

4th ANNUAL DAVE TAPP POWERLIFTING INVITATIONAL

HOSTED BY CHICKASHA FOOTBALL



Fightin' Chick Powerlifting Meet Dates 2023

Junior High

Wednesday, February 15th

Small High School (C-2A)

Thursday, February 16th

Large High School (3A-6A)

Friday, February 17th

\$150.00 entry fee per team for boys. Five or fewer lifters \$125

\$100.00 entry fee per team for girls. Five or fewer lifters \$85

****Please make checks payable to Chickasha QB Club****

Junior High Boys Meet:

Junior High meet is broken up by grades for the boys, 7th graders compete against 7th graders, 8th graders against 8th, and 9th graders against 9th. Medals awarded to top 3 lifters in each weight class at each grade level. Team Champion plaque awarded to the top 7th, 8th, and 9th grade team.

Junior High Boys Weight Classes: 105-114-123-132-145-157-168-181-198-220-HWT

High School Boys Meets:

Medals awarded to top 5 lifters in each weight class/division. Team Champions and Runner-up plaques awarded for small and large high school divisions.

High School Boys Weight Classes: 123-132-145-157-168-181-198-220-242-275-HWT

Girls Divisions:

Girls will compete in their own weight class following OGPCA weight divisions for junior high and both high school meets. Medals awarded to top 3 in each JH weight class and top 5 in each HS weight class. Team Champion plaque awarded to top JH Girls Team and top HS Girls team.

Junior High Girls Weight Classes: 90-105-114-121-136-145-165, HWT

High School Girls Weight Classes: 108-121-136-150-165-181-198-220-HWT

Meet Details:

A pre weigh-in is **REQUIRED** this year. Use the [Chickasha Meet Entry Form 2023](#) on the OPCA website for all lifter entries. Please have all lifters entered by 4:00 p.m. on Monday, February 13th so we can get cards printed and programs set up for the meets. There will be a coaches' meeting at 8:30 each day and lifting will begin at 9:00 a.m. A hospitality room will be available for all coaches. We will have a full concession available for all lifters. No ice chests will be allowed in the gym. Lifters should bring money to cover breakfast and concession costs.

Please email and confirm if you plan to attend either the junior high or high school meet or both meets.

Any Questions, please contact:

Joe Molder: (405) 651-9206 – jmolder@chickasha.k12.ok.us

Jerry Bray: (405) 401-3975 – jbray@chickasha.k12.ok.us

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Chickasha Football

201 John Cowan Dr, Chickasha, OK 73018

School: _____ **Coach:** _____

Name of Lifter: _____ **Weight:** _____

We, the undersigned, agree not to hold the Oklahoma Powerlifting Coaches Association and/or Chickasha Public Schools and officials liable in the event of an accident. We further agree to abide by all rules and regulations established by the O.P.C.A.

(Signature of Lifter)

(Signature of Parent)

(Signature of Coach)

NOTE:

1. Each lifter must have this form completed and signed before the meet.
2. Each coach is to run off as many copies of the form as needed.
3. Coaches will bring all signed forms on the day of the meet.

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