

Postoperative instructions after penile straightening surgery

Penile curvature repair is an attempt to straighten penile erection to the point where intercourse is possible. The operation does not increase erectile hardness, length, or girth. Most individuals have less than 25 degrees of curvature after surgery and that usually permits adequate intercourse. There are two principle methods of curvature repair. Depending on the method, the procedure is either done as a same day surgical procedure or an overnight stay in the hospital.

It is normal to have some bloody oozing from around your stitches. This will stop in a week or two. The stitches are absorbable and will dissolve. They will not need to be removed.

Swelling or bruising in your penis and scrotum for up to three weeks is normal. It is advisable to wear tight underwear for a couple of days after your procedure and to keep the penis in an upright position. This will allow the swelling to subside a little faster.

Conventional over-the-counter pain-killers are usually sufficient to cope with the postoperative discomfort. It may also be helpful to use ice-packs intermittently to reduce the swelling.

The best thing you can do to minimize swelling and bruising is to stay off your feet as much as possible for the first 3 days after surgery.

Erections are encouraged in the post-operative period. They keep the graft material stretched out and will not damage the repair. **Do not have sexual activity for twelve weeks, however.** Early sexual activity may damage the repair and lead to recurrent penile curvature.

To minimize the risk of erectile dysfunction following straightening procedures with grafting you may be encouraged to take tablets to stimulate erections. Again, it is imperative, that you do not engage in any sexual activity for the first three months after your procedure.

You may shower briefly beginning 24 hours after your operation. Use a clean soft towel to gently pat your incision dry after you shower. Do not take tub baths or sit in water during the first 3 weeks.

The penile incision does not need to be covered by a dressing.

Do not lift anything heavy for two weeks. Walking is good exercise. You may use stairs.

Do not drive for one week. Do not drive while taking pain medication.

You may eat the food you normally eat.

If you are constipated, drink eight to ten glasses of water a day and use Milk of Magnesia, which can be bought at any drugstore or grocery store without a prescription.

In case of any urgent problems please contact the hospital on the numbers provided at the time of your discharge.