



RecoveryWerks!

Changing the world through recovery one **underserved** community at a time

Our Mission:

RecoveryWerks! provides proven recovery support services in a safe and nurturing environment for teens and families in rural communities affected by substance use. We educate, partner with local agencies, and advocate for strong community support systems to reduce the stigma of addiction and increase recovery success.



Our Beliefs:

Recovery works when there is a belief in a Higher Power.

Recovery works when physical, mental and spiritual issues are addressed as a whole.

Recovery works when clients are empowered to break the cycle of addiction and dependency through the 12 steps.

Recovery works in fellowship when clients feel safe and have access to education, counseling, sponsorship, and support groups.

An end of year donation to RecoveryWerks! is tax deductible and has a huge impact in bringing recovery to teens and families in our community.

Please click on or enter the link below to give today. Thank you!

<http://www.recoverywerks.org/give-now.html>

MARCH MADNESS

"Having fun sober is what it's all about!"



"Spring break and I can remember all the fun I'm having!"

"Are we there yet?"

"Where are we going?"

Welcome Judy!

My name is Judy, and I am an alcoholic. It sounded so unreal to say those words when I first came to the program. How did I get here?

I moved to Comal county in February of 2014 from the North Texas town of McKinney where I had lived most of my life. This was a "do over", a way to start over and leave the past behind me.

Well, what do they say, "wherever you go there you are". Here I was, in a strange place not knowing anyone and still drinking. I only thought I had left the past behind me. I had lost a long-term marriage in 2008 and my youngest daughter had struggled with an eating disorder and addiction. These events along with aging parents, a business and normal life circumstances fueled my addiction. I had always loved to drink even in middle school and high school and while I didn't always drink "alcoholically", when I did drink I always seemed to end up drunk, even if it was only on occasion. I believe the obsession of alcohol for me began at an early age. Like some people, it made me feel more relaxed and comfortable in my own skin. I went to many counselors and therapists over the years but could never really be honest about my drinking. I made everything about others and what they were doing and how that affected me. In 2010 I went to treatment, not really wanting to quit drinking but I thought I needed some changes in my life. That is where I discovered Al-Anon and AA. At first, I attended Al-Anon because I thought it would allow me to blame others for my situation and keep MY own drinking camouflaged. But these people seemed different. They had something I discovered was called "serenity" and I wanted it, but it required being honest with myself and I wasn't quite ready for that. My drinking continued and had progressed to the point I was sick a lot of the time. My whole body hurt. It was hard to work a full-time job at this point so I changed jobs frequently, still putting on the face I thought people wanted to see. My whole life was a lie. I still thought if it looked good on the outside



Meeting Schedule

Teens (up to 18):

Monday & Wednesday

7-8pm in person only
@ 790 Landa Street, New Braunfels

Thursday

7-8pm in person only
@ 1781E Ammann Rd, Bulverde

Young Adults (18+):

Monday & Wednesday

7-8pm in person only
@ 790 Landa Street, New Braunfels

Thursday

7-8pm in person only
@ 1781E Ammann Rd, Bulverde

Family Members (18+):

Monday & Wednesday

7-8pm in person*
@ 790 Landa Street, New Braunfels
*Call for Zoom option

Thursday

7-8pm in person only
@ 1747 E Ammann Rd, Bulverde

New Gens (Family members between 9-17) *Must have a family member participating in the program

Monday

7-8pm in person only
@ 790 Landa Street, New Braunfels

These services are available at no cost to clients because of generous donors and support from community partners.



it would all be OK. I had gone to a meeting in Canyon Lake AA right after I moved here and immediately thought, I'm not like these people. I quit after about 3 weeks and went back to my drinking. Later that year when I could no longer hold a job or stand to look in the mirror I had a moment where I believe God spoke to me and said "if you continue, this won't last much longer". I believed Him.

After a couple of attempts at sobriety, it stuck. My sobriety date is February 12, 2015. I just celebrated 7 years. It has been the most rewarding time in my life and that elusive word "serenity" finally came. While I would love to say it has been easy, it has had its share of challenges like the death of my beloved Mother, incarceration of my son, but I was SOBER and present! That in itself is the beauty of this program. Giving back what you were so freely given. I love sharing the freedom this program has given me. I came to RecoveryWerks! in September 2021 and this time here has been filled with the joy of seeing kids realize that they have choices, good choices, that will allow them to thrive in world where fitting in can feel impossible. I get to see that, up close!!! Miracles happen every day!! God is good!! ☺

Spring Break is March 14-19

There's something fun going on every day so don't miss out on the good times. Check our activity calendar or call the office at 830-312-9612

ALL GROUPS EVENT

PDAP ALUMNI BBQ

Saturday, March 19, 22

11 AM - 3 PM

Raymond Russell Park



If you've been or are a member of RecoveryWerks! you are a PDAP Alumni so please join us.

Bring drinks to share and a side dish or dessert to share.

RSVP - ROY 210-272-1796

Stay Connected!



Like RecoveryWerks! on Facebook and Instagram

For more resources visit www.recoverywerks.org

790 Landa Street, New Braunfels, TX 78130

(830) 310-2456 or (830) 310-2585

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