



Raging Hormones, Rampant Hairs!

We have 1000 hairs per square inch covering most of our body. This is normal hair growth! For centuries, women have been secretly removing “unwanted hair” with various methods on certain areas of their body, mostly breast and chest or belly area. The most embarrassing area for a woman is her face; upper lip, chin, neck or sideburns. Excessive hair growth such as large, dark or coarse may seem abnormal in that it is not supposed to be there, it is still very common in women. The two main reasons for uncontrolled facial hair are hormone activity and increased blood supply.



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Abnormal hair growth is due to hormone activity such as;

- Decrease in estrogens
- Too much androgen secretion
- Overactive adrenal glands
- Overactive thyroid glands
- Endocrine disorders

The most common reasons for unwanted facial hair growth are due to;

- Menopause

Other factors that contribute to hair growth are;

- Oversensitive hair follicles
- Increased blood supply due to
- Side effects of certain drugs
- Insulin resistance
- Genetics
- Obesity
- Stress
- Diet
- Tweezing, waxing or sugaring

Feeling self-conscious or embarrassed by this hair? You're not alone! 85% of women, who seek hair removal services at Confident Image Chez France, are women with facial hair. They have tried every temporary method with great frustration and come to realize that electrolysis or laser is the only true solution. They seek refuge in a clinic that specializes in permanent hair removal for unwanted hair. The expense of treatments might sound like a lot when talking about the total costs however, it is a moderate expense of \$20 - \$30 per session. A highly-trained and skilled electrologist has what it takes; sharp eyes, a steady hand, excellent hand-eye co-ordination, and patience, to work on the tedious process of removing each and every hair. Compared to other beauty services such as bleaching, waxing or sugaring, electrolysis treatments are permanent. So the investment stays with you while other services require indefinite repetition. Talking with an Electrologist about your hair issue is often the first sign that something may be wrong hormonally, such as the case of young women with facial hair also experiencing irregular menstruation cycles, acne and weight gain, may be an indication of PCOS*. Referral to a physician is always best. Talk with your doctor about your facial hair as some medication may be introduced or altered to counteract the hair growth.

Home Remedies

It's OK to shave! There is stigma surrounding shaving, nevertheless it is the best alternative as it WILL NOT stimulate further growth to the hair. Bleaching and depilatory creams are other alternatives. These methods may irritate the skin, yet, they will NOT encourage growth in the hair follicle. Tweezing, waxing or sugaring on the other hand will cause trauma to the hair follicle causing an increase in blood supply to the root of the hair, resulting in further nourishment to boost re-growth of the plucked hair.

As an Electrologist and Skin Care Professional, Ms. Di Paola is able to provide one-on-one care for women who have beauty concerns. Assisting her clients with removing unwanted vascular blemishes or facial and body hair with electrolysis and laser has become her passion. Combining rejuvenating high-tech facials and teeth whitening has helped her clients regain their self-confidence. This service industry provides true meaning and purpose in her life! Make a life changing choice today and speak with an electrologist and unveil your natural beauty and confidence.