

#### AUGUST MONTHLY SCHEDULE:

DAILY: Congregate Lunch 11:30 am Please RSVP 24 hours prior.

MONDAY:

9:00 am Exercise Class 12:00 am Euchre

TUESDAY:

Tuesdays with Tech 8am

Bingo • Free • 10:15 am Learn to play Bridge w/Al

12:00 pm

Clogging Group 3:00 pm

WEDNESDAY:

**Exercise Class** 9:00 am

THURSDAYS:

12:30 pm Chair Yoga

FRIDAY:

Exercise Class 9:00 am 10:30 am Bible Study Bingo • Free • 10:15 am **Euchre Tables** 12:00 pm 1:00 pm Line Dancing

#### AUGUST CALENDAR NOTES

1ST, 2ND, 3RD Mondays appointment SOLE SOLUTIONS footcare clinic

Tuesday, August 19th Commodity Box Delivery 8am

Wednesday, August 2nd CRAFTING w/SONYA 1pm

Wednesday, August 9th

**Board Meeting** 10:15pm

# Pickaway Senior Center

#### From the Desk of the Director

Hello everyone and welcome to August!

This summer seems to be flying by! I'm happy to report on the final dollar amount raised by the Summer Sizzler. We raised \$9.417 that will go towards supporting all the services that we provide. Thank you again for all of your help and support in making it such a successful event.

We have a lot of good things in store for you at the center this month. Coming up please mark your calendars for a cyber security presented by Andrew with the Pickaway County Library, on Tuesday, Aug 12. He will be discussing ways to keep you safe online.

The Health Department will also be here on Wednesday, Aug. 20 at 12:30 for their Safe Driver program. All are welcome to join!

On Thursday, Aug. 21, we will be celebrating National Senior Citizen Day! Please join us for soup and salad bar lunch at 11:30 a.m. The theme of the day is crazy hat day, so please wear your craziest hat if you dare.

Our Fellowship will be held on Tuesday, Aug. 19 at 11:30 a.m. Please RSVP by calling the center at 740-474-8831.

The Center will be closed for services on Monday, Aug. 25 for a staff in-service day. We will resume services on Tuesday, Aug. 26.

We look forward to seeing you at your Senior Center!

Holly Romine

Executive director

#### PICKAWAY SENIOR CENTER

Pickaway County Commission on Aging BOARD OF DIRECTORS:

Sally Galecki President
Ellery Elick Vice President
Joy Ewing Treasurer
Al Canarsky Membership Rep
Holly Romine Director

Dennis Bothel Fiscal Officer
Robin Van Gundy Secretary
Bob Mabe Krista Bower
Jenna Logan Andy Bull
Grant Davis Harold Henson

Pickaway County Commissioners:

Sheriff Matthew Hafey

Jay Wippel Gary Scherer Harold Henson

MEETING: 2ND WEDNESDAYS

SUGGESTED CONGREGATE
LUNCH DONATION IS \$4
FOR SENIORS 60+

ALL AGES ARE WELCOME!

PLEASE RSVP THE DAY PRIOR

## PICKAWAY SENIOR CENTER

2105 Chickasaw Drive Circleville OH 43113

#### pickawayseniors.org

Office 740-474-8831
Toll Free 888-397-7246

Fax

740-477-8114

Office Hours: Monday-Friday 8am — 4pm

## Services provided Monday — Friday

#### Adult Day Care:

Provides respite relief for those caring for a loved one with a dementia or Alzheimer's.

Services available
Tuesday—Thursday
9am—1pm.
Transportation and
lunch provided.



#### Congregate (Shared) Meals

Hot lunch is served at the Pickaway Senior Center 11:30 am, Monday — Friday.



#### Meals on Wheels:

A hot, nutritious lunch delivered to your home five days a week.

#### Transportation

Transportation, for those over 60, residing and traveling within the County, is available by request for medical appointments, with grocery and other types of trips, as time allows.

#### National Family Caregiver Support Program

Respite, personal care, financial help with co-pays and medicine, utility bills, and home repair. The recipient of care must be over 60 years of age.

#### Supportive Services

Paperwork assistance related to Medicare & Medicaid, HEAP and Commodities.

# For additional information on any of these services, call Pickaway

740-474-8831

Senior Center:



#### PROVIDED MONTHLY

Commodity Supplemental Food Program (CSFP)

A federal program that provides eligible seniors with a monthly box of shelf-stable items. The box may include juice, cheese, cereal, pasta, peanut butter, canned goods, and more. Pick up on THIRD Tuesdays.



O.S.H.I.I.P. WILL BE HERE TO ANSWER ALL OF YOUR MEDICARE QUESTIONS 8/20/25 AT 8AM The Pickaway
Senior Center
is a non-profit
organization.
We are supported by

#### We are supported by financial contributions from:

- Title III, as administered by Ohio Department of Aging
- Senior Levy monies, as approved by Pickaway voters
- Private donations and fundraisers

#### equal



Provider

#### **AUGUST BIRTHDAYS-HAPPY BIRTHDAY!**



AUGUST

<u>1</u> Joyce Dumm John Neymeyer

<u>2</u> Elizabeth Konkle Dee Mogan Brenda Copes

<u>3</u> Glenn Reeser

Mae Tilley Harber Linda Adams

<u>6</u> Barb Hull Sally Hafey Dr. Charles Selman

> <u>8</u> Pat Accord

<u>10</u> Larry Dean Elizabeth Marsh Ruth Tipton

> <u>12</u> Jane Ramey

13 Diane Shamblin Paul Knece Drew Everidge <u>14</u> Dee Helsel Patricia Funk Vicki Lake

<u>15</u> Pat Mullins

<u>16</u> Ann Canan Gail Howard Peter Cherryington

17
Carolyn Cline
Mark Johnson
Marilyn Fausnaugh
18
James Meyer

<u>19</u> Goldie Hardin

<u>20</u>
Willis Davis
Debi Hoffines
Patricia Hartinger
Jean Shaw

<u>21</u> Kay Oughterson

<u>22</u> Bonnie Hildebrandt Clarence Cardwell

> 23 Kathleen Hall Jane Davidson Sally Stevens

24 Sally Justice Elsie See 25 James Riley

<u>26</u> Doris Conrad Trixie Kawaski

<u>27</u>
Wanda Butler Luckhart
Rosie Thrap
Patricia Collins
Rhonda Allen
Fran Dorris

30
Janet Endicott
Joe Carle
Trudy Jo Crabtree
Eileen Goldsberry
Dam
on Lively
28
Margaret Tootle

29 Shirley Evans Barbara Hart Sam Shaw Phil Leahy

30 Teresa Laux Jean Shaw Kenneth Graff

> <u>31</u> Ty Myers



We will be having a birthday lunch (& more Shhhh) for Ty Myers August 29th 11:30am

Call to reserve

Don't forget to wear your

Circleville School colors!

Join us for a special Tuesday with Tech

Tuesday August 12th at 9 am

Cyber Security- Keeping yourself safe with Andrew



Pickaway County S.A.L.T. Council Meetings

Come Join the Pickaway County S.A.L.T. Council

WHEN: Every <u>Third</u>
Wednesday of the month

August 20th

**WHERE:** Pickaway Senior Center 2105 Chicasaw Dr Circleville

**TIME:** 1:00 pm

#### **New Members**

Joe White
David Spahr
Wendy Jordan
Joanne Pontius
Dorothy Green
Kathy Klingensmith
Susan Gregg
Margie Sanson
Dorothy Green
Randy Dollison
Teresa Dollison
Randy Shoup
Josie Noble

#### Program & \$10 Donations

Jeane Crider
Linda Harden
Linda Adams
Pete & Pat Hartinger
Brad Dalrymple
Teresa Stevens
Donald & Margaret Kadunc
Wayne & Janice Atwood
James & Naomi Adkins
Jane Shaw

Your
donations
make a difference



#### Memorial/Honor of <u>Donations</u>

In Honor of

Sally Stevens on her birthday

Given by, Her family

In Memory of
Marjorie Kurtz on her
birthday 7/19

Given by, Roger & Elaine Konkle

In memory of

Ruby Jones

Given by, Sandy Wheeler

In Honor of

Jo Ann Ehelbarger On her birthday August 15th

Given by, Karl & Angie Finley & Ruby Roese

#### Special Thanks

Exercise class donated a grand total \$277 dollars in the month of June

THANK YOU for your generosity

#### **Blood Pressure Clinic**

the last Tuesday of each month!



#### ALL ARE WELCOME!

Tuesday, August 26, 10:30 am

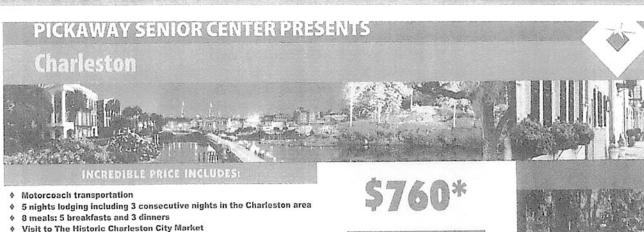
Lucbbe Hearing Services
will be offering free
hearing screenings at the
center
August 1st
9am-11am
Call 740-474-8831 to
schedule your
appointment

#### In Memory or Honor of...

Recognition Gifts are life-giving donations which support the wellbeing of seniors throughout the county. THANK YOU.

Enclosed is n	ny gift of \$		In:	☐ Memory of:	or ☐ Honor of:	
Occasion:	☐ Birthday	☐ Anniversary	☐ Other			
Given by:						
P		hecks payable t enior Center • 21				
REMEMI	BER YOUR MEI	MBERSHIP RENE	NAL: Dues ar	e \$10.00 per yea	r per person. Thank Y	ou.
NAME						
ADDRESS						
CITY/STATE/						
EMAIL ADDR			@			
					CHECK TOTAL \$	

CHECKS PAYABLE: Pickaway Senior Center MAIL TO: 2105 Chickasaw Dr, Circleville OH 43113



- Relaxing Harbor Cruise in Charleston
- Visit to Famous and Historic Middleton Place
- Guided Tour of Charleston
- Tour of Historic Charleston Home 'The Joseph Manigault House'
- Admission to McLeod Plantation Historic Site
- Photostop at Famous Angel Oak Tree & Visit to Charleston Tea Garden, Including a Trolley Ride

For more pictures, video, and information visit: www.GroupTrips.com/PickawaySeniorCenter

6 Days 5 Nights

\*PER PERSON, DOUBLE OCCUPANCY

(Mon - Sat)

Nov 17 - 22

2025

Departure: Pickaway Senior Center, 2105 Chickasaw Dr, Circleville, OH @ 8 am

Day 1: Depart in a spacious, video and restroom equipped Motorcoach and set off for beautiful Charleston, South Carolina! This evening you will stay at an en route hotel.

Day 2: After a Continental Breakfast, you'll finish your journey to charming Charleston, South Carolina. Upon arrival, you'll have some free time to explore The Historic Charleston City Market. Located downtown, this architecturally-significant National Historic Landmark is home to eclectic shops, you won't find anywhere else. This continuous series of market buildings stretches four city blocks. Next you'll appreciate a short photo stop at the famed Angel Oak Tree, estimated to be 400 years old! This evening, enjoy Dinner before checking into your Charleston area hotel for a three night stay.

Day 3: After a Continental Breakfast, you'll enjoy a GUIDED TOUR of McLeod Plantation Historic Site. Established in 1851, this important 37-acre Gullah/Geechee heritage site has been carefully preserved in recognition of its cultural and historical significance. Later, you'll enjoy a scenic HARBOR CRUISE. Enjoy the beauty of the Charleston Harbor and learn the rich history of the "Holy City". During this scenic and relaxing tour, you will see dozens of landmarks and points of interest as hundreds of years of history is covered. This evening, enjoy Dinner before heading back to your hotel for a good night's rest.

Day 4: After a Continental Breakfast, you'll head to historic MIDDLETON PLACE. This impressive attraction contains 65 acres of America's oldest landscaping. After each member receives their welcome map, you'll experience the garden, animal stables, the Chapel, Rice Mill, and more! Later, you'll enjoy both a GUIDED TOUR OF CHARLESTON and an intimate TOUR inside a HISTORIC CHARLESTON HOME. This evening, enjoy Dinner before heading back to your hotel for a good night's rest.

Day 5: After a Continental Breakfast, you'll visit the CHARLESTON TEA GARDEN. At this unique tea garden, your group will take a factory tour and see how tea is made, including tasting samples at the Tea Bar. A highlight of your tour includes a TROLLEY TOUR of the garden. Later, you will depart and check into your en route hotel for a good night's rest.

Day 6: Today, after enjoying a Continental Breakfast, you will depart for home... a perfect time to chat with your friends about all the fun things you've done, the great sights you've seen, and where your next group trip will take you!

ADD SOME PEACE OF MIND TO YOUR TRIP...
With Dlamond Tours Exclusive Travel Confident® Protection Plan.
See separate advertisement...

\$75 Due Upon Signing. \*Price per person, based on double occupancy. Add \$255 for single occupancy. Final Payment Due: 9/10/2025

Diamond Toury

Bringing Group Travel to a Higher Standard

Take in the Picturesque Views of Charleston **Cruise Around Charleston** Harbor Visit Middleton Place and Gardens Tour Charleston Tea Gardens

FOR INFORMATION & RESERVATIONS CONTACT:

Dennis Bothel @ (740) 474-2831 or (740) 474-8831

Ha. Seller of Travel Ref No. 5132973

#### PICKAWAY SENIOR CENTER

#### PROMEDICA PRESENTS:



#### 12:30PM EACH THURSDAY



WEDNESDAY 8/6 • 1PM RSVP • 740.474.8831



Please join us for Bible study Every Friday at 10:30am

#### **SOLE SOLUTIONS**

Nurse Delivered Footcare



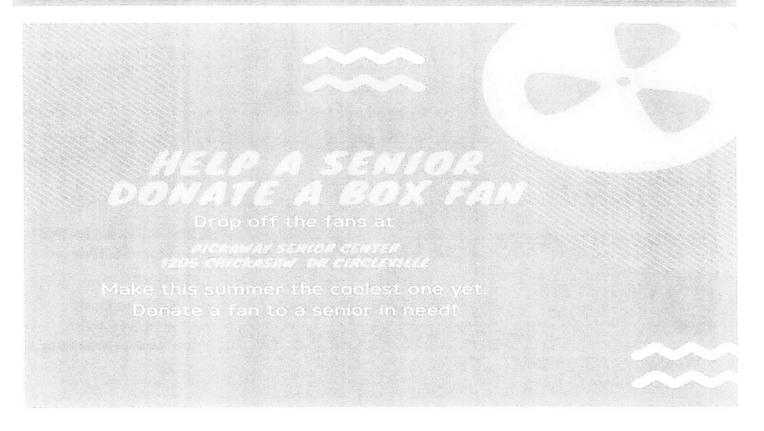
1st, 2nd & THIRD MONDAYS 9am—1:30pm

#### BY APPOINTMENT ONLY

Call the center 614-361-5284 to set your appointmet

\$40 FOR ½ HOUR APPOINTMENT







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dgoben@lpicommunities.com • (800) 950-9952 x2633

#### PICKAWAY METROPOLITAN HOUSING AUTHORITY

Pickaway Terrace, Eden Place & Louise Terrace
• Providing affordable housing for
elderly/62 years or older and/or disabled
176 Rustic Drive • Circleville, Ohio 43113
740-477-2514 • Fax: 740-477-7456
email: pmha@pickawaymha.com
TTY/TDD Customers:



Contact Ohio Relay Services at 711 or 1-800-750-0750

This institution is an equal opportunity provider and employer

### Heartland



116 Morris Rd., Suite B • Circleville, OH 43113 **740-420-0605** 



(Formerly Crestview Rehabilitation)

### REHAB SKILLED NURSING MEMORY CARE

Admissions 24/7 Including Evenings, Weekends & Holidays

740-654-2634 Fax 740-212-8488 admissions@luxerehabcenter.com www.luxerehabcenter.com 957 BECKS KNOB RD., LANCASTER, OH 43130

#### Pickaway Senior Center

2105 Chickasaw Dr. PO Box 565 Circleville OH 43113

RETURN SERVICE REQUESTED

Non-Profit Org. U.S. Postage PAID Permit #200 Circleville OH 43113

Current Resident



#### **DON'T MISS OUT**

Check out upcoming events and activities at the Center!

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#### **AUGUST STATISTICS**

#### **Transportation**

40 people 199 transports **2941 miles** 

#### Adult Day Care

8 people 62 transports **471 miles** 

#### Hot Meals Delivered

413 people 7391 miles

8,148 meals

Meals Served In Person 475 congregate meals

75 families served

## Your donations are VITAL to daily Center operations!

Donations received by the 10th of the month are included in the newsletter; those received after 08/11 will be included in the September newsletter.

Thank you for your

