

March 2022 – Wellness Center Central – Suggestion Box Comments and Responses

Thank you all for your wonderful suggestions! We, MAB and staff, have tried our best to comment on each suggestion/comment to meet your needs. Please let staff or a MAB member know if your question/comment has not been answered and/or addressed. Thank you!

Suggestions

- “Please return the crocheting class”
 - We will look into the possibility of bringing back crochet and knitting class, if you have interest in co-facilitating this group please let Sohail know. Currently, there are two classes where you are welcome to work on these types of projects; Art Workshop Wednesdays 9:45-11:15am, and Open Art Class Thursdays 2-3:30pm. If you would like crochet supplies let the facilitator know and we can get those for you. Thank you!
- “Dance Therapist”
 - We are looking into the possibility of bringing on a dance instructor starting in July 2022. Thank you for the suggestion!
- “More time for WRAP like 2 hours maybe. Thanks”
 - We will check in with Diana and see if more time is needed for her WRAP classes. If so, we will increase the time in the coming months. Thank you for your suggestion!
- “I’d like to suggest that we need a person hired to do jewelry class. I love to do stuff like that. I think it is time for Wellness Center to get a person to be there every time it is scheduled.”
 - There are staff members who facilitate jewelry design and we have co-facilitators who participate as well. Please see Sohail for further discussion. Thank you!
- “Karaoke on Saturdays?”
 - Our Saturday groups are limited due to the amount of staff scheduled, but we do have Choir on Saturdays from 10:30am-12:30pm that you are welcome to join! Thank you for your suggestion!
- “Sign Language for Beginners?”
 - We are happy to let you know that a Sign Language group will be added to the April calendar on Wednesdays from 1-2pm. Thank you!
- “Can we have women’s social with ice cream for women’s month? This month or next year? Please and thank you.”
 - This is a great idea, unfortunately it’s too late in the month to do this year, but we will plan to do this next year. Thank you for the suggestion!
- “Please make Anger Management and Positive Thinking hybrid”
 - Thank you for your suggestion, we are happy to add these groups to hybrid. Please check our April calendar.
- “Please can the WCC provide a resource class/information to aid in those in need. Thank you”
 - Any time you need this support, please see a staff member as they can help you find the resources you need. We’ll explore making this a group in the future. Please see Sohail for further discussion. Thank you!
- “Many members have questions about housing, transportation, food, etc. Can we have a group at the Wellness Center that helps connect members with the resources that are available in the community? Not everyone has the social agility to find these resources on their own. Thank you”
 - Please see the previous response. Thank you for the suggestion!
- “Hi, I’ve seen a few of the same members go to the juicing class and the cooking class each week. Maybe we should use the lottery like the center did in the past so members that haven’t been there, can go in.”
 - Yes, this is a great idea. We will make cooking class and juicing sign-ups a lottery from now on. Thank you!

Please see Sohail if you have any questions or any other concerns.