



## **September 2017 Newsletter**

### **NEW STAFF**

We are very pleased to welcome Dr Nick Duffy to our team. Nick is a very experienced GP who is eager to meet new patients and we are thrilled to have him here permanently.

Also Samantha has been working on reception for a couple of months now so many of you would have seen her smiling face!

### **MANAGE MY HEALTH**

In the next couple of weeks we expect MANAGE MY HEALTH to be up and running. This will allow you online access to your medical records, test results and allow you to order repeat prescriptions and book your own appointments. We can set you with an access code and from then on it is super easy to use!

### **NURSE CONSULTATIONS**

Please feel free to book appointments with the nursing team. Nurses can independently provide several services at often a cheaper rate than the GP!

See the nurses for:

- Women's Health Checks including smears
- Travel Medicine
- Urine Infections
- Emergency Contraception
- Wound care
- Immunisations
- Smoking cessation services

### **UPDATED OPENING HOURS**

Don't forget we're open **till 6pm** on Tuesday and Wednesday and on Saturday we open **from 9am till 2pm**.

### **CONGRATULATIONS TO OUR BIRTHDAY DRAW WINNERS**

Sarah Beirnes, Kate Gendall, Jean Hewetson and Vaughan O'Brien. Hope you all enjoy your prizes.

### **TRAVELLING OVERSEAS??**

Don't forget to get your travel vaccinations/advice well before you intend to travel. If you're unsure about what you may need please phone and discuss options with the nurses on 04 912 2642. Taking travel precautions can make the difference between a trip worth remembering and a trip you would rather forget! Hepatitis A + B are easily contracted yet very presentable. **BE WISE IMMUNISE!**

### **FACEBOOK**

Please like us on face book **@centralwellingtonmedical** to keep informed with special deals and so that we can keep you up to date with any practice information.