes are quick and easy. The culottes can be made as an alternative to shorts or a skirt. They fit the 14" Hearts for Hearts doll. These are cut a little larger to make it easier for the child to dress her doll. The instructions were written for the volunteers of the nonprofit Stitchin' for Kids that gives dolls with outfits to young patients in hospitals. They can be made in a variety of fabrics.

Important

Print pattern full size and check that the one inch square equals one inch before beginning to sew. If it does not, please adjust accordingly.

Requirements:

Pattern for Elastic Waist Pants/Culottes

Fabric – Fat Quarter will make multiple pairs

1/4" wide elastic

Scissors, Thread, Pins, Needles, Sewing machine in good working order, etc.

Assumptions:

All seams are ¼ inch unless specified.

Preparation:

- Cut two pieces of fabric using pattern piece; notch Center Front
- Cut a 6" piece of elastic

Construction:

1. Hem

- Turn up lower edge of each leg ¼" and then turn up again ¼".
- Stitch hem in place.

2. Center Front Seam

- · With right sides together stitch Center Front seams. Sew the seam again to reinforce.
- Zigzag or pink seam allowance; press.

3. Casing

- Turn down ¼" at waist and sew.
- Turn down another 3/8" at waist for casing and sew close to edge to allow for elastic.

4. Inserting Elastic

- Attach safety pin to elastic.
- Insert elastic through waist. Pin elastic at each end.

5. Center Back Seam

- With right sides together pin the Center Back seam making sure the elastic is pinned; stitch Center Back seams together catching elastic in seam. Sew the seam again to reinforce.
- Zigzag or pink seam allowance; press.

6. In-seam (the upside down V in the drawing below)

· Right sides together open out culottes and match Center Front to Center Back crotch seams then match front and back leg hems.



- Starting at the hem of one leg sew to Center crotch seam.
- · Repeat with other leg sewing up from the hem.
- Sew the seam again to reinforce.
- Zigzag or pink seam allowance; press.

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