

Globally Recognized Editor-in-Chief: Azeem A. Quadeer, M.S., P.E.

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Older people are at risk of dying but they are not the only ones that are vulnerable

Older people remain most at risk of dying as the new coronavirus continues its rampage around the globe, but they're far from the only ones vulnerable. One of many mysteries: Men seem to be faring worse than women.

And as cases skyrocket in the U.S. and Europe, it's becoming more clear that how healthy you were before the pandemic began plays a key role in how you fare regardless of how old you are.

The majority of people who get COVID-19 have mild or moderate symptoms. But "majority" doesn't mean "all," and that raises an important question: Who should worry most that they'll be among the seriously ill? While it will be months before scientists have enough data to say for sure who is most at risk and why preliminary numbers from early cases around the world are starting to offer hints.

Senior citizens are the hit the hardest by coronavirus infection. mage credit: PTI

Not just the old get sick Senior citizens undoubtedly are the hardest hit by COVID-19. In China, 80 percent of deaths were among people in their 60s or older, and that general trend is playing out elsewhere.

The greying of the population means some countries face particular risk. Italy has the world's second-oldest population after Japan. While death rates fluctuate wildly early in an outbreak, Italy has reported more than 80 percent of deaths so far were among those 70 or older.

But, "the idea that this is purely a disease that causes death in older people we need to be very, very careful with," Dr Mike Ryan, the World Health Organization's emergencies chief, warned.

As much as 10 percent to 15 percent of people under 50 have moderate to severe infection, he said Friday.

Even if they survive, the middle-aged can spend weeks in the hospital. In France, more than half of the first 300 people admitted to intensive care units were under 60.

"Young people are not invincible," WHO's Maria Van Kerkhove added, saying more information is needed about the disease in all age groups.

Italy reported that a quarter of its cases so far were among people ages 19 to 50. In Spain, a third are under age 44. In the U.S., the Centers for Disease Control and Prevention's first snapshot of cases found 29 percent were aged 20 to 44.

Then there's the puzzle of children, who have made up a small fraction of the world's case counts to date. But while most appear only mildly ill, in the journal Pediatrics researchers traced 2,100 infected children in China and noted one death, a 14-year-old, and that nearly six percent were seriously ill.

Another question is what role kids have in spreading the virus: "There is an urgent need for further investigation of the role children have in the chain of transmission," researchers at Canada's Dalhousie University wrote in The Lancet Infectious Diseases.



We condemn the attack on Gurudwara in Kabul

Corona Virus - How MCC and Al-Shifa clinic is helping the community
 M Basheer Ahmed M.D. Chairman Emeritus
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Illinois Governor extends state's stay-at-home order until April 30

Even if you are young, fit, healthy, it can hit anyone. Young people are being told to be wary & take #COVID19 pandemic seriously.

Corona Virus - How MCC and Al-Shifa clinic is helping the community

M Basheer Ahmed M.D. Chairman Emeritus

The whole world is going through a very critical period. 185 countries are fighting the biggest pandemic of this century. Over half a million cases of Coronavirus infection have been confirmed, leading to a current death toll of over 22,000 globally. And on March 26 USA became the world leader in recorded infections over 85,000. More than 1,200 people have died. This is an unprecedented time in our history. This is an unprecedented time in our history. As we address a pandemic that will no doubt become a chapter in the history books, we at MCC are committed to provide whatever services we can to our patients. Many employees are now working remotely, and we keep in touch with our patients on a regular basis. President Trump said on March 24 that he wanted to reopen businesses by Easter. He believes that a crippled economy and forced social isolation would do more harm than the spread of the virus. Public health experts said that lifting the restrictions now in place would result in unnecessary deaths.

First and foremost, we're trying to take care of our team to ensure that we do everything possible as an organization to slow the spread of COVID-19. Health and safety will always be priority number one.

What are some ways MCC is effectively helping community during the COVID-19 pandemic?

We closed the Al-Shifa clinic on March 17th but we are taking calls from patients daily, filling prescriptions, connecting patients with doctors if they need consultation, arranging lab tests as needed and we are giving free medication to patients once a week.

Our social worker and outreach coordinator are taking calls and providing counseling by using Webex or over the phone. We continue to refer patients to other agencies like hospitals and other supporting community agencies as needed. Our phones are continuously busy, and we are taking care of our patients as much as possible under the circumstances.

One common question we receive is "what can we do in case we are experiencing symptoms?" MCC social workers and outreach staff advised them of the method of guidance and awareness-raising and urged them to seek help without hesitation or fear.

We have sent a message to all the mosques and Islamic centers to encourage people in need to contact us at 817-589-9165.

We cancelled 19 patients that were scheduled for mammogram screening on April 4th, 2020.

Nonprofit organizations dedicated to do good work with minimum financing are experiencing hardship due to cancellation of crucial spring fund-raisers and donor's preoccupation with their own financial situation. MCC operation depends on donors support.

The coronavirus epidemic and how it is affecting communities.

COVID-19 is the infectious disease caused

by the most recently discovered coronavirus. This new virus and disease were unknown before the outbreak began in Wuhan, China in December 2019. This virus contains a single-stranded (positive-sense) RNA associated with a nucleoprotein within a capsid comprised of matrix protein. The virus replicates locally in cells of the ciliated epithelium, causing cell damage and inflammation. The appearance of antibody in serum and nasal secretions is followed by resolution of the infection, no vaccines or specific drugs are available. Hygiene measures reduce the rate of transmission. Because coronavirus infections are common, many individuals have specific antibodies in their nasal secretions, and these antibodies can protect against infection. Most of these antibodies are directed against the surface projections and neutralize the infectivity of the virus.

Most Covid-19 infections cause a fever as the immune system fights to clear the virus. In severe cases, the immune system can overreact and start attacking lung cells. The lungs then become obstructed with fluid and dying cells, making it difficult to breathe. A small percentage of infections can lead to acute respiratory distress syndrome, and possibly death.

Coughing and sneezing can expel virus-laden droplets onto nearby people and surfaces, where the virus can remain infectious for several hours to several days.

Older people with existing health problems are much more vulnerable. The mortality rate of coronavirus among people over age 80 may be 15 or 20 percent. It appears to have 7 or 8 percent mortality for people aged 70 to 79. Here is the terrible part: If you are a healthy younger person, you can catch the virus and, without developing serious symptoms yourself, you can pass it along to older people.

The coronavirus may infect between 200,000 and 1.7 million Americans, assuming we use only minimal efforts to contain it. Dr. Lawler's estimate of 480,000 deaths is higher than the number of people who die in a year from dementia, emphysema, stroke or diabetes. There are only two causes of death that kill more Americans: cancer, which kills just under 600,000 per year, and heart disease, which kills around 650,000 per year.

Our understanding of how the virus spreads is still limited, but there are 4 factors are important to remember: how close you get to someone; how long you are near the person; whether that person projects viral droplets on you; and how much you touch your face.

South Asian countries have done better job containing the virus than Europe and the United States. In China, when officials realized that some 80 percent of Covid-19 cases involved infected people passing the virus to their family members, the government built large-scale isolation units where those people could be cared for from a safe distance from their loved ones. In South Korea, when an early outbreak was originated in one large church,

Why a South Korean Church Was the Perfect Petri Dish for Coronavirus
Dasl Yoon and Timothy W. Martin

Seoul had a technologically advanced, deep-pocketed plan to confront the infection. A giant congregation with healthcare workers began tracing the contacts of more than 200,000 of that church's members. They quarantined all of the people who were exposed, monitored them and sent anyone who became symptomatic to an isolation center. China, South Korea and Singapore have taken a better approach to control the spread of disease. Unfortunately the epidemic is spreading rapidly in New York, the most populated city in the USA. We just heard that 91 patients of a nursing home in New Jersey were infected and New York reported more than 100 deaths in just one day.

The devastating effect of the epidemic on the poor due to their loss of job left many workers without health insurance and forced many families to forego healthcare and medications to pay for food, housing, and other basic needs. People of color and the poor who have suffered for generations with higher death rates will be hurt the most. Low-income workers who manage to save money for groceries and actually make it out to the store may find empty shelves left behind by panicked shoppers with enough resources to hoard. The federal government's decision to send a \$1,000 check, or even a \$2,000 one, won't pay the rent in most of the large cities.

The necessary precautions

- 1) Wash your hands. Even if people meet the virus, they can avoid becoming infected by washing their hands before touching their face. Hands should be scrubbed for at least 20 seconds.
- 2) Try not to touch your face.
- 3) Keep your distance. It's not easy but try to stay at least six feet away from other people when you're at work or in public. And don't shake hands.
- 4) Open doors with your closed fist or hip - do not grasp the handle with your hand,
- 5) Use disinfectant wipes at the stores when they are available, including wiping the handle and child seat in grocery carts.
- 6) Keep a bottle of sanitizer available at each of your home's entrances and in your car for use after getting gas or touching other contaminated objects when you can't immediately wash your hands.
- 7) If possible, cough or sneeze into a disposable tissue and discard. Use your elbow only if you must. The clothing on your elbow will contain infectious virus that can be passed on for up to a week or more!
- 8) Stay home if you feel sick. You probably don't have coronavirus (though, of

course, you can't be sure)

9) Stock up on food and medicine, have enough supplies on hand for at least 14 days — the recommended length of a quarantine.

10) Check in with friends and family. You should be checking in with people less able to prep.

Unless you are already infected, face masks won't help. Your vacation may have to be postponed. It is normal to feel stressed!

Fear, worry, and uncertainty about your own health status, as well as that of your loved ones, are common. Each one of us experiences anxiety and sadness at some point in our life and most of us are experiencing these now. It is especially important to be aware of the signs of stress so that you can act or consult a healthcare provider. Talking to those you trust is a helpful way to reduce feelings of isolation, anxiety, fear, boredom or vulnerability during social distancing, quarantine, or other safety measures.

This pandemic is reminding us that we are all equal, regardless of our culture, religion, occupation, financial, or social status. By being "locked in", we have developed a sense of supernatural control and oppression. This should make us aware that millions of people in the world have spent their whole life under oppression and misery. This experience should make us realize our powerlessness and I hope we give up our big egos and become humble. A single virus can make this world "stand still".

Our reaction to COVID-19 is a sign of humankind's smallness and vulnerability. I hope in addition to making us feel afraid and unsure, it is also making us more pragmatic and more open-minded, more sensible, more compassionate and more understanding. We should maintain a sense of hope and improve our sense of control and endurance.

I believe that there is a divine purpose behind everything that happens. It is reminding us of the shortness of life and of what is most important for us to do, which is to help each other, especially those who are old or sick. We should realize that all we need to survive is water, food and clothes; not all the luxuries we are so used to. We can be calm or we can panic and see it as the end of the world and, consequently, cause ourselves more harm than good.

Many see the Covid-19 virus as a great disaster. Actually, it is giving us an opportunity to change and adopt a right path. God has given us free will to learn from this experience and to choose our path. We should revisit our life priorities and re-evaluate our paths to serving humanity as the supreme goal of life.



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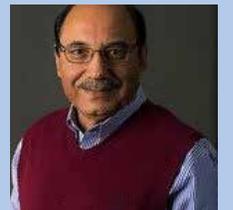
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Green Ramadan Campaign 2020 - Webinars

ISNA Green Initiative Team requests your Mosque/Islamic Center participation in the 6th 'Greening our Ramadan Campaign'. Awareness of our harmful actions on our environment, we must seek to implement practices and policies that are environmentally friendly caring for the rights of all Allah's (God's) Creation. So, let us be the solution and live up to our role as Stewards of earth. *Trees shall be planted by the Pen and Inkpot Foundation as a Sadaqah of your participation.*

Join us! Webinars:

April 15th at 8pm ET

Speakers

Dr. Jamal Badawi, Sr. Nana Firman, Br. Moaz Nasir

<https://tinyurl.com/GreenRamadan4-15-20>

*These Webinars are for USA and Canada



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Texas Cities and Counties with COVID-19 Shelter in Place Orders

Jurisdiction	Begins	Ends	Ordinance Link
Arlington	11:59PM, 3/24/20	4/03/20	https://bit.ly/2QOd9xw
Austin	12AM, 3/24/20	4/13/20	https://bit.ly/2Jf5JPB
Bell	3/24/20	4/3/20	https://bit.ly/2wsPNXI
Bexar County	12AM, 3/24/20	4/9/20	https://bit.ly/2Ukk2Zi
Bryan	9PM, 3/24/20	11:59PM, 4/7/20	https://bit.ly/2Jj0Fti
Cameron County	5:38PM, 3/23/20	Unspecified	https://bit.ly/3daqVOZQ
College Station	9PM, 3/24/20	11:59PM, 4/7/20	https://bit.ly/2UARwaj
Dallas County	12AM, 3/24/20	4/3/20	https://bit.ly/2JdJ46b
Denton County	12AM, 3/25/20	4/1/20	https://bit.ly/2UEOHZJ
El Paso	11:59PM, 3/24/20	Unspecified	https://bit.ly/2Uk3f91
Fort Worth	11:59PM, 3/24/20	4/3/20	Unavailable
Ft. Bend County	12:01AM, 3/25/20	11:59PM, 4/3/20	https://bit.ly/2UzIPJe
Galveston County	11:59PM, 3/24/20	11:59PM, 4/3/20	https://bit.ly/2JqClbK
Harris County	12AM, 3/25/20	4/3/20	https://bit.ly/33MJsCj
Houston	11:59PM, 3/24/20	4/3/20	Unavailable
Hunt County	11:59PM, 3/24/20	11:59PM, 4/3/20	https://bit.ly/3dxfl63
Kaufman County	11:59PM, 3/25/20	11:59PM, 4/8,20	https://bit.ly/2Jj1DFW
Lubbock	6PM, 3/24/20	12AM, 4/3/20	https://bit.ly/3dtWoBo
McClennan County	3/24/20	4/7/20	https://bit.ly/2ybXhOZ
Sachse	12AM, 3/23/20	4/3/20	Unavailable
San Antonio	12AM, 3/24/20	4/9/20	https://bit.ly/2wChrB8
Tarrant County	11:59PM, 3/24/20	4/7/20	https://bit.ly/2vOTo1v
Travis County	12AM, 3/24/20	4/13/20	https://bit.ly/39hY2mq
Waco	3/24/20	11:59PM, 4/7/20	https://bit.ly/2WlcOjz
Williamson County	3/24/20	4/13/20	https://bit.ly/3bkK4kW

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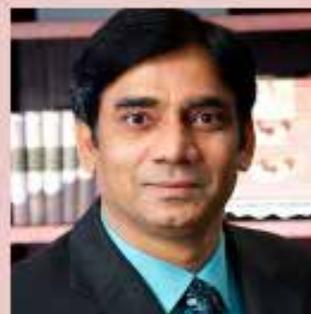
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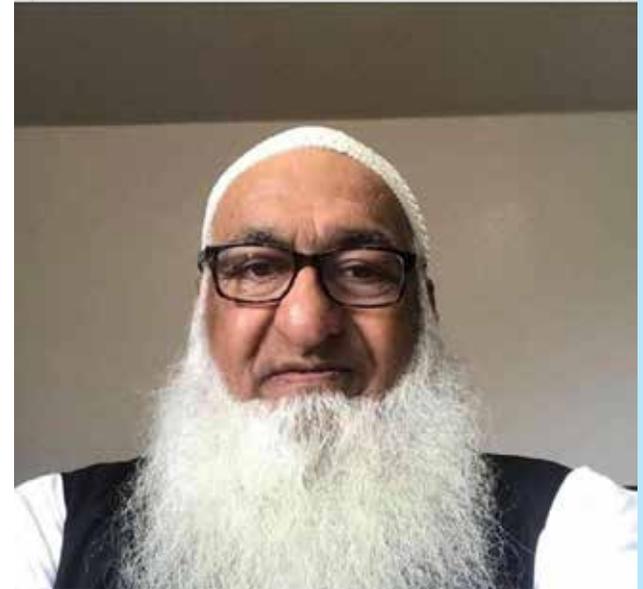
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Just received this heartbreaking news! Our beloved uncle Hafeez (owner of BBQ King Restaurant) just passed away due to a heart attack! My prayers and condolences go out to his entire family! My dear brothers Tariq Ismail & kashif bhai , I am with you and we as an entire community stand with you! May Allah bless uncle hafeez with highest ranks of jannat and give sabr to the entire family! It's a huge loss for all of us! Please recite surah Fatiha!



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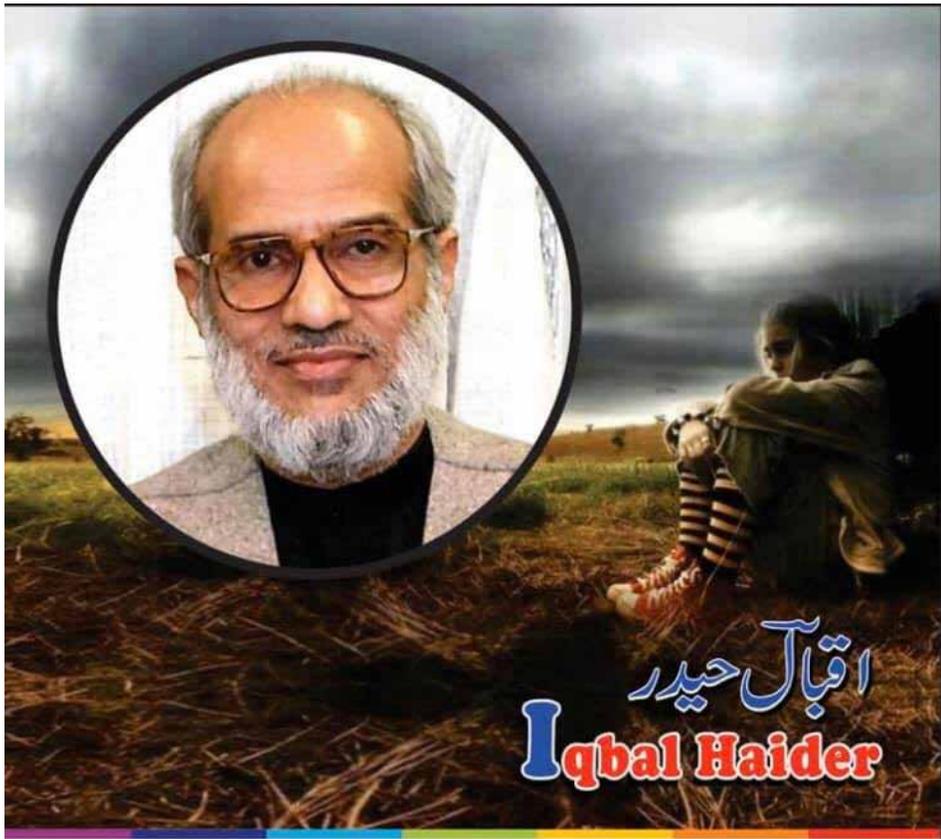
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PTV producer, poet and a humble person Janab Iqbal Hyder passed away in Dallas



Timetable for Houston-to-Dallas bullet train uncertain after company lays off 28 employees



Many workers hired to create the nation's first high-speed bullet train from Dallas to Houston were laid off due to COVID-19 economic impacts.

"Unfortunately, like many other companies and organizations around the world, we have been forced to make hard decisions in an effort to make the best use of our current funding," said Carlos Aguilar, CEO of Texas Central High-Speed Rail. "The result has been the layoff of approximately 28 employees."

Experts needed to make this project a success have been hired from many different parts of the world.

"This is one of those moments where we have to acknowledge how small our world really is," he said. "Our engineering partner is in Italy, our operations partner is in Spain and our technology provider is in Japan. Understanding the impact of COVID-19 and the challenges those countries and the US are facing, is a new fact of life."

Texas Central expects to create more than 17,000 jobs during construction and a multi-billion-dollar economic impact across the U.S through contracts with steel mills and other manufacturers, minority and women owned businesses, veterans and rural businesses.

Aguilar hopes that work will begin on the project by July 31, after the federal government approves permits and the global financial markets stabilize.

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HELP STOP THE SPREAD OF COVID-19

DO NOT DO THIS ❌

INSTEAD, DO THIS ✅

Treat this as an extended Spring Break vacation.	Treat this as the public health crisis that it is, and act accordingly.
Gather in social groups for any reason.	Only gather with members of your household.
Use public park spaces as a gathering place.	Use public park spaces as an outlet for mental and physical health, practicing social distancing from those around you at all times.
Invite over a group of friends to catch up.	Plan a video or phone conference hangout to catch up with your friends virtually.
Attend a gathering of your neighbors.	Check in on your neighbors by calling or messaging them online.
Gather together with a group of any size to go to the park together.	Go to the park with members of your family unit only, while practicing social distancing from others.
Visit the grocery store every day.	Send one member (if possible) of your household to the grocery store to pick up essentials once a week.
Gather with a group outside of your household for dinner.	Support local businesses by ordering take-out or delivery from restaurant to enjoy at home with your household.

Do not gather in groups of any size. Stay home as much as possible.



Rida Restaurant Of Haraa ,Riyadh , Saudi Arabia is Offering Free Meals from 1 pm 3 pm Keeping in mind Present Covid-19 Circumstances

What Is the Treatment for COVID-19?

There's no specific treatment for COVID-19. People who get a mild case need care to ease their symptoms, like rest, fluids, and fever control. You can take over-the-counter medicine for a sore throat, body aches, and fever. But don't give aspirin to children or teens younger than 19. You might have heard that you shouldn't take ibuprofen to treat COVID-19 symptoms -- the World Health Organization made that statement in March 2020. But they reversed it soon after and said there's no proof that taking it causes any harm.

Antibiotics won't help because they treat bacteria, not viruses. If you hear about people with COVID-19 getting antibiotics, it's for an infection that came along with the disease.

Those with severe symptoms need to be cared for in the hospital.

Numerous clinical trials are under way to explore treatments used for other conditions that could fight COVID-19 and to develop new ones. Several studies are focused on an antiviral medication called remdesivir, which was first created to fight Ebola. A study in China showed that hydroxychloroquine and chloroquine, which are used to treat malaria and autoimmune conditions like rheumatoid arthritis and lupus, helped people with COVID-19 pneumonia.

Dr Syed N. Masood, Managing Director & CEO
Success International School



Mr Mumtaz Ali Akram with Justice Basha Nawaz Khan, Mr. M. Amarender Reddy President of Nizam Club, Mr. E. Rajender Kumar Hon. Secretary of Nizam Club, Mr. Mir Osman Ali Khan member M.C of Nizam Club



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- FORT LAUDERDALE
- WILTON MANORS
- LAUDERDALE BY SEA
- OAKLAND PARK
- DEERFIELD BEACH

OUR POLITICAL PLATFORM

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@MohammadForCongress
 PAID AND APPROVED BY IMTIAZ MOHAMMAD FOR USA CONGRESS FL-22

Two Indian American Leaders on a Mission against COVID19

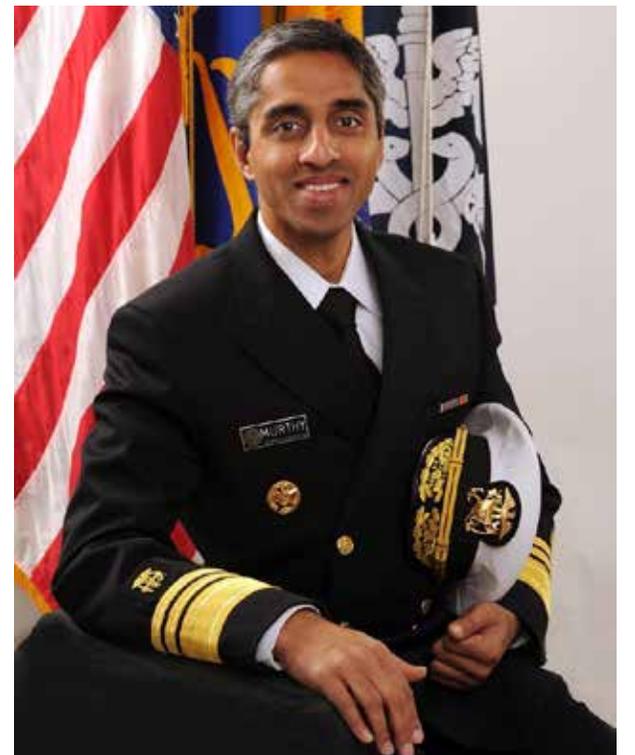
Two Indian American leaders of prominence are part of the driving force behind the United States' fight against the Novel Coronavirus pandemic. They are Dr. Vivek Murthy and Seema Verma. USA's former Vice President Joe Biden has formed a Public Health Advisory Committee in order to reduce the threat level of the COVID-19. This committee comprises six doctors including former Indian-origin US Surgeon General Dr. Vivek Murthy. According to the campaign, the team would "provide science-based, expert advice regarding steps the campaign should take to minimize health risks for the candidate, staff, and supporters". Once a Vice Admiral in the Public Health Service Commissioned Corps, Dr. Murthy was bestowed upon the Pride of America Award in 2017 for his contributions to the socioeconomic progress of the nation. He has received various other awards including the Public Health Service Outstanding Service Medal and the Public Health Service Presidential Unit Citation.



Indian American Seema Verma is heading a novel telemedicine initiative wherein doctors go completely digital and work towards easing the burden of the novel coronavirus threat. Experts would be able to handle around

62 million senior patients with the help of video-calling applications like Skype, which are installed on laptops and smartphones. These patients will be able to receive the help they need without having to visit a doctor in person. Under this Telehealth program, patients will be able to consult doctors or other medical professionals for routine

consultations, without having to worry about getting infected. She has also appealed to the people asking them to help their neighbors with telehealth communications if they cannot themselves use it or don't have the equipment. Seema Verma, the administrator of the Centers for



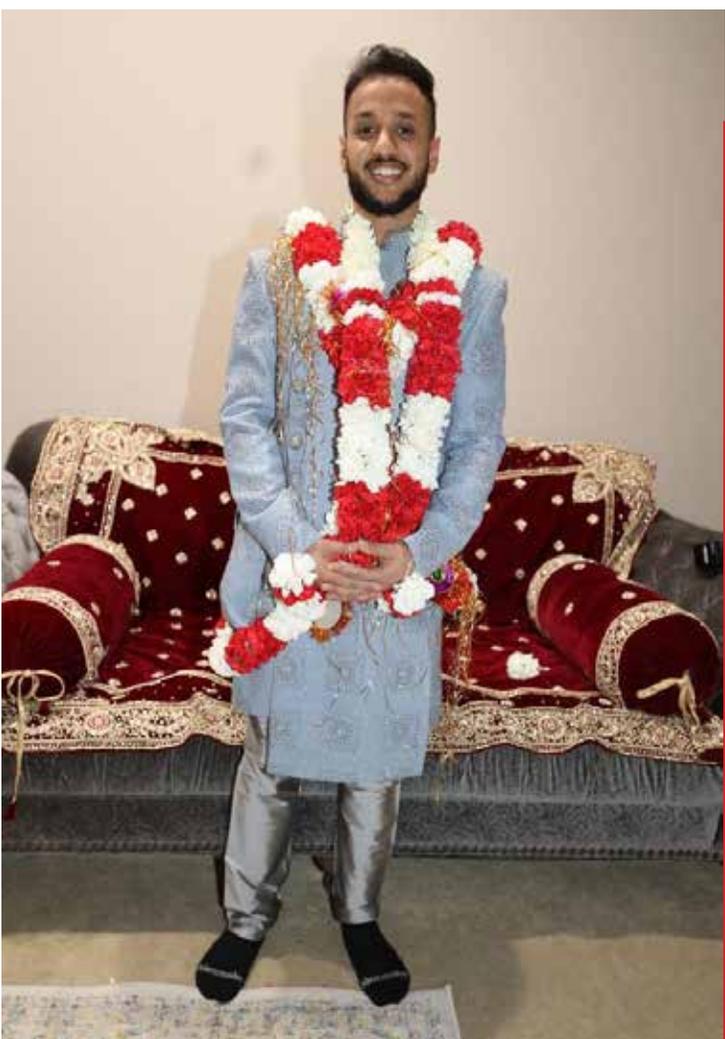
Medicare and Medicaid Services, also heads the federal government's two separate insurance programs. She is also one of the most influential people in President Trump's administration who oversees about 40% of the US population.

IFTEKHAR SHAREEF PAGE

Azhar Shareef S/O Iftexhar & Ghazala Shareef marries Sanam Nazar on a low profile marriage ceremony at brides residence in Hoffman Estate, Illinois on Wednesday March 18 th 2020



CONGRATULATIONS

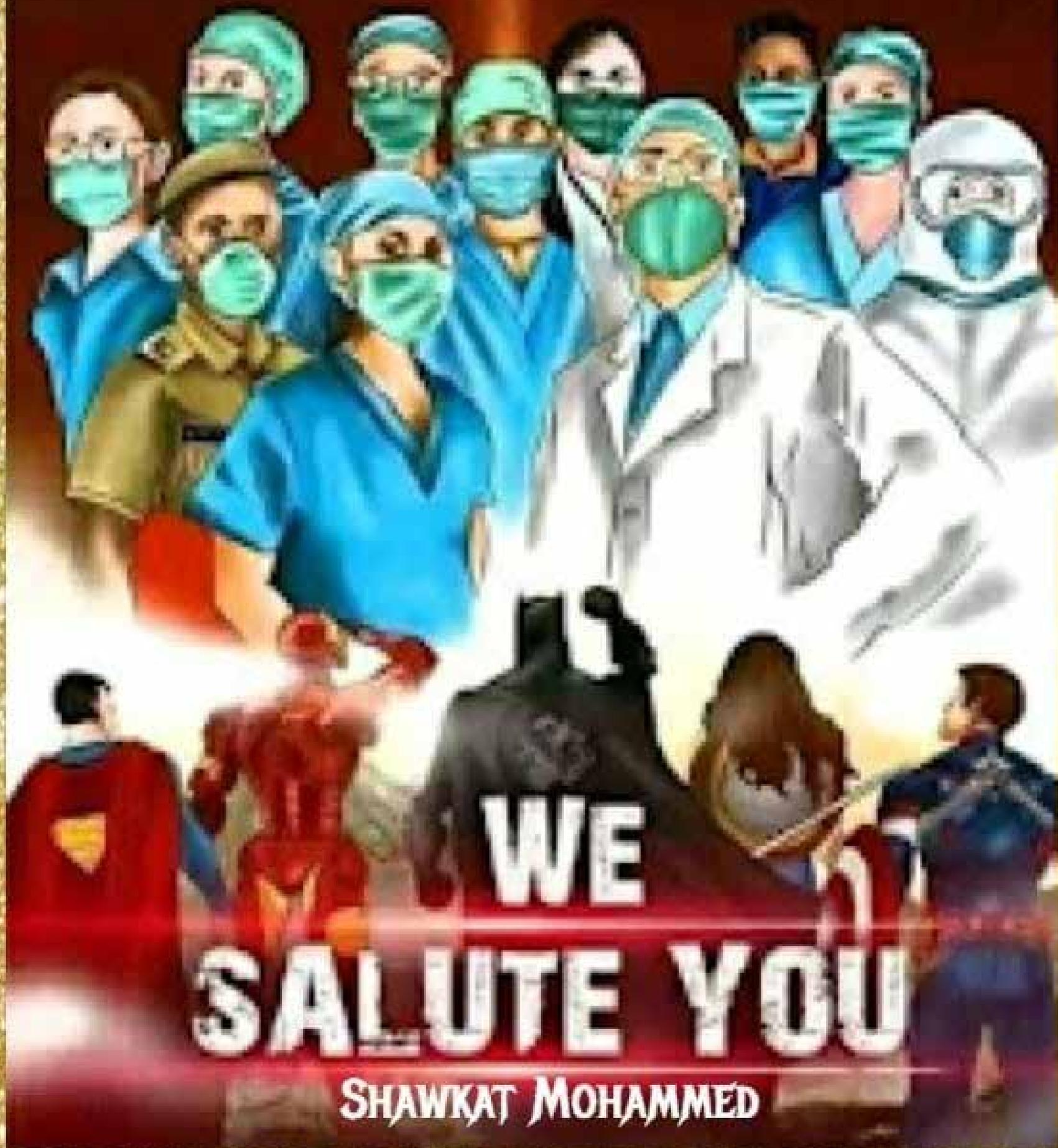


Thanks to Dr Vijay Prabhaker for hosting international Women's day awards banquet under the leadership of U.S Congressman Danny Davis . Congratulations to 20 women from the Chicagoland area for receiving the awards including State of Illinois Comptroller a very dear friend of mine Ms.Suzana Mendoza .

www.AsiaTimes.US

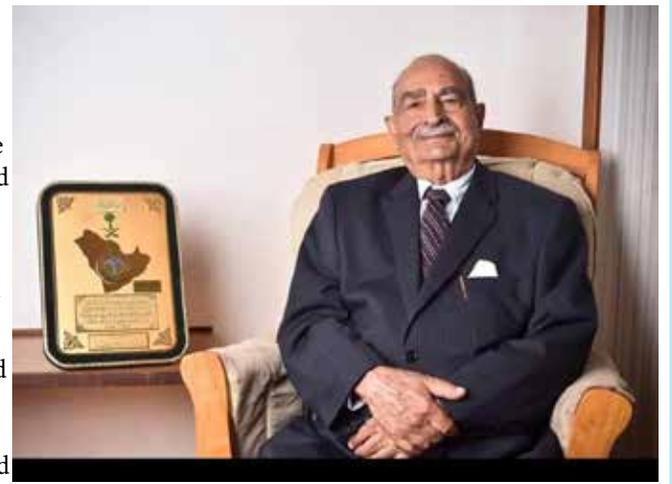
YOU ARE INCREDIBLE !! A Big Thanks....

We salute all doctors, nurses, hospital staff who are helping mankind to deal with COVID 19, even putting their lives and family members at risk.





The Coronavirus and the impact on the elderly - It is with heavy heart that I inform of the death of a beloved Uncle of mine. He was a botanist who worked for the Ministry of Agriculture in Saudi Arabia on behalf of the UN. He is the reason why many of you may have seen grass grow on Mount Arafat and other desert-like places of Saudi Arabia; for he was part of the project assigned to do so. He has authored and co-authored books on the botany of Saudi Arabia and was awarded for his work on the growth of grass in a desert environment. When it came to his impact on me, it was in his teachings and application of life. It was due to him that we were able to complete Umrah twice at Mecca and visit sites at Medina, I understood what it meant to be a, "Chaudhary," and to explore the love of science which was innate.



Being a, "Chaudhary" is a means self sufficiency by being a landowner. I am yet to sustain myself and my family and am still reflecting on his wisdom and on how to put this into action. My daughters were blessed to have met him on many occasions and he loved them deeply. He gifted one of his books to my elder child.

The condition of blood cancer was possibly exacerbated by the Coronavirus due to his difficulty in breathing in the last moments of his life. We are not able to gather to pray for his next life; he may have died a martyr if afflicted to a "plague" if one is to apply religious ruling. There will be no Janaza. Prayers are all we seek.

In his last moments, he had said to my dad that America would benefit greatly from having someone such as Bernie Sanders in the lead. He lived his retired life in Australia.

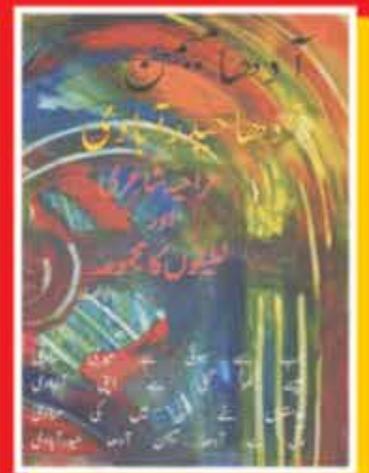
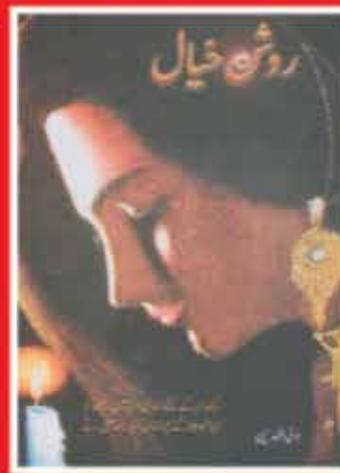
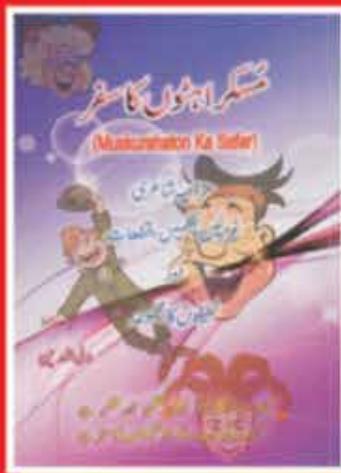
by Alia Sarfaraz, FB

Wali Uddin ولی الدین



Dedicated Healthcare Professional, Author and Emcee
Author of Books

Adha Memon Adha Hyderabad, Roshan Khayal, Musurahaton Ka Safar



contact Wali Uddin at (630) 803-7321 for any book orders.

Note: The proceeds from the sale of these books will go to the Welfare organizations.

India's Arushi Nishank awarded Top 20 Global Women of Excellence in US Congressional Women's day celebrations

Asian Media USA ©

Chicago IL: India's young Sparsh Ganga Activist Arushi Nishank was named one of the Top 20 Global Women of Excellence 2020 in a Congressional awards ceremony held in Chicago under the auspices of U. S. Congressman Danny K Davis and American Multi Ethnic Coalition.

The U. S. Congressional Citation naming Arushi Nishank as one of Top 20 Global Women of Excellence cites Arushi's pioneering work in Sparsh Ganga, Water Conservation, Climate Change Educator and Green India for Girl Child promotion initiatives. 33 year old Community Activist from Uttarakhand State of India, Arushi Nishank was applauded for her environmental initiatives among the young students of India especially in rural areas.

U. S. Congressman Danny Davis congratulated Arushi Nishank, the visionary youth for undertaking such a mission which is vital to preserve Mother Earth. Gerard Moorer, Award Jury Co Chair introduced Arushi Nishank at the ceremony. Martino Tangkar, Chairman, American Multi Ethnic Coalition welcomed the gathering.

Dr Zenobia Sowell, Awards Jury Chair said that women from Phillipines, Kenya, Indonesia, Thailand, China, India, Poland, USA, Iran, Ethiopia, and Hispanic heritage were among the Top 20 Women selected for the Honor.

Ms Arushi Nishank receiving the Award thanked Prime Minister Modi for empowering women and introducing the most popular Beti Bachao Beti Padao program in India which empowers the Girl Child. She appealed to all to join the Prime Minister Modi's effort for the Ganga Rejuvenation project in India and underscored the importance of water conservation, tree planting- afforestation and the need to educate all on this. Arushi thanked her teachers, parents Ramesh Pokriyal Nishank, India's Cabinet Minister for Human Resource Development and



her fellow activists for nurturing her quest for knowledge and service.

Ma Santosh Kumar, Women's Gala Chair said that this is the eight consecutive years that Congressman Davis is honoring the Top 20 Global Women of Excellence for their pioneering work.

Presiding over the awards ceremony, Dr Vijay Prabhakar, Founder Chair of the Congressional Multi Ethnic Advisory Task Force said Women & Girl Child Empowerment are an integral part of Prime Minister Modi's vision of New India.

Dr Clarence Beals, Executive Director, American Multi Ethnic Coalition proposed a vote of thanks.

Several organizations felicitated Ms Arushi Nishank on the occasion including OFBJP-USA, American Association of Physicians of Indian Origin, AAPI- USA, American Association of Radiologists of Indian Origin, USA Africa Chamber of Commerce, Uttarakhand Samaj of Greater Chicago, Indian American Cultural Association, Indian American Business Coalition, Chicago, and Refushe USA among others.

Pritzker extends COVID-19 stay-at-home order through April 30

Gov. J.B. Pritzker is extending a "stay-at-home" order for all residents, directing people to remain in their homes except for essentials until the end of April to help stop the spread of COVID-19.

Pritzker initially closed schools and restaurants and bars on March 13, then issued the stay-at-home order March 21. The period was to end April 7, but experts have said the rising number of cases in Illinois won't have reached its peak by then.

"The cascading consequences of these steps weigh on me every minute of every day," Pritzker said. "But as I've said since the beginning my priority through each and every one of these decisions has been and continues to be saving as many lives as possible."

Under the existing order, people are still able to go to grocery stores, gas stations, pharmacies and jobs that are considered essential, among other destinations. The measure is meant to discourage people from leaving their homes and coming into contact with others unless it is absolutely necessary, thus slowing the spread of the virus and giving hospitals a better chance to prepare for a surge of patients.

The state Department of Public Health is reporting 937 new cases of the disease caused by the new coronavirus, bringing the state's total to 5,994. Additionally, there have been 26 more deaths, bringing that total to 99 statewide.

The cases exist in 54 of the state's 102 counties.

The Commission on Government Forecasting and Accountability, a bipartisan legislative fiscal analyst, said Tuesday that it's possible that the economic impact of COVID-19 could mean a drop in state tax revenues of \$8 billion — about 20% of the state's typical annual income — although the loss might be spread over several years.

Because testing is limited and people can spread the disease for days before showing symptoms, health experts continue to urge social distancing measures, frequent handwash-



ing and other precautions, even in counties that have not reported confirmed cases.

For most people, the new coronavirus causes mild or moderate symptoms, such as fever and cough that clear up in two to three weeks. For some, especially older adults and people with existing health problems, it can cause more severe illness, including pneumonia, or death.



Four-time British Open squash champion Azam Khan passed away in London, UK after testing positive for coronavirus, according to his family.



An Arab young man residing in Italy owns a fruit shop, opened his shop to Italians for free. He wrote a sign saying: “You have welcomed me in your country for 10 years. Today is the time to return my favor to you

US DROPPED BOMBS IN AFGHANISTAN AT RECORD LEVEL IN 2019

By Phillip Walter Wellman, Stripes.com

January 30, 2020 | EDUCATE!

Above Photo: An MQ-9 Reaper taxis at Kandahar Airfield, Afghanistan, in 2018. The U.S. dropped more bombs and other munitions in Afghanistan last year than any other year since documentation began in 2006, Air Force data shows. U.S. AIR FORCES CENTRAL COMMAND

An MQ-9 Reaper taxis at Kandahar Airfield, Afghanistan, in 2018. The U.S. dropped more bombs and other munitions in Afghanistan last year than any other year since documentation began in 2006, Air Force data shows.

KABUL, Afghanistan — The United States dropped more bombs and other munitions in Afghanistan last year than any other year since documentation began in 2006, Air Force data shows.

American aircraft released 7,423 munitions in the country in 2019, according to figures published Monday by U.S. Air Forces Central Command.

Coalition aircraft flew nearly 8,800 sorties during the period, over a quarter of which carried out strikes.

The tally surpasses the previous record set last year when 7,362 munitions were released and comes amid ongoing discussion between American and Taliban officials aimed at ending America’s longest war.

Talks between the two sides continued for most of 2019 as American bombs were dropped.

An Air Force F-16 Fighting Falcon from the 79th Fighter Squadron at Shaw Air Force Base, S.C., releases flares over Afghanistan, Nov. 12, 2019. The U.S. dropped more bombs and other munitions in Afghanistan last year than any other year since documentation began in 2006, Air Force data shows.

MATTHEW LOTZ/U.S. AIR FORCE

“The U.S. has been very explicitly using stepped-up attacks on the Taliban as a form of leverage-seeking,” Laurel Miller, former U.S. acting Special Representative for Afghanistan and Paki-

stan, said in a phone interview, adding that the Taliban also sees violence as its main form of leverage.

The U.S.-Taliban talks resumed last month in Qatar after a three-month pause.

The AFCENT figures include bomb and missile strikes, 105 mm shells fired by AC-130 gunships and strafing fire from 20 mm cannons and up.

Airstrikes, predominantly conducted by U.S. forces, caused 579 of the 1,149 civilian war fatalities attributed to pro-government forces in Afghanistan during the first nine months of 2019, according to the most recent United Nations data. Insurgent groups were responsible for 1,207 civilian deaths in that time, the U.N. data showed. Another 207 civilian deaths were unattributed to either side.

Last week, Afghanistan’s Independent Human Rights Commission blamed a U.S. drone strike conducted earlier this month in western Herat province for killing 15 civilians, including three children.

“The commission has repeatedly called on domestic and foreign forces to be more careful in conducting military operations so that civilians are not harmed,” the commission said.

A spokesman for U.S. and NATO forces in Afghanistan confirmed the U.S. military carried out the strike in support of government forces. Afghan authorities said an investigation was ongoing.

While U.S.-trained Afghan forces are capable of conducting ground operations, they still need air support to fight insurgents and terrorist groups, like the local Islamic State affiliate, said Rohullah Ahmadzai, Afghan Defense Ministry spokesman.

“The cooperation of foreign forces is vital for us,” Ahmadzai said.

The defense ministry was unable to say how many munitions Afghan forces released in 2019.

Dr. S. Akhtar Ehtisham
Blog syedehtisham.blogspot.com

As coronavirus puts India on lockdown, Xiaomi's going door-to-door

Xiaomi is finding ways to stay open for business in India amid the coronavirus outbreak.

The Beijing-based company has launched a "Delivery on Call" service, which allows shoppers to call up their closest Mi Home store and order a smartphone for home delivery, vice-president and India managing director Manu Jain wrote in an open letter today (March 23).

The company will also continue its home servicing visits, but with heightened hygiene practices—engineers will use masks, shoe covers, and sterile gloves.

"All Mi Home staff also wears masks at

all times and keeps their hands sanitised for walk-in customers," Jain wrote, suggesting the stores aren't shying away from walk-ins either, despite 22 states in the country facing lockdowns. Across over 2,000 of its authorised service centres, Xiaomi is assigning appointments only via its online token system, "ensuring no more than four customers in service centres at any point and all devices are sanitised."

Xiaomi's efforts come just a week before it is set to launch its new smartphone the Mi 10. This handset is crucial because it comes with a higher price tag than its other affordable devices, placing the Chinese manufacturer in the premium arena alongside Shenzhen-based OnePlus and

Apple's iPhones.

Of course, it's not business as usual. Exercising caution, the company cancelled all its on-ground launch events scheduled in March to reduce exposure risk in the wake of Covid-19. Also, it curtailed business travel and moved office employees to remote work. Where governments have mandated lockdowns, the company's corporate offices, warehouses, service centres, stores, and manufacturing plants will abide by them.

What perhaps works in its favour is that Xiaomi's not alone in facing the wrath of the pandemic. The entire smartphone industry is in flux. Other Chinese rivals like Oppo and Vivo, as well as formi-

dable competitor Samsung from South Korea, have all halted production at their India facilities.

This isn't going to be a stellar quarter by any means, for any brand. The overall volume of online sales in January and February was 30% lower than the numbers reported in November and December of 2019, data from phone rankings site Phonecurry's real-time market intelligence tool Lumos show. This, without the full effect of the hit that Chinese supply chains took in those months.

By Ananya Bhattacharya
Tech reporter

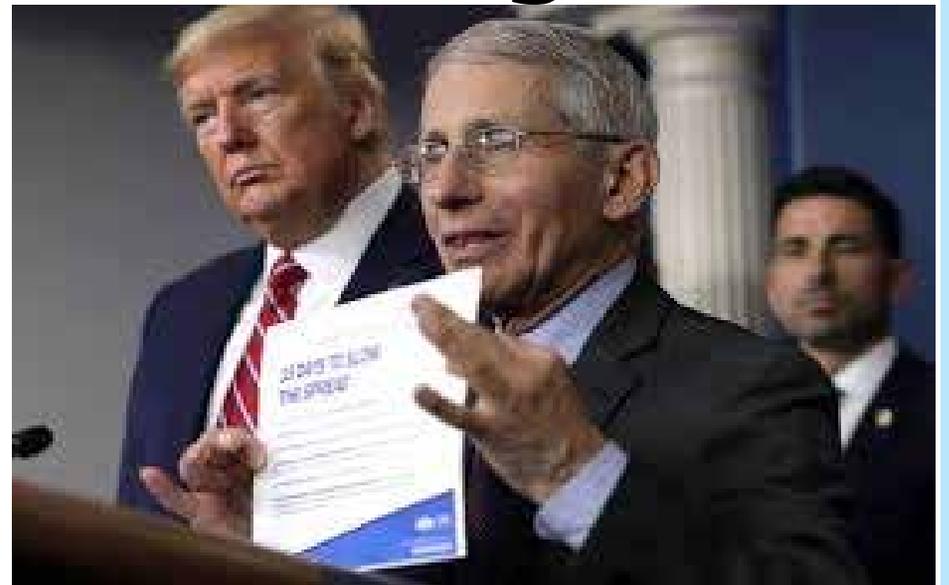
Medical Expert Who Corrects Trump Is Now a Target of the Far Right

Dr. Anthony Fauci, the administration's most outspoken advocate of emergency virus measures, faces a torrent of false claims that he is mobilizing to undermine the president. At a White House briefing on the coronavirus on March 20, President Trump called the State Department the "Deep State Department." Behind him, Dr. Anthony S. Fauci, the director of the National Institute of Allergy and Infectious Diseases, dropped his head and rubbed his forehead.

Some thought Dr. Fauci was slighting the president, leading to a vitriolic online reaction. On Twitter and Facebook, a post that falsely claimed he was part of a secret cabal who opposed Mr. Trump was

soon shared thousands of times, reaching roughly 1.5 million people.

A week later, Dr. Fauci — the administration's most outspoken advocate of emergency measures to fight the coronavirus outbreak — has become the target of an online conspiracy theory that he is mobilizing to undermine the president. That fanciful claim has spread across social media, fanned by a right-wing chorus of Mr. Trump's supporters, even as Dr. Fauci has won a public following for his willingness to contradict the president and correct falsehoods and overly rosy pronouncements about containing the virus.
By Davey Alba and Sheera Frenkel



Canadian PM Justin Trudeau's Wife Sophie Recovers From Coronavirus

Canadian Prime Minister Justin Trudeau's wife said Saturday, 28 March, that she has recovered from COVID-19 — the novel coronavirus wreaking havoc across the world.

"I am feeling so much better," Sophie Gregoire Trudeau said in a statement on social media. She said she received the clearance from her doctor and Ottawa Public Health.

Trudeau's office announced on 12 March that she had tested positive for the coronavirus after she fell ill upon returning from a trip to London. The prime minister and his family have been in self-isolation at home since then. He and their three children didn't show symptoms. Thank You To Everyone Who Reached Out'

Justin Trudeau has been giving daily news conferences outside his residence. He said earlier Saturday that his wife was in fine form. "From the bottom of my heart, I want to say thank you to everyone who reached out to me with their well wishes. And to everyone who is suffering right now, I send you all my love," she said.

The prime minister suggested Saturday that he would continue to work from home to set an example for Canadians who are being asked to stay at home.

Ontario, Canada's most populous province, meanwhile, said Saturday that it is prohibiting gatherings of five people or more. The order was effective immediately and replaced one that prohibited public events of over 50 people. It does not apply to households with five or more people, and funerals will be permitted with up to



10 people at one time.
the Quint

MATRIMONY

Male
 Beard:No
 Age: 30
 Height: 5.9ft
 Education:Post Graduate
 Profession:Chef
 Residence: British Columbia
 Legal Status: Work Permit
 Marital status: Single/ Never married
 Religious Sect:Muslim Sunni
 Language: English,Hindi,Urdu
 Ethnicity: Indian/Mumbai
 Family:Parents/2 brother's/Grandmother

LOOKING FOR: FEMALE
 Hijabi- Yes /No
 Age: 23-28
 Height:5.4/5.7
 Education:Any
 Profession:Any
 Residence:Canada/USA
 Legal Status:Permanent residency /work / Work permit
 Marital Status:Single/Never Married
 Religious Sect:Muslim Sunni
 Ethnicity:Indian/Pak
 Contact:atifshaikh627@gmail.com

Name: MS
 Age: 27
 Gender: Male
 Height: 5' 5"
 Marital Status: Never Married
 Residence: California, USA
 Education: M.Sc Graduate
 Profession: IT Professional
 Legal Status: H-1B
 Religious belief: Sunni
 Ethnicity: Indian(Hyd)
 Language: Urdu, English, Hindi

LOOKING FOR: Practicing Muslima who have well balanced in between deen and duniya with family values.
 Age: 18-28
 Height:5.0-5.5
 Marital Status: Never Married
 Education: Any
 Profession: Any
 Religion: Sunni
 Ethnicity/Legal Status: Indian - (USA/CAN GC/Citizen)/Gulf Born
 Pakistani - (US GC/Citizen)
 Contact : +1 (361)228-3059

Name: SHAFIUDDIN MOHAMMED
 Age: 27
 Height: 5'9"
 Residence: Chicago, IL
 Education: Master's Degree in Computer Technology
 Profession: Working as a Business Analyst in an IT Company
 Legal status: USA Citizen
 Marital status: Single
 Ethnicity: Hyderabad, India
 Religious Sect: Sunni Muslim
 Family: Both parents, 1 Brother & 1 Sister (married)
 Language: English, Hindi, Urdu
 Hobbies: Traveling, Movies, playing games, shopping.
 Looking for
 Age: 18 to 24
 Height: 5'3" to 5'7"
 Residence: USA, CANADA or UK
 Legal status: any
 Education: Bachelor's Degree
 Profession: Any
 Marital Status: Never Married
 Religious sect: Sunni Muslim
 Built: Slim or Average
 Hijabi: Any
 Ethnicity: Hyderabad, India
 Contact
 Father: Maqdoom Ziauddin
 Mobile no: 8474430408
 Please send the bio-data on my WhatsApp before any calls.

Male
 Age: 29
 Height: 5.11ft
 Education: Masters in IT from USA
 Profession:IT Profession
 Residence: USA
 Legal Status: Work Permit (OPT)
 Marital status: Never married
 Religious Sect:Muslim Sunni
 Language: English,Hindi,Urdu
 Ethnicity: Indian, Hyderabad

LOOKING FOR: Very Religious bride
 Hijabi- Yes
 Age: 20 and above
 Height:5.2 and above
 Education:Hafiza, Alima, Bachelor, Masters or other
 Profession:Any
 Residence:USA
 Legal Status: USA Citizen
 Religious Sect:Muslim Sunni
 Ethnicity:India (Hyderabad)
 Contact Sister: 6132222443

Male
 Beard:—Yes
 Age:—26Years
 brought up in UAE
 Height:—5.7"
 Education:—BE(Mech)MS(Industrial Engineering)
 From Florida University USA
 Job:— in Toyota company Dallas USA
 Residence:—USA
 Legal status:—H1 on process in sha Allah
 Marital status:—never married
 Religious sect:-Sunni Hanafi
 Language:- Arabic English Urdu
 Ethnicity:—Indian Hyderabad
 Family:—Father mother sisters brother lives in
 Migration to USA
 LOOKING FOR FEMALE

 Hijabi:—Yes
 Age:—22—25 years
 Height5.2"—5.5"
 Education:—Any
 Residence:—Any
 Legal status:—Citizens of USA or GC or Canada or Gulf borne
 Marital status—never married
 Religious sect:—sunni Muslim
 Ethnicity:—Indian/Pakistani
 Contact:—971 507116717

Name:MF
 Age :23yrs
 Height:5.2"
 Color :Fair and attractive
 Education:BDS completed, Pursuing Internship
 Visa status:US MULTIPLE B1 B2
 Martial status- Never Married
 Ethincity: Indian Hyderabad
 Religion:Sunni Hanafi Muslim
 Father: Business
 Mother:Home Maker
 Siblings:Two elder sisters married
 One is in Canada and other is in USA, No brothers
 Language:English, Urdu,Hindi
 Hijabi:Yes

Looking for Groom:
 Age- Below 30 years
 Height: 5.8" or 5.10"
 Residence: USA or CANADA ONLY
 Education: MBBS, MDS, Pursuing MD,BE/Btech-MS
 Legal Status:H1B/GREEN CARD/PR HOLDER/CITIZEN
 Martial status:Never Married
 Religion: Sunni Hanafi Muslim
 Contact whatsapp no: 8897375675
 9290798362

Name : ASM
 Age: 30
 Height: 5 ft 8 inch
 Complexion : Fair
 Residence : San Francisco, CA
 Education: Masters in Computer Science
 Profession : Software Engineer at Apple Inc
 Marital status : Never Married
 Legal Status : Work permit
 Ethnicity: Indian (Hyderabad)
 Religious Sect: Sunni Muslim
 Family: Parent's , 1 Sibling
 Language:Urdu , Arabic, Hindi & English
 Hobbies: Bowling , Baking Reading , play games Shopping , Eating out Indian and Mediterian food, spend time with family and friends

LOOKING FOR: Female
 (US/Canada Citizens Proposals Only)
 Age : 24 to 32 years in Between
 Height: 5 ft and above
 Residence: US citizens / Canadian Citizens
 Education: High School/Bachelors/Doctor/Engineer
 Marital Status: Never Married
 Religious Sect: Sunni Muslim
 Ethnicity: Indian (Hyderabad) /Pakistani
 Contact : 361-522-1163

SEEKING RISHTA FOR MY SON
 (WELL-EDUCATED/ PRACTICING/
 HANDSOME)

Status: Single (Never Married)
 Education: Doctorate
 Job: Government Job
 Legal Status: Canadian Citizen (Born/
 Raised in Toronto)
 Age: 33 Handsome
 Height: 5'9 Fit/Athletic
 Ethnicity: Pakistani
 Religious Sect: Sunni
 Family: Well-Settled
 Language: English/Urdu
 Personality: Decent/Respectful and Very
 Good Balance of Deen/Dunya
 Hobbies: Sports/Travelling/Gym
 OSAP Free

LOOKING FOR:
 Hijabi or Non-Hijabi
 Age: 21-26
 Height: 5'2-5'7
 Slim/Pretty
 Residence: Canada (or willing to Relocate from US)
 Education: Undergrad/Masters in Progress
 Marital Status: Never married

Contact: Mother: Please do not call, but private message me her profile on whatsapp at 416-892-7649.

INTERNATIONAL PAGES

MATRIMONY

Hijabi : Yes
 Name: JM
 Age:18
 Height: 4"11
 Residence : Hyderabad, India
 Legal Status: Indian citizen
 Marital status : never married
 Ethnicity: Indian hyderabadi
 Religious Sect: Sunni
 Family: Parents and Two younger brothers
 Language: Hindi, Urdu and English
 Hobbies: Traveling, Painting, spending time with the family

LOOKING FOR: Religious, educated and Family oriented Groom.

Age : 20 - 26
 Height:5"3 and above
 Residence: US/ Canada
 Education: Masters, Bachelors
 Profession: IT, Engineer or Medical Field
 Legal Status: H1B, OPT, Green card and Citizen
 Marital Status: Never married
 Religious Sect: Sunni
 Ethnicity:Indian(Hyderabad)

Contact : 613- 222-2443

Hijabi :Yes
 Age:25
 Height:5"3
 Education:Bachelor's in Commerce
 Profession:Auditor
 Residence:Memphis,Tennessee
 Legal Status:Green card holder
 Marital Status:Divorced (3 year old son)
 Religious Sect:Sunni
 Language:English,Urdu
 Ethnicity:Asian (Hyderabad,India)

LOOKING FOR : MALE

Age:25-34
 Height:Anything above 5"3
 Education:preferably master's
 Profession:well settled in any jayaz profession
 Residence:USA
 Legal Status:US citizen, Green card, H1
 Marital Status:Bachelor, divorced
 Religious Sect:Sunni
 Ethnicity:Asian

Contact WhatsApp
 India-9704009200
 USA-2243816930(Brother)

Hijabi:----Yes
 Age:-----22
 Borne and brought up UAE
 Height:-----5.3"
 Education:---BDS
 Profession:---Doctor
 Residence:---USA
 Legal status:---B-1B2
 Marital status:---Never married
 Religious sect:---Muslim Sunni
 Language:---ArabicUrdu English hindi French
 Ethnicity:---Indian Hyderabadi
 Family:---Father Mother 1sister married 2brothers

LOOKING FOR:---Male
 ^^^^^^^^^^^^^^^^^^^^^^^^^^^^^^^^^^^^^

Age:---25---31
 Beard:---Yes
 Education:---MS or any
 Profession:---Any
 Residence:---USA,Canada,Gulf
 Legal status:---work permits or green card holder or city zen or PR
 Marital status:---Never married
 Religious sect:---Muslim sunni
 Ethnicity:---Indian
 Contact:---971507116717

Name: AZ
 Age: 22 years
 Gender: female
 Height: 5'2"
 Marital status: never married
 Residence: Rajendra nagar pillar no 258, Hyderabad
 Education: completed final year MBBS (merit based free seat)
 Profession: internship on going
 Legal Status: Indian
 Religious belief: Hanafi Sunni muslim
 Ethnicity: born in India raised and schooling till 8th grade in Abudhabi higher studies continued in India
 Language:urdu / english / hindi
 Father: manager at multinational company ,kuwait
 Mother: homemaker (BSc nutrition)
 Siblings: 2 younger sisters (MBBS second year and intermediate 1st year)and one brother(3rd grade)
 LOOKING FOR:
 Age: between 25 to 28 years
 Height: 5'6" And above
 Education: Doctor/Ms in engineering
 Religion: sunni muslim
 Ethnicity:- Indian
 Status: H 1b / green card / or Canadian citizen /opt /
 Contact : +91-9347288350

Name: Fareeda
 Age: 28
 Height: 5' 4"
 Ethnicity: Indian
 Religious Sect: Sunni-Hanafi
 Legal Status: US Citizen
 Residence: Rockford, IL
 Education: some college
 Profession: Certified Ophthalmic Assistant (COA)
 Marital status: Divorced w/2 daughters
 Hobbies: interior decor, bake, road trips, coffee enthusiast

LOOKING FOR:
 Age: 28-34
 Height: 5'10-6'1
 Ethnicity: Pakistani, Indian
 Religious Sect: Sunni
 Legal Status: US citizen
 Residence: United States
 Profession: Stable job
 Marital Status: No preference

Contact: Fareeda or mom
 Cell: 815-329-2664
 Mom 779-537-0758
 Email: fareedahk24@gmail.com

Name: SMI
 Marital Status: Single (Never married)
 Age: 25
 Height: 4.11"
 Residence: Richmond, TX
 Legal Status: Green card
 Education: Human Resources
 Religion: Sunni
 Ethnic Background: Indian(born in Saudi Arabia)
 Languages Spoken: Urdu and English

Looking for: Male
 Marital Status: Single(Never married)
 Age Range: 26-30
 Height: 5.5" and above
 Education / Profession: Any
 Residence: USA / Canada
 Ethnicity: Indian
 Religion: Sunni
 Please Contact: 832-433-2494

Name:MF
 Age :23yrs
 Height:5.2"
 Color :Fair and attractive
 Education:BDS completed, Pursuing Internship
 Visa status:US MULTIPLE B1 B2
 Martial status- Never Married
 Ethincity: Indian Hyderabadi
 Religion:Sunni Hanafi Muslim
 Father: Business
 Mother:Home Maker
 Siblings:Two elder sisters married
 One is in Canada and other is in USA, No brothers
 Language:English, Urdu,Hindi
 Hijabi:Yes

Looking for Groom:
 Age- Below 30 years
 Height: 5.8" or 5.10"
 Residence: USA or CANADA ONLY
 Education: MBBS, MDS, Pursuing MD,BE/Btech-MS
 Legal Status:H1B/GREEN CARD/PR HOLDER/CITIZEN
 Martial status:Never Married
 Religion: Sunni Hanafi Muslim
 Contact whatapp no: 8897375675
 9290798362

Name: HR
 Age: 23yrs
 Height: 5'4
 Hijabi: Yes
 Complexion: Fair
 Residence: Virginia, USA
 Education: Associate degree in Graphic design(on going)
 Marital status: Never Married
 Citizenship: USA citizen
 Ethnicity : Indian
 Religious sect: Sunni Muslim
 Family:
 -Father: IBM PM
 -Mother : IT
 -Two Brothers: High School
 Language: English and Urdu
 Hobbies: Passionate about reading and collecting books. She enjoys quiet family time, independent but follows Islamic values and staying within the Islamic boundaries, loves traveling and making different teas
 Looking for:
 Age: 26-30
 Height : 5'9 and above
 Residence: USA
 Education: MBBS, MD(USA), MBA, MCS, Pharm.D.
 Profession: Doctor, IT, Data Scientist, Cyber Security, Pharmacist
 Legal status: US citizen
 Marital status: Never married
 Religious sect: Sunni muslim, pray namaz and keep fastsEthnicity: India orPakistani
 Contact: Father@732-887-4379
 Please send biodata on WhatsApp before any calls

INTERNATIONAL PAGES

INTERNATIONAL PAGES

IS YOUR AIRBAG DEFECTIVE?

Nearly 70 million Takata airbag inflators, in approximately 47 million vehicles, are or will be under recall in the United States by 2020.

Even a minor fender bender can cause these airbag inflators to rupture, spraying metal shrapnel into drivers and passengers.

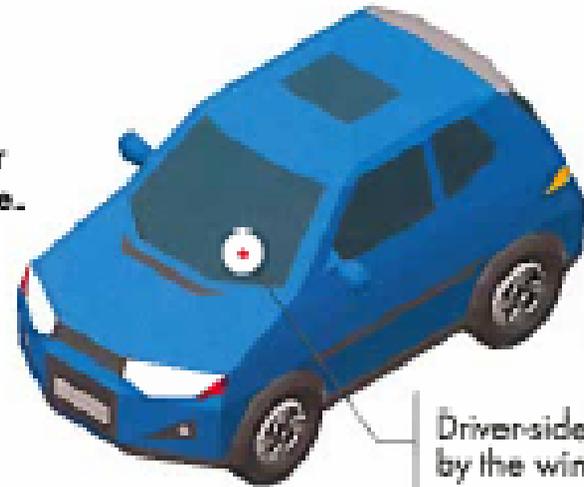
DON'T RISK INJURY OR DEATH, CHECK YOUR VEHICLE TODAY.

Here's How:

Find it

Write down your Vehicle Identification Number (VIN) or take a photograph of your license plate.

- Look for your VIN on the driver-side dashboard by the windshield or on your insurance card.



Driverside dashboard by the windshield

Search it

Visit AirbagRecall.com to upload a photo of your license plate or to look up your 17-digit VIN.

Then follow the on-screen instructions to prove you are not a robot.

Upload a photo

or

Enter a license plate or VIN manually

Fix it

If you see text that reads **recall incomplete...**

YOUR AIRBAG INFLATOR WILL BE REPLACED FOR FREE.



Schedule an appointment at your automaker's local dealership as soon as possible.

If you see text that reads **remedy not available**, call a dealer anyway. Make sure your contact information is up to date so they can notify you as soon as parts are available for your repair.



AIRBAGRECALL.COM

Important Recall Info That MAY Affect Your Vehicle

U.S. Department of Transportation (DOT) National Highway Traffic Safety Administration (NHT)

Your vehicle MAY be involved in a safety recall and MAY create a safety risk for you or your passengers. If left unrepaired, a potential safety defect could lead to injury or even death. Safety defects must be repaired by a dealer at no cost to you.

Why am I getting this email? You are receiving this message because you requested to be notified by the National Highway Traffic Safety Administration (NHTSA) if there is a safety recall that may affect your vehicle.

The following may apply to one or more of your vehicles if your vehicle is listed below. Click on the NHTSA Recall ID Number below to read more about the safety issue and the reason for the recall.

To find out if your specific passenger vehicle is included in the recall, use our VIN Look-up Tool.

NHTSA Recall ID Number : 20V123
 Manufacturer : Lion Electric Company
 Subject : Bolts May Loosen and Cause Loss of Steering
 Make Model Model Years
 LION 360 2015-2020
 LION LION C2015-2020
 NHTSA Recall ID Number : 20V125
 Manufacturer : Blue Bird Body Company
 Subject : Seat Barrier Incorrectly Installed/FMVSS 222
 Make Model Model Years
 BLUE BIRD ALL AMERICAN 2008-2021
 BLUE BIRD VISION 2008-2021
 NHTSA Recall ID Number : 20V128
 Manufacturer : Halcore Group, Inc.
 Subject : Undersized A/C Input Power Cord May Cause Short
 Make Model Model Years
 HORTON TYPE I 2016-2019
 HORTON TYPE III 2016-2019
 NHTSA Recall ID Number : 20V130
 Manufacturer : PACCAR Incorporated
 Subject : Underhood Battery Jumper Cable May Short Circuit
 Make Model Model Years
 PETERBILT 365 2015-2020
 PETERBILT 389 2015-2020
 PETERBILT 567 2015-2020
 PETERBILT 579 2015-2020
 NHTSA Recall ID Number :

20V131
 Manufacturer : Halcore Group, Inc.
 Subject : Undersized A/C Input Power Cord May Cause Short
 Make Model Model Years
 AEV TRAUMAHAWK 2018
 NHTSA Recall ID Number : 20V132
 Manufacturer : PACCAR Incorporated
 Subject : Delayed Brake Release/FMVSS 121
 Make Model Model Years
 PETERBILT 320 2016-2020
 PETERBILT 520 2016-2020
 NHTSA Recall ID Number : 20V133
 Manufacturer : Corp. Micro Bird Inc.
 Subject : Emergency Door May Not Stay Open/FMVSS 217
 Make Model Model Years
 MICRO BIRD G5 2004-2021
 MICRO BIRD MB II 2004-2021
 MICRO BIRD T-SERIES 2004-2021
 NHTSA Recall ID Number : 20V134
 Manufacturer : Triple E Recreational Vehicles
 Subject : Unprotected Ceiling Pot Light Wires May Cause Fire
 Make Model Model Years
 TRIPLE E RV WONDER 2020
 NHTSA Recall ID Number : 20V135
 Manufacturer : Volkswagen Group of America, Inc.
 Subject : Brake Booster Pressure Rod Incorrectly Installed
 Make Model Model Years
 VOLKSWAGEN ARTEON 2019
 NHTSA Recall ID Number : 20V138
 Manufacturer : Spartan Fire, LLC
 Subject : Park Brake Control Air Line May Loosen
 Make Model Model Years
 SPARTAN GLADIATOR 2019-2020
 SPARTAN METROSTAR 2019-2020
 NHTSA Recall ID Number : 20V139
 Manufacturer : Concession Nation
 Subject : Trailer may be Overloaded/49 CFR Part 574
 Make Model Model Years
 CONCESSION NATION QUAT 2019-2020
 NHTSA Recall ID Number : 20V140
 Manufacturer : Heartland Recreational Vehicles, LLC
 Subject : Incorrect GVWR on Certification Label /Part 567
 Make Model Model Years
 HEARTLAND SHADOW CRUISER

ULTRA LITE 2020
 NHTSA Recall ID Number : 20V141
 Manufacturer : Turtle Top
 Subject : Delay In Seatbelt-Unfastened Telltale/FMVSS 208
 Make Model Model Years
 TURTLE TOP ODYSSEY 2019
 NHTSA Recall ID Number : 20V142
 Manufacturer : General Motors LLC
 Subject : Hood May Open Unexpectedly
 Make Model Model Years
 CHEVROLET SILVERADO 2500 2020
 CHEVROLET SILVERADO 3500 2020
 GMC SIERRA 2500 2020
 GMC SIERRA 3500 2020
 NHTSA Recall ID Number : 20V143
 Manufacturer : Jaguar Land Rover North America, LLC
 Subject : Trailer Lights may not Function
 Make Model Model Years
 LAND ROVER DISCOVERY 2017-2018
 NHTSA Recall ID Number : 20V144
 Manufacturer : Volvo Car USA LLC
 Subject : Automatic Emergency Braking May Not Engage
 Make Model Model Years
 VOLVO S60 2019-2020
 VOLVO S90 2019-2020
 VOLVO V60 2019-2020
 VOLVO V60CC 2019-2020
 VOLVO V90 2019-2020
 VOLVO V90CC 2019-2020
 VOLVO XC40 2019-2020
 VOLVO XC60 2019-2020
 VOLVO XC90 2019-2020
 NHTSA Recall ID Number : 20V145
 Manufacturer : Nissan North America, Inc.
 Subject : Rear Seat Belt Assemblies May Not Lock As Intended
 Make Model Model Years
 INFINITI Q60 2020
 NHTSA Recall ID Number : 20V146
 Manufacturer : BMW of North America, LLC
 Subject : Brake Lights Flash During Braking/FMVSS 108
 Make Model Model Years
 BMW F 750 GS 2020
 BMW F 850 GS 2020
 BMW F 850 GS ADVENTURE2020
 BMW F 900 R 2020
 BMW F 900 XR 2020
 BMW R 1250 GS 2020
 BMW R 1250 GS ADVENTURE 2020
 BMW R 1250 R 2020

BMW R 1250 RS 2020
 BMW R NINE T 2020
 BMW R NINE T PURE 2020
 BMW R NINE T SCRAMBLER 2020
 BMW S1000 R2019-2020
 BMW S1000 RR 2020
 NHTSA Recall ID Number : 20V147
 Manufacturer : Eldorado National-Kansas
 Subject : Seat Belt May Not Secure Occupant/FMVSS 210
 Make Model Model Years
 ELDORADO WORLD TRANS 2017-2019
 NHTSA Recall ID Number : 20V149
 Manufacturer : Volkswagen Group of America, Inc.
 Subject : Possible Loss of Steering Control
 Make Model Model Years
 AUDI Q7 2017-2019
 AUDI Q8 2019
 What is a recall?
 When a manufacturer or the National Highway Traffic Safety Administration (NHTSA) determines that a vehicle creates an unreasonable risk to safety or fails to meet minimum safety standards, the manufacturer is required to fix that vehicle at no cost to the owner. That can be done by repairing it, replacing it, offering a refund (for equipment) or, in rare cases, repurchasing the car.
 What should I do if my vehicle is included in this recall?
 If your vehicle is included in this recall, it is very important that you get it fixed as soon as possible given the potential danger to you and your passengers if it is not addressed. You should receive a separate letter in the mail from the vehicle manufacturer, notifying you of the recall and explaining when the remedy will be available, whom to contact to repair your vehicle, and to remind you that the repair will be done at no charge to you. If you believe your vehicle is included in the recall, but you do not receive a letter in the mail from the vehicle manufacturer, please call NHTSA's Vehicle Safety Hotline at 1-888-327-4236, or contact your vehicle manufacturer or dealership.
 Thank you for your attention to this important safety matter and for your commitment to helping save lives on America's roadways.

Attack on Kabul Gurudwara leaves 27 Sikhs dead; India condemns incident, suspects ISI role

KABUL: A group of heavily armed gunmen attacked a Gurudwara in the Shor Bazar area of Kabul on Wednesday (March 25, 2020), killing at least 27 Sikhs and injuring over 150 people who were present during the time of the incident. New Delhi has strongly condemned the attack on the Sikh Gurudwara in Kabul.

"We convey our sincerest condolences to the immediate family members of the deceased and wish speedy recovery to the injured. India stands ready to extend all possible assistance to the affected families of the Hindu and Sikh community of Afghanistan. Such cowardly attacks on the places of religious worship of the minority community, especially at this time of COVID 19 pandemic, is reflective of the diabolical mindset of the perpetrators and their backers. We commend the brave Afghan security forces for their valorous response to the attack and their exemplary courage and dedication to protect the Afghan people and secure the country. India stands in solidarity with the people, the Government and the security forces of Afghanistan in their efforts for bringing peace and security to the country," the MEA said in a release.

Though the Islamic State group has claimed the responsibility for the attack on the a Sikh Gurudwara located in central Kabul, according to the SITE intelligence group, the Indian security agencies believe

that the deadly attack was orchestrated by Pakistan's 'ISI' which is backing ISKP to counter Taliban which has recently signed peace deal with the United States. Taliban will deny so that they are projected as responsible organisation in line with US Taliban agreement. The ISI will use the name of ISKP or unknown outfits to claim responsibility" an officer working in a Central Security establishment told Zee News. After the attack, the ISIL claimed that it had killed several people and left over 150 people injured on its website - Amaq.

IS said that its fighters were currently carrying out an attack on the temple, according to a statement released by SITE, which monitors jihadist networks worldwide.

The Afghan security sources had told the country's media that the Haqqani Network, an ISI controlled group which is part of Taliban, wanted to attack the Indian Mission in Kabul but could not do so due to tight security cover. Hence, they attacked the Gurudwara instead, they added.

The Ashraf Ghani government has also blamed the Pakistan-backed Haqqani network for the terror attack.

Though, no one had initially claimed responsibility for the attack but later Taliban spokesman Zabihullah Mujahid tweeted



and clarified the Taliban were not involved. Under the Taliban rule, all minorities including Sikh were asked to identify themselves by wearing yellow armbands.

News agency Reuters claimed that the death toll was slightly higher. More than 30 people were killed and 42 wounded, 20 of whom were in a serious condition, the agency reported.

This is the deadliest attack since the peace deal was signed between US and the Taliban in Doha, where the US has agreed to completely withdraw its troops from Afghanistan.

At the same time, Pakistan has taken advantage of this opportunity to help terrorist groups operating in Afghanistan.

"The attack started with a boom, apparently a rocket landed in the area, Abdullah and some other politicians ... escaped the attack unhurt," Fraidoon Kwazoon, Abdullah's spokesman, was quoted as saying by Reuters.

Sources said Afghan security forces were engaged in a gun battle with terrorists who stormed Gurudwara in the Shorbazar area Wednesday morning. Around 150 people were worshipping in the Gurudwara at the time of the attack.

However, the security forces, sources said, rescued some worshippers from the Gurudwara. The Sikhs constitute a minuscule minority in Afghanistan. Zee News

Coronavirus: Chinese students paying £20,000 for seats on private jets to escape US as death toll rises

Chinese students are paying tens of thousands of pounds for seats on private jets to escape the US, as the country's coronavirus outbreak threatens to spiral out of control.

With the number of deaths and cases in America rapidly accelerating — more than 780 people have died so far — the World Health Organization has warned that the US could establish itself as the new epicentre of the coronavirus pandemic.

In a world of closed borders and grounded commercial planes, those people with the means to are now fleeing the country in anticipation of a nationwide lockdown that would further restrict movement in and out of the US.

Rather than making the long 60-hour journey home via a series of transit hops over the Pacific, wealthy Chinese students are using private planes to ensure their safe return home.

Annelies Garcia, commercial director for Private Fly, a global booking service for charter flights, said education agents and American schools were typically "making contact on behalf of the Chinese families looking to group together to arrange a private charter, given the lack of airline flights".

Whereas the first two months of the year saw a spike in private jet flights out of

China to the US, Australia and elsewhere, the phenomenon has since been flipped on its head as the pandemic takes root in the West while Asia slowly returns to normality.

Earlier this month, Hong Kong international airport reported one of its busiest days on record for private jet activity, as wealthy residents and Chinese visitors rushed back to the region.

This comes amid a reduction in commercial flights, which is making it harder for people living and working overseas to return home.

ForwardKeys, a travel analytics company, has estimated that as many as 3.3 million seats on transatlantic flights alone are disappearing, while aviation data provider VariFlight recorded that 3,102 out of 3,800 planned commercial flights to and from China were cancelled on Tuesday. Jeff Gong, a lawyer in Shanghai, said his daughter, a high school student in Wisconsin, had "begged" him to fly her home after he asked whether she wanted 180,000 yuan (£21,440) as pocket money or a one-way ticket on a private flight. "My daughter begged me to get her back home ... She said 'No papa, I don't want the money, I want to go home,'" Mr Gong told Reuters.

Richard Zaher, CEO of a US-based private jet charter, said that while his usual clients were "flying as they normally do," his company had seen a surge in queries from people who had never flown private before.

"Inquiries have gone through the roof," he told AFP, noting his company Paramount Business Jets had seen a 400 percent increase in queries, with bookings up roughly 20-25 percent. "It is completely coronavirus," he added.

But even the window for chartered flights is closing fast, further elevating prices. Beijing has banned all chartered flights from overseas and Shanghai is expected to follow suit soon. Hong Kong and Macau have meanwhile blocked transit flights.

To complicate matters further, air charter providers have been notified informally that private jets registered in the US are not allowed to land in China, and vice versa, according to Reuters.



Some companies, such as US-based Air Charter Service, which can fly passengers from Los Angeles to Shanghai for about \$23,000, are circumventing the restrictions by either getting planes from other countries to run the US-China routes or arranging transfers in Tokyo.

Logan Ravishkansar, chief executive of MyJet Asia, a Singapore-based private jet firm, said it was far simpler to charter planes during the Sars outbreak of 2003: "We also saw huge demand back then but it was a lot easier to fly in and out of countries. This time around, governments have put on more controls." Yahoo News

This is what Trump is doing in the Middle East while you're distracted by coronavirus

And still the virus shrouds Donald Trump's mischief in the Middle East.

First it was his sly retreat from Iraq. Now it's his cosy military exercises with the United Arab Emirates – famous in song and legend as a former Saudi ally in the bloody Yemen war – and his cut of \$1bn in aid to Afghanistan, because its presidential feuding may hamper another retreat deal with Trump's newly established chums in the Taliban. And then there's Iran...

So let's look for a moment at the extraordinary mock city built in the Emirates – complete with multi-storey buildings, hotels, apartment complexes, an airport control tower, oil refineries and a central mosque – which Emirati troops and US Marines have been assaulting with much clamour. According to the AP reporter who watched this Hollywood-style epic, Emirati soldiers rappelled from helicopters while Marines “searched narrow streets on the Persian Gulf for mock-enemy forces.”

But who were these “forces”? Iranian, perhaps? In which case, the mock-mosque was presumably Shia, the oil refineries presumably in southern Iran, the old streets in one of Iran's ancient cities. Surely not Shiraz. Surely not Isfahan.

Brigadier General Thomas Savage of the 1st Marine Expeditionary Force didn't seem to think the Iranians might find all this a bit suspicious. The exercise – Operation Native Fury, whose name seemed to carry its own colonial message – is held every two years. “Provocative?” asked the aforesaid Savage. “I don't know. We're about stability in the region. So if they view it as provocative, well, that's up to them. This is just a normal training exercise for us.”

I'm not at all sure that it's “normal” for American armed forces to stage make-believe attacks on scale-model Muslim cities complete with mosque and narrow streets in order to create “stability in the region”. Surely this particular mock-up was not intended to stand in for Yemeni cities, around which Emirati troops have been fighting for four years against pro-Iranian Houthi fighters – before turning against their Saudi allies in the same conflict and doing a quick bunk. The 4,000 US troops had been sent into the Emirates from Diego Garcia and Kuwait, whence they might just have come from the three newly-abandoned American bases in Iraq. General Savage said none of his men had tested positive for coronavirus and “had little contact with the outside world” since shipping out for the exercise.

In a different context, Trump, who also has little contact with the outside world – the real one, that is – has been back to blackmailing his allies “in the region”. While much of that world continues to obsess about imminent pestilential death, US secretary of state Mike Pompeo has suddenly – and with very little publicity – cut \$1bn in aid to Afghanistan and threatened further reductions in cooperation. This is a bitter blow for a nation facing Covid-19 (we can probably dismiss the handful of declared cases and two deaths there as an absurd underestimation), but America comes first!

Trump and Pompeo, you see, are very, very angry that Ashraf Ghani and Abdullah Abdullah both claim to have been elected president in the recent elections – thus endangering the agreement between Washington and the Taliban to withdraw all US forces in return for the Taliban's promise to fight Isis, al-Qaeda and all other jihadis wandering around Afghanistan. The signed understanding between America and what I suppose we must call “Talibani-istan” also includes a mutual exchange of prisoners (5,000 Talibs for 1,000 government troops), to which the rival presidents both object.

Abdullah and Ghani (who was once formally described by his old university in Beirut as a “global thinker”) appear to have forgotten the words of the mighty Persian medieval poet Saadi: that while 10 poor people could sleep on a carpet, two kings could not fit into a single kingdom.

You can see why Pompeo is upset. Not since rival Popes – and I suppose earlier rival Roman emperors – jointly announced their supremacy at the same time have we witnessed such a two-fold panjandrum. If Afghanistan is the graveyard of empires, it is also the font of hubris for its local masters – who, with their palaces, villas, bodyguards and 4x4s will not be affected by the cut in aid. If the two men could reach a resolution to their dispute, Pompeo has announced, the US sanctions will be “revisited” – thus proving that this is indeed a spot of blackmail by Trump. But US sanctions are clearly not going to be “revisited” over Iran which claims – not without some justice – that the ban on imports is hindering its own struggle against Covid-19.

The UN has called for such sanctions to be “urgently re-evaluated”, recalling that human rights reports had already described the malign effect of Iranian sanctions on access to respirators and protective clothes for healthcare workers. The Iranians, with a declared infec-



tion of 27,000 and the death of more than 2,000, may have covered up many more victims – and this, remember, was a regime which couldn't tell the difference between a Ukrainian airliner and an American cruise missile (and lied about it for two days) – but they clearly need help. American sanctions, however, matter more than coronavirus in the Middle East.

So, alas, does Iranian amour propre. With truly Trumpian fantasy – for the US president still calls the virus “Chinese” – Ayatollah Ali Khamenei, inspired it seems by Chinese official comments, has suggested that Covid-19 has been man-made in America and that US medicine “is a way to spread the virus more”. This sort of clap-trap is on a level with Iranian ex-president Mahmoud Ahmadinejad, who claimed that a halo shone over his head at the UN and that his listeners didn't blink for half an hour while he spoke. “You [Americans] might send people as doctors and therapists, maybe they would want to come here and see the effect of the poison they have produced in person,” announced the 80-year-old divine.

After this nonsense, Imran Khan, the Pakistani prime minister, was perhaps the only regional leader who could still appeal to the US to lift sanctions against Iran on “humanitarian grounds” until the virus had receded. Needless to say, he was wasting his time.

And finally, a US Marine Osprey V-22 helicopter took off from the American embassy compound in Beirut last week carrying aboard Amer Fakhoury, a former member of Israel's proxy South Lebanon Army militia in southern Lebanon. Fakhoury, now a US citizen, had returned to Lebanon last September to visit his family – he was met at Beirut airport by a senior army officer – but was recognised by former prisoners as an ex-warden at Israel's notorious Khiam jail. He was immediately accused

by the Lebanese authorities of torturing inmates and brought before a military tribunal.

Fakhoury denied – and still denies – all the charges against him. He was subsequently released when a judge said the crimes levelled against him occurred more than 10 years ago. Fakhoury, who entered hospital in Beirut suffering from stage 4 lymphoma, had fled across the border after Israel's retreat from Lebanon in 2000. An appeal was lodged against his release by a military judge, but Fakhoury was nonetheless flown out of Lebanon. “We've been working very hard to get him freed,” Trump said. Which is true. A US embassy official insisted on attending the military court last year when Fakhoury made his first appearance.

Khiam prison was notorious for the torture and mistreatment of Shia Muslim prisoners – both men and women – and both Amnesty International and Human Rights Watch published numerous and detailed reports of torture at the jail. The Independent also published eye-witness accounts of torture. And Fakhoury's release prompted an outburst of fury from Lebanese parties who believed that their government had acted under threat of economic sanctions from Washington.

There were even claims that the Iranian-paid and armed Hezbollah militia had been involved in discussions for Fakhoury's release with a representative of the Trump administration. Its leader, Sayed Hassan Nasrallah, in a rare burst of anger, denied such a conspiracy.

Of course, scarcely anyone saw the departure of Lebanon's most famous prisoner. For as the American helicopter lifted him to freedom over the Mediterranean, it did so with few witnesses; Beirut's inhabitants were hiding in their homes to avoid catching the Covid-19. Robert Fisk
The Independent

YOUR HOROSCOPE MARCH 2020



April Horoscope 2020 Overview
The Full Moon will occur on April 8th. Also, during that night, the Super Moon phenomenon will appear when the Moon seems bigger and shinier than usual. The Full Moon is here to let us know that for everything we want to accomplish, we need to make the necessary effort! This is about the practical side of our plans, dreams, and ideals. Wednesday, April 22nd, will take place the Lyrids Meteor Shower. The phenomenon appears when Earth passes through the tail of a comet. The New Moon occurring on April 23rd tells us that the zodiac signs need to be more diplomatic, to welcome and to talk the language of the others, not to wait to be understood, and they can discover they were wrong. This is a good month for a change of look, or for starting a diet. They will receive money in the second week of the month and travel on the weekend.

ARIES (March 20 – April 19)
A sense of well being will be setting the tone for the month. Optimism connected to changes have been occurring in your area of shared resources. Your feelings of personal responsibilities does not seem to be defined, in order for you to comprehend what other people expect from you. Call for clarification. Desire to acquire a luxury item on impulse for entertainment purposes could backfire unless you give this some thought. It is very unlikely that you will, before you jump into it.

If you use this content (in english or translated), please add a link to the source ! <https://www.yearly-horoscope.org/april-2020-monthly/>

TAURUS (April 19 – May 20)
Privacy seems to be very important for you this month but you also desire to put your best front forward. Sudden changes connected to your work area could be present and these changes will not make you very happy. Adaptation should be the key to this situation as changes are very hard for you to take. You should be prepared mentally to receive a learning experience in this area. Worries in your marriage and partnership area could be bothersome to you but a friendly interchange of thoughts with a friend could be helpful in putting your mind at ease.

GEMINI (May 20 – June 21) This month could find some of you involved with friends and charitable activities. These could be connected to your work or business, but uncertainty could be causing you some worries. News could be reaching you connected to your position or status in the community, bringing information that could be very useful to you.

Impulsive action to seek enjoyment on a trip could be cause of a disagreement; cooperation and refrain should be looked into. An illusory sense of well being could be developing concerning your joint finances. You will not be happy when looking for some reality in this situation

CANCER (June 21 – July 22)
Social status and the community seem to be very much on the forefront for you this month. Entertainment and social activities are also plentiful. Activities at the home base have been increasing. Some of you could be changing residence but this could cause you many unexpected expenses that could dip into your shared resources. Informing yourself before you get involved or sign anything would be advisable. A friend with good intentions could be misinformed. Trusting yourself and what you know before you make any decisions will be for the best.

LEO (July 22 – August 22) This month, some of you Leos will be getting a more philosophical outlook into your life. As the month progresses, you will be looking at a deeper meaning into where you are going. Disagreement with mate or partner could be rocking the boat, negotiation with feelings toward each party will smooth the way. Asserting yourself during this challenging circumstances will be very beneficial for all. A work related matter can show a very promising outlook but remember that everything that shines is not gold. You will not be handed complete information into details that could be very important.

VIRGO (August 22 – September 22) The spotlight this month is on your area of outside resources of income. News concerning this in connection to a partnership or your mate could be on the agenda for you. Preoccupation could be created by this situation. Intuition and sense of responsibility will come into play. There should be lots of activities connected to your personal sources, some unexpected expenses related to your line of work could come to pass. Inclination to act rashly should be curtailed and prudence be called for.

LIBRA (September 22 – October 23) For some of you wedding bells could be ringing right now and some of you could also be entering into business partnerships. Minor differences in your point of view with loved one could come to a head and become blown out of proportion. So, iron out whatever you do not agree upon before anything is signed and sealed. New opportunities for career promotion together with a delayed financial reward could be in the picture for you. Imaginary responsibilities could be cause of worries, so try to be realistic and look at other points of view.

SCORPIO (October 23 – November 22)
The spotlight this month is on your area of work. Responsibilities need to be clarified as lack of communication is impairing your understanding of them. Issues should be faced and discussed. Changes at your home front seem to be happening in an unexpected fashion, giving you sense of having your hands tied in spite of your needs. Remembering past experience could be helpful. Tension and frustration could be worked out in a loving manner with mate or partner. Exchanges of the minds with loved one seems to be called for and lesson will be well learned.

SAGITTARIUS (November 22 – December 21) Entertainment and social activities with good friends will come your way. Lots of communication between you and friends will also be featured, bringing unexpected news. An experience that will be brought up to the forefront should be well learned. Your work area is bringing you pleasant circumstances and some of you might be promised financial reward, but remember that promises are only promises, so follow up.

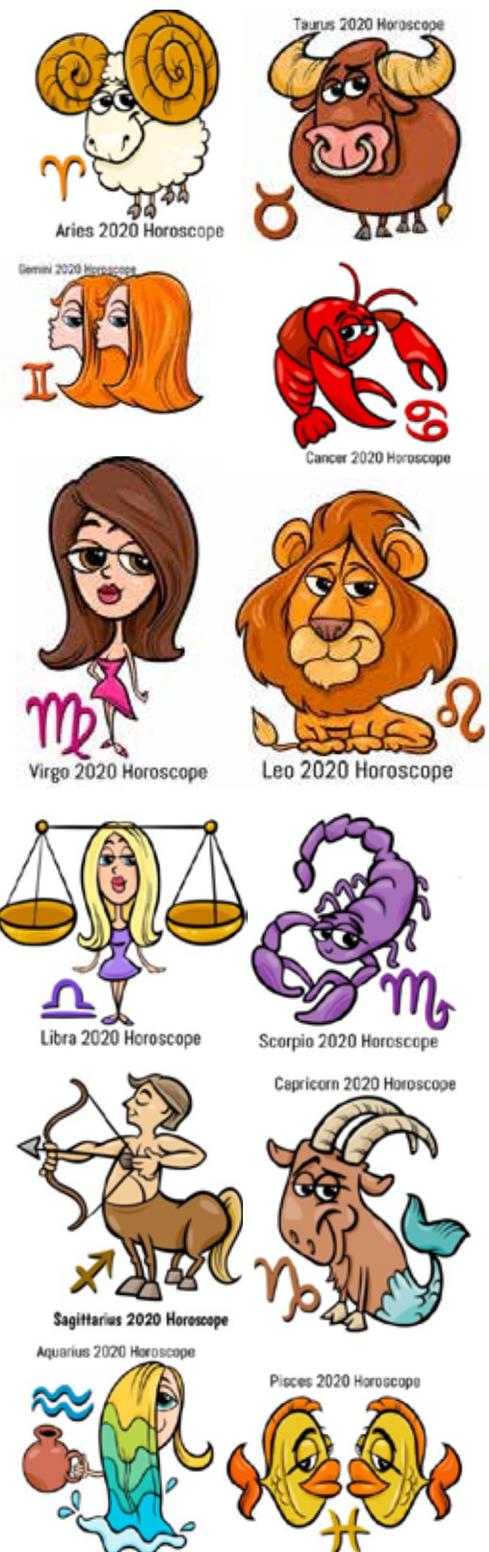
Many of you Sagitarians could be contemplating a change of residence as you start feeling restless in your surroundings. Good opportunity of doing so might come your way.

CAPRICORN (December 21 – January 21) The spotlight this month is at your home base. Slow changes are going to start a momentum and moving could be one of the things that you could see in the immediate future. Preoccupation about this change could bother you, but they will pass briefly. Insecurities about your role and responsibilities at home could be bothering you, so communication with loved one could clarify and define the situation for you. A sibling or close relative could teach you a thing or two in reference to your joint finances. Emotions could get in the way. Lines of communication with mate or partner will be harmoniously opened in the second half of the month, so you will be able to accomplish many things concerning future plan

AQUARIUS (January 21 – February 18) Interchange of ideas with sibling or close relatives about changes will bring you a learning experience and a different outlook into your life. Avoid confrontations as emotions could get in the way; cooperation will be necessary. Your work area will be calling for adjustments as differences will abound. Fast acting could be detrimental so a friendly approach could be the best way. Worries about your future goals will be bothering you, but listening to your inner feelings will guide you. Future material rewards could be on the horizon.

PISCES (February 19 – March 20) The spotlight this month is on your area of personal resources and values. You

will be learning a thing or two concerning your joint finances and mate or partner will be giving a lot of input in this area. Interchange of ideas at your work place will be necessary as inner conflicts seem to be playing you. Negotiations in a friendly atmosphere should take place. Keep your mind open to suggestions that could be very beneficial to you. Emotional need for some recreational and social activities could be felt and thoughts about traveling will cross your mind. Since the beginning of the month, we advise you to take full advantage of this day because the relationship with the partner is excellent, and you will finalize everything you planned on doing together. April is favorable for social and material achievements, and you will have the greatest chances of success if you focus on routine activities. However, success is on your side, and everything you plan in April will work out the way you want, especially since you have plenty of new professional ideas, which, unfortunately, are not enough if you don't have faith in your strength.



Trump says keeping US Covid-19 deaths to 100,000 would be a 'very good job'

Donald Trump has extended America's national shutdown for a month, bowing to public health experts, and scientific reality, and warning that the worst of the coronavirus pandemic is yet to come.

Speaking in the White House Rose Garden, the US president claimed that, if his administration keeps the death toll to 100,000, it will have done "a very good job" – a startling shift from his optimistic predictions of a few days ago when he said he hoped to restart the economy by Easter.

Trump also undermined his plea for unity by uttering falsehoods, verbally abusing reporters and making incendiary allegations that implied health care workers were stealing masks, without providing evidence.

The extended deadline marked a humiliating retreat for the president who, having squandered six precious weeks at the start of the pandemic, more recently complained that the cure is worse than the problem and floated Easter Sunday as a "beautiful timeline" for reopening big swathes of the country.

Coronavirus

All the latest news on how India is fighting the pandemic

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Related: Ignore the bankers – the Trump economy is not worth more coronavirus deaths | Robert Reich

He claimed this had only been "aspirational" as his advisers urged him not to move too hastily. He announced the initial 15-day period of social distancing urged by the federal government, which was due to expire on Monday, would be extended to 30 April, and said he hoped normality might return by 1 June.

The guidelines recommend against big group gatherings and urge older people and anyone with existing health problems to stay at home. People were also urged to work at home when possible and avoid restaurants, bars, non-essential travel and shopping trips.

"The modelling estimates that the peak in death rate is likely to hit in two weeks," Trump told reporters, with the toll already at more than 2,400. "Nothing would be worse than declaring victory before the victory is won. That would be the greatest loss of all."

He added: "We can expect by June 1st we will be well on our way to recovery."

The shift came as the full horror of the pandemic appeared to dawn on a president who long downplayed it. Dr Anthony Fauci, the government's top infectious disease expert, said the US could experience more than 100,000 deaths and millions of infections. Fauci praised the extension as a "wise and prudent" decision.

Trump cited projection models that said potentially 2.2 million people or more could have died had the country tried to "wing it" and not put social distancing measures in place. "I kept asking and we did models," he said. "These are 2.2 million people would have died.

"And so, if we could hold that down, as we're saying, to 100,000 – it's a horrible number, maybe even less, but to 100,000, so we have between 100 [thousand] and 200,000 – we altogether have done a very good job."

Trump also appeared to have been rattled by scenes at Elmhurst Hospital where he grew up in Queens, New York. "I've been watching that for the last week on television," he said. "Body bags all over, in hallways."

"I've been watching them bring in trailer trucks, freezer trucks, they're freezer trucks, because they can't handle the bodies, there are so many of them. This is essentially in my community, in Queens; Queens, New York. I've seen things that I've never seen before."

Trump had minimised the threat of the coronavirus for weeks and ignored the pleas of his health secretary to investing in testing kits and breathing apparatus.



The House Speaker, Nancy Pelosi, told CNN's State of the Union this attitude had cost American lives. "The president, his denial at the beginning, was deadly," she said.

Trump has long been criticised for refusing to own up to his own mistakes and shifting blame to others. In another lengthy, abrasive press conference, he pushed a conspiracy theory speculating that hospital staff may be stealing N95 masks and selling them on the black market.

The current demand does not square with what hospitals usually use, he told reporters. "It's a New York hospital, very – it's packed all the time. How do you go from 10 to 20 [thousand masks per week] to 300,000? Ten [thousand] to 20,000 masks, to 300,000 – even though this is different? Something is going on, and you ought to look into it as reporters. Are they going out the back door?"

He added: "How do you go from 10,000 to 300,000? And we have that in a lot of different places. So somebody should probably look into that, because I just don't see from a practical standpoint how that's possible to go from that to that."

When a reporter asked the president to clarify, he asked for New York Governor Andrew Cuomo and Mayor Bill de Blasio to investigate, adding: "I don't think it's hoarding. I think it's maybe worse than hoarding."



The comments provoked widespread outrage. Joe Kennedy III, a Democratic Congressman from Massachusetts, tweeted: "We need supplies. We need masks. Our frontlines are suffering. Suggesting otherwise is disgusting."

Joe Biden, the front runner for the Democratic presidential nomination, said: "This is ridiculous and completely false. Today's conspiracy mongering from our president is among the most reckless and ignorant moves he has made during this crisis, and there have been many. Lives hang in the balance.

As in previous briefings all week, the president picked fights with individual reporters including Yamiche Alcindor, a reporter at PBS NewsHour who is a woman of colour.

When Alcindor questioned him about comments he made during an interview with Fox News's Sean Hannity that suggested state governors were making exaggerated demands, Trump retorted: "Why don't you act in a little more positive? ... It's always get ya, get ya, get ya. You know what? That's why nobody trusts the media anymore."

He added: "Look, let me tell you something, be nice. Don't be threatening. Be nice.

David Smith in Washington

Over 300 Killed in Iran After Drinking Industrial Alcohol to Save Themselves from Coronavirus

Tehran: Standing over the still body of an intubated 5-year-old boy wearing nothing but a plastic diaper, an Iranian health care worker in a hazmat suit and mask begged the public for just one thing: Stop drinking industrial alcohol over fears about the new coronavirus.

The boy, now blind after his parents gave him toxic methanol in the mistaken belief it protects against the virus, is just one of hundreds of victims of an epidemic inside the pandemic now gripping Iran.

Iranian media reports nearly 300 people have been killed and more than 1,000 sickened so far by ingesting methanol across the Islamic Republic, where drinking alcohol is banned and where those who do rely on bootleggers. It comes as fake remedies spread across social media in Iran, where people remain deeply suspicious of the government after it downplayed the crisis for days before it overwhelmed the country.

The virus is spreading and people are just dying off, and I think they are even less aware of the fact that there are other dangers around," said Dr Knut Erik Hovda, a clinical toxicologist in Oslo who studies methanol poisoning and fears Iran's outbreak could be even worse than reported. "When they keep drinking this, there's going to be more people poisoned." For most people, the new coronavirus causes mild or moderate symptoms, such as fever and cough that clear up in two to three weeks. For some, especially older adults and people with existing health problems, it can cause more severe illness, including pneumonia, or death. The pandemic has swept across the world, overwhelming hospitals, crippling economies and forcing governments to restrict the movements of billions of people. Particularly hard hit has been Iran, home

to 80 million people.

As of now, there is no known cure for COVID-19, the illness caused by the virus. Scientists and doctors continue to study the virus and search for effective medicines and a vaccine.

But in messages forwarded and forwarded again, Iranian social media accounts in Farsi falsely suggested a British school teacher and others cured themselves of the coronavirus with whiskey and honey, based on a tabloid story from early February. Mixed with messages about the use of alcohol-based hand sanitizers, some wrongly believed drinking high-proof alcohol would kill the virus in their bodies. The Islamic Republic has reported over 29,000 confirmed cases and more than 2,200 deaths from the virus, the highest toll of any country in the Middle East. International experts also fear Iran may be under-reporting its cases, as officials for days played down the virus ahead of a parliamentary election.

That fear of the virus, coupled with poor education and internet rumors, saw dozens sickened by drinking bootleg alcohol containing methanol in Iran's southwestern Khuzestan province and its southern city of Shiraz. Videos aired by Iranian media showed patients with IVs stuck in their arms, laying on beds otherwise needed for the fight against the coronavirus, including the intubated 5-year-old boy. Iranian media also reported cases in the cities of Karaj and Yazd.

In Iran, the government mandates that manufacturers of toxic methanol add an artificial color to their products so the public can tell it apart from ethanol, the kind of alcohol that can be used in cleaning wounds. Ethanol is also the kind of alcohol found in alcoholic beverages, though its production is illegal in Iran.

Some bootleggers in Iran use methanol, adding a splash of bleach to mask the added color before selling it as drinkable. Sometimes it is mixed with consumable alcohol to stretch supply, other times it comes as methanol, falsely advertised as drinkable, Hovda said. Methanol also can contaminate traditionally fermented alcohol.

Methanol cannot be smelled or tasted in drinks. It causes delayed organ and brain damage. Symptoms include chest pain, nausea, hyperventilation, blindness and even coma.

"It is rumored that alcohol can wash and sanitize the digestive system," said Dr. Javad Amini Saman in Iran's western city of Kermanshah, where dozens have been hospitalized, "That is very wrong."

Even before the outbreak, methanol poisoning had taken a toll in Iran. One academic study found methanol poisoning sickened 768 people in Iran between September and October 2018 alone, killing 76. Other Muslim nations that ban their citizens from drinking also see such methanol poisoning, although Iran appears to be the only one in the pandemic so far to turn toward it as a fake cure. In Buddhist Cambodia, police said they seized 4,200 liters (1,100 gallons) of methanol from a man who unwittingly planned to make toxic hand sanitizer because of the virus outbreak.

Muslim drinkers in Iran can be punished with cash fines and 80 lashes. However, minority Christians, Jews and Zoroastrians can drink alcoholic beverages in private. While police occasionally announce alcohol busts, the trade in nontoxic alcohol



also continues. Locally made Iranian arak from fermented raisins, known as Aragh sagi, sells for \$10 for a 1.5-liter bottle. Imported vodka sells for \$40 a bottle.

"Every year during Nowruz, or the Persian New Year holidays that begin March 21, my customers double," said Rafik, an Iranian-Armenian who makes vodka in the basement of his Tehran home. He spoke on the condition that only his first name be used for fear of arrest. "This year, because of corona, it jumped up by four- or five-fold."

Farhad, a self-described heavy drinker who lives in central Tehran, said alcohol remains easy to find for those looking for it.

"Even you can find it offered when you are walking down the street," he said. Since 1979, Iran's 40 alcohol factories have seen their production changed to pharmaceutical needs and sanitizers. Others had been left idle, like the abandoned Shams alcohol factory east of Tehran. But now, in a time when even some mosques in Iran hand out high-proof alcohol as a sanitizer, officials plan to start work again at Shams to produce 22,000 liters of 99% alcohol a day.

Yahoo.News

Fan Asks 'How Much Have The Khans Contributed For COVID-19?'; Nikhil Dwivedi Gives A Befitting Reply

As the entire nation collectively continues to combat the novel Coronavirus pandemic, Bollywood stars have been doing their bit to help the government to fight it; right from urging fans to stay home and practice safe-distancing to lending financial aid Akshay Kumar and Varun Dhawan contributed Rs 25 crores and Rs. 30 lakhs respectively to the Prime Minister's Citizen Assistance and Relief in Emergency Situations (PM CARES) fund. Hrithik Roshan reportedly donated Rs. 20 lakhs to Government of Maharashtra to procure preventive masks and other requirements for BMC workers and caretakers. Amidst this, many fans started questioning Shah Rukh Khan, Salman Khan and Aamir Khan's contribution towards Coronavirus relief.

A netizen wrote, "How much have the Khan trio given?" (sic) on her social media page.

To this, Salman Khan's good friend, actor Nikhil Dwivedi, jumped to their defence and said that Salman Khan, Shah Rukh Khan and Amitabh Bachchan spend "substantially" towards social causes. He tweeted, "Salman Khan's BeingHuman foundation works round the year. Once, I myself was sceptical of it. In recent years I had the opportunity of observing it closely & was pleasantly shocked at the kind of monies it spent. Its a sincere charity. SRK spends substantially too. So does Mr Bachchan." (sic)

Speaking about Coronavirus aid, Federation of Western Indian Cine Employees (FWICE) president B N Tiwari recently said that Salman Khan has pledged to support 25,000 daily wage workers from the film industry through 'Being Human Foundation'.

On the other hand, Shah Rukh Khan has always mentioned that he doesn't like to



publicize his charity work. The actor was once quoted as saying in an interview, "I don't like talking about it [charity]. A lot of people and my friends always tell me I should do photographs and stuff when I meet some people. But I don't believe in it.

It is a true thing that if I believe in a cause, I should do it silently and not use my persona as an actor to advocate that."

Madhuri V
Filmibeat

'Together, We'll Win': Kejriwal Addresses C40 Leaders on COVID-19

Delhi Chief Minister Arvind Kejriwal on Friday, 27 March, attended a global meet of C40 Cities Climate Leadership Group to discuss the coronavirus outbreak where he spoke about the steps taken in the national capital to control the spread of the pandemic.

"This is a crisis of unprecedented scale and we are committed to learn and collaborate with leaders across the world. Together, we will win," Kejriwal said at the meeting held through video conferencing, according to a statement, PTI reported.

Representing Delhi and India at the meet, the chief minister said the national capital has aggressively pursued the policy of identifying contacts of coronavirus-affected patients and isolating them, the statement said. Kejriwal was joined by top leaders from around the world, such as mayors of Los Angeles (Eric Garcetti), Seoul (Won-soon Park), Paris (Anne Hidalgo), Milan (Guiseppe Sala), Istanbul (Ekrem Imamoglu) and

Rome (Virginia Raggi), among the 45 mayors who were present at the meet.

He said the economic fallout of the lockdown has disproportionately impacted the city's poor, especially migrant workers from across the country who live in Delhi.

The CM also said the Delhi government is paying Rs 5,000 to every construction worker as sustenance allowance.

Earlier, Kejriwal had said that the state government will provide meals to 325 schools, and feed over four lakh people from Saturday. "There are a total of 39 coronavirus positive cases in Delhi today. Twenty-nine of them had come from outside and were kept in quarantine and 10 of these are cases of local transmission," he said, while briefing the media.

Kejriwal also emphasised on how the government has a plan ready for tackling coronavirus if the cases reported



every day keep increasing. "If every day, around 500 come, or if every day there are 1000 cases, what are the preparations taken? If there are 100 cases, the kind of facility we have, is enough. We are evaluating how many isolation beds, ventilators, and the number of tests we will need accordingly," he added.

The Quint
Yahoo.com

The lockdown, the word Kashmir Being Disrespectful

Since the lockdown, the word Kashmir has popped up a lot on all of our timelines. With many even saying things like 'Hey, We are all Kashmir now'. When Prime Minister Modi announced that the nation is going on a 21 day lockdown, I took to Twitter to express my discomfort - because I just tend to overshare. A Kashmiri follower called out my cries, calling me 'Thankless' for over-reacting. And while it wasn't my intention to ever compare my grief to our Kashmiri brothers', I did realise something - perhaps we're being insensitive.

Here's the fact - yes our lives are going through terrible turmoil, yes our world seems nothing short of dystopian right now, but it doesn't compare the smallest inch to what Kashmir has been going through since August 2019. When Kashmir's special status was revoked without the consent of its inhabitants, a curfew was imposed, the world's most heavily militarised state was further infused with over 35,000 additional troops, turning the state into an open air jail.

And these aren't just metaphors, because its leaders, party workers, political agents were detained or put in house arrest. Yes, anyone with the power to mobilize political sentiment was targeted. This, added with a complete communication blackout. I'm talking no internet, no telephones.

A country that cries watching Bigg Boss

celebrities be separated from their family forgot to understand what it means to not be able to make a call home, a home knee deep in violence and political tension. Where family members did not know when their relatives passed away, and often no way of ever knowing what's happening in the next lane - what Kashmir was put through was barbarity, all, with a tape on its mouth. Kashmiris weren't just cut off from their loved ones, they also were unable to tell the rest of the country about it.

To this day, Kashmir has mostly only 2G internet. In August, horrific stories of patients not being able to get access to doctors came out from Kashmir. To this day, it continues. Doctors in Kashmir still complain of not being able to easily download information about the coronavirus. In times when people need comfort in basic knowledge, when people need to read and educate themselves and understand the situation in the world - Kashmir is still being denied proper internet services.

And the result? Nothing, so far.

What India and the rest of the world is going through right now is a tragedy, and you do have the right to complain, you didn't sign up for this. But the fact remains this - at least we know that our lockdown is actually good for us. To this day, a Kashmiri can't say the same. Similar is the problem with posting things



like "look the world is so clean now, humans were the virus!" - that's easy to say sitting inside our houses, stocking up food and Netflixing the day away.

We do not realise that a vast majority of the country isn't just facing the disease, it is facing severe poverty, hunger, a cut on its daily wage. We shouldn't have to lock ourselves up inside houses, where millions of poor people suffer as they lose their income, to not damage the Earth, that's not a solution.

We should have fought for better policies. We should have used our education to do better. Our existence is not an excuse. We should have done more for sustainability. We should have mended our ways. While you and I can buy food, thousands others can't afford to. And even if they did, where would they keep it? Refrigerators? - There is no income. While we grieve our discomfort, let us not be insensitive to those whose lives

will perhaps forever change.

It is only when we begin to see the different layers in which this affects different parts of the community will we ever be able to help anyone who truly needs it. This is the time to recognise your privilege once again, and do the best that you can with it.

Stay home, educate as many as you can, make a call to your house help and tell them exactly what's going on, figure out a way to transfer early funds, ask the elders in your housing complex if they have everything they need, if nothing, make someone a playlist. Let's be better people after this.

The Quint
Yahoo.com

Pakistan Army forcibly moving COVID-19 positive patients to POK and Gilgit

(ANI): Amid strong protests by locals, the Pakistan Army has started to move COVID-19 positive patients from Punjab province to Pakistan occupied Kashmir (PoK) and Gilgit Baltistan - the two most marginalised areas under Pakistani occupation.

Sources in POK reveal that special quarantine centres have been set-up in Mirpur and other major cities in the occupied regions to cleanse the Punjab province of COVID-19 patients as Army top brass has ordered that no positive patient should be anywhere near where Army facilities and Army family housing is there.

Consequently, large numbers of patients are being moved in locked transport carriers to Mirpur city and other parts of PoK and Gilgit Baltistan.

The local residents have carried out protests against setting up of quarantine centres for COVID-19 patients from Pakistan

as the region already lacks infrastructure and trained medical staff.

They fear the pandemic will grip the entire region and lives of indigenous Kashmiri people are in danger. However, the Pakistan Army top brass is not concerned about this as the POK and Gilgit Baltistan have no political significance in Pakistan especially when compared to the Punjab province.

Residents in Muzaffarabad are terrified that their region is going to be hit by the pandemic and more so because the area simply has no health care facilities to deal with even minor ailments.

They say that the Pakistan Army only thinks about Punjab and nothing else. Jaffar Ismail, a trader in Muzaffarabad's busy downtown area said: "We have been seeing the movement of coronavirus patients from all over Punjab to hospitals in Muzaffarabad and we are very scared at this

latest betrayal of the Kashmiri people by the Pakistan army".

He added: "The Pakistan Army only thinks about Punjab and they want to keep Punjab free of this Coronavirus. They are treating Kashmir and Gilgit as the dustbin of Pakistan."

Dr. Amjad Ayub Mirza, a political activist from PoK said, "On one side we are giving emphasis on social distancing and other side Pakistan government is forcing people to gather and demonstrate against the setting up of quarantine centres."

"There is a lack of governance in Pakistan that's why they have handed over the entire country to the Army. The Army is making all arrangements to suit its interests," said the activist.



The total number of confirmed coronavirus cases in Pakistan surged to 1,000. More than 400 COVID-19 cases were reported from Sindh, the worst-hit region in the country.

The Punjab province recorded nearly 300 Coronavirus cases, whereas the north-eastern province of Khyber Pakhtunkhwa confirmed 78 COVID-19 cases. (ANI)

Who to blame for Yes Bank crisis? Former RBI chief Bimal Jalan tells whom to hold responsible

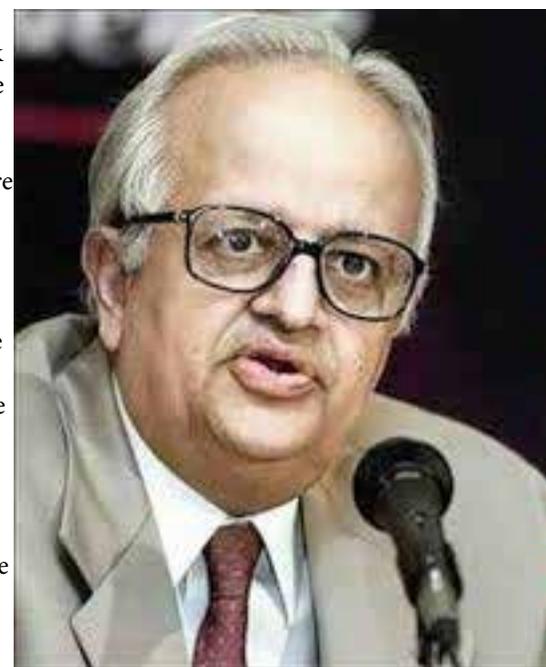
Former Reserve Bank of India Governor Bimal Jalan has said that the crisis at Yes Bank was its own making, and not that of the central bank or the Ministry of Finance. In an interview with news agency PTI, Bimal Jalan, who served as the head of the Reserve Bank of India for a period of six years, said, "I don't think we should blame RBI or the finance ministry for the Yes Bank crisis. For Yes Bank crisis, Yes Bank is responsible." Earlier, Raghuram Rajan, another former RBI governor had said that it was imperative upon the government to get the Yes Bank rescue plan right.

Bimal Jalan's comments come just a few days ahead of the date when the new board of Yes Bank is due to take charge of the bank. RBI-appointed Yes Bank administrator, Prashant Kumar will take over as

the new Managing Director and CEO of the lender on March 26. "The only point that you can make is that the problems in Yes Bank were already visible 2-3 years ago and some steps could have been taken earlier," Jalan added.

Yes Bank's board was superseded on March 5 by the RBI whilst placing the cash-starved bank under a moratorium and limiting withdrawals of customers to Rs 50,000 under the period. In an effort to help the troubled bank stay afloat, India's largest public sector bank State Bank of India along with leading private sector banks infused Rs 10,000 crore picking up 1,000 crore equity shares. The private sector investors include ICICI Bank, HDFC, Axis Bank, Bandhan Bank, Federal Bank, Kotak Mahindra Bank and IDFC Bank.

Along with the Rs 10,000 crore infused via private lenders, Yes Bank has been given a Rs 60,000 crore line of credit by the RBI, only to be used as the last resort. The private lender is also aiming to raise Rs 20,000 crore via certificate of deposits. The new board of Yes Bank will consist of former deputy governor R Gandhi along with SP Jain Institute of Management and Research associate professor Ananth Narayan, Mahesh Krishnamurthy and Atul Bheda have been appointed by the government as non-executive directors. On the behalf of SBI its deputy managing directors J Swaminathan and Partha Pratim Sengupta will take seat on the Yes Bank board. Financial Express



APF Webinar on COVID-19 Preparedness and Response

As part of its commitment to community empowerment, and to share the wealth of medical and public health expertise in our networks, the American Pakistan Foundation will host a series of webinars on the impact of COVID-19 on communities. As COVID-19 cases continue to grow globally, it is important to understand how the public health system and private healthcare organizations are tackling this crisis. This webinar will bring two leading experts who are currently in the middle of coronavirus preparedness and response to share their perspectives on key challenges, opportunities and reali-

ties. Dr. Syra Madad, D.H.Sc., M.Sc., MCP is nationally recognized leader in public health and special pathogen preparedness and response. She is Senior Director of the Special Pathogens Program at New York City Health + Hospitals and is the Principal Investigator of NYC Health + Hospitals Center for Global Healthcare Preparedness to Special Pathogens. She is Core Faculty in the National Ebola Training and Education Center (NETEC) and Assistant Professor in the Graduate Biotechnology/Biodefense Program at the University of Maryland. She is an Alumni Fellow at Johns Hopkins Bloom-

berg School of Public Health, Center for Health Security's Emerging Leaders in Biosecurity Program and the Federal Bureau of Investigation's Behavioral Informatics & Technological Enterprise Studies Program.

Dr. Sajid Chaudhary is an infectious disease specialist in Kissimmee, Florida and is affiliated with multiple hospitals in the area, including Osceola Regional Medical Center and Orlando Regional Medical Center. He is a Clinical Assistant Professor at the University of Central Florida

and Chairman Department of Medicine at Osceola Regional Medical Center. He has served as President of the Association of Physicians of Pakistani Descent of North America.

Imran Husain (moderator) is the President of the Tri-State chapter of the Organization of Pakistani Entrepreneurs and is also CEO of Celeritas Solutions, a digital agency

Deepika Padukone Says Katrina Kaif STOLE Her Idea Of Washing Dishes Amidst The Nationwide Lockdown!

Owing to the ongoing coronavirus pandemic, many celebrities are in self-quarantine. While celebs like Amitabh Bachchan, Akshay Kumar, Shah Rukh Khan, Kartik Aaryan, Salman Khan and Hrithik Roshan are constantly urging their fans not to step out, celebs like Deepika Padukone, Ranveer Singh and Katrina Kaif are busy in giving a sneak-peek into their lives, while they keep themselves in quarantine.

A few days ago, Katrina Kaif had shared a video of herself, wherein the actress can be seen washing her own dishes and urging her fans to save water too!

A few days ago, Katrina Kaif had shared a video of herself, wherein the actress can be seen washing her own dishes and urging her fans to save water too!

Now, Deepika Padukone has shared the same video of Katrina on her Instagram page and captioned it saying, "I regret to inform you that Season 1:Episode 5 stands cancelled because @katrinaikaif stole my idea!Hmfff!! #PlagiarismInTheTimeOfCovid19."

While reacting to Deepika's funny caption, Katrina wrote, "HahahaGot the rights from Rupali my trusted aide (and house staff) Haha stay safe love u guys."

Arjun Kapoor also left a comment on Deepika's post featuring Katrina Kaif and wrote, "@deepikapadukone can we see what's for dessert at ur lovely house in the time of isolation..."

Fans are delighted to see Deepika and Katrina so friendly with each other considering the duo was never friendly to each other.

Deepika Padukone Gives A Major Headache To Producers Of Prabhas Film

Speaking of Deepika and Katrina's work, Deepika was last seen in Chhapaak. She will next be seen in Kabir Khan's '83, which also casts Ranveer Singh in lead role. Katrina, on the other side, will next be seen in Rohit Shetty's Sooryavanshi, which also casts Akshay Kumar



in lead role. Swikriti Srivastava Yahoo.com

Salman Khan To Begin Shooting For 'Kabhi Eid Kabhi Diwali' Two Months Earlier Than Expected?

The ongoing Coronavirus pandemic has led to all releases being postponed along with production being put on hold. So far, several Hollywood, as well as Bollywood biggies, have halted productions midway. However, Salman Khan is already preparing for his next.

The ongoing Coronavirus pandemic has led to all releases being postponed along with production being put on hold. So far, several Hollywood, as well as Bollywood biggies, have halted productions midway. However, Salman Khan is already preparing for his next.

Salman Khan, who was shooting for Radhe before the pandemic, has only 10 days remaining of the film's schedule.

With his calendar clear in the coming months, the actor is confirming dates for his next projects and getting them ready to go on floors.

According to a report in Mumbai Mirror, the actor will prepone the shooting date for his next entertainer, Kabi Eid Kabhi Diwali. The film releasing in Eid 2021, was set to on the floors toward the end of 2020, but now will commence shoot, two months in advance.

The cameras for Kabhi Eid Kabhi Diwali are expected to start rolling as earlier as August 2020. Directed by Farhad Samji, the multi-starrer is said to be a family drama with Salman fighting for a larger cause in an unseen avatar alongside brother-in-law Aayush Sharma and Pooja Hegde.

The report in Mumbai Mirror quoted a source as saying, "There's a beautiful mature love story between the two characters, and Pooja's track acts as the catalyst to the plot." It is said to be a film high on action.

On the other hand, the makers have not yet announced the completion of Radhe: Your Most Wanted Bhai which is scheduled for a release in Eid 2020.

The film directed by Prabhu Deva, also stars, Disha Patani as Salman Khan's love interest alongside Randeep Hooda and Jackie Shroff. The film is a remake of South Korean film titled The Outlaws.



This is the second time Salman is remaking a South Korean film after Bharat, which was based on the South Korean film, Ode to My Father. Sanyukta Thakare Yahoo.com

China has reopened more than 500 cinema screens after drop in coronavirus cases

Chinese authorities have begun to re-open cinemas across the country, after cases of coronavirus have seen a significant reduction.

China was the first country to go into a full lockdown in late January, after the virus was first discovered in the city of Wuhan, with its cinemas having been shuttered ever since.

Earlier this month, it was estimated that the Chinese box office had lost over £1.5 billion in revenue following cinema closures.

But according to reports, Friday last week saw screens re-opening, with 507 theatres in Xinjiang, Shangdong, Sichuan, Fujian and Guangdong.

Ben Arnold Contributor Yahoo Movies UK



Missing: Did Mahima Chaudhury pay for her repeated wrong choices?

Bollywood is not for everyone. Some realise it sooner and tread different paths to make different achievements in life, while others keep trying till the industry throws them off.

In this giant rigmarole of realisations and refusals, we have seen many of

our beloved celebs fading out into oblivion, leaving us wondering, "where are they, how are they...?"

This "Missing Report" series digs deep into the untold stories of such missing stars.

We have also covered missing reports on Tulip Joshi, Uday Chopra, Amrita Rao, Antara Mali, Harman Baweja, Shamita Shetty, Gayatri Joshi, Tanisha Mukerjee, Gracy Singh, Asin, Rinke Khanna and Fardeen Khan. Avantika DYahoo Lifestyle



The actors of Miley Jab Hum Tum: Where are they now?

Miley Jab Hum Tum chronicled the lives of two sisters Nupur and Gunjan who move to Mumbai from a small town.

When the internet didn't come cheap, and the web was mostly used to complete school and college projects, the youth was hooked to Star One for its daily dose of entertainment. Star One's college drama Miley Jab Hum Tum was much loved by viewers for its relatable characters and innocent love stories.

The serial chronicled the lives of two sisters Nupur and Gunjan who move to Mumbai from a small town. Their daily struggles in the big city and efforts to fit in the elite society struck a chord with many. Through Nupur and Gunjan, the youth learned the meaning of friendship, love, family and above all, standing for themselves.

Today, as part of our flashback series, we will tell you what the cast of Miley Jab Hum Tum is up to these days.

Rati Pandey as Nupur Rati Pandey was born in Assam and did her schooling in Patna.

Rati Pandey played Nupur, the elder sister, who is outgoing and carefree. A believer in love, she'd keep talking about her dream man. When the family shifted to Mumbai, Nupur's excitement knew no bounds. However, her effort to impress her college mates by dressing up cool led to her being ragged. After Mayank saves her from ragging, the two strike a friendship, and soon fall in love. They even get married against her parents' wishes. The first season ended on a sad note, with Nupur being killed in an accident but with fans pressuring the makers, she soon made a comeback.

Born in Assam, Rati Pandey did her schooling in Patna before moving to Delhi. She started her career as a participant in Cinestars Ki Khoj. After appearing in a few episodes, she bagged her first lead in Deepti Bhatnagar's Shaadi Street, and then went on to star in Har Ghar Kuch Kehta Hai. Her popularity saw a rise after playing the bubbly Nupur in Miley Jab Hum Tum. Hence, everyone was left surprised when she took up Hitler Didi, a show that required her to play a strict

person. Post a sabbatical, she made a comeback with Begusarai and followed it with Porus, Divya Drishti and Tenali Rama. She is currently part of Dangal TV's Devi.

Sanaya Irani as Gunjan Sanaya Irani also starred in Rangrasiya and Chhanchhan.

In Miley Jab Hum Tum, Sanaya Irani played Gunjan, who is an introvert, but more mature and responsible than her elder sister Nupur. A studious girl, Gunjan cross paths with Samrat, who in a bid to rag her, pretends to be a geek. After saving her from drowning, the two become thick friends, and eventually lovers. The two get married towards the end of the show.

After starring in commercials with Shah Rukh Khan and Kareena Kapoor, Sanaya made her acting debut with Fanaa where she played Kajol's friend. Being not fluent in Hindi, the actor took time to work on herself and then went on to do TV shows Left Right Left, Radhaa Ki Betiyaan Kuch Kar Dikhayengi before bagging Miley Jab Hum Tum. Her role of Khushi in Iss Pyaar Ko Kya Naam Doon further boosted her career. Sanaya also starred in Rangrasiya and Chhanchhan. She married her Miley Jab Hum Tum co-actor Mohit Sehgal in 2016. The actor was last seen in Vikram Bhatt's Ghost.

Mohit Sehgal as Samrat Mohit Sehgal started his career with the film Delhi Heights.

Mohit Sehgal played Samrat, the lead athlete and college star, in Miley Jab Hum Tum. After the initial hiccups in his relationship with Gunjan, the two supported each other by him training her for a talent hunt, and in return Gunjan tutored him. While he dismissed her feelings for him as infatuation, a tragic event lands him in jail, where he realises his love for her.

Mohit Sehgal started his career with the film Delhi Heights, and then moved to TV where he played the lead in Miley Jab Hum Tum. He also played the lead in shows like Mujhse Kuch Kethi Yeh Khamoshiyaan, Qubool Hai, Sarojini - Ek Nayi Pehal and Love Ka Hai Intezaar. Mohit and Sanaya were also the finalists of Nach Baliye 8.



Arjun Bijlani as Mayank Arjun Bijlani started his television career opposite Jennifer Winget in Kartika.

Arjun Bijlani played Mayank, the geeky Greek god of the college and a rival of Samrat, in Miley Jab Hum Tum. However, with the entry of Gunjan and Nupur, the boys also become great friends. Mayank and Nupur end up being project partners, dance partners and travelling partners, which lead them to fall in love. Post their marriage, which earned the disapproval of Nupur's family, the friends' gang support the two to set up their own love nest.

Arjun Bijlani started his television career opposite Jennifer Winget in Kartika. He followed it up with Remix, Left Right Left and Mohe Rang De before bagging

Miley Jab Hum Tum. He also shouldered projects like Pardes Mein Mila Koi Apna, Kaali - Ek Punar Avatar, Chintu Ban Gaya Gentleman, Jo Biwi Se Kare Pyaar and Meri Aashiqui Tumse Hi among more. His fortunes turned overnight when he bagged Naagin with Mouni Roy and Adaa Khan. Bijlani also starred in Kavach, Pardes Mein Hai Mera Dil, Ishq Mein Marjawan and Jhalak Dikhhla Jaa. The actor then went on to host multiple seasons of Dance Deewane and Kitchen Champion. Arjun Bijlani's latest web series State of Siege: 26/11 is currently streaming on ZEE5.

Miley Jab Hum Tum is currently streaming on Hotstar.

Sana Farzeen
The Indian Express



RECIPES

Caribbean Chicken Salad

Ingredients

- 2 skinless, boneless chicken breast halves
- 1/2 cup teriyaki marinade sauce
- 2 tomatoes, seeded and chopped
- 1/2 cup chopped onion
- 2 teaspoons minced jalapeno pepper
- 2 teaspoons chopped fresh cilantro
- 1/4 cup Dijon mustard
- 1/4 cup honey
- 1 1/2 tablespoons white sugar
- 1 tablespoon vegetable oil
- 1 1/2 tablespoons cider vinegar
- 1 1/2 teaspoons lime juice
- 3/4 pound mixed salad greens
- 1 (8 ounce) can pineapple chunks, drained
- 4 cups corn tortilla chips

Directions

Step 1
Place the chicken in a bowl, and cover with the teriyaki marinade sauce. Marinate at least 2 hours in the refrigerator.

Step 2
In a small bowl mix the tomatoes, onion, jalapeno pepper, and cilantro. Cover salsa, and refrigerate.

Step 3
In a small bowl, mix the mustard, honey, sugar, oil, vinegar, and lime juice. Cover

dressing, and refrigerate.

Step 4
Preheat the grill for high heat.

Step 5
Lightly oil grill grate. Place chicken on the grill, and discard marinade. Cook for 6 to 8 minutes on each side, or until juices run clear.

Step 6
Arrange mixed salad greens on plates. Spoon some of the salsa over each salad, and sprinkle with 1/4 of the pineapple chunks. Break tortilla chips into large chunks, and sprinkle over salads. Lay some of the grilled chicken strips on each salad. Finally, drizzle dressing over each salad, and serve.

The nutrition data for this recipe includes information for the full amount of the marinade ingredients. Depending on marinating time, ingredients, cook time, etc., the actual amount of the marinade consumed will vary.

Per Serving:
443 calories; 11.3 g total fat; 34 mg cholesterol; 1561 mg sodium. 68.8 g carbohydrates; 18.9 g protein; Full Nutrition
By Marcy Dzurisin



Traditional Mexican Guacamole



This guacamole is great! Whether or not you want it spicy, this guacamole is a dip to die for!

Ingredients
2 avocados, peeled and pitted
1 cup chopped tomatoes
1/4 cup chopped onion
1/4 cup chopped cilantro
2 tablespoons lemon juice
1 jalapeno pepper, seeded and minced (optional)
salt and ground black pepper to taste
Add all ingredients to list

Directions

Mash avocados in a bowl until creamy. Mix tomatoes, onion, cilantro, lemon juice, and jalapeno pepper into mashed avocado until well combined; season with salt and black pepper
Nutrition Facts

Per Serving: 176 calories; 14.9 g fat; 12.2 g carbohydrates; 2.7 g protein; 0 mg cholesterol; 50 mg sodium. Full nutrition

Recipe by:Kaersten

Sweet and Spicy Baked Keto Chicken Wings

Ingredients

- aluminum foil cooking spray
- 1/2 cup butter Land O Lakes Spreadable Butter With Canola Oil 8 Oz
- \$1.99 for 1 item - expires today

- 3/4 cup hot pepper sauce (such as Valentina®)
- 1/4 cup sucralose sugar substitute (such as Splenda®)
- 1/4 teaspoon salt
- 1/4 teaspoon garlic powder
- 3 pounds chicken wing pieces, drumettes and flats
- 1/2 cup blue cheese salad dressing (optional)
- Wish-Bone Chunky Blue Cheese Salad Dressing 15 Fl Oz
- \$5.00 for 2 item - expires in 2 days
- Add all ingredients to list

Directions

Preheat the oven to 425 degrees F (220 degrees C). Line a rimmed baking pan with foil. Spray a wire rack with cooking spray and set inside the baking pan.

Melt butter in a small saucepan. Mix in hot sauce, sucralose, salt, and garlic powder. Remove from heat and set sauce aside.

Place chicken wing pieces on the prepared rack.

Bake in the preheated oven for 15 minutes. Remove from the oven, pour off any juices accumulated in the bottom of the pan, and turn chicken pieces over. Bake for an additional 15 minutes.

Remove chicken from the oven and transfer to a large bowl. Cover with sauce and toss to coat. Return chicken to the rack on the baking pan and bake until no longer

pink at the bone and the juices run clear, 15 to 30 minutes. An instant-read thermometer inserted near the bone should read 165 degrees F (74 degrees C)

Recipe

by:SunnyDaysNora



HINDI MOVIE RELEASE DATES

Opening	Title	Director	Cast	Genre
A P R	10	<i>Lootcase</i>	Rajesh Krishnan Kunal Khemu · Rasika Dugal · Gajraj Rao · Ranvir Shorey · Vijay Raaz	Comedy drama
	17	<i>Gulabo Sitabo</i>	Shoojit Sircar Amitabh Bachchan · Ayushmann Khurrana	Drama
	24	<i>Ludo</i>	Anurag Basu Abhishek Bachchan · Rajkumar Rao · Fatima Sana Shaikh · Aditya Roy Kapur · Sanya Malhotra · Pankaj Tripathi	Action comedy
		<i>Gunjan Saxena</i>	Sharan Sharma Janhvi Kapoor · Pankaj Tripathi · Angad Bedi · Vineet Kumar Singh · Manav Vij	Biopic
	<i>Code Name Abdul</i>	Eshwar Gunturu Tanishaa Mukerji · Khatera Hakimi · Sumend Wankhade · Ashok Chaudhry · Akku Kulhari	Spy Thriller	

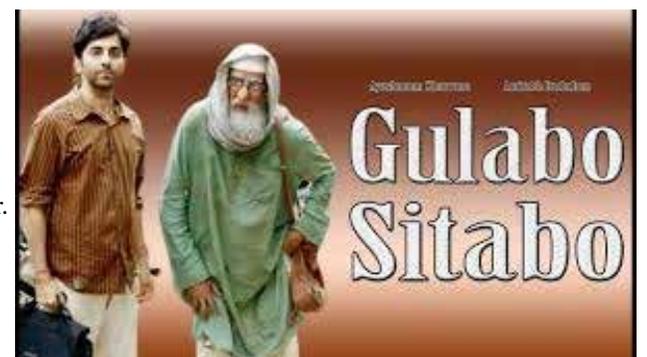
Gulabo Sitabo

Gulabo Sitabo is an upcoming 2020 Indian family comedy-drama film directed by Shoojit Sircar, produced by Ronnie Lahiri and Sheel Kumar, and written by Juhi Chaturvedi. Set in Lucknow, it stars Amitabh Bachchan and Ayushmann Khurrana. Eponymous glove puppet characters, Gulabo and Sitabo are from Uttar Pradesh, their story is full of local humour and songs, depicting day-to-day struggle of common man.[2] The film is scheduled for release on 17 April 2020.

In May 2019, in an interview Shoojit Sircar informed that Juhi Chaturvedi and he worked on the script. He also revealed Chaturvedi came up with a quirky story. He said, "As soon as I read the script, I shared it with Mr Bachchan and Ayushmann at the same time. I thought it would take some time to develop and take it forward, but everyone was so enthusiastic to work on this script, they figured out their dates and here we are..." He further informed that the title of the film is a col-

loquial term used in Lucknow[2]

Amitabh Bachchan and Ayushmann Khurrana were cast for the lead roles, making it their first film together. The filming began in the third week of June 2019 in Lucknow



Gunjan Saxena

Gunjan Saxena: The Kargil Girl is an upcoming Indian 2020 Hindi biopic film directed by Sharan Sharma and produced under Dharma Productions and Zee Studios. The film features Janhvi Kapoor in the lead role of Indian Air Force pilot Gunjan Saxena, the first female and Indian woman airforce pilot in combat along with Srividya Rajan. It also features Pankaj Tripathi and Angad Bedi in supporting roles. The film was announced on 26 December 2018 as Kapoor shared the first look.

Principal photography commenced on 20 February 2019 and was wrapped up in October; it was extensively filmed across Lucknow The film is scheduled to be theatrically released on 24 April 2020.

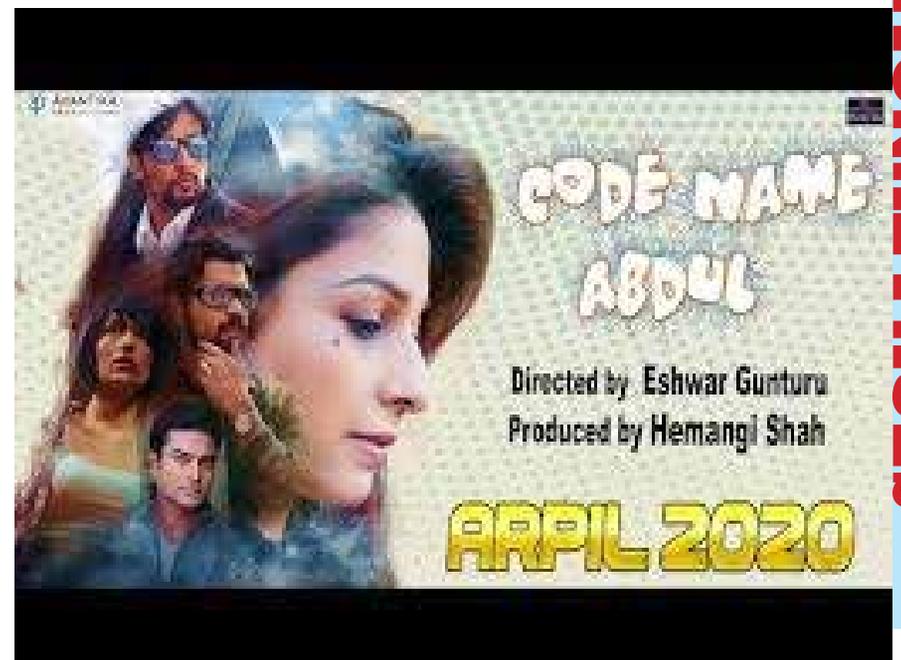
Kargil Girl is based on the life of Gunjan Saxena, an Indian Air Force Pilot. The film features Janhvi Kapoor, Pankaj Tripathi and Angad Bedi in the lead roles.



Code Name Abdul

Code Name Abdul is an upcoming 2020 Indian Hindi-language spy thriller film directed by Eshwar Gunturu. The film stars Kajol's sister Tanishaa Mukerji in the lead role, who recently was awarded for her NGO, STaMP NGO. The film revolves around a secret mission given to RAW. The film is scheduled for theatrical release in India on 24 April 2020

Code Name Abdul is a Hindi movie starring Tanishaa Mukerji and Deepak Ravella in prominent roles. It is a drama directed & written by Esh Gunturu with Amar Mohile as musician, forming part of the crew.



HEALTH

5 key questions to help you develop a caregiving plan

If you're taking on the role of caregiver for the first time, you probably have many questions: What exactly will it entail? Where can you find help? How do you even start?

When faced with this kind of uncertainty, the best thing you can do for your loved one — and yourself — is to make a caregiving plan. Of course, your loved one's needs may change over time, and you can never plan for every last detail or eventuality. But if you begin by covering the basics, you will have an important foundation to build on later.

Your initial caregiving plan will largely depend on your answers to these five key questions:

For whom are you caring — an aging parent, an ill partner or friend, or a disabled family member?

What precipitated the need for care? Is the situation time-limited (e.g., for someone who needs care while healing from surgery or an injury) or likely to continue indefinitely?

What care or services will the person need?

Aside from basic needs, what does your

loved one want? For example, elderly parents may want to continue living independently at home rather than move in with you or to a nursing home. How can you help the person meet these goals?

As you begin to develop your plan, think about your own caregiving goals, too. The circumstances for each person and his or her needs will of course vary, but you can definitely make it a goal to treat your loved one with compassion and honor his or her dignity at all times.

Next, have an open, honest conversation with your care recipient about what both of you expect and determine just what issues need to be addressed.

However, an initial plan is just that — a first step. Change is one of the few certainties of caregiving, so it is important to re-evaluate your situation early and often, and to make changes whenever necessary. If possible, it can help to keep a step or two ahead by asking your loved one's doctors and other experts for their assessment of how the situation might change in another few weeks, months, or years.

Provide the very best care for someone you love

At a moment's notice, you could end up joining the millions of Americans who are filling the role of caregiver for a loved one. Although caregiving is the ultimate act of love and commitment, it can also cause undeniable strain.

In the Caregiver's Handbook, the experts at Harvard Medical School show you how to meet the needs of the person you love — whether you take it on yourself, share the responsibilities with family, or hire professional help — and still take care of yourself.

You'll discover how to:

- Discuss issues with family members, peacefully and productively
- Decide if you need an elder care attorney
- Cut costs to ease financial burdens
- Help inactive people become more independent
- Get long-term care without putting your loved one in a nursing home



Find a doctor that can improve your loved one's chances of living independently — and even increase their quality of life. And so much more! Plus, you get a Special Section, "Care for the caregiver," that reveals:

- The secrets to balancing work and caregiving — and how your employer can help
- The right way to lift and move loved ones with mobility problems — without hurting your back
- How to say "no" so you don't end up "doing it all"
- 3 great ways to de-stress and unwind
- How to get others to help out and lighten your load

Don't let joint pain keep you from enjoying life

Sore, throbbing joints can make life difficult. About all you can think of doing is heading for the couch and sitting there till the pain goes away.

But sitting can actually make joint pain worse!

Hours of sitting tighten hip flexor and hamstring muscles and stiffen the joints. Tight hip flexors and hamstrings can affect gait and balance, making it harder to walk — or even making you more likely to fall.

That's why experts at Harvard Medical School created The Joint Pain Relief Workout. This remarkable book brings you 47 targeted joint exercises for shoulders, hips, ankles, and knees that help reduce pain and stiffness and improve flexibility.

You'll get photos of each exercise, along with lists of tips and techniques, the number of repetitions you should do, and even ideas for making the moves easier or harder depending on your fitness level.

Plus, included in your Joint Pain Relief Workout are 2 special extras:

#1: Walking plan and program: If joint pain is making you more sedentary, try the special walking plan on page 10 of The Joint Pain Relief Workout. You'll see how to safely increase your physical activity — why it's minutes, not miles, that matter

most — plus get 10 ways to up your motivation to move more.

#2: Wrist & elbow mini-workout: Don't let tennis elbow or golfer's elbow or your 9-to-5 office routine sideline you. On page 43, you'll find four exercises for keeping wrists and elbows moving freely — and you'll even get an easy exercise to strengthen your hand.

There's no need to let stiff, aching joints keep you from doing what you love. You can help control the pain, increase your flexibility and range of motion, and get amazing relief with the right exercises!

The Joint Pain Relief Workout is like physical therapy you can do at home. This Special Health Report has everything you need, including:

- 47 targeted exercises designed specifically to strengthen and relieve pain in ankles, knees, hips, and shoulders
- Photos of each exercise that show proper form
- Full descriptions of positions and movements so you know you're doing each move correctly
- Helpful tips and techniques along with recommended numbers of repetitions and sets, tempo, and intensity
- Tricks for making each move easier or harder, depending on your fitness level



Plus, you get these extras:

- A quick-start walking plan
- Mini-workout for wrists and elbows

Log and planning sheets to keep you motivated. This exercise is one of 12 simple moves you can do to strengthen your ankles and improve your balance. Get your copy of The Joint Pain Relief Workout and do the ankle workout to improve flexibility; stretch tight tendons, ligaments, and muscles; and improve "proprioception," the

sense that helps you keep your balance. Altogether, this short routine will help keep you steady on your feet.



WORDS SEARCH

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Shaheen Bagh Solidarity at London's Million Women Rise March

At the several thousand strong Million Women Rise 2020 march against male violence which took place in London, Saturday, on the eve of International Women's Day, a vibrant contingent of women marched in solidarity with Shaheen Bagh, the women's sit-in in Delhi, which has become a symbol of the resistance against the Modi regime's discriminatory and fascist Citizenship measures and all the other Shaheen Baghs across the country. These measures - the Citizenship Amendment Act (CAA), National Register of Citizens (NRC) and National Population Register (NPR) - are widely recognised as being a first step on the road to ethnic cleansing and genocide and represent the vision of an exclusive Hindu state promoted by India's Hindu supremacist BJP government led by Narendra Modi.

The Shaheen Bagh bloc at the demonstration highlighted the iconic nature of the women's occupation in Delhi which has been going on since 14 December and has inspired hundreds of other Shaheen Baghs all over India. The protests sites have become spaces of safety and creativity where women are putting forward an alternative vision of the future in which all kinds of oppression can be challenged. Muslim women will be those most affected by the citizenship measures and they have been at the forefront of resistance, countering the stereotypes, which are also pervasive in India, of

Muslim women as passive victims.

During the horrific violence of the Delhi pogroms at the end of February, 53 people, mainly Muslims, lost their lives, hundreds were severely injured and thousands saw their homes burnt down and their property destroyed. However, Shaheen Bagh remained strong, despite severe intimidation. Women in some of the other occupation sites, such as Jafarabad in North East Delhi, were forced by the horrific attacks by Hindu far-right mobs as well as the Delhi police to briefly abandon the occupation, but they have now all moved back, stronger than ever, to continue their peaceful protests defying brutal state repression and fascist violence.

Marching alongside Turkish, Latin American and other feminists from across the world facing repression and patriarchal violence, the Shaheen Bagh bloc in London shouted slogans such as 'Shaheen Bagh we stand with you, you won't let the fascists through', 'Modi, Shah you can't hide, you are committing genocide', and 'Shaheen Bagh is here to stay, until you scrap the CAA' and carried a banner with artwork produced at Shaheen Bagh.

Speaking at the Million Women Rise rally at Trafalgar Square, Amrit Wilson from South Asia Solidarity Group said :



This is a global agenda linking India's prime minister Modi with Trump, Netanyahu and Boris Johnson. Linking the suffering of Kashmir, Myanmar, Palestine and India to the US and UK. In India this fascism takes the form of upper-caste Hindu supremacy. The Indian government is demanding that people prove their citizenship with documents going back generations. If you are a Muslim and have no papers of this sort you will be locked up in a detention centre even if your family has always lived in the country. Massive detention centres have already been set up and many who have been detained have died there. The new Citizenship laws make religion central, for the first time. In this country we

know about the horrific injustice of Windrush, we know about Yarl's Wood, these are the symptoms of fascism. In India we can see the next terrifying stage. As in Hitler's Germany, denial of citizenship to millions of people is likely to be followed by a genocide. But in these dark days, the wonderful inspiring flowers of resistance have bloomed. Muslim women, those who have been stereotyped as passive, as unresisting, have come out in their thousands, they have organised continuous sit-ins in resistance to these genocidal laws.

Kerala's First COVID-19 Fatality Buried As Per Protocol

The body of a 69-year-old man who died due to novel coronavirus infection was buried in Kochi, Kerala, on Saturday, in a simple ceremony attended by only five relatives and monitored by officials after it was brought wrapped in leak-proof bag as per the Union Health Ministry guidelines.

The man, hailing from Chullikkal in Ernakulam, was admitted to the isolation ward on March 22 after his return from Dubai. He was admitted with symptoms of pneumonia but later tested positive for coronavirus. He was also suffering from heart disease and high blood pressure and had undergone a bypass surgery earlier. His wife and the taxi driver who ferried him from the airport to his home from airport on March 16, have tested positive for COVID-19 and are now being treated at the isolation facility at the hospital.

Only Five Relatives, Dozens of Protocols

The body was brought to the burial ground of a masjid near Mattancherry secured in a triple-layer body bag, the exterior of which was decontaminated, to ensure it posed no risk to others while being transported in ambulance. The man, who had returned from Dubai, died at the Government Medical College Hospital, in Ernakulam on Saturday morning, becoming Kerala's first COVID-19 fatality. Five relatives, five volunteers and five officials of the district administration, health department and Kochi city corporation were present for the burial. Relatives said final prayers for the departed soul before the body was laid to rest at 3 pm. They were not allowed to touch the body.

Social Distancing Maintained Throughout

Officials said large gathering was not allowed at the burial ground as a



social distancing measure. Volunteers, who handled the burial, followed standard precautions, wearing masks and gloves. The burial ground staff, who were sensitised that COVID-19 would not pose any risk, had dug a special 10-feet deep pit in an identified spot in the burial ground before the body was brought for burial. Earlier, Kerala

Health Minister K K Shailaja said certain protocols had to be followed by the family of the deceased.

His wife and daughter were allowed to see the body through a video call with the hospital before it was wrapped for the funeral. The Quint

Coronavirus proved Bernie Sanders was right. Now we have to settle for a recession led by Biden

The US was wholly unprepared for the coronavirus pandemic.

Senator Bernie Sanders warned us about the inadequacy of our healthcare system for years; he warned us what would happen if disaster struck and it has. But we didn't listen and now the Democratic candidate that appears almost guaranteed to take the Party's presidential nomination this summer is former VP Joe Biden, someone who still thinks radical reform isn't what the American people need.

So, what kind of president would Biden be if he went on to beat Trump at the polls in November? Just compare what both men have been doing since the coronavirus panic began in the US, in March.

#WheresJoe and #WheresJoeBiden have been trending on Twitter, uniting both Trump supporters and supporters of Bernie Sanders. Those using the hashtags have been asking why Biden disappeared for an entire week in the middle of the pandemic. Like many Americans, the former VP decided to hunker down during the crisis to avoid exposure and even built a recording studio in his basement so he could broadcast his speeches without risking his health. But he also urged

voters to show up at the polls in last Tuesday's primaries in Arizona, Ohio, Florida and Illinois in order to make sure he clenched the Party's nomination. While Biden's campaign did warn people not to vote if they have symptoms, it is now common knowledge that people with the virus can be asymptomatic for up to 12 days — or even for the entire time they have the virus — while at the same time spreading it to everyone around them.

Meanwhile, Bernie Sanders has been front and center, fundraising \$2m for working class Americans hit hardest by the crisis, while also fighting for a relief bill in the Senate that would help people and businesses weather the crisis. At 80, Sanders is three years older than Biden, and he has risked exposure to the virus in order to continue to serve his constituents and the American people. Sanders has also called for at least \$2,000-a-month payments to families until the economy begins to improve. His actions inspired the hashtag #WeDeserveBernie, which has also been trending on Twitter the past week.

In the face of an economic downturn the likes the world has never seen before, I wonder how radical Sanders's ideas seem now? A \$15 an hour minimum wage,

Medicare for All, expanding social security, housing for everyone who needs it — that sounds just like what we need. It sounds like relief packages being brought in by other countries' governments across the world.

Unfortunately, it's probably too late to take it all back. All the primaries that Biden so easily won and all the warnings about "socialism" made by his Democratic and Republican rivals seem so unfortunate today when we are looking at so many small businesses closing, thousands of Americans unable to pay their rent or electricity bills, and record numbers of infections overwhelming a private healthcare system which isn't fit for purpose.

Bernie's ideas will become mainstream after we emerge from this nightmare and the man who fought so long and so hard for economic security and access to quality healthcare for all Americans will be left in the dust. Like the saying goes, "first person out the door gets shot". We don't deserve Bernie Sanders after the way we've ignored his calls for economic and health reform — a heavy price that working-class Americans will have to shoulder while the rich emerge unscathed from their beach houses



and bunkers with recording studios.

Biden will go on to win the Democratic nomination this summer and he will likely beat Trump because over half of America is utterly disgusted with their president. But Biden is no Franklin D Roosevelt; there will be no New Deal. He is an overly touchy gaffe machine who represents an uninspiring, antiquated version of politics many young Americans can no longer stomach. Yes, the Biden presidency will be bumbling but otherwise unremarkable during a remarkable time in world history — a time that demands solid, visionary leadership that he simply hasn't shown.

If we can't have Bernie, then can we please just bring back Obama?
Carli Pierson
The Independent

King Salman orders treatment for all, including visa violators

RIYADH — Custodian of the Two Holy Mosques King Salman has ordered coronavirus treatment to be available, free of charge, for all citizens and expatriates in need of medical care, including people who have overstayed their visas in the Kingdom, Minister of Health Tawfiq Al-Rabiah said on Monday.

King Salman's magnanimous gesture caught the attention of the World Health Organization chief who lauded it in a tweet.

"This is what #HealthForAll means! Thank you so much @KingSalman for your leadership and commitment to ensure everyone has access to the health services needed to fight #COVID19. I hope other countries will follow your lead! Solidarity!" Dr. Tedros Adhanom Ghebreyesus, Director-General of the WHO, tweeted. Addressing a press conference here, Al-Rabiah urged all of those showing symptoms of coronavirus not to hesitate in going to a hospital, whether private or public, to get tested and receive the proper treatment under King Salman's new order. This includes residency visa violators, who should not legally be in the country, and they will not face any legal consequences, Saudi Press Agency (SPA) reported quoting Al-Rabiah as saying.

The minister emphasized the need to follow all precautionary measures to avoid contracting the virus.

"The government of Custodian of the Two Holy Mosques is keen on the safety of all, and anyone who has symptoms should not hesitate to go to any medical facility to get detection and treatment in case of infected with the virus," he said.

Al-Rabiah noted that coronavirus poses enormous challenges. "We have seen how advanced countries, which have expertise, suffer from the challenges posed by the virus, and it is difficult to predict what will happen in future due to the virus, and that depends on everyone's cooperation and commitment.

We are in one vehicle, and adherence to instructions helps us control the virus, but it cannot be said that it is now under control," the minister said.

"The Ministry of Health and all other sectors are still working hard to ensure everybody's safety, and I appeal once again that everyone must comply with health instructions," he said while highlighting the tremendous job done by many government sectors, especially the Ministry of Interior, in implementing "staying at homes"



instructions for the safety of all. Al-Rabiah specially thanked Crown Prince Muhammad Bin Salman for his great leadership role for all the efforts aimed to curb the spread of coronavirus. "I would like to say that this harmony and distinguished work among all is led by a unique leader who works tirelessly and without boredom for the safety of the citizens, he is none other than Crown Prince Muhammad Bin Salman. The Crown Prince follows everything related to this pandemic day and night to ensure the safety of everyone, and follows all the reports and precautions.

The Crown Prince is very interested in it because he believes that everyone should give the highest priority to his health and safety, and hence the state has never hesitated to take utmost precautions before the outbreak of the virus in the Kingdom," he said while noting that "the measures have contributed to preventing the acceleration of coronavirus infections in the Kingdom as we have seen in other countries." Al-Rabiah said that so far no vaccine has been discovered to treat the coronavirus. Saudi Gazette report

Will the Coronavirus Ever Go Away?

Here's What One of the WHO's Top Experts Thinks

Dr. Bruce Aylward has almost 30 years experience in fighting polio, Ebola and other diseases, and now, he's turned his attention to stopping the spread of COVID-19.

Aylward, the senior adviser to the Director-General of the World Health Organization (WHO), is one of the world's top officials in charge of fighting the coronavirus pandemic.

The doctor, who led a joint WHO mission to China in February to study the effectiveness of the coronavirus response in the country, has seen firsthand the measures Beijing took to fight the virus. Now he's sharing what he learned with governments and communicating with the WHO response teams working to fight COVID-19 in virus epicenters around the globe.

In an extensive teleconference interview with TIME from his office in Geneva, Aylward shared what he thinks needs to be done to stop the pandemic, and what the future might hold.

The following excerpts from the conversation have been condensed and edited for clarity.

Do you expect COVID-19 to continue to spread?

We can get little glimpses into the future from places that are recently getting infected, places that aren't infected, but also the places where it all started. And if you go back and look at China right now, they [identified the virus] in early January, they had a full on response, sort of threw everything at it, and it's middle of March now and they estimate maybe end of March they'll be coming out of it, so a full three months.

When you look around the world in Europe, North America, the Middle East, you can see that we're really at the period of exponential growth, we're still seeing the virus going up very, very rapidly, even in hard hit places like Italy, for example. These countries still have months of this challenge in front of them.

When you look to other parts of the world, like Africa, for example, and parts of the Indian subcontinent you can see that it's just beginning. Even though they have very, very few cases, if you look carefully at that curve, it's also in a phase of exponential growth.

What do you think the coronavirus pandemic will look like six months from now? I expect we will be emerging—still with disease in various parts of the world—but we should be emerging from a bad wave of this disease across a large swathe of the planet. The challenge is we're going to be back into the flu season. And one of the big questions is, are we going to see a surge of it again at that period?

Looking further into the future, what do you anticipate? Will COVID-19 ever disappear?

What it looks like is that we're going to have a substantial wave of this disease right through basically the globe unless something very different happens in the southern hemisphere. And the question then is: What's going to happen? Is this going to disappear completely? Are we go-

ing to get into a period of cyclical waves? Or are we going to end up with low level endemic disease that we have to deal with? Most people believe that that first scenario where this might disappear completely is very, very unlikely, it just transmits too easily in the human population, so more likely waves or low level disease.

A lot of that is going to depend on what we as countries, as societies, do. If we do the testing of every single case, rapid isolation of the cases, you should be able to keep cases down low. If you simply rely on the big shut down measures without finding every case, then every time you take the brakes off, it could come back in waves. So that future frankly, may be determined by us and our response as much as the virus. The U.S. and Europe had quite a head start to get ready for this. Was a major outbreak inevitable, or could it have been stopped? I don't like to use the word "squandered," that's a big word. But we probably haven't optimized how we used that time. Now what we've done is, we've gained time again by putting in place these big shut-downs. All they do is they buy time, they don't actually stop the virus, they suppress it, they slow it. What you want to do now is use that time well to get the testing in place, to get the systems in place, so that you can actually manage the individual level cases that are going to be fundamental to stopping this.

And the big question right now is "Are countries going to use this time during these shutdown periods optimally?" Because if you just shut it down your societies, your economies and hope for the best... This is guerrilla warfare against a virus, the virus is just going to sit you out, it'll just circulate quietly among households and then you're going to let them all go again and phoom there's no reason it shouldn't take off again, unless you're ready for it.

How long do you think this outbreak will impact daily life in the U.S. and western Europe? How long do you think it'll take for life to return to normal?

You have to compare it to the few examples you have that have been through this, hence you have to go back to China, look at [South] Korea, look at Singapore. These countries in the very early stages, if they were to throw everything at it, probably a solid two months in front of them, if not a bit longer, maybe three months.

What we're seeing is that they're throwing bits and pieces at it. Most countries in the west frankly are really struggling with, "Can we really test all these cases? Can we really isolate all the confirmed cases?" They're struggling with that. So they're approaching it a bit differently than China did and the big question is going to be: Is that approach going to work and limit it to just a few months, that hard hit China took? Or is it going to drag it out so long that the bigger societal, economic impacts linger longer than anyone want?

Do you think the U.S. lost critical time with its testing rollout issues?

I think every country may not have opti-

mized the use of the time it had available, and for different reasons. Some people just continued to think this might be flu and some cases they may not have had the testing capacity.

Is there reason to be concerned about a second wave of infections in China? Absolutely, and China is concerned. As we traveled around China, one of the most striking things that I found, especially in contrast to the West, as I spoke to governors, mayors, and their cases were plummeting—in some of the places they were down to single digit cases already—as I spoke to them and I said, "So what are you doing now?" They said, "We're building beds, we're buying ventilators, we're preparing." They said, "We do not expect this virus to disappear, but we do expect to be able to run our society, run our economy, run our health system. We cannot end up in this situation again."

Have you seen examples of politics overruling public health or slowing down responses?

No. I know a lot of people will challenge my assessment. The reasons that there have been problems in some countries is they haven't had a consensus on the severity of the disease, or they haven't had a consensus around the transmissibility. You have to have that consensus that you're dealing with something serious and severe and dangerous for your society and individuals. Otherwise you just cannot generate the public support which is fundamental to accepting the measures, but also the implementing.

Why does the fatality rate in Italy looks to be so high?

It's a combination of factors. If you look at Italy, and the age distribution, it's the second-oldest country in the world after Japan, people forget that. You have an older population number one, they get the more severe disease and they're more likely to die.

What countries are in the most vulnerable situation?

Everyone is vulnerable, but the big question of course is what's going to happen when this really starts to take off in those low-income countries where they don't have as much medical capacity such as in Africa.

It's one of those things that you don't want to imagine because the numbers could be so grave. The population distribution could help. Is the humidity and the temperature going to help make a difference? I would hope so, but look at the situation in Singapore, that's a hot, humid country. So the situation in these countries could be very difficult.

The WHO is urging countries to "test, test, test." Are there any countries in particular that you think are not doing enough testing?

That's much easier answered the other way around. Is anyone doing enough testing? There it's limited. It's China, [South] Korea, Singapore.

Is there reason to be concerned that the number of people infected in Iran is

higher than the official numbers being reported?

Absolutely. And Iran is concerned for the same reason. When I spoke with the deputy minister last week, one of their concerns was just getting the information from all the facilities, all the provinces. I hear all the time people say, "Oh, this country is hiding cases," or "This country is not sharing all its data." Usually the countries are struggling to get meaningful data. The worst thing they could do is go out with guesstimates that they think they have gigantic numbers.

There are reports of people dying of coronavirus who are otherwise healthy. What have your teams seen in terms of who the virus is killing?

One of the things that terrifies me now is, as this is spread in the west is, there's this sense of invulnerability among millennials. And absolutely not. Ten percent of the people who are in [intensive care units] in Italy are in their 20s, 30s or 40s. These are young, healthy people with no co-morbidities, no other diseases.

We don't understand why some young healthy people progress to severe disease and even die and others don't. We don't have clear predictors.

What would your message be for young people around the world?

This is one of the most serious diseases you will face in your lifetime, and recognize that and respect it. It is dangerous to you as an individual. It is dangerous to your parents, to your grandparents and the elderly in particular and it is dangerous to your society in general. You are not an island in this, you are part of a broader community, you are part of transmission chains. If you get infected you are making this much more complicated and you are putting people in danger, not just yourself. Never, never underestimate a new disease, there's just too much unknown. What we do know is it will kill young people, it will make young people sick in large numbers. You've gotta respect this.

What should a country's first priority after locking down be?

Test, test, test, test, test. Not test, test, test, test, test everyone, but test the suspects, test the suspects, test the suspects.

Then, effectively isolate the confirmed cases. The third piece is the quarantine piece.

How do you think this will end?

This will end with humanity victorious over yet another virus, there's no question about that. The question is how much and how fast we will take the measures necessary to minimize the damage that this thing can do. In time, we will have therapeutics, we will have vaccines, we're in a race against that.

And it's going to take great cooperation and patience from the general population to play their part because at the end of the day it's going to be the general population that stops this thing and slows it down enough to get it under control.

Yahoo News

The greatest coronavirus challenge is yet to come — and it will affect us all

Covid-19 is the largest public health crisis in a generation — we know this. But it is also the largest security issue since the Second World War and potentially a humanitarian crisis that has no parallel.

The UN is preparing for the aftermath of this pandemic and our global resources are severely lacking. Understandably, the economic impact of Covid-19 will be immense. As the funding formula of the UN is based on a percentage of each country's GDP, the ensuing impending global recession will have a direct budgetary impact on our organization. But this is something to worry about when it happens.

New York has declared a state of emergency, there is a lack of respirators, and a hospital ship from the US Navy will be sailing to the state, not to assist with Covid-19, but to ensure those with secondary conditions can still be treated. The fact that the US has had to call on the military so soon reinforces the fragile nature of the US's healthcare system. But they are not alone in doing so: Italy now has its army patrolling famous landmarks and UK reservists are on standby.

Developing countries do not have the same capacity to respond and are already feeling the strain.

The regime of Iran has felt the full brunt of Covid-19. First Vice-President Eshaq Jahangiri recently tested positive, joining several other ministers in the Iranian cabinet who have the virus. Releasing over 85,000 prisoners was a commendable (and rare) show of humanitarian compassion by the regime, but it has also shown how underprepared they were to tackle a crisis. Meanwhile, President Hassan Rouhani has started blaming "counter-revolutionaries" for the hit Iran's economy has taken. This

shift in language signals a shared common fear within authoritative regimes: Maintaining their position is paramount, and that creates a need for someone else to blame. The Covid-19 situation has the potential to stress this in the extreme and defray further the strained ties that keep revolution down.

China's response is key to this. Understandably, they were very quick to lock everything down. Li Wenliang, the doctor who blew the whistle and subsequently tragically died, went from ophthalmologist, whistleblower, reprimanded pariah, and exonerated hero in a matter of weeks. From a public health standpoint, China's decision to close cities made sense. Their confused response to Li Wenliang, however, risked fatally damaging trust in the government when it was needed most. Hopefully they have learnt some lessons for the future.

But the greatest challenge with Covid-19 is yet to hit. South America and Africa have some of the largest informal developments and slums in the world. So far, countries in these regions have not been affected on the same scale as Europe, North America and Asia. However, Covid-19 is clearly in these countries too. Uganda saw its first confirmed case over the weekend; Zimbabwe, Nigeria and Gambia have all already confirmed coronavirus-related deaths, and South Africa's are at over 400.

These countries do not have the same capacity to respond. There are no hospital ships that will come. Those who would traditionally support peacekeeping operations and humanitarian assistance will turn to focus on their own internal issues. There are not enough respirators for developed countries, and the situation in a developing one is far worse. For example, in



Kibera, one of the largest slums in Africa, there are upwards of 200,000 people, most of whom live in one or two-room apartments. Many live with HIV or Aids; conditions such as TB, cholera and typhoid are still circulating in their communities. How will these families self-isolate, how will they support themselves and how will their governments respond? From past crises of a lesser magnitude, we know these countries cannot adequately respond. Now a real test is coming.

The issue is not so much coronavirus itself. It's the secondary illnesses — and the secondary social issues mass infection will bring.

Collectively, we must not turn inwards. Countries that have needed our help most previously need it more than ever now. The mortality rate of Covid-19 among people with pre-existing conditions is much higher than in those without. African and Latin American countries have populations at the highest potential

risk point — and they also have the least capacity to respond.

It is not a case of "if", but "when". While the UN is mobilising to support peacekeeping missions, it will not be enough; what is coming for these developing countries is far worse than what we've seen in Italy or Iran. This is something that we should collectively consider, and if we can donate to UNICEF, Oxfam and other charities and NGOs operating in the developing world, then we should now. Yes, charity begins at home. However, for those living in countries where this is yet to strike, the instability that it could bring could present itself on our doorsteps through further waves of refugees or potentially something even worse.

Emin Pasha
The Independent

How companies are stepping up to ease coronavirus hardships

As companies around the country and world suffer from the effects of the deadly novel coronavirus, some businesses are stepping up to help alleviate some of the economic fallout. Here's a list of some of their efforts so far. Yahoo Finance will continue to update this list as more companies contribute to the relief effort. Airbnb

will provide housing for 100,000 COVID-19 responders around the world according to a tweet sent by Co-founder, CEO, Head of Community Brian Chesky.

Alaska Airlines, Amazon, Microsoft, and The Starbucks Foundation

The group of mostly Seattle-based companies has committed more than \$2.5 million to the city's COVID-19 response fund.

"COVID-19 represents a battle on two fronts—a public health crisis and a threat

to the economic stability of so many in our region," said Seattle Foundation President and CEO Tony Mestres in a statement highlighting the donation efforts. "While we are all dealing with the effects of this outbreak, some of our neighbors face disproportionate challenges around time off work, the cost of care, and reliable access to information."

Alibaba

Through his foundation, Jack Ma, the founder of Chinese e-commerce giant Alibaba (BABA), is donating 1.1 million testing kits, 6 million masks, and 60,000 protective suits and face shields to the African continent. The Jack Ma Foundation is also donating 2 million masks, 400k test kits, 104 ventilators - to 24 Latin American countries including Argentina, Brazil, Chile, Cuba, Ecuador, Dominican Republic, and Peru. "We will ship long-distance, and we will hurry! WE ARE ONE!," the foundation said in a statement.

Amazon



Amazon (AMZN), which has hired an additional 100,000 warehouse and delivery workers amid a surge of online shopping, said it will invest over \$350 million globally to increase pay by \$2/hour in the US, C\$2 in Canada, £2/hr in the UK, and approximately €2/hr in many EU countries for employees and partners who are in ful-

fillment centers, transportation operations, stores or those making deliveries so that others can remain at home, according to a company statement.

Reggie Wade
Writer
Yahoo Finance

جمیعت اہل الحدیث
بولاہ تیلانگانا، جنوب الہند

State Jamiat Ahl-e-Hadees
TELANGANA STATE, INDIA.



جمیعت اہل حدیث
تلنگانہ اسٹیٹ

సంస్థాపనం జరిగిన తర్వాత
తెలంగాణ

فیروز خان سول بھوپل
09392248131

آرام سول ہسپتال سرسٹھ تلنگانہ

سید حسین بن عثمان مری مدنی
09700237800

آرام سول ہسپتال سرسٹھ تلنگانہ

انور سید آصف مری
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آرام سول ہسپتال سرسٹھ تلنگانہ

Ref : INS.375/20

Date : 25.03.2020

فرض نمازیں گھروں میں پڑھیں اور جمعہ کی بجائے ظہر ادا کریں معزز احباب جمیعت و ذمہ داران مساجد!

السلام علیکم ورحمۃ اللہ وبرکاتہ۔

امید ہے کہ مزاج گرامی بخیر ہوں گے۔

آج کل لاکھوں لوگ (COVID-19) کورونا وائرس سے شدید متاثر ہیں اور ہزاروں لوگ اس مرض کی وجہ سے ہلاک ہو چکے ہیں (WHO) اقوام متحدہ کے عالمی ادارہ صحت قومی ریاستی وزارت صحت ماہرین طب علمائے کرام عمائدین ملت اور مرکزی جمیعت اہل حدیث ہند کی ہدایات کے پیش نظر ریاستی جمیعت اہل حدیث تلنگانہ سارے احباب جمیعت سے التماس کرتی ہے کہ (Lockdown) لاک ڈاون ایمر جنسی پروٹوکول کے اختتام تک فرض نمازیں گھروں ہی میں پڑھیں جمعہ کی بجائے ظہر ادا کریں اور اذال میں حی علی الصلاة و حی علی الفلاح کی جگہ یا اذال سے فارغ ہونے کے بعد دو مرتبہ صلوا فیہی رحالکم کہیں۔

ریاست کی کچھ مساجد جمعہ اور جماعت کے لیے کھلی ہیں جو کہ نامناسب عمل ہے بلکہ یہ نا عاقبت اندیشی بے قصور انسانیت کی صحت اور ان کی جانوں کے ساتھ کھلو اڑ ہے اور ایسی نازک گھڑی میں کوئی ناگہانی حادثہ رونما ہو تو اس کی ذمہ دار انتظامی کمیٹی ہی رہے گی۔

کچھ مساجد میں روز آ نہ جمع بین الصلواتین کا اہتمام ہو رہا ہے جو شرعی و طبی دونوں اعتبار سے مناسب نہیں کیوں کہ (Social Distance) منتشر و با سے حفاظت کے لیے انتہائی ضروری ہے اور صف بندی اور جمع بین الصلواتین میں مرض کے متعدی ہونے کا اندیشہ بڑھ جاتا ہے گہذا نمازیں بروقت اپنے گھروں ہی میں ادا کی جائیں۔

علاوہ ازیں اللہ پر قوی توکل اور تقدیر پر ایمان کے ساتھ ساتھ بکثرت دعاؤں و اذکار اور توبہ و استغفار صدقات و خیرات کا اہتمام کرتے رہیں اور حکومت کی جانب سے بیان کردہ احتیاطی تدابیر و حفاظتی اقدامات اختیار کریں۔
دعا ہے کہ اللہ تعالیٰ ہمیں دین کی صحیح سمجھ اور اس پر عمل کی توفیق عطا فرمائے جملہ امراض اور ساری آزمائشوں سے محفوظ رکھے اور عبادات و رفاہی خدمات کو شرف قبول سے نوازے۔

خادم جماعت
سید حسین بن عثمان مری مدنی
عام اہل صوبائی جمیعت اہل حدیث تلنگانہ



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امین راحت چشتی
غزل

زندگی ایک سزا ہو جیسے
کسی گنہگار کی عدا ہو جیسے
رات کے چھلکے پیر دھیان ترا
کوئی سائے میں کھڑا ہو جیسے
آم کے بیج پہ کون کی عدا
تیرا اسلوب وفا ہو جیسے
یوں بھڑک اٹھے ہیں شعلے دل کے
اپنے دامن کی ہوا ہو جیسے
رو گئے ہونٹ لرز کر اپنے
تیری ہر بات بجا ہو جیسے
یوں ملا آج وہ راحت ہم سے
ایک مدت سے نفا ہو جیسے



غزل

رشتہ، جسم و جاں روئی میں جہاں
مختصر ہے سزا مختصر داستان
اسے مرے نام سزا تو کہاں میں کہاں
چند لکھے لے بن گیا آشیان
ماہ و انجم سے ہے زینت آسمان
حسن ہے چاندنی عشق برقی تپان
رہبری عام تھی لٹ گیا کارواں
قرب اس کا بنا راحت عاشقان
پہلوں دم سے ترے
جگ گیا گلستان
ہنہ تنویر پھول (تذیوارک)

میر تقی میری
"بھول گیا مجھ سے عروں کی شامانی
انہوں نے لٹا کی تھی صدیوں نے راہ پائی"
عادت کا اب میں ہوں نمونہ توحیدی
برائی سے تڑپا ہے شے کے لئے برائی
تصور تصور ہی میں ایک سہارے
فرقت نے بنا لیا اس کی لٹھے سوئی
ہدایت ہے اب ہر کوئی بھی تو کا کہن
ان ایک لٹکی تری جب یاد لٹھے تھی
ہاؤں کے گردوں سے سرست ہے اسے دیکھیں
پیلے تھوڑے انہوں کی بڑی بھی جھانی
"وہ مجھ کو تو گراں کا لٹھے سرست سے
باقی نہ رہی میری جب فرقت کوہنی
ہر جاہ رنگ جان ہے ہر مدت فزوں تھی
دن کوئی ہے اب بھی ہاؤں میں " شہینہ
دزدہ کالی میں کھو ہا، قاتل بن کی
ان سبیل کی انہوں کی یاد تھی سے برائی
دن سے کوئی دیکھ آئے سے وہ دل ہے
کالے لٹس لٹکی ہے برقی اب تھانی

Ghazals compiled by
Janab Hasan Chishti Sb
Chicago



غزل

جاں ستاں گرچہ ہے خلش میری
کیوں بدلتی نہیں روش میری
کیا عجب ہے کہ اس خرابے میں
کھینچ لائے اُسے کشش میری

جا لکھتا ہوں اپنے ماضی میں
ہے وہیں کی تو پرورش میری

تھی وہ آنکھ آخری پہر کی اوس
لے گئی جسم سے تپش میری

دل کہ ہے ایک یار غار اپنا
اور اسی سے ہے چپقلش میری

مجھ وہ جو رونما نہ ہوا
رہ گیا بن کے اک خلش میری

کوئی شاہین آس پاس نہیں
کون کرتا ہے سرزنش میری

شاہین

Waliuddin

رہنما

آج کل کے رہنماؤں کو کیا ہوا
بجھاتے نہیں آشیاں جلتا ہوا
گناہ گار ہیں فرشتہ نہیں ہیں ہم
ولی میں بھی ہے شیطان چھپا ہوا
☆☆☆

رشوت

عوام کی خدمت سے بھوک تو ٹپتی نہیں
آپ ذرا اس بات پر کیا غور فرمائیں گے
(Media) میڈیا والے تو یونہی بدنام کرتے ہیں
لیڈر اگر رشوت نہ کھائیں تو کیا کھائیں گے
☆☆☆

سزا

عاشق کو محبت کی سزا کیوں نہیں دیتے
جلدی سے اس کا بیاہ رچا کیوں نہیں دیتے
گر وہ عقل سے ہے پیدل اور لکھتا پڑھتا نہیں آتا
آپ اسے قوم کا لیڈر بنا کیوں نہیں دیتے

لیڈر

ٹوکری وہی رہتی ہے کام بدل جاتے ہیں
شراب وہی رہتی ہے جام بدل جاتے ہیں
لیڈروں کو کسی ایکشن سے فرق نہیں پڑتا
پارٹی وہی رہتی ہے نام بدل جاتے ہیں
☆☆☆

آج کا یہ لیڈر کسی کام کا نہیں
درد اس کو پیسے کا ہے عوام کا نہیں
☆☆☆

ایکشن اور عوام

صبر کا پھل بیٹھا ہوتا ہے کہتے ہیں لوگ
زیادہ صبر کرنے سے پھل سڑ جائے گا
ایکشن سے عوام کو کیا ہوگا فائدہ
ایک لیرے کو ہٹاؤ گے دوسرا آ جائے گا



طارق رحمت فرشتے کرنے لگتے ہیں
جب بھی ماں کے پیر دیا یا کرتا ہوں
طارق جاوید



ڈاکٹر امجد علی برقی اعظمی، ایک تعارف

حسین چشتی، شیکو گو
ڈاکٹر امجد علی برقی اعظمی، ۲۵ مئی ۱۹۵۲ء کو پیدا ہوئے۔ برقی اعظمی تھیں۔ برقی اعظمی نے ابتدائی تعلیم اپنے آبائی وطن جہلم سے حاصل کی۔ ۱۹۷۱ء میں انڈیا گیا اور ۱۹۷۳ء میں پاکستان واپس آئے اور وہاں جواہر لال نہرو یونیورسٹی سے فارسی میں ایم اے اور پوری تھی ڈگری کی ڈگری حاصل کی۔ اور ۱۹۸۳ء میں آل انڈیا ریڈیو کے شعبہ فارسی سے منسلک ہوئے اور ۲۰۱۳ء کو ملازمت سے سبکدوش ہو گئے۔ برقی اعظمی نے اپنے والد محترم جناب رحمت علی برقی اعظمی، جو پارٹیکلر کے ایک باکمال صاحب طرز استاد تھے، سے کسب فیض اور شعری تربیت حاصل کی۔ جن کا روحانی تشریف برقی اعظمی کے مرثعہ کام کی صورت میں آج تک جاری و ساری ہے۔ برقی اعظمی کا اپنا ایک مخصوص لب و لہجہ ہے جو ان کے شعور و فکر کی نشاۃ ہے۔ برقی اعظمی نے اپنے فکر و فن سے غزل مسلسل کی صورت میں روایتی اردو شاعری کو ایک جدید رنگ و آہنگ سے روشناس کیا جو ان کا طرز امتیاز ہے۔ برقی اعظمی نے اپنا شعری سفر موضوعاتی شاعری سے شروع کیا اور ۲۰۰۳ء سے چھ سال تک ان کی موضوعاتی نظمیں سائنس، طب، حالات حاضرہ، واقعات انسانی و سماوی جیسے گولڈ وارمنگ، وہ مانی اور بڑے وغیرہ سے متعلق دہلی سے شائع ہونے والے ماہنامہ سائنس میں مسلسل شائع ہوتی رہیں۔ بعد ازاں باقاعدہ اردو غزل کی طرف توجہ کی اور آج انٹرنٹ کے وسیلے سے ان کی غزلیں اور نظمیں لوگوں کی لذت کام و وہ بن کا سامان فراہم کرتی ہیں۔ برقی اعظمی اردو کی مختلف ویب سائٹس اور ادبی فورم سے کسی نہ کسی حیثیت سے وابستہ ہیں اور ان کا کام اردو کی بیشتر ویب سائٹس پر دیکھا جا سکتا ہے۔ تقریباً ہر دو گولڈ وارمنگ اور اپنی غزلیں کو کران کی انٹرنٹ پر سرگرمیوں کے متعلق معلومات حاصل کر سکتے ہیں۔ برقی اعظمی آجکل فیس بک پر بہت فعال نظر آتے ہیں اور اس جدید وسیلہ ترسیل اخبار سے جو اقوام عالم سے رابطہ کا ایک بہترین ذریعہ ہے جسے خوبی استفادہ کرتے ہیں۔ برقی اعظمی جدید اردو غزل میں غزل مسلسل کو فروغ دینے میں ایک نمایاں کردار ادا کرتے ہیں۔ بالفاظ دیگر یہ کہہ سکتے ہیں کہ برقی اعظمی کو غزل مسلسل نے قوموں کی مہارت حاصل ہے۔ ان کو فیروز گاہ اور غزلیں اور منظوم تراژڈی کے بھی قدرت حاصل ہے۔ اور وہ ہر قاعدہ کے ساتھ فیس بک پر موجود مختلف ادبی فورم کے شاعروں میں شریک ہوتے رہتے ہیں۔ اور کوئی دن ایسا نہیں گزرتا کہ وہ کوئی نہ کوئی نئی غزل فیس بک پر پوسٹ نہ کرتے ہوں۔ ایک بار مرحوم عزم بزم نے لکھا تھا کہ اگر کسی دن برقی اعظمی کی غزلیں فیس بک پر نظر نہیں آئیں تو شے کے دوران شہد یہ تھی کا احساس ہوتا ہے۔ گویا ان کی شاعری زندگی کے روز انہیں معلوم کا ایک جزو ایٹک معلوم ہوتی ہے۔ میرے خیال میں ایک شاعر کیلئے اس سے بہتر فریغ حسین نہیں ہو سکتا۔

برقی اعظمی کے لوگوں کے کام پر منظوم تراژڈی بھی ان کی بہت بڑی گونئی اور زبان و بیان پر مکمل دسترس کے آئینہ دار ہیں۔ اگر ان کے ان فن الہدیریت تراژڈی کو سمجھا کر لیا جائے تو وہ بڑی گونئی سے متعلق ایک شعری مجموعہ ترتیب دیا جا سکتا ہے۔ ان کو جیسے ہی مشاہیر اردو کے یوم پیدائش یا بری سے متعلق کوئی اطلاع ملتی ہے تو ان کا قلم خود بخود حرکت میں آجاتا ہے اور وہ اپنی درونگاہ کے عنوان کے تحت اسے صفحہ قرعاس پر منتقل کر دیتے ہیں اس طرح یا درونگاہ سے متعلق بھی ایک مجموعہ ترتیب دیا جا سکتا ہے۔ خلاصہ یہ کہ برقی اعظمی کا اسلوب قلم صنف سخن کے ہر میدان میں یکساں جولانیاں دکھاتا ہے۔ جو ان کی انفرادیت اور اردو شاعری میں جدید لب و لہجہ کا آئینہ دار ہے۔ کسی نامعلوم شاعر کا یہ شعر یادگار زمانہ ہیں ہم لوگ یاد رکھو، انہوں نے برقی اعظمی کی شخصیت پر پوری طرح صادق ہے۔ اتنا کچھ ہونے کے باوجود بھی برقی اعظمی مقامی سطح پر غیر معروف ہیں اور میر کی دلی میں گوشہ عزلت میں محصور ہیں۔ جو اس شعر سے ظاہر ہے۔

ویب سائٹوں پہ لوگ ہیں خوش گہمی کا شکار
نا آشنائے حال ہیں ہمسائے بھی مرے
ایک جگہ اور وہ لگتے ہیں کہ
ہوتا زمانہ ساز تو سب جانتے مجھے
کیا خوئے بے نیازی ہے دیوانہ پن مرا
ویب سائٹوں پہ لوگ ہیں خوش گہمی کے شکار
نا آشنا وطن میں ہے رنگ سخن مرا
ان کا یہ ذہنی کرب اس شعر میں بھی ملاحظہ ہو
فصیل شہر سے باہر نہیں کسی کو خبر
بہت سے اہل ہنر یونہی مر گئے چپ چاپ

غزل

بتاؤں کیا میں کسی کو کہ کیا لگے ہے مجھے
حیات درد کا اک سلسلہ لگے ہے مجھے
قدم قدم پہ لٹا ہے یوں اعتبار نظر
وفا بھی اب تو فریب وفا لگے ہے مجھے
پکاروں کس کو یہاں آج آدمی کہہ کر
تمام شہر فرشتہ نما لگے ہے مجھے
کہاں کہاں کروں جہدے کے پوجوں
ہر ایک شخص زمیں کا خدا لگے ہے مجھے
یہ کس مقام پہ لایا ہے میرا حسن بقیں
کہ بدعا بھی کسی کی دعا لگے ہے مجھے
منکوں سے بیٹھی ہوں سہل میں جس کے سائے میں
اسی درخت کا سایہ گھٹا لگے ہے مجھے

On the lighter side....

There will be a baby boom in 9 months...

And in 2033 we'll witness the rise of the quaranteens!

Husband: "Call 911 quick, I think I'm having a heart attack!"

The wife picked up his cell phone to call. She said, "Give me your password!"

Husband: "Never mind, I'm feeling much better now."

Torrential rainstorms were knocking down power lines all over town. That meant, as a customer service rep for the electric company, I was dispatching repairmen right and left.

When one lineman called a customer to get her exact address, he was told, "I'm at Post Office Box 99."

The weary lineman replied, "Ma'am, I'll be coming to you in a truck, not an en

A scientist finally realizes his dream of creating a formula for becoming invisible. Entering the family home, he trips over a mysterious unseeable lump. The mystery quickly unraveled after finding a note left by his less scientific sibling written as follows:

Dear Brother,

Hope you don't mind. I've borrowed your formula to do some tests of my own. First, I will run through walls! Second...

It helps to picture that somewhere in this world, there's a fool pulling on a door that says "PUSH"!



Complete set of encyclopedia Britannica. 45 Volumes. Excellent condition.

\$100 or best offer.

Reason for sale: No longer required.

Got married last weekend.

Wife knows everything.

What did the astronaut's fiancé say when he proposed in open space?

"I can't breathe!"

Teacher: "Whoever answers my next question, can go home."

One boy throws his bag out the window.

Teacher: "Who just threw that?"

Boy: "Me, and now I'm going home."

Doctor: Your case is quite complicated.

Patient: Why doctor? What happened?

Doctor: You got a disease from the chapter which I left as optional during my studies.

A soldier serving overseas far from home was annoyed and upset when his girl wrote to break off their engagement and ask for her photograph back.

He went out and collected from his friends all the unwanted photographs of women that he could find, bundled them all together, and sent them back with a note saying, "I regret that I cannot remember which one you are. Please keep your photo and return the others."

The average age of people living in our military retirement community is 85. Recently, a neighbor turned 100, and a big birthday party was thrown. Even his son turned up.

"How old are you?" a tenant asked.

"I'm 81 years old," the son answered.

The tenant shook her head. "They sure grow up fast, don't they?"

A rancher was minding his own business when an FBI agent came up to him and said, "We got a tip that you may be growing illegal drugs on the premises. Do you mind if I take a look around?"

The old rancher replied, "That's fine, you shouldn't go over there though." As he pointed at one of his fields. The FBI agent snapped at him, "I'm am a federal agent! I can go wherever I want!" With that he pulled out his badge and shoved it into the ranchers face.

The rancher shrugged this off and continued with his daily chores. About 15 minutes later he heard a loud scream from the field he had pointed out earlier. All of a sudden he could see the FBI agent sprinting towards him with a large bull on his heels.

The rancher rushed to the fence and yelled, "Your badge! Show your badge to the bull!"



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