



## NEW CLIENT INFORMATION

(Please Print)

Date \_\_\_\_/\_\_\_\_/\_\_\_\_

Client Name \_\_\_\_\_ Gender \_\_\_\_\_ Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_

Address \_\_\_\_\_ City/State \_\_\_\_\_ Zip \_\_\_\_\_

Social Sec. # \_\_\_\_\_ Email Address: \_\_\_\_\_

Home ( ) \_\_\_\_\_ Work ( ) \_\_\_\_\_ Cell ( ) \_\_\_\_\_

Place of Employment: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_ May we contact your referral source? YES or NO? (circle one)

Circle One: Minor Single Married Partnered Divorced Separated Widow Living Together

### **IF CLIENT IS A MINOR**

Legal Guardian's name \_\_\_\_\_

Address \_\_\_\_\_ City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home ( ) \_\_\_\_\_ Work ( ) \_\_\_\_\_ Cell ( ) \_\_\_\_\_

Per Texas Family Law, Custodial Parents must provide the most recent custodial agreement to protect the legal rights of the child. If you need to provide this document please bring a copy to your child's first session. Children will not be seen without this document in the file. Please initial if you are required to provide proof of custody. ( ) initial

### **HOUSEHOLD INFORMATION**

(List all who live in the home)

<u>Name</u>	<u>Role (Husband, wife, child, partner, etc.)</u>	<u>Date of Birth</u>
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_____	_____	____/____/____
_____	_____	____/____/____
_____	_____	____/____/____
_____	_____	____/____/____
_____	_____	____/____/____
_____	_____	____/____/____

### **INSURANCE & FINANCIAL INFORMATION**

Insurance Company \_\_\_\_\_ Phone (on back of card) \_\_\_\_\_

Primary Insured's Name \_\_\_\_\_ Their Social Security # \_\_\_\_\_

Relationship to Client \_\_\_\_\_ I.D. Number \_\_\_\_\_

Parent Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Group # \_\_\_\_\_

Street Address (if different from Client) \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Home Phone \_\_\_\_\_ Work Phone \_\_\_\_\_ Cell Phone \_\_\_\_\_

Employer \_\_\_\_\_ Occupation \_\_\_\_\_ Years with Employer \_\_\_\_\_

Employer's Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

SECONDARY Insurance Company \_\_\_\_\_ Phone (on back of card ) \_\_\_\_\_

Secondary Insured's Name \_\_\_\_\_ Their Social Security# \_\_\_\_\_

Relationship to Client \_\_\_\_\_ I.D. Number \_\_\_\_\_

Date of Birth \_\_\_\_/\_\_\_\_/\_\_\_\_ Group # \_\_\_\_\_

Client Name \_\_\_\_\_

**EMERGENCY CONTACT INFORMATION**

In the event of an emergency, please contact: Name \_\_\_\_\_

Address \_\_\_\_\_ Relationship \_\_\_\_\_

Home/Work \_\_\_\_\_ Cell \_\_\_\_\_

**PRESENTING PROBLEM(S)**

Please describe your reasons for seeking counseling (include month/year the problem started):

\_\_\_\_\_

Have you ever experienced suicidal thoughts or thoughts of harming self or others? Have you ever attempted suicide? If so, please explain:

\_\_\_\_\_

Was there an event which made these issues or problems begin? Yes \_\_\_\_\_ No \_\_\_\_\_

If yes, please describe: \_\_\_\_\_

\_\_\_\_\_

**Please indicate the severity in which your problems are affecting the following areas:**

	No effect	Little effect	Some effect	Much effect	Significant effect
Marriage/Relationships	1	2	3	4	5
Family	1	2	3	4	5
School/Job Performance	1	2	3	4	5
Friendships	1	2	3	4	5
Hobbies	1	2	3	4	5
Financial Situations	1	2	3	4	5
Physical Health	1	2	3	4	5
Anxiety level/Nerves	1	2	3	4	5
Mood	1	2	3	4	5
Eating Habits	1	2	3	4	5
Sleeping Habits	1	2	3	4	5
Sexual Functioning	1	2	3	4	5
Ability to Concentrate	1	2	3	4	5
Ability to Control Temper	1	2	3	4	5
Spirituality	1	2	3	4	5

Would you like your spiritual beliefs to be part of your therapy? If so, how? \_\_\_\_\_

\_\_\_\_\_

Client Name \_\_\_\_\_

### **SUBSTANCE ABUSE HISTORY**

Have you ever used drugs? Yes /No \_\_\_ What kind? \_\_\_\_\_ When? \_\_\_\_\_ How much/How often? \_\_\_\_\_  
Did you ever abuse alcohol? Yes /No \_\_\_ What kind? \_\_\_\_\_ When? \_\_\_\_\_ How much/How often? \_\_\_\_\_  
Do you drink coffee? Yes /No \_\_\_ How much? \_\_\_\_\_ How often? \_\_\_\_\_  
Do you smoke cigarettes? Yes /No \_\_\_ How many? \_\_\_\_\_ How often? \_\_\_\_\_  
Do you drink alcohol? Yes /No \_\_\_ What kind/How much? \_\_\_\_\_ How often? \_\_\_\_\_

**FIREARMS:** Do you have firearms in your household? Y/N Are they unloaded and safely locked away? Y/N

### **MEDICAL HISTORY**

Please list any prescription medication you currently use: (Name, dosage, frequency)

Please list any over-the-counter medications you currently use: (Name, dosage, frequency)

Describe any major illnesses or accidents you've experienced throughout your life:

Describe any medical or psychiatric conditions of your parents and/or siblings:

Who is your primary care physician: \_\_\_\_\_

I give permission for SJCardwell Counseling & Consulting PLLC to contact my physician: Yes \_\_\_\_\_ No \_\_\_\_\_

Signature of Patient or Guardian: \_\_\_\_\_

Relationship of Guardian to Patient: \_\_\_\_\_

Date: \_\_\_\_\_

Do you have any allergies? Yes \_\_\_\_\_ No \_\_\_\_\_ Please describe any known allergies: \_\_\_\_\_

### **MILITARY HISTORY**

Have you ever been a member of the armed forces? Yes \_\_\_\_\_ No \_\_\_\_\_ Which Branch? \_\_\_\_\_

Have you been active in combat? Which? \_\_\_\_\_

Were you injured physically or psychiatrically? Yes \_\_\_\_\_ No \_\_\_\_\_

Where did you receive treatment? \_\_\_\_\_

### **PSYCHIATRIC HISTORY**

Have you ever received psychiatric or psychological treatment before: Yes \_\_\_\_\_ No \_\_\_\_\_ When? \_\_\_\_\_

What type of care did you receive? Inpatient \_\_\_\_\_ Outpatient \_\_\_\_\_ Both \_\_\_\_\_

Are you currently seeing a Psychiatrist? Yes \_\_\_\_\_ No \_\_\_\_\_ A Counselor? Yes \_\_\_\_\_ No \_\_\_\_\_

Psychiatrist's Name: \_\_\_\_\_ Counselor's Name: \_\_\_\_\_

Did your doctor prescribe medication? Yes \_\_\_\_\_ No \_\_\_\_\_ Prescription/Dosage \_\_\_\_\_

### **FEE POLICY**

***As a service to you***, our office will verify your coverage including your deductible and co-payment, and out-of-network benefits if we are not a provider with your insurance company or third party carrier your benefits. We will file your insurance claims unless you tell us otherwise. **We request that you also confirm these provisions with your insurance company.** Your insurance policy is a contract between you and the insurance company. Therefore, you, as the insured, are responsible for payment of amounts refused or determined unnecessary by your insurance company. Occasionally, insurance companies misinform our office about patient benefits, and we do our best to acquire the correct information as soon as possible. All insurance benefits will be assigned to Susan J Cardwell, MA, LPC-S. This assignment will remain in effect until revoked by client in writing. Although it is possible that your mental health coverage deductible may have been met elsewhere, this amount will be collected until the deductible payment is verified by the insurance company.

Client Name \_\_\_\_\_

**Clients are responsible for payment at the time of services. Court Testimony Fees are to be paid in advance with refunds provided if necessary. We accept cash, personal checks, MasterCard and Visa. If we have not received verification of benefits from your insurance company at the time of your first appointment, the full fee will be charged. If you have overpaid, you will be reimbursed.**

#### **OFFICE FEES**

Insurance Code	Description	Time	Fee
90791	Intake	60 min	\$145
90834	Individual Therapy	45-50 min	\$115
90847	Couple/Family Therapy	45-50 min	\$115
90837	Individual Therapy	60 min	\$125
Not Billable to Insurance	Late Cancellation/No show	n/a	\$115
Not Billable to Insurance	Returned Check (NSF)	n/a	\$40
Not Billable to Insurance	Consultation Services	60 min	\$110
Not Billable to Insurance	Fees, Letters, & Reports	15 min	\$25+
Not Billable to Insurance	Court Testimony, Preparation	30 min	\$100 Paid in Advance

**I understand that I am financially responsible** to Susan J Cardwell, MA, LPC-S for the charges incurred by me and/or my dependents. My signature below acknowledges my total responsibility in paying for any fees not covered by my insurance company at the time of service.

Signed: \_\_\_\_\_ Date: \_\_\_\_\_

#### **Credit Card Authorization**

I authorize Susan J Cardwell, MA, LPC-S to keep my signature on file and to charge my Visa/MasterCard account for recurring charges of (\$ 115.00 ) for missed appointment or less than 24 hour cancellation notice.

I understand this authorization is valid for two years unless I cancel the authorization in writing. I promise not to dispute charges (charge back) for sessions I have received or that I have not cancelled 24 hours prior to a scheduled session. I further authorize Susan J Cardwell, MA, LPC-S to disclose information about my attendance/cancellation to my credit card issuer if I dispute a charge.

Cardholder Signature: \_\_\_\_\_

Client Name: \_\_\_\_\_ Cardholder Name: \_\_\_\_\_  
Please Print Please Print

Cardholder Billing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Account #: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

#### **Cancellation Policy**

It is our policy to charge the FULL FEE for missed appointments or appointments that are not cancelled at least 24 hours in advance. If our offices are closed, you may leave notice of cancellation on voice mail. Time has been reserved exclusively for you, and your courtesy to notify of cancellations allows us to offer that time to someone else. (\_\_\_\_\_) initial

☞ If a client misses two consecutive scheduled sessions without a legitimate reason, the client will be considered to have given a notice of termination of therapy. (\_\_\_\_\_) initial

☞ Crisis calls over five (5) minutes will be considered a telephone session and will be charged accordingly. (\_\_\_\_\_) initial

#### **Release of Information Authorization to Third Party**

I authorize Susan J Cardwell, MA, LPC-S to disclose case records, such as diagnosis, summaries, and other requested information, to the insurance company for the purpose of receiving payment directly to our office. I understand that access to this information will be limited to determining insurance benefits, and will be accessible only to persons whose employment is to determine payments and/or insurance benefits. (\_\_\_\_\_) initial

Client Name \_\_\_\_\_

### **Authorization for Care of Records**

In the event of the incapacitation or death of my counselor, I authorize the person my counselor has designated to handle my files/records to contact me and assist me in continuity of care, payment, and/or resolution files/records. ( ) initial

### **Acknowledgement of Review of Notice of Privacy Practices**

I have been given the opportunity to review the Notice of Privacy Practices, (HIPAA), which explains how my personal health information will be used and disclosed. ( ) initial

### **Confidentiality**

Our office protects the confidentiality of counseling sessions. A signed "Release for Information" form is required in order to release any information about a client. All information between counselor and client is considered confidential unless:

1. The client presents a physical danger to self or others.
2. The probability of client suicide.
3. Child/Elder/Disabled person abuse or neglect is suspected.
4. A judge signed court order has been issued.
5. The client is a non-emancipated minor – in which case the parents or guardians have the right to access the client's records.

In the first three cases, the counselor is required by law to inform potential victims and legal authorities so that protective measures can be taken. ( ) initial

### **Consent for Treatment**

I certify that I have read this agreement and understand the office policies and hereby give my consent for Susan J Cardwell, LPC-S to provide me with counseling services. Individual sessions are up to 45 minutes long and group sessions are between 60 and 90 minutes long. The process of change begins by first clearly defining the problem, and then discussing your thoughts and feelings, understanding the origin of the difficulty and developing new skills and healthy attitudes about yourself and others. Techniques may be used from a variety of theoretical backgrounds depending on your needs; Cognitive-Behavioral, Transactional Analysis, Client Centered, Relaxation/Imagery, etc. Referrals for medication evaluation or for psychological testing may be made to assist us in the best treatment available. It is your right to know your Diagnosis and Treatment Plan which will be available after the second session. ( ) initial

### **Professional Relationship**

In order for your professional relationship with the therapist to be helpful and supportive, it must be free of any complications that might influence objectivity or taking unfair advantage of either party. For these reasons, business, personal, social media, or other outside relationships between the therapist and client are not permitted. This policy is in accordance with Texas State Board of Examiners of Professional Counselors Code of Ethics. It is vital to remember that therapeutic services can sometimes generate emotions such as anxiety or depression. Counseling may alter your view of an important relationship, and you may change your attitudes toward important people in your life. Such outcomes are possible when people are in psychotherapy, and these changes are to be processed during the sessions. The professional boundaries with your counselor must be maintained to insure his or her professional perspective on your issues.

\_\_\_\_\_  
Client Name (Please Print)

\_\_\_\_\_  
Signature of Client or Personal Representative

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature of Counselor

\_\_\_\_\_  
Date

An individual who wishes to file a complaint against a Licensed Professional Counselor may write to:  
Complaints Management and Investigative Section  
PO Box 141369, Austin, TX 78714-1369

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