

Ten Step

(a.k.a. Texas Ten Step, Texas Ten Step Ten Step Polka)

Choreographed by Unknown

Description: 18 count, circle dance

Position: facing line of dance moving (counter clock-wise)

LEFT FOOT WORK

- 1 Left heel (touches floor forward)
- 2 Bring left foot back in place

RIGHT FOOT WORK

- 3 Right toe (touches floor backward)
- 4 Bring right foot back and stomp in place
- 5 Right heel (touches floor forward)
- 6 Bring right foot up across left knee (right heel hook)
- 7 Place right heel forward, touch floor
- 8 Bring right foot back in place

MORE LEFT FOOT WORK

- 9 Left heel (touches floor forward)
- 10 Bring left foot up across right knee, (left heel hook)

SHUFFLES

- 1&2 Shuffle left, right, left
- 3&4 Shuffle right, left, right
- 5&6 Shuffle left, right, left
- 7&8 Shuffle right, left, right

REPEAT