

MARCH 2023		ACTIVITIES		
Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Everyone's Irish On March 17th.</p>		1 9am Exercise  1pm CRAFTING WITH SONYA (RSVP 740.474.8831)	2   <b>12:30 pm Chair Yoga</b>	3 9am Exercise <b>Home Helpers (Aides) Table</b> 10-11:15am Bingo 1pm Line Dancing
6 9am Exercise  <b>SOLE SOLUTION FOOTCARE</b> <b>9AM—1PM (by appointment)</b> 1pm Card table set (games)	7   3pm Clogging	8 <b>Board Meeting</b> 9am Exercise 10am Pickaway Parks 1pm Alzheimer's Talk	9 <b>Produce Truck</b>   <b>12:30 pm Chair Yoga</b>	10 9am Exercise <b>Fairhope Hospice Table</b> 10-11:15am Bingo 1pm Line Dancing
13  9am Exercise  1pm Card table set (games)	14 <b>Commodities</b> 9:30am Trivia with TJ Dzik 1pm The Price Is Right 3pm Clogging	15 9am OSHIIP (Medicare) 9am Exercise	16   <b>12:30 pm Chair Yoga</b>	17 9am Exercise <b>ClearCaptions Phone Service</b> 10-11:15am Bingo 1pm Line Dancing
20 9am Exercise <b>SOLE SOLUTION FOOTCARE</b> <b>9AM—1PM (by appointment)</b> 1pm Card table set (games)	21 1pm Wendi share Promedica Resources  3pm Clogging	22  9am Exercise	23 <b>Produce Truck</b>   <b>12:30 pm Chair Yoga</b>	24 9am Exercise <b>Lindsay Blackburn, LSW, ALZ</b> 10-11:15am Bingo 1pm Line Dancing
27  9am Exercise  1pm Card table set (games)	28 <b>11am Blood Pressure Clinic</b>  3pm Clogging	29 9am Exercise  12:30pm HUMANA Check Up	30   <b>12:30 pm Chair Yoga</b>	31 9am Exercise <b>Seniors Help Seniors</b> 10-11:15am Bingo 1pm Line Dancing