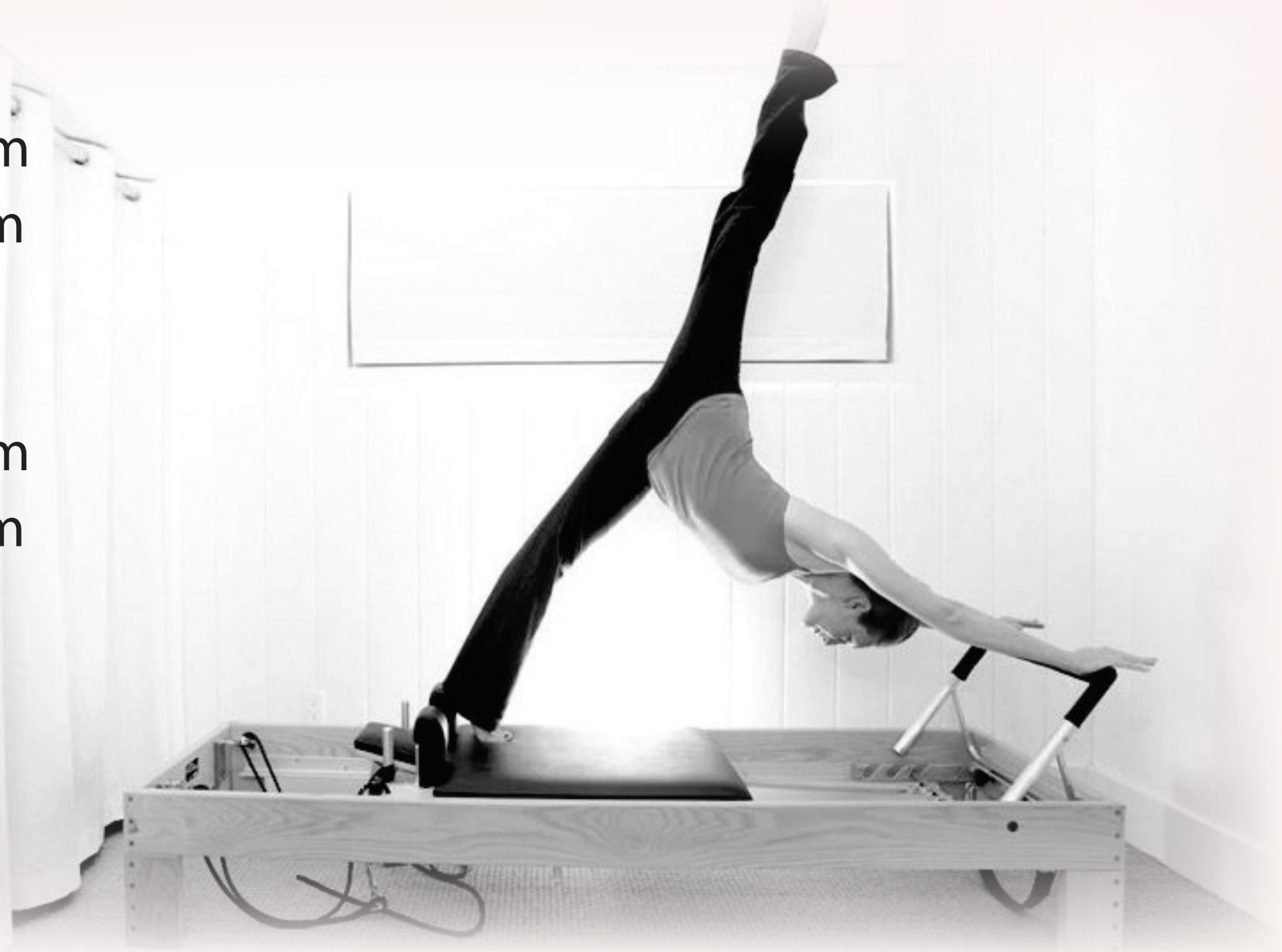


CLASSICAL PILATES EDUCATION
CERTIFY Your Career
ENHANCE Your Studio

GET CERTIFIED TO TEACH PILATES

BEGINNER MAT Saturday 10:00 - 6:00 pm
March 12-13, 2016 Sunday 9:00 - 5:00 pm

COMPREHENSIVE: Saturday 10:00 - 6:00 pm
April 16-17, 2016 Sunday 9:00 - 5:00 pm
May 14-15, 2016
June 11-12, 2016
July 9-10, 2016
August 6-7, 2016



HOW TO REGISTER

Register more than 1 month in advance for an Early Bird Discount!

Register online.

www.classicalpilateseducation.com

Inquire about a flexible payment plan with info@classicalpilateseducation.com!

PRICING

BEGINNER MAT \$550
COMPREHENSIVE \$4995

EARLY BIRD DISCOUNT

COMPREHENSIVE \$250 off
BEGINNER MAT & COMPREHENSIVE \$350 off

The **BEGINNER MAT** training is a 16 hour course that will lay the foundation for your career in Pilates. You will learn the fundamental Pilates movements, basics of anatomy, essential teaching skills, and strategies. By the end of the weekend, you will have the teaching skills required to teach a safe, effective Beginner Pilates Mat class. **Note:** The Beginner Mat is the prerequisite to the Comprehensive program.

The **COMPREHENSIVE** training program includes five 16 hour training weekends that span over a six month period, four practical exams, five monthly meetings, and access to a training center for observation and practice. Upon completion, you will be certified to teach group and private sessions on all of the Classical Pilates apparatus, including the Reformer, Cadillac, Chairs, Barrels, Magic Circle, Pedipul and more. You will have the knowledge to pursue a part-time or full-time career in Pilates.

Note: The Intermediate Mat and Advanced Mat are included in the Comprehensive program.

MeU Pilates

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(805) 570-1399

www.meupilates.com

