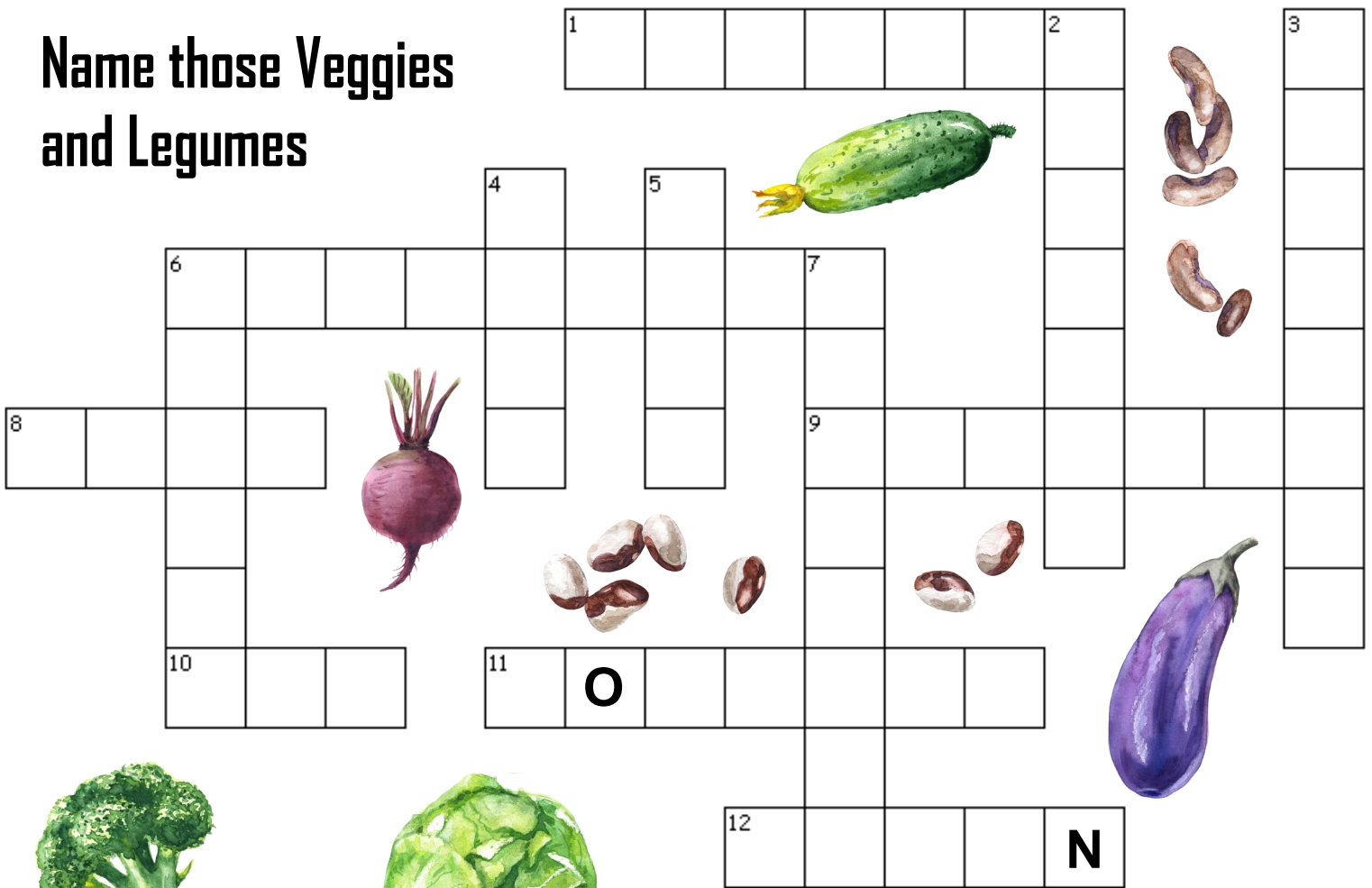


# Name those Veggies and Legumes



Fill in the puzzle with assorted vegetables and legumes

## ACROSS

1. Small, round, flat seeds that are usually dried and often used to make soups
6. Round, hard yellowish or light brown seeds high in fiber and protein
8. Type of cabbage with loose curly dark green leaves
9. Dried plant is commonly made into hay and often fed to livestock
10. Root vegetable with orange flesh similar to a sweet potato
11. Type of lettuce with long narrow firm leaves
12. Round vegetable that grows underground and is composed of several layers under brown skin

## DOWN

2. Legume from the pea family used to make soy sauce.
3. Smooth and oval-shaped usually with dark purple skin
4. Long, slender, ribbed, sticky, green pods
5. Long thin vegetables that are white at one end and long light green leaves
6. Pale green group of long stalks eaten raw or cooked
7. Also called a green onion; it has a milder flavor than traditional onion

