

Education: BSW from SUNY Buffalo and MSW from Adelphi University.

Previous Experience: Child welfare social worker throughout Orange County. Clinician with evidence based preventive program. Intensive preventive clinical work with youth in the community and transitioning out of foster care.

Areas of Focus: Adolescents and adults, anxiety, depression, trauma, LGBTQ population. Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT) and mindfulness.