# Inspiring Hope... Fostering Recovery.



# **Outpatient Detox Program**

# About ACTS Outpatient Detox

(Agency for Community Treatment Services)

Address: 2214 E Henry Ave. Tampa, FL 33610

Phone Number:

813-367-2317



\* For details please see a staff member. Medication assistance available to those who qualify. ACTS Outpatient Detox provides a smart recovery treatment model, psychoeducational groups, health and nutrition classes, and random drug screenings. Program services address the withdrawal stages, the negative effects of substance abuse/use and co-occurring issues. Individuals who are detoxifying from drugs are screened by a nurse, physician, and therapist and may receive prescription medication to reduce the severity of withdrawal symptoms.

## **Schedule of Services**

The program provides daytime and evening structured activities with daily medication assistance services.

#### **Days**

Groups: Monday – Friday from 9 a.m. - 1 p.m. Individual Sessions: Monday – Friday (scheduled times) **Evenings** 

Groups: Monday – Friday from 4 p.m. – 8 p.m. Individual Sessions: Monday – Friday (scheduled times)

#### Medication Dosing: 7 days a week

Hours and treatment services are flexible in order to accommodate individual needs and varying schedules. Also, an individualized service plan is developed and implemented to meet specific service needs.

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### **Best Practices**

Intervention and treatment services are individualized and tailored to the individual's presenting problem.

Assessment is an ongoing process and the need for additional services is continually evaluated and based on the individual's stage of change.

OPD utilizes the Motivational Enhancement Therapy (MET) approach, which views motivation for change as the key component to address substance abuse issues. This approach is client-centered and focuses on the individual's strengths.

Individuals with co-occurring disorders are provided services utilizing the Comprehensive, Continuous, Integrated System of Care (CCICS) Model.

### **Medication Clinic**

The Medication Management Clinic provides medical evaluations, medication management, and medication monitoring. Intervention services include assisting individuals to obtain resources that will help regain self-sufficiency.

> For questions about Outpatient Detox, call 813.246.4899.





### **Eligibility Requirements**

- A safe place to live
- Transportation to and from treatment
- Overall medical condition can be managed at this level of care
- Family or other support system for observing detoxification and monitoring compliance with the medical protocol
- Overall stability and behavioral condition
- Ability to understand the importance of managing withdrawal using medications and comply with medical protocol
- Ability to abstain from the use of substances, except for the proper use of prescribed medication

### **Services Provided**

- Group Counseling
- Medical and Nursing Evaluations
- Detox Medications
- Supportive/Individual Counseling
- Physical Examination
- Urine Screenings
- Educational Support
- Intervention Services
- Nutrition and Health

\*Payment reductions and/or waivers are established on a sliding scale basis. We do not refuse services to anyone based on their inability to pay.



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