

2022/2023 WELCOME PACKAGE



MEET THE DIRECTOR

My name is Janie Charocopos (Owner and Director) and I'm here to give you all the information you need to integrate into our fun-filled little family. I welcome you all to our 12th Season! These are very different circumstances but we are here to ensure you, we can continue to do what we love; DANCE, safely!

Our Mission

At J'Danse Studio we want to give every child an outstanding experience, every time they walk through our doors. Our aim is to help each student foster a deep passion and love for dance by creating a safe and supportive space where they can explore the art of self-expression through movement.

While enjoyment is the name of the game, hard-work and discipline is an important prerequisite.

Studio Space

At J'Danse Studio, our modern studios are designed for maximum impact. Full-length mirrors. Sprung floors. ballet barres in every studio equipped with tumbling mats. We want to give every student the tools they need to succeed. All spaces are equipped with hand sanitizer stations + cleaning before/after classes. See our Covid-19 policies for a comprehensive outline.

Other Resources

Choosing a studio is a big deal and we know you may have a couple of niggling questions about class times, fees, uniforms and more. Our 2022 Information Guide is designed to give you all the details you need to answer those little questions. If you have any further questions please don't hesitate to email us at jdansestudio@gmail.com.

Mrs Janie has a keen eye for detail and is a sought out choreographer. Our routines often win the top competition awards.

Thank you for joining our JDS Family! We're excited to see you soon!

Love,

Mrs Janie C



MEET THE TEAM



Mr. George



Miss Sarah



Liberty



Miss Brianna



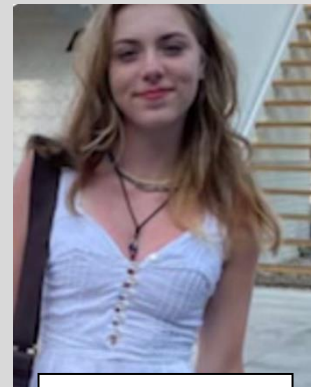
Miss Kristina



Miss Valerie



Miss Deanna



Miss Olivia



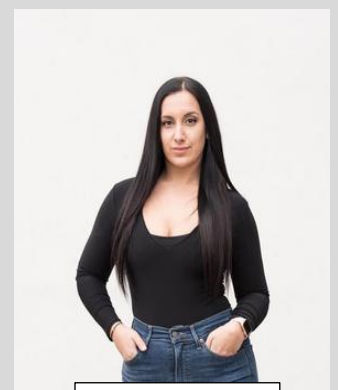
Miss Udanya



Miss Hayley



Miss Katie



Miss Layla



ASSOCIATED DANCE ARTS FOR PROFESSIONAL TEACHERS



2022-2023 Dress Code: **There will be NO changing between classes except shoes.** It is mandatory that all students come to class dressed in the proper dance attire as outlined otherwise they may be asked to sit out. **Hair must be pulled back in a bun and off the face (bobby pins necessary to ensure the bun doesn't fall out – hair net optional).** Dance attire should be clean, nails groomed, and fragrances limited

PLEASE ENSURE THAT DANCE SHOES ARE SIZED TO FIT, NOT WORN OUT or TOO LARGE

| CLASS | REQUIRED CLOTHING | REQUIRED SHOES |
|--|---|---|
| Creative Dance | <u>Black bodysuit</u> short sleeve Danskin #1988 or long sleeve Capezio #CC450c <u>Tights</u> -Mondor Convertible Foot Ultra Soft # 319 or 314 in Light Tan Boys: White tshirt/Black pants or shorts *no shorts/skirts allowed* | Capezio Daisy #205c – Ballet Pink Boys: Capezio Daisy #205c – Black (bows must be tucked in) |
| Mini Classes (Ballet,Jazz,Acro,Tap, Musical Theatre) & All Classes: Levels 1-4 & Adv/Elite & | <u>Black bodysuit</u> short sleeve Danskin #1988 or Mondor #40096 or Capezio long sleeve #CC450C <u>Tights</u> -Mondor Convertible Foot Ultra Soft # 319 or 314 in Light Tan Or <u>Senior Dances Only:</u> - black JDS tank top/JDS crop top -Black leggings or shorts (plain, no writing or print) -Black bodysuit of your choice + style <u>Tights</u> -Mondor Convertible Foot Ultra Soft # 319 or 314 in Light Tan | Ballet: Canvas Split Sole Slippers Capezio Hanami #2037 in light pink OR So Danca Bliss #SD16 Jazz/Musical Theatre in BLACK Capezio Jazz Shoes # EJ2 or Bloch Jazz Shoes #S0497 or #S0499 Acro/Tumbling: Capezio foot Undeez in nude #H07c(kids) #H07, barefoot under size 11 Tap: Capezio Mary Jane Tap Shoe Black#3800c (kids) #3800 Lyrical: Hanami Stretch Canvas Pirouette Turning Shoes #H064W in Nude Pointe: Must be fitted – Recommend NBC SHOE ROOM or DANCEWEAR CENTRE |
| Stretch n Strength(SNS) & Hip Hop | Comfortable clothing/ workout wear | SNS: clean indoor running shoes(no outdoor shoes allowed) Hip Hop: Pop Tart Grid Sneakers Black #PA20109 or Black #PA15100 |
| COMPETITIVE | Class wear as above | Class shoes above, comp shoes tba |

*****There will be no lost and found at this time*****

<https://www.dancewearcentre.com/pages/jdanse-studio>

***Return Policy** <https://www.dancewearcentre.com/pages/returns-policy>



2105 Midland Ave, Unit 2, Lower Level
Toronto, ON M1P 3E3
416 830 5601
jdansestudio@gmail.com
www.jdansestudio.com

J'Danse Studio is proud to be partnered with DANCEWEAR CENTRE, the official supplier for all our dance wear, shoes and accessories.

This partnership allows dancers to purchase the perfect required uniform simply visiting the online store:

<https://www.jdansestudio.com/dress-code.html>

- **Order of \$100 receive free shipping and free same day/next day courier service**

Several advantages to make your life easier

- Shopping for dancewear in September only is over. You can order all year long.
 - No minimum purchase required.
 - Affordable prices and great quality products
- Easily find the right uniform for your kid's class or for yourself. Each Collection is clearly labelled, so you know exactly where to look.

<https://www.dancewearcentre.com/pages/jdanse-studio>

Please contact us if you have any questions regarding our online dance store call

dancewear centre

TORONTO FLAGSHIP STORE LOCATION
1150 SHEPPARD AVENUE WEST, UNIT 11
TORONTO, ONTARIO M3K 2B5

416-630-2292

WHAT TO HAVE IN YOUR BAG



Dance Shoes



Non glass water bottle



Optional:

1 face mask

1 back up face mask



Small hand sanitizer bottle



Small Kleenex pack

The studio is equipped with multiple hand sanitizer stations throughout the building, upon entering, at front entrance and exit, near washrooms and in each studio.



HOUSE KEEPING RULES

J'Danse Studio is committed to providing excellent dance education in a clean, friendly and family oriented environment. These policies are to ensure that all dancers receive the education they deserve.

Studio:

- 1) No outdoor shoes are allowed in the reception area, parent lobby, hallway, change rooms and studio space. Outside debris can damage the floors and become a safety hazard. Please leave shoes on the shoe racks and feel free to wear the slippers provided in the studio space and return them upon leaving.
- 2) **Change rooms at this time are only to be used to change clothing attire. All shoe changes & articles of clothing are to be left in the studios.**
- 3) No food, drinks or chewing gum are permitted in the dance studio area (except for plastic/sports water bottles – no glass bottles).
- 4) Valuables should not be brought into the studio. We are not responsible for any lost or stolen items. The lost & found will not be available or permitted this season.
- 5) The viewing cameras are accessible by logging into the Jackrabbit parent portal and will only be accessible for your specific classes.
- 6) ONLY Students and Instructors are allowed in the studio (except for Creative Dance Classes).
- 7) Children who are not dancing may not be left unsupervised at the studio. The staff's attention is on the dancers and cannot be monitoring waiting students.

Attendance and Admin:

- 9) In the event of an absence, as a courtesy, parents are required to notify the studio or inform the teacher. **Correspondence should be sent via email or the online portal.** You can call or make an appointment to discuss the matter in person if it is urgent.
- 10) During extreme weather conditions, classes may be cancelled and a cancellation message will be emailed to everyone. The message will also be announced on the portal, website,

Facebook and Instagram. If you do not have access to internet or email, please advise us so that we can ensure a call is placed.

11) If your child has an injury or special need, it is vital that you notify the teacher so that we can monitor the child during class.

12) Any concerns should be addressed directly with Janie or George. Staff are unable to accommodate lengthy conversations during/between a class. Janie or George will be happy to give you our undivided attention at a scheduled date/time.

13) Please update the portal with any changes in contact information. Please ensure the emergency contact section is completed in your portal in case it is required and kept updated.

14) Please keep yourself up to date and familiar with the studio calendar/closures/important dates

Etiquette & Conduct:

14) PLEASE DO NOT SPEED in the parking lot. There are kids crossing at all times. Safety is a priority. Please park in the designated spot only. Please do not block entrance ways.

15) Please be considerate with respect to limiting scents in the studio

16) Belongings should be kept in small dance bags. Please double check your bag to ensure you have all your belongings before you leave and you don't have someone else's belongings. We don't send emails for lost items.

17) Please ensure that you are wearing the proper dance attire, including hair in a bun and proper shoes/foot wear for every class. Our dress code has been made available online and on the studio bulletin board. Dancers not wearing the proper dance attire will be asked to sit out of class after October 1 if proper attire is not demonstrated.

18) Students are expected to observe good personal hygiene habits. Ensure dance attire is clean, nails are neatly groomed and that deodorant is used if required.

19) All students should keep their bodies healthy! Proper rest, drink lots water and eat healthy foods for good health and injury prevention.

20) Students are not to leave the studio and enter the reception area during class time unless dismissed by the instructor. Instructors need to know where their students are at all times.

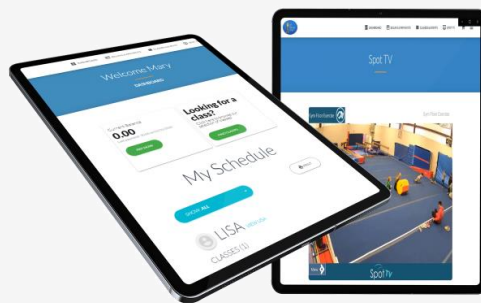
21) Please do not place your feet/shoes/boots up on the chairs to help in minimize wear and tear.

22) Here at J'Danse Studio, we promote that all dancers/parents/guardians treat each other with respect, support and encouragement.

Thank you for your co-operation

SPOT TV – LIVE STREAMING

Since dance families are not allowed to wait in our parents lobby this season and view live streaming, we are offering live streaming of our classes remotely. Parents will be able to login to a secured Parents Portal and access the cameras to watch their children dance. You will only be able to view the cameras during your child's scheduled class(es). You will have to select, register and purchase this option via the Jackrabbit Parent Portal at a fee of \$45 + HST per family for the season.



CLASS LIVE STREAMING



<https://www.jdansestudio.com/streaming.html>



Spot TV

CONNECTING FAMILY™



SETUP YOUR ACCOUNT TODAY!



ANDROID APP ON
Google play



Available on the iPhone
App Store

HOW DO I GET STARTED?

Step 1: Download our FREE mobile app!

Search the App Store for **Spot TV Family**.

Step 2: On the App's home screen, select the button

New here? Sign Up

to complete your registration.

Step 3: Your center's management team will activate your account once your information and your child's viewing schedule have been verified!

View Online Too!



Quality Video Streaming

NEED ANY ASSISTANCE?

We LOVE connecting families! If you need any assistance with your viewing experience, please reach out to our family success team. We are standing by!

Family Support is available M-F, 8AM-5PM CST.



contact@spottv.pro



www.spottv.pro



1-844-307-7768



Performance. Security. Reliability.

An Industry leading Video Management and Webcasting Program!

Vulnerability Management

The Spot TV Media Platform 4.0 and its supporting content delivery network are frequently reviewed for potentially harmful vulnerabilities. We use enterprise-class security solutions and custom in-house monitoring tools to identify, analyze, and swiftly mitigate any potential weaknesses. We employ a number of third-party, qualified security tools to regularly scan our platform and perform continuous analysis of our codebase. We maintain a dedicated application security team to test and remediate any discovered or potential issues.

Physical Security

Broadcasting servers are hosted at Tier III, SSAE-16, or ISO 27001 compliant facilities. Our facilities feature 24-hour manned security, biometric access control, video surveillance, and physical locks. The sub-location facilities are powered by redundant fail over systems, each with UPS and backup generators. All systems, networked devices, and circuits are constantly monitored by both Spot TV and the co-location providers.

Exceeding Compliance

As of 2015, the industry standard for minimum encryption support was raised from SHA128 to SHA256 bit, a standard deployed by Spot TV for more than 5 years. Depending upon the capabilities of our end user, the new Spot TV Media Platform 4.0 Authentication can support up to 512bit encryption using the latest Windows encryption ciphers!

Access Control

Username and password access is aligned with a combination of security algorithms including IP monitoring, Dynamic IP Restrictions, 'Use-Once' Publishing point keys, among other undisclosed integrations. Our security architecture ensures isolation of customer data, stream source data, relay points and edge points.

Microsoft Engineering

A safer foundation – Spot TV is built upon the latest and most secure Windows .NET infrastructure by only in-house developers and American partner engineers. No out-sourced developers and No open source software!

Copyright Protection

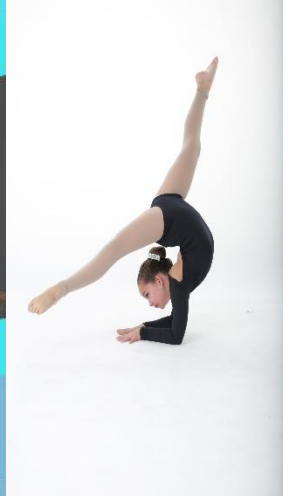
Video Streaming services are protected under U.S. Intellectual Property Rights and Spot TV's Terms of Service. All users agree any screenshot, recording, duplication, or distribution of this copyrighted work is illegal. Users understand that legal action will be taken against them by Spot TV or your location's Management team for such copyright infringement.

Contact Us Today!

1-844-307-7768 | contact@spottv.pro



VALUE BASED LEARNING



THIS SEASONS SOCIAL MEDIA HASHTAGS ARE:

#JDSSTRONG * #JDS2023 * #JDSROX



DANCE SAFE ONTARIO



J'Danse Studio is a proud member of "Dance Safe Ontario".

We will be adhering to all of the guidelines and regulations set forth by the Government of Canada, the Government of Ontario and City of Toronto.

Your health & safety is our number one priority and we are committed to providing you with the safest environment possible.

We can't wait to dance with you!

VISIT OUR WEBSITE TO DOWNLOAD OUR COVID-19 POLICIES

<https://www.jdansestudio.com/covid-19.html>

PICK UP/DROP OFF

Drop off & Pick up:

Parents will drop off their dancer(s) at the front of the building off of Midland Ave. The parking lot can be entered from Midland Ave or Cosentino Dr. Please drive safely through the parking lot and into a parking spot. Please bring your dancer to the front doors, where an instructor will greet you.

We are not currently conducting any active Health Screening at this time.

We do have benches at the bottom of the stairs for those parents accompanying children in mini classes 5 years & under.

When children are being picked up from the studio, please ensure its from someone authorized. If the person is an unknown person, please ensure you advise the studio and identification will be required by the person picking up.

J'DANSE STUDIO

2105 MIDLAND AVE, LOWER LEVEL TORONTO, ON M1P 3E3

TEL # 416 830 5601

DANCE@JDANSESTUDIO.COM

There is a lan line at the studio for teachers/students to make outgoing calls should they need to contact parent(s)/guardians. Please ensure contact information is always updated in the parent portal

