



THURSDAY
SEPTEMBER 7
9:30 – 10:30 am

LOSS

SUPPORT GROUP



TOPICS FOR DISCUSSION

- CHORES & ROUTINES
- HELPFUL DEVICES
- SHARING COMMON CONCERNS & FRUSTRATIONS
- WAYS TO BE MORE INDEPENDENT
- SOCIAL SITUATIONS
- ADAPTIVE TECHNOLOGY

Contact MARIE O'LEARY
508-473-8334

MILFORD SENIOR CENTER 60 NORTH BOW STREET
MILFORDMASENIORCENTER.COM