

**JANUARY  
2019**

# Pickaway Senior Center

*"WE'RE LIVING IT UP"*

## **Pickaway Senior Center**

2105 Chickasaw Drive

P.O. Box 565

Circleville, OH 43113

740-474-8831

[www.pickawayseniors.org](http://www.pickawayseniors.org)

### **IMPORTANT DATES:**

**TUESDAY, JANUARY 1  
CENTER CLOSED**

**WEDNESDAY, JANUARY 9  
BOARD MEETING 10:15 AM**

**WEDNESDAY, JANUARY 16  
SOUP & SALAD BAR NOON  
S.A.L.T. MEETING 1:00 PM**

**TUESDAY, JANUARY 22  
COMMODITIES  
NEWSLETTER ASSEMBLY  
BREAKFAST BAR 9:00 AM**

**THURSDAY, JANUARY 24  
MONTHLY FELLOWSHIP NOON**



Welcome to a New Year! The staff at the Senior Center hopes you had an enjoyable holiday season and ready to ring in the New Year with us. A reminder to watch WBNS 10tv or listen to WKKJ 94.3 to check to see if the Center is closed due to bad weather.

If you want to see the State of Maine in July don't forget to sign up for the trip quickly since spots are going quickly. Also, there are trips to discover California by rails in June as well as Nova Scotia in mid September. Be aware the Nova Scotia trip has been moved from the beginning to mid September. Call or stop by the Center for additional information. If you would like to see us go on a particular day trip, please stop by the office and tell us so we can check into organizing that trip.

Don't forget that Soup and Salad bar and SALT Meeting are on January 16, Breakfast Bar is on January 22, and Monthly Fellowship is on January 24. Unlock the Secret lunch is taking the months of January, February, and March off and will reappear in the month of April.

Come join us for an activity or meal as We Live It UP at the Senior Center.

Dennis Bothel, Interim Executive Director



**Pickaway Senior Center  
Board of Directors:**

Brenda Strittmatter      President  
Marie Gerhardt      Vice President  
Connie Kelly      Treasurer  
Judy Stewart      Secretary  
Debbie Dumm      Membership Pres.  
Dennis Bothel      Interim Director  
Dennis Bothel      Fiscal Officer  
Lisa Robbins · Vince Yaniga  
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Dwight Radcliff · Pat Acord  
Tonya Thompson · Don Wolford  
Sandra Foster · Erika Cowles-West

**Pickaway County  
Commissioners:**

Jay Wippel · Brian Stewart  
Harold Henson

**PICKAWAY SENIOR  
CENTER**

2105 Chickasaw Drive  
P.O. Box 565  
Circleville, OH 43113

[www.pickawayseniors.org](http://www.pickawayseniors.org)

**Office: 740-474-8831**  
**Toll Free: 888-397-7246**  
**Nutrition: 740-474-8617**  
**Fax: 740-477-8114**

**Office Hours:**  
**Monday-Friday**  
**8am - 4:30 pm**

**Our services are provided for seniors ages 60 and over, Monday through Friday.**

**Adult Day Care:**

Provides relief for families caring for a loved one with dementia or Alzheimer's. This service is available Monday through Thursday from 8:30 AM to 1:30 PM. Lunch and transportation are provided.

**Congregate Meals:**

A hot lunch served at the Pickaway Senior Center at 11:30 AM on Monday, and at 12:00 noon Tuesday through Friday.

**Homemakers:**

Assistance with cleaning, laundry and running errands. Clients must meet certain eligibility criteria.

**Meals on Wheels:**

A hot lunch delivered to your home five days a week.

**National Family  
Caregiver Support  
Program:**

Respite and personal care, financial help with co-pays and medicine, utility bills, home repair. The care recipient must be over 60 years of age.

**Supportive Services:**

Assistance with Medicare & Medicaid papers, HEAP and Commodities paperwork.

**Transportation:**

Transportation for medical appointments, dialysis, and grocery shopping.

**For information  
on any of  
these services,  
call the Senior  
Center: 740-  
474-8831**

**The Pickaway Senior Center is a non-profit organization. We are supported by financial contributions from the following:**

- Title III administered through the Ohio Department of Aging
- Funds from a senior levy passed by Pickaway County voters
- Private donations and fundraisers





**In Memory or Honor of...**

*This Recognition Gift to the Pickaway Senior Center is a very thoughtful gift  
which means others in Pickaway County will be helped.*

Enclosed is my gift of \$ \_\_\_\_\_ In Memory or Honor of \_\_\_\_\_

Occasion: ☐ Birthday ☐ Anniversary ☐ Other \_\_\_\_\_

Given by \_\_\_\_\_

*Please make checks payable to the Pickaway Senior Center. Mail gift to:*

Pickaway Senior Center  
P.O. Box 565  
Circleville, OH 43113

**REMINDER**

Remember to renew your membership by March so you  
will continue to receive your newsletter. **Dues are \$10.00**  
per year per person. Thank You.

MEMBERSHIP DUES—PAYMENT SLIP  
DUES ARE \$10 PER PERSON PER YEAR



Name \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Telephone (\_\_\_\_) \_\_\_\_\_

Birth Date \_\_\_\_\_

Amount of Donation to \$10 Fund: \$ \_\_\_\_\_

Make checks payable to: Pickaway Senior Center



## JANUARY BIRTHDAYS-HAPPY BIRTHDAY!

### JANUARY 1

SANDRA DRESBACH  
MERRY HALL  
NITA HALL  
LARRY JONES  
KIMI MERRILL  
RUTH RIHL  
TERRY SCHOOLEY  
AGNES SCHROEDER  
SHIRLEY SOWERS  
KATHY STEVENS  
CY STICKEL  
MARGARET WILKINS

### JANUARY 2

NANCY HAPPENNY  
LARRY HERRON  
REBA LEWIS  
HAZEL WESTBURY

### JANUARY 3

ELOISE BEERS  
BARBARA BRAY  
CHARLES CAMERON  
BEVERLY CHEGWIDDEN  
DONNA CLARK  
STANLEY GLOYD  
SANDRA HAGEN  
HELEN HARTSAUGH  
LURHITA STURGILL

### JANUARY 4

ROSEMARY CRABTREE  
DONNA HALL  
HESTER MAXWELL  
SYBIL WRIGHT

### JANUARY 5

BILL ANKROM  
JOANN AZBELL  
PATRICIA MANSON  
NANCY SIDERS  
HELEN SNYDER  
JANET WHITE  
CHARLOTTE ZIMMERMAN

### JANUARY 6

NANCY FEATHERINGHAM  
FORREST TURNER  
CLARABELLE VALENTINE

### JANUARY 7

RAYMOND COMER  
THOMAS CRAWFORD  
MARILYN HAWKES  
WILMA JAMES  
STRAUD KNISLEY  
SUE LUMLEY  
CURTIS MOSS

### JANUARY 8

ROBERT JONES  
JOY MANBEVERS  
ALMA PETERS  
BELVA PRITCHARD  
AARON SIMPSON

### JANUARY 9

FAYE SMITH  
PATRICIA SWAIM  
BEULAH TEMPLE

### JANUARY 10

DEB HANLEY  
LINDA HARDEN  
CATHERINE HARTLEY  
MARIANNE HUNLEY  
GARY MISKO  
LINDA RUSSELL  
RON WUNSCH

### JANUARY 11

SHIRLEY CARIUS  
DEBORAH JENKINS

### JANUARY 12

PAUL AZBELL

### JANUARY 13

PAT PERRY  
MARGARET RICKEY  
MARY SCHRADER  
ELAINE WINTER  
VERA WOODARD

### JANUARY 14

BYRON CARTER  
CLARA CAVINEE  
BARBARA DAVIS  
DENNIS FLEMING  
FLO KAPTEINA

### JANUARY 15

ROBERT FETHEROLF  
HAROLD GHEARING  
SYLVIA YOUNG

### JANUARY 16

BRUCE CROCKER  
LINDA DELCOSTELLO  
KENNETH HARDESTY  
GWEN MUSSER  
PAM PATRICK  
ALICE SMITHSON  
BERTHA WATSON

### JANUARY 17

ROBERT HARTINGER  
KATHRYN HILL  
GLORIA KNECE  
CONNIE MCCAIN  
PATRICIA A. SOUTHWARD  
HAZEL WOODWARD  
CYNTHIA WRIGHT

### JANUARY 18

LINDA SEARCH  
MONA TOOLE

### JANUARY 19

CAROL BALTHASER  
BEVERLY CONRAD  
KENNETH DOLLISON  
BEVERLY LAWRENCE  
KATHLEEN LLOYD  
MARY SCHREINER  
DONNA THOMPSON

### JANUARY 20

MICHAEL BROOKINS  
HOWARD COSSIN  
MOLLY MORRIS  
PAT NEAL  
HARRIET SALYERS  
WENDELL SEE  
CARL SPANGLER  
CONNIE WOOTEN

### JANUARY 21

JEAN STRICKLER  
VIRGINIA SWOYER  
GARY THOMAS  
KEN TRIVETTE

### JANUARY 22

JOHN ADAMS  
LINDA COCHENOUR  
SHIRLEY DAUBENMIRE  
BARBARA GERHARDT  
KENT MORRIS  
BRIAN PORTER  
DIANA SKAGGS  
SHIRLEY WALTERS

### JANUARY 23

ATWOOD JONES  
CLYDE KNIPP  
SHARON MCCARTY



### JANUARY 24

HELEN BETHEL  
GEORGIA BROKAW  
PAMELA HARRIS  
CHARLES LUTZ  
MARY NELSON  
PAUL REED  
SARAH VAN HOOSE  
DAVID WHITE

### JANUARY 25

RONALD ACKLEY  
JUDITH BURNHEIMER  
JAMES CALLIHAN  
SANDRA FOSTER  
KATHLEEN HOFFMAN  
BENIS LUTZ  
JOHN OWENS  
BARBARA VINKOVICH

### JANUARY 26

BETTY DRAKE  
JEAN HOFFNER  
PHYLLIS HULSE  
MARY STEELE

### JANUARY 27

JUDY BEARD  
JAMES PICKLESIMER  
JIM RHONE

### JANUARY 28

MARY HOUSH  
SHIRLEY LAKE  
MARGARET QUINCEL  
BONNIE TRUE  
MARY WILLIAMS

### JANUARY 29

JEAN BARBER  
JAMES BEATHARD  
SHERAN CHERRINGTON  
BOB CROSBY  
BARBARA KUHNER  
ANNE LAUX  
PATRICK SMITH

### JANUARY 30

MARGARET PALMER  
LORNA PITT  
DOLORES RULAPAUGH

### JANUARY 31

BETTY MCCOY  
GERALDINE REED  
ELVA RUSSELL  
SUSAN STEVENSON  
LINDA TRIMMER

## SPECIAL THANKS TO THE FOLLOWING PEOPLE...

### New Members

Mary O'Day



~~~~~

### \$10 Fund Donations

Don & Linda  
Harden

Jeane Crider

Evelyn Trout

Earl & Norma  
McCombs

Thank You!

### Estate Planning

It is often difficult during one's lifetime to give, yet many would like to make a significant contribution. You might want to consider a bequest to the Pickaway Senior Center.

We have established a Pickaway Senior Center Fund within the Pickaway County Community Foundation to help ensure we are able to continue meeting the needs of the seniors of Pickaway County well into the future.

Pickaway County  
Community Foundation:

Pickaway Senior Center Fund  
770 N. Court St.  
Circleville, OH 43113

### **Join us at the Center for Activities Monday-Friday**

- Exercise
- Euchre
- Tai Chi
- Games
- Clogging
- Bingo
- Mahjong
- Bible Study
- Line Dancing

Check out the Activities Calendar in the newsletter for days and times of the activities.





## **Beautiful Maine Trip**

**Date:** July 14-20, 2019

**Price:** \$765 per person (double occupancy)  
(\$75 due upon signing)

### **Trip Includes:**

- Motorcoach Transportation
- 6 nights lodging including 4 consecutive nights in Maine
- 10 meals: 6 Breakfasts and 4 Dinners
- Guided Tour of quaint Kennebunk & Kennebunk port
- Tour of historic Victoria Mansion
- Guided tour of Pineland Farms
- Visit to Boothbay Railway Village
- Visit to the Seashore Trolley Museum and country side trolley ride
- Guided Tour of Portland– Maine's largest city by the sea

## **California Rail Discovery Trip**

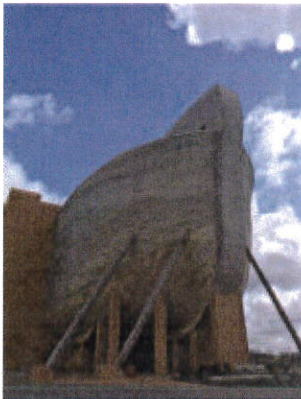
**Date:** June 5, 2019 (7days)

**Price:** \$2,845 per person (double occupancy w/  
booking discount)  
\$2,945 per person (double occupancy regular rate)

### **Trip Highlights:**

- Two Rail Experiences– Napa Valley Wine Train & Sierra Nevada Rail Journey
- San Francisco City Tour
- San Francisco Bay Cruise
- Sausalito
- Wine Tasting & Lunch (Napa Valley Wine Train)
- Winery Tour & Tasting
- Lake Tahoe Paddlewheeler Cruise
- Old Town Sacramento
- Virginia City
- Two Nights stay in San Francisco & Lake Tahoe
- For more information please call the Center

## **Some Pictures from the Center's 2018 Trips**





## Monthly Fellowship January 24, 2019

Please RSVP by the day before. Call 740-474-8831 to make reservations. January birthdays & anniversaries eat free on January 24 at noon.

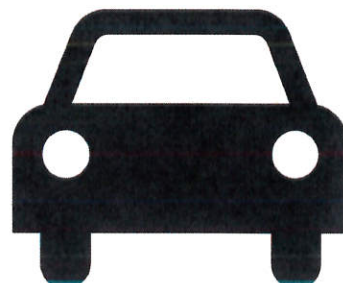
- Chicken Drumsticks
- Mashed Potatoes & Gravy
- Seasoned Green Beans
- Chilled Fruit
- Roll
- Vanilla Wafers

**Entertainment:  
Talent Show**

## Shuttle Service

There will be a shuttle service for the January Fellowship. Shuttle will run from 10:30 a.m.-11:45 a.m. from Emmett Chapel Church Tarlton Rd to the Center.

First 20 cars receive a free lunch certificate



**"Discover where to Recover"**



**Pickaway Manor**

Rehabilitation Center,  
Skilled Nursing & Assisted Living

A MacIntosh Community

PT, OT and Speech Therapy  
Services Available

391 Clark Drive | (740) 474-6036  
www.macintoshcompany.com/Pickawaymanor

## Amity Home Health Care

*Personalized. Uncompromised. Healthcare. Since 1993*

♥ **In home nursing, home health aides, physical, occupational, and speech therapies.**

♥ **Locally owned home care provider for over 20 years.**

♥ **Covering 9 counties, available 24 hours a day 7 days a week.**

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Wherever our patients call home,  
we provide hospice care.

740.420.0605

heartlandhospice.com/Circleville

**Heartland**   
Hospice Care

## **BERGER HEALTH SYSTEM**

**Your Hometown Health System**

Nationally Recognized, Award Winning, Highly Trained,  
and all in **YOUR** community!

|                               |                            |
|-------------------------------|----------------------------|
| Berger Hospice                | Nutrition Services         |
| Cancer Center                 | Occupational Health Center |
| Cardiology & Neurology        | Orthopedic Surgery         |
| Ear, Nose & Throat            | Pain Management            |
| Endocrinology                 | Pharmacy                   |
| Emergency Department          | Radiology                  |
| Gastroenterology              | Sleep Center               |
| General Surgery               | Therapy & Sports Medicine  |
| Imaging & Laboratory Services | Women's Health & Maternity |
| Infusion Center               | Wound Healing Center       |
| Lung Care Center              |                            |



**Berger Health System**  
600 N. Pickaway St.  
Circleville, OH 43113  
740.474.2126  
www.bergerhealth.com



**BERGER HEALTH SYSTEM**  
Care first. Community always.



## Heading out of town for the Winter?

Please let the Center know of your change of address during this time and we'll send the Newsletters to you. If we have this winter address, it will save us from having to pay to get back the Newsletters from the Post Office because they could not deliver. Thank you.

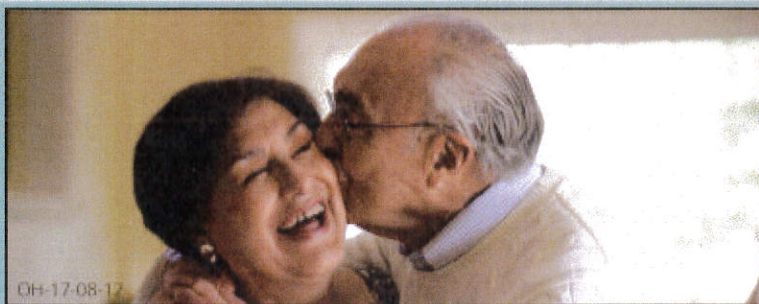
## Join us for Lunch at the Center:

Mondays– 11:30 am

Tuesday-Friday– Noon

Please RSVP for daily lunches by the day before or morning of :

740-474-8831



**aetna**

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YOUR FAMILY & HOME**  
CALL NOW! 1-888-331-6501



HOME SECURITY TEAM

### CONSTANCE CARE HOME HEALTHCARE

- Free Nursing Evaluation
- 24Hrs / 7 Days a Week
- RNs and LPNs
- Therapy (PT, OT, ST)
- Lifeline Monitoring System
- Home Health Aides

*From our house... to yours*

Quality Service In... **740-477-8689**  
Pickaway, Fairfield, Fayette, 744 North Court St.,  
Ross and Hocking Counties. Circleville, OH  
All employees bonded! EOE/Provider/Medicare Certified Agency



➤ Reach the Senior Market  
**ADVERTISE HERE**

CONTACT

Contact Jeff Richards  
to place an ad today!  
[jrichards@lpiseniors.com](mailto:jrichards@lpiseniors.com) or  
(800) 477-4574 x6528



## Talent Show

Entertainment for the January Monthly Fellowship will be the Senior Talent Show if you are interested in performing please call the Center.



## Nova Scotia & the Canadian Maritimes Trip

September 18, 2019 (9 days)


\$3,195 per person (double occupancy)

\$3,095- (Booking Discount) pp-double occupancy

### Trip Highlights:

- Halifax City Tour & Peggy's Cove
- Alexander Graham Bell Museum
- Baddeck & Cabot Trail
- Cape Breton National Park
- Prince Edward Island Tour
- Charlottetown (PEI)
- Lobster Dinner
- Green Gables Farmhouse
- Western Shore/Mahone Bay
- Grand Pre Nat'l Historical Site
- Halls Harbor-Bay of Fundy
- Lunenburg & 4 Multi-Night Stays

For more information please contact the Center



# BROWN

MEMORIAL HOME

*A personal, compassionate experience, every person, every time*

As a nonprofit, 5-star, Eden Alternative Certified, skilled nursing, therapy, and assisted living provider with 125 years' experience, we're uniquely suited to offer care that truly cares — by listening to and learning from those we serve. Call Brenda at **740.571.0042** to schedule a visit or to learn more about the exceptional service we offer!

158 East Mound Street, Circleville OH 43113  
**BrownMemorialHome.com**

**Miller Commons** In Northern Pickaway Co.



Luxury Senior Flats—ages 55+ **NOW LEASING**  
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PHARMACY

**4LPi**

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- Paid Training
- Overnight Travel Required
- Expense Reimbursement

**CONTACT US AT**  
**careers@4LPi.com • www.4LPi.com/careers**



**Pickaway Senior Center**  
2105 Chickasaw Dr.  
P.O. Box 565  
Circleville, OH 43113

Non-Profit Org.  
U.S. Postage  
PAID  
Permit #200  
Circleville, OH 43113

*RETURN SERVICE REQUESTED*

Current Resident



Wishing everyone a  
Happy New Year!



**Don't miss our  
upcoming events and  
activities at the Center!**

|                           |       |
|---------------------------|-------|
| Dues.....                 | Pg 3  |
| Birthdays.....            | Pg 4  |
| Beautiful Maine Trip..... | Pg 6  |
| California Rail Trip..... | Pg 6  |
| Nova Scotia Trip.....     | Pg 9  |
| Menu.....                 | Pg 10 |
| Activities Calendar.....  | Pg 11 |

In an effort to keep our clients and employees safe we have a policy for service cancellation due to weather related circumstances.

If the Pickaway Senior Center must close due to weather conditions it will be announced on both WBNS Channel 10 TV and WKKJ 94.3 FM Chillicothe.

